

Envoy caught up in salary, slavery scam

Pages 10-11: US court exposes the cruelty of three Kenyan diplomats accused of stealing staff pay and human trafficking



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SATURDAY NATION

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Nairobi | August 23, 2014

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POLITICS | Focus turns to the grassroots after governors were split along ethnic and party lines

It's D-Day for Uhuru, Raila as MCAs meet



■ 1,450 members of County Assemblies meet in Nairobi today to decide fate of the referendum push

■ President asks MCAs to reject campaign as Cord launches signature drive in city, Nyanza and Western

■ At least 24 County Assemblies must endorse the Bill seeking change for Kenyans to go to vote

STORIES: PAGES 4 - 5



Scare for parents as the youth turn to new deadly drugs

BY JOHN NGIRACHU
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Forget cocaine, bhang and heroin. More Kenyans are turning to the so-

called designer drugs in a shocking wave of substance addiction afflicting mostly the youth and urban affluent.

A new report by the national spy agency says synthetic drugs like Mandrax are wreaking havoc in many

families. The problem is fuelled by the ease with which people access cocaine, heroin, bhang and methamphetamine, warns the National Intelligence Service in its first annual report to Parliament.

While the trafficking of conventional hard drugs like cocaine and heroin has traditionally been a headache for the authorities, the Intelligence Service points at the synthetic range as worrying

CONTINUED ON PAGE 8



MAGAZINE

The Wage Fight

Why you earn less than male colleagues and how to change that

ON OTHER PAGES

WEEKEND

MEMORIES OF EA'S LITERARY GIANTS

Prof Austin Bukenya looks back at the explosive literary scene of the 1960s, 1970s and 1980s. **P. 21**

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AMENDMENT | New Bill seeks to move national poll from August to December of 2017

Experts query bid to change election date

Lawyers say there will be no time to pick new IEBC chiefs as their mandate expires a month earlier

BY MUCHEMI WACHIRA
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Legal experts have questioned the bid to move the next General Election date from August to December.

This follows the move by Parliament's Justice and Legal Affairs Committee to approve a Bill seeking to amend the Constitution and shift the date of the General Election.

Commission for the Implementation of the Constitution (CIC), the Law Society of Kenya (LSK) and other experts say the proposed date will not be practical as the mandate of the Independent Electoral and Boundaries Commission (IEBC) will have expired a month earlier.

CIC chair Charles Nyachae yesterday said he was not sure new IEBC commissioners will have been picked within a month to conduct polls in December.

"The tenure of IEBC expires in November 2017 and I think this

is a key factor MPs should have considered before changes," Mr Nyachae, who was flanked by his five commissioners, said.

Chairman of defunct Committee of Experts Nzamba Kitonga and LSK chairman Eric Mutua also confirmed the expiry date of IEBC tenure while sharing similar sentiments.

"The process of appointing IEBC commissioners takes not less than three months. It is, therefore, unrealistic for anyone to say they will be able to appoint them within a month so they can conduct elections in December," Mr Kitonga told the *Saturday Nation*.

Mr Mutua said Kenya may consider holding future polls in December but not in 2017.

Power to extend

While acknowledging the date of the expiry of IEBC team's tenure, the electoral body's communications manager Tabitha Mutemi said Parliament had power to extend it.

The Bill was sponsored by Ugenya MP David Ochieng. Members of the Justice committee argued that an election in August would likely result in a situation where a presidential run-off would be held when schools are still in session.

An August poll would also be affected by the budgeting



THE ARGUMENTS What both sides think of the dates

Members of the Justice committee are arguing that an election in August could result in a situation where a presidential run-off would affect school programmes.

The MPs are also saying an August poll would also be affected by the budgeting cycle because MPs would be busy campaigning in May and June, the period during which the Budget is scrutinised.

But legal experts feel the December date is not feasible as the mandate of the electoral body will have expired a month earlier and the parliamentarians will not be able to appoint new IEBC commissioners within one month in readiness for the poll.

“

The tenure of IEBC expires in November 2017 and I think this is a key factor MPs should have considered before changes,”
CIC chairman Charles Nyachae

Chairman of the defunct Committee of Experts on Constitutional Review Nzamba Kitonga. Mr Kitonga is opposed to a bid by MPs to change the date of the next General Election.

cycle because MPs would be busy campaigning in May and June, the period during which the Budget is scrutinised.

They said a December date would be most appropriate as the budget for the General Election would have already been decided on and approved.

Contacted, ODM said the time was not yet ripe for the party to discuss the matter.

"The issue will soon come up for discussion in the Senate and we shall also discuss it

within the party organs," party secretary-general, Prof Anyang Nyong'o said.

But both TNA and URP said they respect the mandate of Parliament to amend laws.

TNA secretary-general Oyango Oloo wants Parliament to explain the Bill to stakeholders.

His URP counterpart Fred Muteti said Parliament can decide if new election commissioners can be recruited before expiry of the current commissioners' tenure.

No pay yet as doctors' strike bites

BY NATION CORRESPONDENT

There was no end in sight to the strike at the Coast General Hospital yesterday with doctors saying they were yet to receive their July pay.

Those who spoke to the *Nation* expressed disappointment with Governor Ali Hassan Joho and other officials who had promised that workers' salaries would be wired to their accounts by yesterday.

Desperate patients continued to linger on the corridors of the biggest referral hospital in the region hoping for assistance from the striking doctors and nurses on a go-slow.

HIV/Aids and TB

Some patients cried and said they would not leave until they were treated. One of them, Peter Mwabega, was writhing in pain on the corridor.

"I am not going anywhere. Let me die knowing that I came for help but did not get any. God will take care of us," he said.

Many others gave up and went home.

A doctor said the fate of HIV/Aids and TB patients hang in the balance. Nurses threatened to go on strike too.

Contacted, acting Health Executive Tendai Mtana Lewa said the county was paying salaries.

"We have begun paying the workers, including the governor. The exercise started yesterday and it is ongoing. By the end of the day they will all have been paid. We are running the whole payroll and it is taking time," he said.

Anti-graft agency can now lock up suspects

BY NATION CORRESPONDENT

The anti-corruption commission can detain suspects at the Integrity Centre since it is gazetted as a police station.

Inspector-General of Police David Kimaiyo designated the Ethics and Anti-Corruption Commission (EACC) headquarters as a police station in a notice dated August 15.

The station, situated on Valley Road in Nairobi, will be controlled by the commission.

The anti-graft agency chairman, Mr Mumo Matemu, said the decision would improve the operations of the watchdog, as the centre will hold corruption suspects just like any other police station.

"We will have cells for the suspects under interrogation," Mr Matemu said.

He said the previous arrangement where the agency had to rely on police stations outside its control did not augur well

for confidentiality.

"We have started renovating the building to accommodate cells," he said.

On Thursday, the father of businessman Deepak Kamani was questioned by the agency in relation to the Anglo Leasing scandal.

Mr Matemu said officials interrogated Mr Chamalal Kamani for close to two-and-a-half hours.

Forward files

He said the agency will soon forward files to the Director of Public Prosecution, Keriako Tobiko, for further action.

The Kamani's are linked to companies that were awarded 13 out of 18 Anglo Leasing contracts. The remaining five went to Sri Lankan businessman Anura Perera, who was recently paid Sh1.4 billion by the government.

"We are solidifying the information we have from all the people we interrogated," Mr Matemu said.



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HERITAGE | 70 per cent of Kenyans were not born when Jomo was president, and have little psychological connection with him

Private tomb in a public space? The paradox of Kenyatta's mausoleum

For 36 years, the tomb has been off limits to the people he ruled for 15 years

BY ROY GACHUHI
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In the small hours of August 22, 1978 at State House, Mombasa, President Jomo Kenyatta died. Later that morning, they put his body in a Kenya Air Force Buffalo transport plane and flew it to the Eastleigh air base in Nairobi. Then the President was driven to State House, Nairobi, in a deliberately-arranged modest convoy that would have escaped the attention of passers-by.

His embalmed body lay in state for one week at State House as silent, respectful and tearful wananchi filed past all day long. Then it was taken to his Gatundu home for one last wake on the day before his funeral.

Meanwhile, construction workers put up a stone, glass and marble mausoleum in the grounds of Parliament where the President was buried in state ceremony attended by heads of state and government from around the world on August 31, 1978.

Lonely shrine?

Unlike mausoleums of many other deceased heads of state, President Kenyatta's, though situated in the most public of spaces – Parliament Buildings – has remained a restricted place. For 36 years, the guarded tomb has remained off limits to the people he ruled for 15 years. But it regularly comes to public attention, as it did yesterday, during the anniversaries of his death and on rare occasions when visiting heads of state go there to pay their respects.



JENNIFER MUIRURI |
NATION
Mama Ngina Kenyatta lays a wreath at the mausoleum of first President of Kenya, Mzee Jomo Kenyatta, yesterday. Mzee Kenyatta died on August 22, 1978. Looking on is Deputy President William Ruto.

In effect, Kenya's founding president lies in private grave in a public space. Or does he? The government department charged with the maintenance of the grave is Parliament although the premises are secured by the Kenya Defence Forces who have maintained a presence there since the day the President was interred. Thousands of people file past the body of, say, Ho Chi Minh in his mausoleum in Vietnam. Why not President Kenyatta?

Jeremiah Nyengenye is the Clerk to the Senate, one of the two houses of Parliament.

"It is necessary for the mausoleum to be secured to prevent desecration of the final resting place of the first President of Kenya. The mausoleum is secured by the Kenya Defence Forces who have never left since the state funeral of His Excellency the late Jomo Kenyatta.

"The mausoleum is not a private facility. The public may access it upon request to the Secretary

of the Parliamentary Service Commission to enable suitable arrangements be made."

How much do the people of Kenya pay to maintain the grave? Mr Nyengenye says that the maintenance budget of the mausoleum is part of Parliament's overall budget. The mausoleum is maintained as part of the general maintenance of the grounds of Parliament, he says.

"We can give you the specific costs of maintaining the mausoleum itself but that would take a bit of time," says Mr Nyengenye. "Suffice it to say that it is not a significant proportion of Parliament's maintenance costs."

There are no current plans to

August 31

The day in 1978 when Jomo Kenyatta was buried in Parliament Buildings, Nairobi

give the public unfettered access to the mausoleum and neither have any such concrete proposals been made.

Seventy per cent of Kenya's 40 million people are below the age of 40. To them, Jomo Kenyatta is a distant historical figure with whom they have little, if any, psychological connection.

If there has been no public clamour to make his burial site universally accessible, this is perhaps the reason why. He was a colossal figure of whom there are as many critics as there are admirers. He is the subject of books and academic papers.

Of Kenya's four presidents, he was miles ahead of his successors in charisma and his public speeches, delivered in a booming voice that he punctuated with pregnant pauses for effect, held his audience in either awe or amusement depending on what he wanted to achieve.

They were loaded with sexual innuendo and he was forgiven

uncountable times for the obscenities that he frequently spewed to his audiences. Many are too graphic to be reproduced in this family newspaper. But sample this printable one: "Some people are going around saying that I am impotent. If they doubt my virility, let them go and ask Mama Ngina!"

Kenyatta's chosen successor, Daniel arap Moi, walked into impossibly huge shoes in this particular aspect of character trait. One British journalist uncharitably – but accurately – described him as having the charisma of a dry maize cob. But he was a fox; the quintessential political operative who didn't need a college education to outsmart the sharpest professors.

Professor of politics

Nobody could match him for cunning. For describing himself as a professor of politics, he would have scored a one hundred per cent mark. He reigned for 24 years after serving 12 as vice-president, a record that is certain to run unbroken for perhaps centuries to come.

Moi's successor, Mwai Kibaki, the haughty old Makerereian who often showed great difficulty in concealing his snobbishness, is a lot more familiar with the current generation of Kenyans. He learnt in Kenyatta's court, though not exactly a kitchen member of it.

Thus, younger Kenyans, bemused by his public abuses like *kubafu!* (dimwit) *mavi ya kuku!* (chicken droppings) and *bure kabisa!* (completely useless) now understand from which master of the fine art of public insults he took his lessons from.

It is perhaps too early to make a judgment on President Kenyatta Number Two. He's been in office for only 15 months and it is perhaps fair to give him time as we make keen observations and take copious notes.

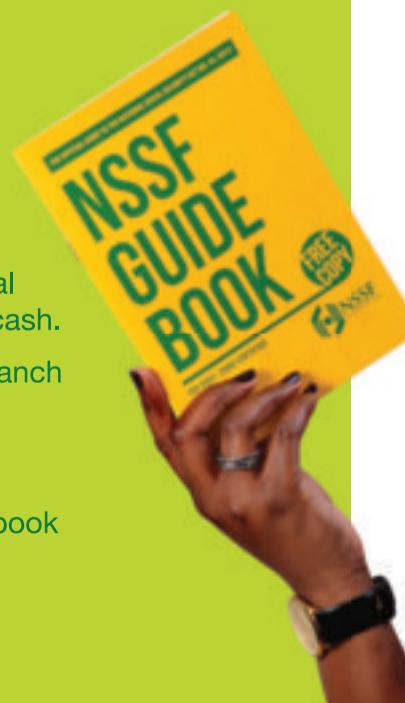
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REFERENDUM | Some 1,450 county assembly members to attend meeting

Ward reps to lock horns over push for vote at inaugural Bomas forum

Cord and Jubilee groupings have made known their stand on the line they expect representatives allied to them to toe at the meeting

BY PETER LEFTIE
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The heated debate over a proposed national referendum today shifts to the 47 County Assemblies, in what is billed as a make or break stage for the vote.

Both President Uhuru Kenyatta and the man he beat in last year's election Raila Odinga, who supports the push by governors alongside his own Okoa Kenya drive, will be closely watching the meeting at the Bomas of Kenya in Nairobi.

The Council of Governors and Cord view the support of the assembly reps as extremely crucial as the draft Bill containing the parts of the Constitution to be amended must be passed by at least 24 out of the 47 county assemblies before it goes to the National Assembly and the Senate.

Should both Houses pass the Bill, it automatically goes to the President for assent into law. Should it be rejected at both or either house, it is subjected to a referendum.

Speaking yesterday ahead of the meeting, both Cord and Jubilee leaders maintained hardline positions with the former urging its members to support the push for the referendum and the latter saying its members were under instructions to reject it.

President Kenyatta advised all the county assembly members to reject the calls for a referendum saying the time was not ripe.

"We cannot run the nation through referenda. In 2002 we had elections, in 2005 we had a referendum, two years later we went to elections again and hardly three years later were we holding another referendum. We cannot be having referenda every two years," said President Kenyatta through a senior director of communications at The Presidency, Mr Munyori Buku.

But Mr Odinga insisted the



PHOEBE OKALL | NATION

Meru Governor Peter Munya (centre) is taken through the Kinoru Stadium design by County Executive in charge of Culture, Youth, Sports and Social Services Mary Mwiti (left) during the groundbreaking ceremony yesterday. Mr Munya, of Jubilee, said he is supporting the referendum call by governors.

push for a referendum had only just begun and the process of explaining it is only being started. "We are sure everyone will come on board."

The chairman of the Governors Council, Mr Isaac Ruto, told Jubilee leadership to "stop bullying the country into rubber-stamping whatever it wants."

1,450

Number of county assembly members in the 47 counties

"We have left them to discuss and agree on what is best for them and the country," said Mr Ruto.

Today's meeting was called by the County Assemblies Forum, a lobby for county assembly members from all the 47 counties, to take a common position on the referendum push by the council of governors and the Cord coalition. There are 1,450

ward leaders in the 47 counties in the country. The gathering comes against a backdrop of a split within the Governors' Council following a decision by 10 county bosses allied to the Jubilee Coalition to withdraw support for the referendum.

The 10 governors, mainly drawn from central Kenya, announced on Wednesday that they were abandoning the campaign because it has been "hijacked" by the opposition.

Three others - Moses Lenon-kul (Samburu, URP), Benjamin Cheboi (Baringo, URP) and Ken Lusaka (Bungoma, New Ford Kenya) have also appeared to waver in their support for the referendum, saying they are exploring other means of ensuring more resources are allocated to the counties.

The Jubilee-allied governors are said to have bowed to intense pressure from President Kenyatta and Mr Ruto who warned them that by pushing for the referendum, they were helping the opposition's agenda.

The two are keen to block the

referendum as it had in the past been used by Mr Odinga to build a strong movement, which nearly swept President Kibaki out of power.

Some Jubilee MCAs told *Saturday Nation* that they were under instructions to disrupt the meeting if the referendum issue is discussed.

"We are charged and ready for the meeting, we will not entertain anything about the referendum, we will shoot it down immediately because the governors have been fighting us," Nairobi county assembly Minority leader Patrick Ngariuya said.

But their Cord counterparts maintained that they will use their numbers to ensure the meeting adopts a resolution supporting the referendum push by both Cord and the Governors Council.

"Cord members of the county assembly in Nairobi are firmly in support of the referendum and you will see that on the floor tomorrow," said the majority leader at the Nairobi County Assembly Elias Otieno.

Cord hunt for 1 million signatures starts today

BY NATION CORRESPONDENT

Cord will this morning launch a drive to collect more than a million signatures from Kenyans to support their bid for a referendum.

It is the first step in the winding legal journey, which the Opposition leaders believe will deliver amendments to the Constitution.

The Coalition for Reforms and Democracy (Cord) leader, Raila Odinga, will launch the campaign in Migori County.

His co-principals Mr Kalonzo Musyoka will be in Nairobi's Embakasi Constituency while Bungoma Senator, Moses Wetang'ula, will be in his political backyard.

The former Prime Minister, Mr Odinga, said the search for signatures will not be restricted to the Cord strongholds alone, but will be throughout the country.

"This is a Kenyan process and not just a Cord agenda.

"That is why the leadership of civil society and religious organisations are supporting us," he told reporters during the opening of Okoa Kenya offices in Nairobi.

“

We shall use our strength in Parliament to craft laws that will address the issues raised

TNA's Secretary General Onyango Oloo

The quest for public approval signifies that Cord has listed the key issues that form the basis for the referendum, he said.

The Opposition is pushing for six issues to be addressed and they include, demand for an increase in revenue and functions allocation to county governments, strengthening the role of the embattled National Land Commission, election reforms, provision for ethnic inclusivity and diversity as well as strengthening public institutions.

Mr Odinga said Okoa Kenya will systematically unveil the plan for the referendum.

On Wednesday, a number of TNA governors, who have been supporting a parallel bid for a referendum for more money to the counties, made an-about-turn and backed down.

Their change of mind was after a lengthy meeting by party leaders that involved some county bosses.

"We shall use our strength in Parliament to craft laws that will address the issues raised by the governors. We shall involve all our coalition partners and like-minded MPs," TNA's Secretary General Onyango Oloo told journalists.

However, other governors, led by their chairman, Isaac Ruto, vowed to soldier on. They insist that their referendum is not related to that of Cord. Mr Odinga said the governors' change of heart will weaken their bid for reforms.

Two shot dead in daylight attack on Lamu village

BY NATION TEAM

A major security crackdown has been launched inside Boni forest in Lamu County after suspected Al-Shabaab terrorists killed at least two people and stole two vehicles this week.

Although the attack took place in Basuba location in Lamu East on Monday, security agents appeared to have learnt about it on Wednesday.

The body of one of the victims was yesterday found inside Boni forest. According to the police report, the victim was beheaded and the body left at the scene.

His distraught mother Charity Gacheri Igweta told *Saturday Nation* that she was informed by the security

officers yesterday about the recovery of the body of her last born.

"I had earlier been told that my son went missing, but security officers called to inform me that his body had been found," said Ms Igweta.

The attackers, who were heavily armed with AK47 rifles and rocket propelled grenades, according to witnesses, blocked motorists at Bauri swamp and took them into the forest as other attackers drove the victims' vehicles away. Bauri swamp is located between Basuba and Milimani areas along the Hinda-Kiunga-Budhei Road.

A government official said the attack took place at about 11am when the victims were returning from Ras Kamboni in Somalia, where they had

gone to drop miraa (khat). "The attack took place in broad daylight at Bauri, between Basuba and Milimani some 60km from Kiunga border town," he said.

One of the survivors, Mr Anwar

“

The attack took place in broad daylight at Bauri, between Basuba and Milimani some 60km from Kiunga border town,"

Government official

Abdi Hussein, said he was driving a four wheel drive vehicle when they were kidnapped by about 20 men.

Another vehicle that was transporting miraa was also seized and the occupants kidnapped. The driver has been identified as Mohammed Abdi Kibar and his assistant George Mwiti.

Speaking at a meeting with House security committee members, Lamu County Commissioner Njenga Miiri confirmed the attack.

The MPs were led by Kandara MP Alice Wahome. They are in the county to collect views from the public on the Lamu attacks.

The two vehicles, valued at Sh2 million each, are suspected to have been taken to Somalia.

ORANGE POLITICS | Party boss already facing rebellion from a section of Coast leaders

Tame Jakoyo and Oburu, or else... rebels tell Raila

Politicians allied to Joho and Namwamba set terms for their support barely days after internal rebellion rocked ODM

BY PETER LEFTIE
pmutibo@ke.nationmedia.com

ODM leader Raila Odinga has this week come under intense pressure to tame seven of his close allies or lose the support of key regions.

The demands come in the wake of a near-fallout in the party following a sustained onslaught on Budalang'i MP Ababu Namwamba by MPs close to Mr Odinga.

The seven MPs cited are Nominated MP Oburu Oginga, Jakoyo Mido (Gem), Otieno Kajwang' (Homa Bay Senator), Millie Odhiambo (Mbita), Gladys Wanga (Homa Bay Woman Representative), Junet Mohammed (Suna East) and Opiyo

Wandayi (Uganda). A group of MPs from Western province on Wednesday told Mr Odinga to his face that they would leave the party if his allies continued branding dissenting voices as Jubilee moles.

While all has not been well in the orange party since the aborted elections in which Mr Namwamba believes was disrupted to rob him of victory, Mr Odinga's allies point at the Budalang'i MP's skipping of recent Cord activities as a confirmation he was working with Mr Odinga's opponents.

Matters came to a head on Tuesday when Mr Namwamba challenged Mr Odinga to hold the party's election first before pushing for a referendum.

The stand-off prompted the former PM to call a meeting with Mr Namwamba after which the former announced the party was united.

Mr Odinga is already facing rebellion from a section of Coast leaders following the ouster of Kilifi North MP Gideon Mung'aro as the Minority Whip in Parliament over his alleged dalliance with the Jubilee Coalition.

The fresh rift not only take the



EVANS HABIL | NATION

ODM leader Raila Odinga arrives for a press conference at Capitol Hill Square Building in Nairobi, over wrangles in the party. With him are Nominated Senator Agnes Zani (right) and Budalang'i MP Ababu Namwamba (centre).

winds off the sails of Mr Odinga's referendum-push ship, but also threatens to shatter his strongest support bases outside Luo Nyanza, a development which could complicate his fourth, and probably last, stab at the presidency.

Yesterday, Mr Odinga played down the turbulence in ODM, maintaining that all was well in the party and that the differences among the MPs had been resolved amicably.

"What happened following alleged utterances by Mr Namwamba and response by his colleagues has already been discussed and resolved amicably. Each of these people explained their positions and they agreed to move for-

ward together as a team. It is a chapter we have closed and I would urge all MPs to close it," he said through his spokesman Dennis Onyango.

Last week, Mombasa Governor Ali Hassan Joho told off Mr Odinga's allies over their reckless talk and defended Mr Namwamba against accusations that he was a Jubilee mole.

Former Westlands MP and chairman of the ODM Council of Elders Fred Gumo also warned that Western and Coast regions would decamp from ODM if Mr Odinga failed to tame his allies.

"Coast is already on the edge, slowly drifting away, at this rate, we (Western) will follow suit. And before

you realise, you will soon see the two Cord principals also disembarking," the combative politician warned.

"Raila must discipline these guys and tell them to go slow. They cannot afford to chase the few people they have because the moment you start removing people, the consequences will be dire," Mr Gumo said.

Navakholo MP Emmanuel Wangwe separately told Mr Namwamba that he was not wanted in ODM and should shop for another party.

Yesterday, Mr Mohammed — who attended the meeting between Mr Odinga and Mr Namwamba's allies — confirmed that the issue of "Jubilee moles" was discussed.

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HEALTH | Border point has no ambulance and has not set up an isolation ward

Ebola screening off to a shaky start

Officials move to stem the spread of disease by providing Namanga with two health workers, gloves and a single thermometer

BY NATION TEAM
newsdesk@ke.nationmedia.com

The Health Ministry's preparedness in the fight against Ebola is worrying despite assurances from top officials.

A day after the *Nation* highlighted how ill-equipped officers manning borderpoints at Busia, Malaba and Namanga were, the government provided them with gloves and thermometers.

Two public health officers have been placed at Namanga to screen people arriving from Tanzania. The officers have gloves and a thermometer.

"We have only screened one Tanzania who was from Nigeria," said Public Health Officer James Njuguna.

There are several Ebola posters on walls. At the health centre which is about 300m from the borderpoint, officers are yet to be trained on how to handle the disease. The hospital has no isolation room and its only ambulance is grounded. A nurse said they were expecting officials from the ministry headquarters to train them on handling Ebola.

Some area residents like Peter Kariuki expressed reservations. "How many people can read the posters?" he asked.

On the Tanzanian side of the border, properly equipped medical staff were screening visitors from Kenya. Fernandes Ndeje, the health officer in charge of the Tanzanian port clinic, said other officers were being trained in Dar-es-Salam.

"We received this equipment from the capital city and we screen people arriving from Kenya for Ebola signs," he



JEFF ANGOTE | NATION

A health worker at Namanga border point checks the temperature of a traveller yesterday. The Health ministry says it has stepped up surveillance and screening on borders but a spot check found that officials were still waiting for equipment from the government.

he said.

In Malaba, officials said they were closely monitoring the Kenya-Uganda border. They said they were screening all travellers. Malaba port health officer in charge Meshack Tunduli said no traveller could pass the immigration department without getting clearance from the public health office. An average of 1,500 travellers and 2,000 trucks pass through the borderpoint daily.

Mr Tunduli said they had set up an isolation unit. Immigration officials denied reports that travellers from West Africa had gone through the border without being screened.

At Isebania border point in Migori County, health workers were sitting idle with their Immigration department counterparts yesterday.

"We have been told that kits will arrive next week. In the meantime, we are using basic knowledge to monitor the situation," one of them said.

County health director Joel Gondi confirmed that testing kits were yet to be delivered.

"Proper and effective screening will begin next week when we get the gadgets although medical officers have been sent to key border points," he said.

He said they were making people aware of the disease. Isolation wards have been set up at Migori Level Four Hospital and Isebania Health Centre.

Dr Gondi said they had also roped in Tanzanian police and Immigration officials in the Ebola surveillance.

Investigations showed that immigration officials and police officers are mainly stationed at official entry and exit points of Isebania, Muhuru, Mtomorobu, Ntimaru and Kopanga leaving about 30 illegal points unmanned.

Additional reporting by Ouma Wanzala, Elisha Otieno and Raphael Wanja

2,000

The number of transit cargo trucks that pass through Malaba border point everyday.

“

We received this equipment...and we screen people arriving from Kenya"

Fernandes Ndeje,
Tanzanian health official

said.

Health cabinet secretary James Macharia on Tuesday said all was well at border towns and that the ministry was prepared to handle any outbreak.

"We are not focusing on airlines only but all entry points,"

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Regional Mini Draws:
1st - 15th August 2014

10 Grand Regional Draws:
27th September

TERMS & CONDITIONS APPLY

BRIEFLY

NAROK

Presidential guard found dead in hotel

A police officer attached to the Presidential Escort team was found dead at a guest house in Narok town. The officer was part of the advance security team that arrived in the town ahead of Deputy President William Ruto's fundraise at Maasai Mara University today. Narok police boss Paul Leiting said the officer and his colleagues booked into the lodging at around 11pm on arrival in the town on Thursday night. The death was being investigated, he said.

NAIROBI

Hospital sets up clinic for expectant mothers

Aga Khan University Hospital has introduced an early pregnancy assessment clinic. The centre addresses any problems during the first 12 weeks of pregnancy often referred to as the first trimester. This enables specialists to provide urgent and sensitive care and make immediate decisions on options for the management of the patients. It focuses on women who have problems such as bleeding, abdominal pain, suspected miscarriage or ectopic pregnancy.

NAIROBI

Woman reps back beauty pageants

Miss World Kenya beauty pageant yesterday received a major boost after the 47 County Woman Representatives said they will promote it in counties. Announcing the partnership in Nairobi at an event attended by 26 representatives, their chairwoman Priscilla Nyakabi (Nyeri) said that they will take over as patrons in their respective counties and will spearhead the cause to ensure that every girl gets a chance to participate. "We want this to be a beauty with purpose."

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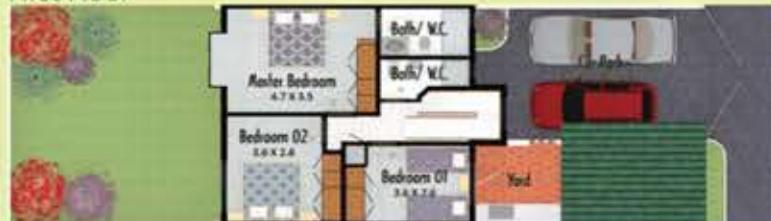


Floor Plans

Ground Floor



First Floor



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- Gated secure entrance
- Boundary wall with electric fence
- On-site borehole
- Gym and swimming pool (proposed) within the estate
- Greenspan mall now fully operational
- Attractive rentals - Kshs.45,000/- p/m

Shirish Shah the Managing Director of Greenspan says "We would like you to visit Greenspan & see what we have achieved."

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Floor Plans



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- 2 and 3 bedrooms (master ensuite)
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- Gated secure entrance
- Boundary wall with electric fence
- On-site borehole
- Gym and swimming pool (proposed) within the estate
- Greenspan mall now fully operational
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swimming pool (proposed)



Greenspan Mall

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Greenspan Mall

Greenspan Mall, which opened in 2012, gives our estate a truly unique aspect. There are more than 60 outlets currently trading including well known brands such as Tusky's, Aga Khan Hospital, Bata, Optica, Healthy U, Multichoice, Fuji Film & Phone Link, Standard Chartered & Bank of Africa, Comercial Bank of Africa, National Bank, Eco Bank Pizza Inn, Chicken Inn, Java Coffee House opening 2014 and many more.

In addition, the various bars, cafés, food courts, a function hall for hire and fashion outlets gives the home owners entertainment and convenience at

their door step.

Swimming pool and Gym (proposed)

Due to popular demand, Greenspan Investments Ltd are planning a state of the art gym with fully fledged facilities such as designated areas for aerobics/other classes. In addition there will be a large swimming pool and a baby pool.

Nursery School

With so many young children living in the estate, we plan to build a modern nursery school within the estate for the convenience of the residents.

Location map



MENACE | Cocaine and heroin are among the mostly trafficked, with Kenya being used as a transit point

Spy agency warns of new deadly drug wave

CONTINUED FROM PAGE 1

because of their increased use.

"A trend emerged where precursor chemicals were being stolen and exported to South Africa for processing into methamphetamine and Mandrax," the annual report for 2013 submitted to the National Assembly says.

The Intelligence Service notes that it issued warnings, which led to the arrest of 56 suspected drug traffickers, both local and foreign, and the recovery of local and foreign currencies.

"The advice also facilitated disruption of two methamphetamine manufacturing laboratories and deportation of 30 foreigners, who were associated with them," the report states.

In 2011, the Pharmacy and Poisons Board outlawed the use of *Ephedrine Hydrochloride* as ingredients in the manufacture of cough syrups and nose drops, after pharmaceutical companies reported thefts.

The substances are also used to manufacture *methamphetamine*, a powerful stimulant.

"Despite measures to dismantle the drug cartels, the problem is likely to persist owing to various problems, which include corruption and lack of capacity to monitor the use of precursor chemicals by licensed pharmaceutical compa-

“
Despite measures to dismantle the drug cartels, the problem is likely to persist owing to various problems”
Intelligence report



FILE | NATION

TERRORISM Threat on lives of key politicians

The National Intelligence Service report further says Al-Shabaab planned to kill key political leaders ahead of the March 2013 General Election.

"There were several attempts to disrupt the elections through assassinations of key political leaders," says Maj-Gen Michael Gichangi, who was the head of intelligence at the time.

Kenya Navy personnel guard a ship, the *B. Bushehr Amin Darya alias Al Noor* that docked at the Port of Mombasa on July 8. Police found 342 kg of heroin worth Sh1.1 billion on the vessel.

nies."

That time, 1,894kg of *Ephedrine Hydrochloride* and *Pseudoephedrine Hydrochlorine* had been stolen from pharmaceutical companies. The report says the drug trafficking and abuse problem is not likely to go away soon.

The NIS report further paints

a grim picture of the security situation across the country, with cattle rustling, inter-ethnic clashes, criminal gangs and terrorists presenting a major headache.

Mungiki is reported to have embarked on increased recruitment, oathing and attacks on businesses which failed to pay

extortion fees.

NIS said the group is expected to continue with its extortionist activities fuelled by unemployment among its membership and the determination of its leadership to remain relevant to its followers.

This suggests that despite the conversion of its former leader, Mr Maina Njenga, to the Christian faith, Mungiki remains alive and well despite the lack of an obvious presence.

56

The number of suspected drug traffickers, local and foreigners, arrested recently.

Also cited as a threat to security is the increased radicalisation of Kenyan youth by Muslim extremists in mosques and madrassas in Mombasa, Nairobi, North Eastern and Upper Eastern.

"This was manifested in the violent takeover of mosques from moderate Sheikhs in the Coast region and intensified jihadist teachings in mosques and schools," the agency says.

In addition, the agency notes Al-Shabaab's intelligence wing, the Amniyat, continued to infiltrate the country while establishing a number of cells for recruitment.



EGERTON UNIVERSITY

Transforming Lives Through Quality Education

Egerton University thanks Partners in Mau-Egerton University Cross Country

Egerton University has been supporting and implementing Kenya Government Vision 2030 flagship projects. Towards this end, Egerton University has committed itself in rehabilitation of Njoro River as one of its flagship project and planned a major cross country dubbed Mau-Egerton University Cross Country, held on

8th February this year themed, "Run for the Mau" with the main objective of creating environmental awareness among the communities living within Mau catchment area and also to raise funds for rehabilitation of Mau Ecosystem.

It is in this regard therefore, that Egerton University recognizes the efforts of all the partners who made this event a success by their contributions. These partners include, Nakuru County Government, Kenya Commercial Bank, APA Insurance Company Limited, Nation Media Group, BAT Kenya Limited, AMACO Insurance, Kenya Water Towers Agency, Geothermal Development Corporation (GDC) Egerton University Sacco Limited, Cooperative Bank of Kenya, Nairobi Sports House, Sai Pharmaceuticals, Mediheal Hospital – Nakuru and Athletics Kenya(AK). We would also like to thank all the athletes who participated, those who won and those who did not, many thanks also to all the primary schools and secondary schools who attended, the Self-Help groups conducting rehabilitation programmes, and the entire

community, and all the enthusiasts who turned in large numbers to grace the occasion.

We are looking forward to having you on board next year for our second Cross Country event. Egerton University fraternity once again says thank you.



YOUNG AND OLD | Speaker meets youth parliamentarians



National Assembly Speaker Justin Muturi with representatives of the Commonwealth Parliamentary Association Africa region Danny Wahinya (left) and Halima Ismail Dolif yesterday. They briefed him on the third session of the CPA Youth that will take place in Zambia from August 24 to 28.

SALATON NJAU | NATION

DISPUTES | Task force collecting views from the public

New land law to tackle injustices

Legislation being drafted by the NLC will be tabled in Parliament by February next year

BY OTIATO GUGUYU
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dotiato@ke.nationmedia.com

The National Land Commission is drafting a law that will address historical land injustices.

The law, which may be tabled in Parliament by February next year, seeks to draw guidelines to handle all the issues behind land disputes in Kenya since independence.

It will code the issues raised by different communities, individuals and groups to determine what constitutes historical injustices and give steps to remedy those affected.

The law will be drafted by a

task force headed by NLC Commissioner Samuel Tororei.

The task force is receiving input from the public until September 30.

Dr Tororei pointed out that the taskforce intended to set up mechanism for determining whether to compensate, restore land or recommend an apology if a historical injustice is proved to have been committed.

The task force, which was appointed in May this year, will also decide which body will handle the cases.

"We want this to be the last effort of resolving land issues. We will square off all reports by other task forces on land to come up with a system we all agree

with," Dr Tororei said.

He pointed out that in South Africa, historical injustices were dealt with in 10 years after which the cases could not be revisited.

Historical land injustices have

“

We want this to be the last effort of resolving land issues. We will square off all reports by other taskforces”

Samuel Tororei, NLC

been a thorny issue in Kenya with subsequent regimes tossing the issue around due to its sensitivity.

Up to 50 per cent of arable land in Kenya is in the hands of only 20 percent of the population while 67 per cent of landowners possess below an acre parcels on average.

Several efforts captured in the Ndung'u and Truth Justice and Reconciliation Commission (TJRC) reports have not been implemented.

"We are calling on Kenyans to give their input into this law because every community will have a different way they would want their issues addressed," Dr Tororei said.

In your **SUNDAY NATION** Tomorrow



New Tenders page in the Sunday Nation

Are you in the Supplies business? Then you are in good company in the *Sunday Nation*. Tomorrow, we continue with our regular page that collates tenders advertised by the national and county governments across the country. If you missed the announcements in the newspapers or online, be sure to catch the highlights weekly in the *Sunday Nation*.

My encounter with racism in America

Days of violence following the shooting to death of an unarmed black teenager by a white policeman in Missouri have presented the dark side of American society and stoked racial tensions. It is the sort of nightmare that mimics the experiences of a young Kenyan man who lived in a state with a touchy racial history for more than a decade. From encounters with racist law enforcers and teachers to barbers and waiters, read his deeply personal account on the day-to-day struggles of a young black man in America.



Jubilee secret strategy as Cord launches drive for a million signatures

Jubilee Alliance strategists have crafted what they consider is the winning formula to slow down the referendum push by Cord and a section of governors. But Cord is not relenting in its efforts as it enters a defining weekend with Opposition chief Raila Odinga leading the drive to start collecting signatures while MCAs take a stand. We bring you a detailed analysis of the referendum intrigues from both sides of the political divide.



Illegal trade in lost, destitute children

Read the shocking allegation on how hundreds of lost and destitute children taken to care homes are flown out of the country to Europe and North America and illegally passed on to foster parents for adoption. The private institutions label such children as abandoned before engaging in the business.

Only in the **SUNDAY NATION**. Don't miss your copy

Activist wants Lenku Nacada order revoked



Mr Joseph ole Lenku

BY NATION CORRESPONDENT

A human rights activist has moved to the High Court seeking orders to have the reinstatement of National Authority for Campaign against Alcohol and Drugs Abuse (Nacada) Chief Executive Director Dr William Okedi revoked.

Mr Charles Omanga says Interior Cabinet Secretary Joseph ole Lenku abused his office by giving Dr Okedi back his job before conclusion of investigations by a disciplinary committee.

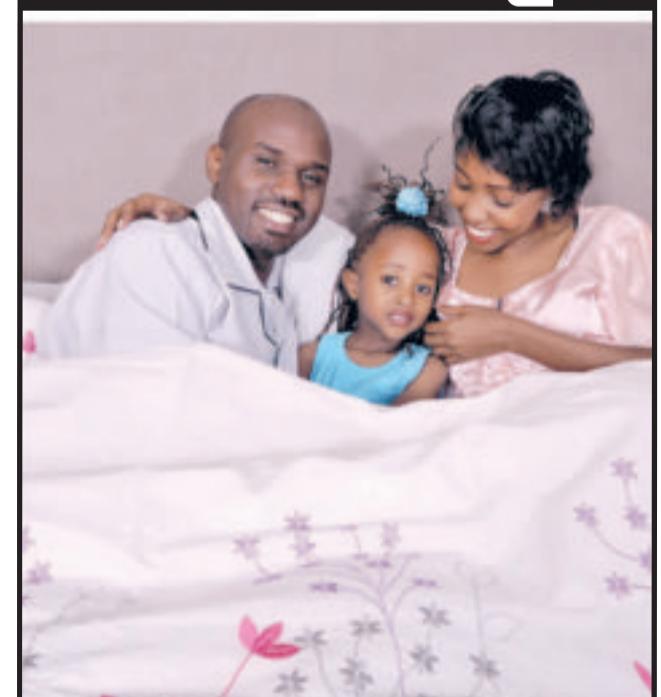
"The minister exercised powers he does not have under the Nacada Act or any other law," Mr Omanga told judge Mr Justice Isaac Lenaola.

Mr Omanga who is also calling for Nacada's disbandment argued that Leku's move was against Chapter 121 B of the Nacada Act.

He expressed displeasure with Nacada's work noting that many Kenyans continued to lose their lives due to illicit brews.

Justice Lenaola certified the case urgent and ordered Mr Omanga's lawyer, Brian Otieno, to serve the respondents, Dr Okedi, Nacada, Kenya Bureau of Standards and Mr Lenku with the suit papers. He, however, declined to grant orders suspending Dr Okedi.

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BONDAGE ALLEGATIONS | Three female envoys battling multi-million lawsuits filed against them by house helps

US courts expose shocking cruelty of

CASE ONE: Woman accuses ex-envoy to the UN Mission and human rights lawyer of luring, trafficking and enslaving her for 14 months

BY HARRY MISIKO
In Washington DC
hmisiko@ke.nationmedia.com

Three Kenyan diplomats are battling vicious multi-million law suits filed against them by the house helps they allegedly lured and conscripted into slavish service in the US.

A former Kenyan diplomat to the UN is facing charges of luring, human-trafficking and enslaving a countrywoman in the US for over a year.

Former legal adviser at Kenya's Mission to the UN, Stella Kerubo Orina, is also accused of subjecting Ms Beatrice Awuor Oluoch to forced labour for 14 months, between July 10, 2006 and September 4, 2007.

Papers filed in courts across the United States accuse the three female envoys – one a human rights lawyer – of cruelty and offences ranging from trafficking to forced labour up to 16 hours a day and being loaned to other diplomats to toil without pay.

A common thread in the three unpreceded cases is that the domestic workers were promised a higher pay, only to end up being given up to 10 times less.

The envoys now risk paying fines that could run into hundreds of millions if the precedence of US courts slapping diplomats found guilty of maltreating their domestic workers with heavy fines is anything to go by.

According to documents filed in a Manhattan court, Ms Oluoch first worked as Ms Orina's domestic worker in Maryland as the envoy served as a legal adviser to the Kenyan Embassy in Washington, DC between July 10, 2006 and May 31, 2007.

Escape from bondage

"Shortly after Ms Oluoch's arrival in the US, Stella Kerubo Orina began accusing Ms Oluoch of having an affair with her husband," lawyers Amy Rudd and Lindsey Stelcen for Ms Oluoch claim in the case filed on January 23.

Ms Oluoch, they allege, continued working for Ms Orina after the human rights lawyer was posted to the UN Mission in New York on May 31 until September 4,

“

Shortly after Ms Oluoch's arrival in the US, Stela Orina began accusing Ms Oluoch of having an affair with her husband”

Lawyers
Amy Rudd
and Lindsey
Stelcen

MORE INFORMATION

Holding house help costs envoy Sh92m

Hefty fines: US courts have been slapping diplomats found guilty of maltreating their domestic workers with heavy fines.

Worker held: In 2008, for instance, Tanzania diplomat Alan Mzengi and his wife, Stella, were fined \$1,059,349 (over Sh92 million) for holding their domestic worker Zipora Mazengo against her will in Bethsaida, Maryland.

State steps in: The Tanzanian Government paid Ms Mazengo \$170,000 (over Sh11 million), which she had offered to take in unpaid wages, a few days to President Obama's visit to Dar es Salaam in June last year.

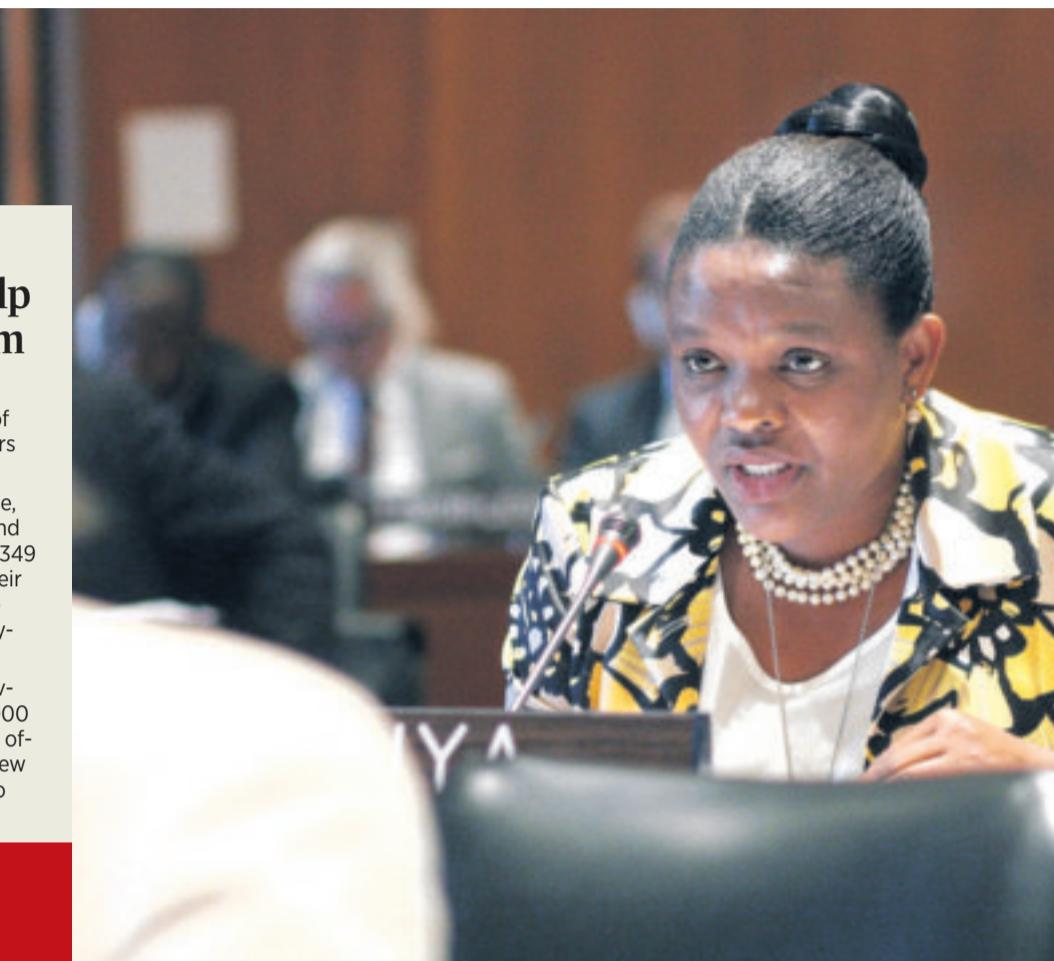
111,360

The amount in shillings that Ms Oluoch's lawyers said she should have been paid by her former employer, Ms Orina, per month in Maryland

2007, when the woman escaped from the alleged bondage. The former diplomat allegedly made Ms Oluoch to work for 13 hours a day, seven days a week without adequate pay through "the use of verbal abuse, threats and legal coercion".

"Contrary to Ms Oluoch's understanding that she would serve primarily as a nanny to the defendant's children... the defendant required the plaintiff to perform virtually all the household duties as well, including cooking, grocery shopping, laundry, ironing, and house cleaning," Ms Oluoch's legal team alleges.

In the suit, Ms Orina is also facing charges of fraud, breach of contract, unjust enrichment and failing to pay her former



Ms Stella Kerubo Orina. Works at the Foreign Affairs ministry and now accused of confiscating and keeping Ms Oluoch's passport and for lying to police that Ms Oluoch was missing.

HARRY MISIKO | NATION

servant US labour rates as they allegedly agreed in a contract signed in Nairobi.

Based on the current exchange rates, the lawyers claim Ms Orina was supposed to pay Ms Oluoch \$1,280 (Sh111,360) per month in Maryland and \$1,594 (Sh138,643) in New York in addition to a free room and board. However, the accused allegedly paid Ms Oluoch \$150 (Sh13,000) a month, and never kept records as required by US laws.

Ms Orina, who currently works at the Foreign Affairs ministry, is also accused of confiscating and keeping Ms Oluoch's passport and falsely reporting to US police that her servant was missing while she was still working for her, leading to cancellation of Ms Oluoch's A-3 visa.

A-3 visas are non-immigrant diplomatic documents granted to the attendants and servants of representatives of foreign governments on A1 visas like Ms Orina was at that time.

Consequently, Ms Oluoch was arrested in Maryland where she had secured a job after escaping from Ms Orina's home in Fresh Meadows, New York. The woman was handcuffed, dragged, and locked up in Baltimore, according to her legal team.

"As a result of the illegal cancellation of Ms Oluoch's A-3 visa, Ms Oluoch was forced to serve a lengthy and expensive probation period... The arrest and probation prevented Ms Oluoch from obtaining gainful employment elsewhere," the lawyers claim. Ms Oluoch wants the court to

CASE THREE:

I was in bondage for four years, claims woman seeking Sh18m in damages

BY HARRY MISIKO
In Washington DC
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A Google search on Lucy Mwaka bounces back results that include an online petition seeking support of her case against a former Kenyan diplomat she claims enslaved her for four years in the US.

In the petition signed by almost 32,000 people, Ms Mwaka, 23, alleges that a former Second Secretary in charge of Public Affairs at the Kenyan embassy in Washington, DC promised heaven only to deliver hell on landing her in Rockville, Maryland, on June 23, 2010.

The envoy's tour of duty in the

US ended in June and she currently works at the Foreign Affairs ministry in Nairobi.

Ms Mwaka claims her movement and communication with the outside world was restricted; forced to work for 16 hours a day, seven days a week; denied medication for a lip wound and loaned out to other diplomats to toil without pay.

"She was denied medical care— at one point she was forced to remove her own stitches from her mouth. When Lucy expressed that she did not want to work for (the diplomat) any longer, she was threatened with arrest, deportation and even harm to her family," her lawyer Sheena Wadhawan claims.

Ms Mwaka accuses the ex-envoy of breaching the contract they signed in Nairobi by allegedly paying her \$250 (Sh21,750) per month instead of \$1,414 (Sh123,053).

According to the contract signed on June 23, 2010, Ms Mwaka was to work for 40 hours a week at Maryland's hourly rate of \$8.84 (Sh769) as she gets a free room and board.

The woman escaped from the alleged bondage on March 23, 2014 with the help of a local nonprofit called CASA De Maryland. The NGO is handling her case.

Besides the ex-diplomat, lawyer Wadhawan accuses the Kenyan embassy in Washington, DC and embassy officials of presiding over and

supporting the breach of Mwaka's rights.

On June 4, dozens of Ms Mwaka's supporters staged a protest outside the Kenyan embassy in DC, demanding justice for the woman.

Ms Mwaka took part in the demonstration— holding a placard with the former diplomat's picture under the headline: "Public Affairs at Work, Slavery at Home".

"Mwaka was often made to cook large quantities of Kenyan food, including home-made rotis, for embassy officials. Embassy officials would routinely place orders," she claims.

The woman, who is living in the US

on a T visa, is demanding \$210,000 (over Sh18 million) from the former diplomat and Kenyan embassy in DC if her case is to be settled out of court. A T visa is meant for victims of human trafficking pursuing cases against their alleged perpetrators.

Nation's efforts to get a comment from the accused diplomat, whose return to Kenya was delayed for weeks by US police investigations, were fruitless after she refused to reply to our emails.

Embassy officials in DC were also unwilling to comment on the case. Ms Wadhawan said they had also refused to reply to her letters, seeking to resolve the matter out of court.

Kenyan diplomats



CASE TWO:

'Envoy's Sh800-an-hour offer lost a zero upon landing me in California'

BY HARRY MISIKO

hmisiko@ke.nationmedia.com

When Ms Aqulina Mwelu George landed in California on May 5, 2013, she was sure of only one big thing: that her employer, a Kenyan diplomat, would pay her over Sh800 an hour as a domestic worker.

But that dream turned into a nightmare immediately she started working for Second Secretary at the Kenyan Consulate in Los Angeles Angela Kasaine, Mwelu, 24, claims in a case she lodged in a Los Angeles court on April 14.

Kasaine, she claims, breached the contract they signed — paying her less than Sh80 per hour and forcing her to work for over 11 hours from eight in the agreement.

The number of working days were also increased from five to seven without overtime, and leave was denied, Mwelu's legal team claims.

"[The] defendant informed Mwelu that she would not pay her according to the executed employment contract that had been reviewed and approved by the US embassy," lawyers Jennifer Klem and Aviva Morady allege in the case.

Instead of paying the agreed upon \$9.27 (Sh806) per hour, they claim, Kasaine said she would pay her servant \$300 (Sh26,000) per month — approximately Sh79 per hour.

"Upon information and belief, the defendant never intended to carry out the contractual promises made to Mwelu and the US government," they allege in the suit.

They also accuse the diplomat of confiscating and keeping Mwelu's documents (passport, ATM, birth certificate and social security number) and restricting her movement and interaction with other people for six months.

The woman, her lawyers claim, was rescued by Los Angeles police after Kasaine threw her out on November 16, 2013 for refusing to respect the envoy's order not to take an afternoon off.

"As a result of the oppressive treatment inflicted by the defendant, Mwelu often suffers from fear and anxiety as well as severe headaches that, on one occasion, necessitated an emergency room visit,"

the lawyers allege.

In the 19-page law suit, Kasaine is facing eight charges including breach of contract, failure to pay minimum wage and overtime, solicitation of employee through misrepresentation, intentional misrepresentation, negligent misrepresentation and negligence per se.

Mwelu wants the court to order the diplomat to pay her all outstanding wages, liquidated damages, attorney's fees and any other relief as the court may deem fit.

"The defendants conduct... was malicious, fraudulent and/or oppressive and done with a conscious disregard for the plaintiff's rights," her lawyers allege.

26,000

Mwelu's monthly pay, in Kenya shillings. She was employed as domestic worker by Kasaine last year

March 17

Date, next year, when Judge Audrey Collins of California will decide case against Kasaine, a diplomat

But Kasaine denies most of the claims and all the charges levelled against her. In a response filed on July 7 by her lawyer, the diplomat punches holes in Mwelu's case, saying the claims "are baseless or filed with a retaliatory motive."

Lawyer Jeffrey S. Thomas also dismisses claims by Mwelu that Kasaine is not entitled to diplomatic immunity against prosecution.

"[The] defendant enjoys immunity from criminal, civil and administrative jurisdiction of the US and its states pursuant to the Vienna Convention on Diplomatic Relations or Vienna Convention on Consular Relations," he tells District Judge Audrey B. Collins.

He asks the court to strike out Mwelu's claims and rule in Kasaine's favour.

Judge Collins has set March 17, 2015 as the trial date but a final pretrial conference is slated for March 2, 2015 in Los Angeles, California.

award her damages, all unpaid wages and overtime plus interest, liquidated damages, attorney's fees and any other relief that the court deems fit. The woman is currently staying in Maryland on a T visa meant for victims of human trafficking pursuing cases against their alleged perpetrators.

It is the third time Ms Oluoch has sued Ms Orina after the first two cases were dismissed by district courts in Maryland and New York.

Judge Peter Messitte dismissed the first case filed in Maryland District Court on January 20, 2011 after Ms Oluoch failed to serve Ms Orina, eight months after filing the case.

A New York court threw out the second case on August 28, 2012 over what Judge Thomas Griesa termed as "insufficient service of the process". This was after Ms Oluoch's lawyers failed to seek an extension of service period, rectify the faulty service or oppose Ms Orina's Motion to dismiss the suit.

Ms Orina, in an answer to the complaints in the third case, denies the claims and charges filed by Ms Oluoch.

In the documents filed by her lawyer Aaron Shapiro on July 17, the former envoy denies luring, human-trafficking, enslaving, breaching contract and subjecting her former servant to forced labour.

Ms Oluoch, the lawyer states, "voluntarily" accepted to travel to the US to continue working for Ms Orina, whom she had been serving since June 2004.

The complainant, he adds, provided her passport to enable the cancellation and change of her A-3 to G-5 visa to comply with US laws after her boss was appointed a legal adviser to Kenya Permanent Mission to the UN.

Mr Shapiro has punched holes in Ms Oluoch's case, and filed a notice of Motion seeking to have five out of the eight charges against Ms Orina struck out.

In 2008 Tanzania diplomat Alan Mzengi and his wife, Stella, were fined over Sh92 million for holding their domestic worker, Zipora Mazengo, against her will in Bethesda, Maryland.

BRINKMANSHIP | Daniel Branch

Consensus, the elusive word in our politics

There are many lessons to be drawn from the chaotic scenes witnessed in Ferguson, Missouri, USA, over the past two weeks. The shooting of Michael Brown, the reaction of Ferguson's population, the police response and the treatment of local and international journalists have told us all a great deal about race and politics in the United States.

The death of Brown and the subsequent reactions have also demonstrated the limited historical significance of the election of Barack Obama and, by extension, other individuals who seem to embody great shifts in the political landscape.

Like many readers, my long-standing attachment to Kenya and brief experience of living in the United States meant Obama's election moved me a great deal. No longer it seemed did one have to hope that the United States could change for the better; it appeared that it had already done so.

No one is more aware of the limited meaning of Obama's election than the president himself. Speaking a year ago in the wake of the killing of Trayvon Martin, Obama told journalists that his election and other symbolic changes to the way in which race is understood in the United States 'doesn't mean that we're in a post-racial society. It doesn't mean that racism is eliminated.'

Such honesty is rare among political leaders, who instead more often promise that they possess the ability on their own to turn around economies, overhaul foreign relations and improve the lives of every voter. But such promises are much more commonly broken than kept.

The question of what makes a great leader is the subject of a recent book by Archie Brown, a British political scientist and expert on the Soviet Union. In *The Myth of the Strong Leader*, Brown effectively explores the delusion that 'the more a leader dominates his or her political party and Cabinet, the greater the leader.'

Brown argues that the qualities we often look for in leaders — courage, determination, principle and willingness to act to act on gut instincts despite opposition and advice to the contrary — are not those that actually make great leaders.

One does not have to look hard to find examples of the disastrous consequences of what happens when such a leader is wrong. Iraq, for instance, continues to pay an unacceptable price for the style of leadership practiced by Tony Blair and George Bush.

Brown offers alternative examples of good leadership, including Mikhail Gorbachev, Nelson Mandela and Clement Atlee, the British prime minister in the aftermath of World War II and architect of a new welfare state. What all three had in common was their ability to build consensus and broad coalitions in government.

Perhaps the greatest exponent of the art of consensus in Kenyan politics was Jomo Kenyatta in the period before independence.

Able to build bridges between different ethnic constituencies and competing individuals within the nationalist movement, Kenyatta's leadership did a great deal to ensure Kanu's defeat of Kadu. But once in office, in John Lonsdale's words, Jomo Kenyatta was 'galvanised by power' and turned his back on consensual

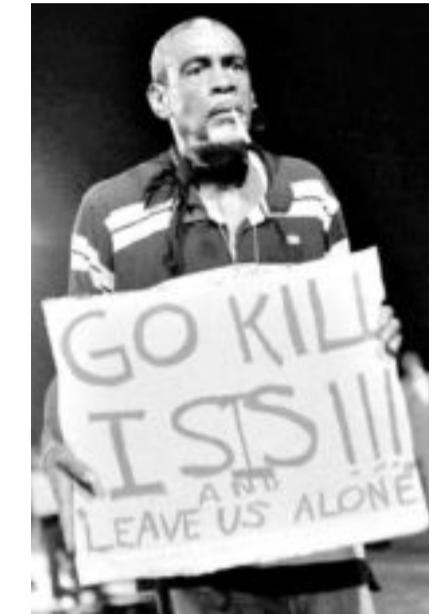


PHOTO | AFP
A demonstrator protests the shooting to death of Michael Brown in Ferguson, Missouri

politics. Consensus has been noticeable by its absence in Kenyan politics ever since.

Broad coalitions, such as Ford in the 1990s, Narc in 2002 or ODM in 2005, have quickly broken down into their constituent parts. The only periods when consensus has been the guiding principle behind governance was when it was forced upon the government.

Examples of this involuntary embrace of consensus include Jomo Kenyatta's long periods of incapacity through illness, which meant competitors for the succession had to work together, or the government of national unity introduced in the wake of the 2007-8 post-election violence.

Kenyans have long suffered at the hands of leaders disdainful of consensus and lacking the skills necessary to keep together broad coalitions, be they British colonial officials or post-colonial rulers. The current generation are little better.

For its part, the Jubilee government seems to cast envious glances westward towards Uganda and Rwanda, where Presidents Museveni and Kagame use development as a justification for the retention of considerable personal power.

The opposition is little better. If the accounts of the rifts between Ababu Namwamba and Raila Odinga are true, then it seems the importance of building and maintaining consensus in political parties still seems lost on such leaders.

ODM should be wary of entering a prolonged period of infighting, which will serve only the Jubilee government. The tyranny of numbers will only be shown to be a chimera if ODM strengthens its coalition, particularly outside the old Western and Nyanza provinces. But such a coalition requires consensus to become embedded in the working practices of the party and a leadership willing to compromise with partners.

If the current crop of political leaders wants to make a real difference then they could start by taking consensus seriously.

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SATURDAY NATION

Action needed to end perennial food crisis

Media reports have consistently painted a graphic picture of famine in various parts of the country, arising from poor harvests in the previous crop season.

Early this week, Devolution Cabinet Secretary Anne Waiguru announced that some 1.5 million people face starvation and called for urgent measures to remedy the situation.

A day later, however, Agriculture Cabinet Secretary Felix Koskei turned around to claim that there was no food shortage; that, in fact, the grain stores were brimming and the problem could just be distribution to the needy areas.

Listening to the two Cabinet secretaries, the public was left wondering as to who was being truthful. Are people starving in some parts of the country or not? Is there food scarcity or not?

Evidence on the ground indicates that famine has hit counties such as Baringo, Turkana, West Pokot, Mandera and Garissa, affecting some 1.5 million people. Figures by the humanitarian agency, Red Cross, are even higher.

As early as April, experts and international agencies such as Food Agricultural Organisation (FAO) had warned of a food deficit due to poor harvest resulting from depressed rains last year and early this year, as well as crop diseases, especially in the grain-basket — the Rift Valley.

Kenya's food problem is a cyclic and embarrassing story. It arises from poor planning and ineffective crop management. Rain failure is not new and is always predictable. All are agreed that irrigation and modern farming is the way to go.

Desert states like Israel are case studies of how modern farming leads not only to food sufficiency but food exports.

For now, the government must face up to the reality of food inadequacy and deal with it, instead of top officials giving conflicting information, probably aimed at masking the truth.

National interest is key

The biggest criticism of Members of Parliament is that they are wont to quickly close ranks on an issue that directly benefits them. They have in the past quickly forgotten their bitterly antagonistic party stances to rally together and increase their emoluments. In a nutshell, it is selfish gain or personal aggrandisement that drives our politics.

This is why it is difficult not to see the plan to shift the polling date for the next General Election from August to December as driven by similar considerations. This is, of course, unfortunate, as there are compelling reasons that could justify such a decision. August is the school holiday month, when students in the national examination classes, KCPE and KCSE, are in the thick of preparations. It would, therefore, be wiser to clear with the exams in an atmosphere devoid of the election campaign madness.

However, this is an issue that calls for sober, non-partisan support. But if it is the case that the motivation has little to do with the national good, and is just an attempt by the MPs to extend their tenure by several months, then it must be rejected. Let us not allow changes that will dilute governance and entrench impunity.

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POVERTY LEVELS | Magesha Ngwiri

Kenyans are starving and all we hear are conflicting state reports



While the government insists there is enough food in the country, more than 80 per cent of Kenyans cannot afford a decent meal

In the course of this week, two things struck my mind, making me wonder where we are going as a country. The first was the apparent discordance between the utterances of two Cabinet Secretaries on one of the most sensitive issues in any country — looming starvation.

The second was the extremely discomfiting report that at least 83 per cent, or more than 38 million Kenyans, are living below the poverty line, which means that only two million earn enough to lead a decent life.

These two are, of course, related, but the first one first. On Tuesday, Devolution Cabinet Secretary Anne Waiguru revealed that 1.5 million Kenyans in 23 counties were at risk of starvation due to prolonged drought. She, of course, volunteered the usual palliatives when food security as a policy has failed — money and food relief to cure an endemic problem that successive governments have only half-heartedly tried to grapple with.

The following day, Agriculture Cabinet Secretary Felix Koskei had a different

take on the matter, insisting there was enough food in the counties, but the affected people were too poor to buy it. Which, essentially, means the two ministers were not necessarily speaking at cross-purposes, only they were looking at the issue from different angles.

But the question is: of what earthly use is food if the hungry cannot access it because they are too poor to afford it? If one Cabinet secretary says a huge number of people are in acute distress, it would be only reasonable for the second to seek to know how

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we must have taken a wrong turn somewhere, otherwise why are so many people dirt poor while a tiny minority keeps talking of millions shillings as though that is so much loose change?

this situation could be remedied through more efficient distribution.

Mr Koskei's admission about poverty being a major cause of hunger is spot on, so it is not surprising when the Standard Bank came up with statistics indicating the majority of Kenyans are living on less than Sh100 a day.

Now, writing about absolute poverty and hunger is hardly a sexy undertaking. Most of us reading this column do not really know what the two mean, for we have never starved, although we could have been victims of the absolute poverty syndrome early in life.

What I do not understand, if this study by the Standard Bank is credible, is why we have in the past few years been assured by economists, the World Bank, and even government leaders that the number of Kenyans living below the poverty line had fallen below 50 per cent?

By this, they obviously meant that at least 20 million of us have, in the words of the singer, Jaguar, "crossed the border". Why have they been painting a rosy picture about our levels of destitution?

Spare a thought for the family whose head has no idea where the next meal is coming from. He wakes up in the morning from, say, the Kibera slum, treks to the Industrial Area, hoping to get a casual job, fails to get one and treks back to

his hovel only to be met by the baleful eyes of his toddler, who is too hungry to cry, and the accusing eyes of the mother who believes her man is a loser.

This is what living below the poverty line means. And don't even suggest that such people should go back to rural areas, because there, poverty is even more entrenched. Is it any wonder there is so much restlessness among so many Kenyans?

Even if the Standard Bank's statistics appear to be a little too contrived — I mean, it beggars belief that Kenya's huge middle class could have been sliding below the poverty line en masse — it still would help for us to ask where we went wrong. For we must have taken a wrong turn somewhere, otherwise why are so many people dirt poor while a tiny minority keeps talking of millions of shillings as though that is so much loose change?

Now, don't mistake me; I am no leveller. In fact, I am a capitalist at heart. But such disparities of income are not only obscene, they are extremely dangerous, and one day, there is bound to be a bloody reckoning. That is, unless, we as a country, go back to the drawing board and seek ways to close the poverty gap.

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THINK AGAIN | Maina Kiai

It is time we had honest discussion about depression among Kenyans



It is a condition that affects many in society and there is nothing shameful about it

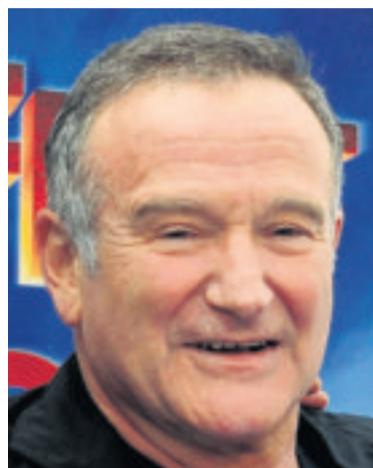
Two weeks ago, one of the world's funniest people, Robin Williams, committed suicide following deep depression. His wife later said that he was also in the early stages of Parkinson's disease, a debilitating illness that affects the nerves system, causes shakes and ultimately death.

Williams was a gifted actor and comedian and his many movies were always memorable. And like all comedians he was incredibly perceptive, witty, and with a razor sharp mind, something we see with our own comedians like Eric Omondi, Churchill, Nyambane, Smart Joker, and with the far-sighted cartoons by the likes of Gado and Maddo. And now, Patrick Gathaara has added wonderful think-pieces to his inspiring cartoon work.

One of my Robin Williams favorites was his description of politics: "Politics: poly (Greek for many); tics, those blood-sucking parasites!" How true for us as our "politicians" continuously focus on themselves, blind to the interests of Kenya and its poor!

But Robin Williams also made a huge contribution to society in his openness of his struggles with depression as a mental health issue. For depression is common and widespread across the world. And far too often, we don't take it seriously as an illness, mistaking it for the common feelings of being down and low that afflict us all at some point or other.

I have come to understand clinical depression better as people I care about have been diagnosed and have been more open about



US actor Robin Williams, found dead on August 12 after an apparent suicide, was suffering from depression.

it. And I know it requires better understanding from all of us, as it does not discriminate. Anyone — rich, poor, black, white, famous, physically fit, male, female — can be affected.

And all too often it seems that the people with the best brains and talents — geniuses even — are quite likely to be diagnosed at some point.

Remember Mozart? Beethoven? Tolstoy? Oprah Winfrey? Ray Charles? Sir Isaac Newton? Sir Winston Churchill? Charles Dickens? Agatha Christie? Ernest Hemmingway? They were all treated for depression. It affects politicians, too, such as John Adams, the second president of the USA and one of the founding fathers and drafters of the American Declaration of Independence, and

Abraham Lincoln, famous for freeing slaves.

But for many people, coming to terms with clinical depression is difficult and they seek ways of handling it without medical help. In fact, many alcoholics are depressive and drown themselves in alcohol as a way of dealing with depression. And many of those we think of as "lazy" because getting out of bed is a chore, could very well be dealing with undiagnosed depression.

But debilitating as depression is, it can be treated with medication and therapy, and it should not be seen as an impediment to a satisfying and productive life. It could mean that work arrangements are shifted around and some adjustments made, but since we do that for people with physical disabilities we could do the same for those with mental health issues.

Thus, as we learn more about physical disability, we are now obliged to build ramps for people on crutches and wheelchairs. And we buy special computers for those who are blind. And we now have sign language interpreters on TV.

It is time we had some honest conversations about depression in Kenya for there are certainly many Kenyans suffering from it. And quite a few of them are in powerful public positions, perhaps handling it secretly with alcohol or other ways.

Depression is not and should not be shameful, and being open about it is the best way of getting all of us to come to terms with it, thus saving lives.

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DIFFERENT STROKES | Gabriel Dolan

Health crisis sign of misplaced priorities

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WHO has ranked Kenya as making 'insufficient progress' with regards to meeting the Millennium Development Goals"

to most faith-based units who also deliver healthy Kenyans in the poorest of areas.

There is no need to elaborate on the matter, as a crisis looms even if a few counties have shown improved services since the sector was devolved. Yet devolution alone cannot be blamed for the appalling health services.

The Cabinet Secretary for Health received Sh47 billion this year for funding referral hospitals, training, maternity programme and policy concerns. Roughly a similar

amount will eventually be distributed among the 47 counties. However, the critical figure in this analysis is that Health still only receives 4.5 percent of the Kenyan budget despite the Abuja Agreement of 2000 and the World Health Organisation (WHO) requiring a minimum of 15 percent. Put another way, is it any wonder that WHO has ranked Kenya as making 'insufficient progress' with regards to meeting the Millennium Development Goals (MDGs) due for review next year, 2015.

Education, infrastructure and security accounts for 50 percent of the 2014-15 budget of Sh1.8 trillion. Of course, the political class hardly worry about budgetary allocations for the poor, since they go private, fly abroad and the taxpayers foot the bill for them, their spouses and kids. The rest quarrel with their insurance companies and organise harambees to pay medical and funeral bills while the major

ity die of ill health long before their time.

But while the Executive must share responsibility for the health crisis, the county governments must not be allowed to escape blame by conjuring up a conspiracy theory that suggests that Jubilee wants to kill devolution by neglecting the health sector. Disbursement of the Sh226 billion to the counties may be delayed by Parliament's laxity, but the vast majority of county budgets had only token public participation in their preparation, and little or no consultation with medical professionals at the county level.

Health is not valued until sickness comes and it does come knocking on everyone's door sooner or later. However, a government that gloats on glitter and mega projects to the neglect of its poor citizens will indeed a lead to a very sick society.

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POLITICALLY CORRECT |

Kwachetsi Makokha's sideways look at debate over a plebiscite

Why the idea of a referendum is so revolting



Opposition in Kenya has been deluding itself with the false belief that it has monopoly to originate disruptive behaviour.

Buoyed by public pity for their lack of ideas, evident in the number of concerned spectators keen to confirm the opposition's folly for themselves, its leaders have attempted to slow the country's momentum by making inciting statements, issuing threats to be talked to and spewing hate speech. It all culminated in the spectacular failure to fill Uhuru Park with people on July 7 (Saba Saba) rally. Subsequently, the opposition leadership has now embarked on a mission to irritate the country with demands for a referendum at a time when the President and the Deputy President are systematically overpowering imperialist forces fabricating cases against Kenya at the International Criminal Court.

Although there is a provision in the Constitution for a referendum, it bears repeating that not everything that is mentioned in the Constitution must happen. For example, although there are elaborate provisions on leadership and integrity, the opposition would be the first to agree that the entire chapter was a private joke between Kenyans and the drafters of their Constitution. The same applies to the referendum clauses.

The cost of holding a referendum, estimated at Sh8 billion, is the equivalent of the confidential expenses by the security people in the Office of the President. Unless the opposition wants to deny the police and the army confidential expenses, it is extremely irresponsible to demand a referendum.

Considering that the Jubilee team's efficiency and parsimony avoided a re-run of the presidential election last year and freed Sh4 billion for the Uwezo Fund, the government should be allowed to design grander projects worth Sh8 billion instead of wasting it on what people think.

Voters cast their ballots so that leaders can think for them. Nobody wants to know what the people are thinking, seeing that they already expressed themselves with eloquence and clarity during the March 2013 General Election. Since there is little use in going back for clarification, leaders cannot abdicate their thinking role and hand it back to the people.

Even if the failings of the Independent Electoral and Boundaries Commission were to be believed for a moment, prosecuting a few people for fraud is not sufficient to clean up the poll register that opposition claims to be riddled with error. Once the opposition loses the referendum, they will start complaining about how the IEBC needs to be changed, or else they will not take part in the 2017 elections.

Pushed to the wall, people might start voting for things that are not even on the referendum, such as cutting back the number of counties to 10, limiting the age of presidential candidates to 70 years, abolishing the Senate and reducing the number of MPs — especially the MCAs, therefore putting thousands of leaders to pasture. Kenyans have no desire to cause financial constipation in the counties by allocating them 45 per cent of national revenue. As it were the lifestyles of many leaders at the county level are cause for great popular concern.

Besides, the defeat of the opposition in a public contest of such magnitude could have debilitating effects for Kenya's burgeoning democracy. The opposition might become so unpopular that the 2017 elections become a nullity, just as happened in the case of the parliamentary poll for Gatundu South. The unpopularity of the ideas being presented for the referendum could dull voter appetite for elections and produce apathy in the 2017 polls, with the risk of returning Kenya to the single party era.

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POINT BLANK | Godwin Murunga

We cannot afford knee-jerk reactions to every security challenge facing us



In the case of Ebola, we speak broadly of West Africa and refer to whole countries when in fact the affected spots are few and well-known

The Ebola outbreak in a few West African countries has reminded me of graduate school. When I joined graduate school, I planned to study the colonial history of Nairobi focusing on how racial segregation influenced urban planning of Nairobi from 1899 to 1939.

At that time, I had a lingering interest in medical history provoked by a regrettable stint as a research assistant I did with the KEMRI Wellcome Trust here in Nairobi. At Wellcome Trust, I assumed a position previously held by Dr Kenneth Ombongi, the current principal of Kenya Utalii College. Dr Ombongi remains perhaps among the few reliable analysts of the history of Malaria control in Kenya.

In designing my Ph.D. research, I focused on the politics of racial segregation and failed to look beyond skin pigmentation to see the racist content that justified developing a segregated city.

At the Kenya National Archives, most of the documents I initially examined rarely spoke directly about skin pigmentation. It turned out that the Colonial Office in London found segregation based simply on skin

colour unconvincing. This was because the Asian community in Nairobi, who were neither white nor black, but enjoyed such advance presence in Kenya compared to white settlers, could not easily be discriminated against.

Many times, the files I was examining repeatedly made reference to the Medical Officers of Health. Only then did I realise I was looking in the wrong files. When I examined the Health Department files, it became clear that the content of racial segregation was justified by a reference to concerns about the public health dangers Asians and, by extension, Africans were assumed to pose to whites. This justification impressed the Colonial Office who, in 1913, enacted the Public Health Ordinance based on recommendations from Prof. William R. J. Simpson.

Simpson recommended a cordon sanitaire between races to prevent the spread of diseases from 'inherently unhygienic races' to whites. The approach to controlling people rather than disease vectors soon backfired as the control of plague in Nairobi repeatedly failed.

Are there lessons to learn from history about



Disinfecting the Elwa Hospital in Monrovia, Liberia.

any approach to dealing with health issues that focuses simply on establishing a protective zone? Are our knee-jerk reactions demanding that Kenya Airways stops all flights to West African countries affected by Ebola not simply misplaced or obviously foolhardy reactions?

First, West Africa is not flooding with Ebola infected persons. Only a handful of countries are affected. The mass hysteria we want to blow up is unnecessary. Second, it is not the primary duty of Kenya Airways to control Ebola. True, the airline has responsibilities to us but the primary duty for controlling disease rests with the Ministry and Kenya Airports Authority.

Three, many of us have complained about the US and UK security travel advisories against

Kenya. But we are happy to deploy a similar reaction against West African countries. Whenever a travel advisory is issued, the assumption abroad is that the whole country is a security risk. It does not matter that the advisory specifies only a few locations to be avoided.

In the case of Ebola, we speak broadly of West Africa and refer to whole countries when in fact the Ebola-infected spots are few and well-known. We have in fact disregarded WHO statement. It reads that "The risk of getting infected on an aircraft is small as sick persons usually feel so unwell that they cannot travel and infection requires direct contact with the body fluids of the infected person." With respect to Nigeria, it states that the identified cases "are related only to persons who had direct contact with a single traveller who was hospitalised upon arrival in Lagos."

Obviously, there is enough knowledge and credible advice on the Ebola issue and we can benefit from a little more knowledge before we overgeneralise.

Godwin Murunga is Senior Research Fellow, Institute for Development Studies, University of Nairobi.

FAIR PLAY | Peter Mwaura

County-owned media such a bad idea

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A county government-owned and controlled media will most likely be His Master's Voice. The master, in this case, will be the governor

the lap dog for the County Assembly, or both.

The governors seeking to set up the media empires have argued they need their own media to facilitate public participation in county affairs. Vihiga Governor Moses Akaranga, for example, while announcing the setting up of an FM station in addition to *Vihiga Star*, a bi-weekly publication already in existence, said in June the media outlets will help residents make good decisions.

"An enlightened society will be in a good position to make informed choices. This will also enhance information flow within the county," he said.

Others have spoken in similarly plausible terms. But history teaches us that government-owned and controlled media is not the best proposition for keeping cit-

izens well informed. The best proposition is an independent (private) media.

At any rate, there's no absence of media in the counties. In fact, there's a proliferation. Every major community has a vernacular radio. Some have more than one. There are, at the last count, over 100 radio stations ranging from Lake Victoria FM to Bahari FM. There are also close to 10 TV stations with a national reach while over 100 TV broadcast licences have been issued to over 40 companies.

The government publishes 11 rural newspapers ranging from *Sauti ya Pwani* covering the coastal region to *Nyota ya Magharibi* covering the western region. Journalists and other entrepreneurs have also set up newspapers in counties including Mombasa, Kilifi, Trans Nzoia, Laikipia, Nyeri, Meru, Kajiado, Machakos, Taita-Taveta, Nyeri, Nakuru, and Migori.

If the governors truly want to promote the free flow of news, information, and ideas in their counties the best thing is to support these entrepreneurs by providing them with an enabling environment including free access to official information, as well as advertising support. HMV is not a viable option.

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MARK MY WORD |
Philip Ochieng

True meaning of 'act' and all its related words



The adjective *actionable* presupposes the existence of the verb "to act". But I am not aware of this verb. I know only the verb "to act", which is what gives us the adjective *active*, which is what spawns the verb to activate. To activate, then, is to cause to be active, for instance, to put a machine to work.

The question is thus ineluctable: Does the adjective *actionable* mean the same thing as the adjective *active*? Quite clearly, that is not so. At face value, *actionable* seems to mean "capable of being put to work", whereas *active* means "actually working". But on page 6 of the August 17 number of the *Sunday Nation*, we read:

"Maj-Gen Gichangi is said to have fallen on his sword after it turned out that the intelligence supposed to prevent the attacks and save lives was not 'actionable and reliable'."

The statement has a number of other semantic problems. In particular, however, what can the reporter mean by the word "*actionable*"? Does he perhaps mean "*active*" or "capable of being activated"?

In any case, how can an activity be both "*actionable* and *reliable*" simultaneously? If it is *reliable*, why should anybody want to take you to court for it? The answer is that the person who made the above statement was guilty of a *misnomer*, namely, an incorrect or unsuitable word for a person, thing or concept.

By the adjective "*actionable*", both the speaker and the person reporting him apparently mean "feasible", "practicable", "capable of being implemented", "suitable for action", suchlike. Unfortunately, for them, the adjective *actionable* has long been technicalised by and now belongs only to the juridical world.

There, "*actionable*" has come to mean — as my dictionary puts it — "giving grounds for legal *action*." Any *act* or statement is *actionable* if it can lead another party to take you to court for it. All our libel cases are *actionability* suits, suits which arise from the publication of something which unjustly damages a person's reputation.

But its *actionability* lies only in the counter-claim that the damaging statement was cooked up, wilful, malicious and impossible of proof. The last one is the nitty-gritty. If you use a public medium — a mass rally, a pulpit, a newspaper, radio, TV, etc. — to call a public person thief, say, he can take you to court and come away with millions in "damages" unless you produce documents against him.

Actually, then, as a definition of the adjective *active*, there is a whiff of tautology in the phrase "*actually working*". For the element "*act*" in the adverb *actually* lends it the significance of "really", "in truth", "existing" and even "*at work*". Really and truly, a thing is *actual* only if it is real and, for human beings, functioning and can be put to use.

Thus all related words containing the element *act* — including such others as *acting*, *activist*, *actuality*, *actuate* — imply not only existence but also function and life. Yes — William Wordsworth notwithstanding — to exist is to be alive.

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QUOTED

"We shall use our strength in Parliament to craft some laws that will address the issues raised by the governors"

TNA secretary-general Onyango Oloo after TNA governors withdrew their support for the push for a referendum

To the editor

Writer was wrong on design of Thika Road

Prof Maina Muchara's article (*Saturday Nation*, August 2, 2014) alleged that the design of Thika Road is wanting. While he is entitled to his own opinion, there is need to put the record straight.

The design of the road was undertaken by top engineers from the Ministry of Transport and Infrastructure.

The Sh30 billion that was used to construct the road was money well spent, if the current benefits being reaped are anything to go by. Not only has the highway opened up new business opportunities, it has triggered a major rise in property values, besides attracting new investments in the area. It has also shortened commuter time between Thika and Nairobi.

Based on the need to keep the road in shape, KeNHA tendered for the provision of a Performance Based Contract (PBC) for the road, which was awarded to M/S Intex-Sinohydro for two years.

The contract will cost Sh.1.1 billion, to be funded by the Road Maintenance Levy Fund (fuel levy).

The contractor will provide a 24-hour monitoring of the highway to ensure assistance to road users, safety and security, as well as provide feedback on general road conditions such as traffic congestion, unauthorised parking and accidents. In case of an emergency, the contractor will deploy a full emergency vehicle, ambulances and paramedic staff.

The contractor will set up an Incident management system which will operate from the Highway Control Centre. It will be manned 24 hours a day. The contractor will undertake emergency works, including repairing damage caused by natural phenomena, accidents or vandals.

At the same time, KeNHA will continue to erect foot bridges along black spots to curb pedestrian accidents.

Footbridges will be erected at three lots. Lot 1 will comprise Waiyaki Way near Boulevard Hotel, Kolobet Road. Lot 2 will include Ruaka and Blue Springs, while Lot 3 will comprise Kenya Clay Works, Toll Plaza, Highrise Church, Weiteithie and Mangu road.

The foot bridges will be patrolled regularly to deter vandals, muggers and other criminals.

It's important to note that Thika Road was designed to open up transport into Nairobi from Thika, Kiambu and surrounding areas.

GEORGE KIIRU, KeNHA general manager, maintenance

TALKING POINT

Illegal laws in counties might frustrate investment in mining

The discovery of the minerals in various parts of the country has come with a lot of expectations, especially from communities, county governments and the national government. Currently, there are over 24 companies; both local and international, licensed to explore minerals in Kenya. This is happening at time when, presently, the industry relies on the Mining Act Cap 306 of 1940 and bits of the Trading in Unwrought Precious Metals Act, Cap 309 and the Diamond Industry Protection Act Cap 310.

With the anticipated incomes and potential from the extractive sector, and with the Government having signed some agreements with the mining companies before counties came into being and, more importantly, in the absence of the conducive laws, who is cushioning investors from being overcharged or exploited? At what level is the Senate going to supervise counties in the sense that the laws they make are consistent with national laws and respect national obligations? Given the current chaotic relationship between the national government and the counties, can the National Treasury and the Commission of Revenue Allocation (CRA) have the capacity to review and advise, supervise and contribute to the revenue raising measures of all 47

Investors must be protected against harassment and at the same given reason to open up business in the country. Article 209 of the Constitution requires that the taxation and other revenue-raising powers of a county shall not be exercised in a way that prejudices national economic



FILE | NATION
Base Titanium manager Simon Wall at the factory in Kwale County. Mining laws in the country need to be rationalised.

counties? Article 62 of the Constitution vests the administration of minerals under the national government. Similarly, Public Finance Management Act, Section 161 provides that the County shall ensure that the tax or measures conform to Article 209(5) of the Constitution and any other legislation and shall seek views of the Treasury Cabinet Secretary and the Commission for Revenue Allocation. How many counties respect guidelines when introducing taxes or charges in their areas?

Investors should not be punished for the mistakes of our government. Counties are already in the mood to start reaping from the minerals in their jurisdiction, even outside national government guidelines and processes through imposing different, exorbitant, land rates for land under mining/oil prospecting activities.

For example, the Kwale County Government, in its County Finance Act, has imposed a Mining Levy of Sh5,000 on "titanium per tonne" from Base Titanium. Similarly, the County Government of Mombasa, also in its Finance Act, has introduced a cess charge on "undefined products entering Mombasa County."

VICTOR BWIRE, Nairobi

diabetes, kidney ailments, and the control of outbreaks of contagious diseases like Ebola or cholera. Directives to the medical sector need to be responded to centrally. How will each separate government tackle a crisis like the doctors' strike? While public health sector is more suited to be in county government, medical services should be under the national government.

Kimani Gatubu, Kangema

growth.

H.K. KANGETHE: The governors showed they do not hold national values. They should be driven by what is right. They just want to benefit from the situation.

a step in the right direction. It shows that they are in solidarity with the President.

DENNIS JOHNSTONE

ONYINO: That is their personal decision. Kenyans just want stability and economic

LAST WEEK'S QUESTION

Your comment on TNA governors and the referendum

FELIX MURUNGA: Their decision after months of chest thumping clearly shows our leaders lack independence of ideas and decisions. Sycophancy is the order of the day.

KAGWE WARUTA: It was

The editor welcomes brief letters on topical issues. Write on e-mail to: mailbox@ke.nationmedia.com You can also mail to: The Editor, Daily Nation, POB 49010, Nairobi 00100.

THE CUTTING EDGE

BY THE WATCHMAN

CHINESE INFLUX. When she flew from JKIA to Entebbe recently, Sharmi Bhalla says she was disgusted with the pampering of Chinese travellers. "They did not have to stand in the queues at the Immigration. They were all escorted by police in and out of Immigration. I am a Kenyan and I follow rules — so why not these Chinese? What is it about the Chinese? Their influx frightens me as many billboards in Kenya, Tanzania and Uganda now advertise Chinese products." Her contact is sharmi@soulonfire.org.

LOOTERS. The media are awash with reports of how billions of shillings have been squandered in dubious transactions by some leaders, notes Antony Irungu. Government ministries, parastatals, county governments, Senators, MPs and MCAs have all been fingered for involvement in the scandals. "If only these billions could be channelled into development projects in urban areas and the far-flung villages, we would not be extending begging bowls to the East and West." His contact is antolex2001@yahoo.com.

JOB APPLICATIONS. Even as she appreciates the fact that companies are finding it hard to reply to all job applicants, Margaret Wanjiru says there is a way around the challenge. According to her, it would be "really nice" to indicate that only short-listed applicants will be contacted and give a specific date. Her template would be something like: "If you do not hear from us by..., please note that your application was not successful." That way, applicants will not be kept in suspense for too long. Her contact is mwmuriithi@gmail.com.

NO POWER. What a long wait it has been for the parents of Zack Gaya in Kendu Bay, for whom he applied for electricity installation at their home (Ref No. 24402012091269) in December last year, paying the requisite charges. To date, nothing has happened and yet the home is two poles away from power. Zack is also not impressed with the prepaid meter service. "I've been using it since April, but it is so erratic that one cannot budget. How do explain buying 20 units for Sh250 and 6.5 units for Sh300, a few days later?" His contact is gayazack@yahoo.com.

STREET FAMILIES. Whenever he comes into Nairobi's city centre before 8am, Vincent Mariita says he has been encountering hordes of street families, and "they are not a very friendly lot". He is, therefore, surprised to note that the city county government appears not bothered about the apparent increase in the number of street dwellers in the recent past. Vincent would like to see steps taken immediately to remove those already in the CBD and block new entrants. His contact is mariitav@yahoo.com.

Have an organisable day, won't you!

ON THIS DATE IN 1985

COMPILED BY DELVIN OMWODO



WELCOME. President Moi being welcomed to the NYS College by the minister in the Office of the President Mr Hussein Maalim Mohamed.

DEBATE QUESTION

Should election date be moved from August to December?

Send your comments to mailbox@ke.nationmedia.com

MY TOWN | For an Olympic medal, just pick any young person and train him or her properly



JARED NYATAYA |
NATION

Iten: Where champs are born and bred

Leaders advised to commercialise athletics and boost local economy

BY WYCLIFF KIPSANG

wkipsang@ke.nationmedia.com

What greets a visitor on arrival in Iten Town is a billboard with the words "Home of Champions".

Iten is a corruption of "Hill Ten". Word has it that some white explorers were counting hills and when they reached the tenth one, they called the place Hill Ten.

The message on the billboard is not misleading. Iten has produced world-conquering athletes such

as the 2011 Sportspersonality Of the Year Award winner Vivian Cheruiyot or "Pocket Rocket".

Ms Cheruiyot was also the favourite to scoop the 2011 World Athlete of the Year Award at the International Association of Athletics Federation gala in Monaco but mysteriously lost to Sally Pearson of Australia.

I came to know Ms Cheruiyot in the early 90s when I was a pupil at Kapkenda Primary School. I had accompanied my school team to the Keiyo District athletics championships at Kiptilos Primary School. At that time, she was a pupil at Chemwabul Primary School.

Despite her young age diminutive size, she left many of us speechless.

She overlapped nearly all her rivals in the 10,000m race and

ABOUT ITEN

Sports tourism and banking

Athletics: Sports tourism can earn Iten a lot of money revenue. The town attracts foreign athletes.

Shops: Iten residents also engage in trade for livelihood. The most common businesses are transport and retail.

Banking: The town has attracted several financial institutions too.

later represented the district at the provincial level in Nakuru. The rest, as they say, is history.

There is something unique about athletics in Elgeyo-Marakwet County.

In Iten, you only need to pick an individual from a group and train him or her properly for them to win gold in the Olympics.

So favourable is the altitude of the county for honing athletic prowess that many foreigners pitch tent here for training. Among them is 5,000 and 10,000m world champion Mo Farah.

Other Iten athletes who have put the county on the world map include Ezekiel Kemboi, Edna Kiplagat, Moses Mosop, Vincent Kipruto, Brimin Kipruto, Florence Kiplagat, Sharon Cherop, among others.

The county government is on a mission to tap the rich talent and generate revenue from athletics tourism.

According to Governor Alex Tolgos, Sh34 million was set aside in this financial year to boost tourism. The money would be used to open up Rimoi Game Reserve, desilt Tabar Dam and conserve wildlife.

Mr Tolgos said the county government had constructed more than 40 kilometres of roads to the reserve and to breath-taking sceneries, especially on the Iten-Kabarnet road.

Apart from athletics, Iten Town also boasts of points where one can view the expansive Kerio Valley. It is a sight to behold, especially in the morning.

Some of our famous educational institutions are St Patricks Iten High School and Tambach Teachers Training College.

Tell us the interesting things about your town. Send your stories to satnation@ke.nationmedia.com

Athletes battle it out during a marathon in Iten early this month. The town has produced world-conquering athletes.

40

The number of kilometres of roads built to serve the Rimoi Game Reserve

BRIEFLY

KIAMBU

Body of woman, 70, exhumed in mix-up

A body that had been mistakenly buried was exhumed in Ndenderu in Kiambu yesterday. The body of Alice Wanjiru, 70, was dug out from the Ndenderu public cemetery where she was laid to rest on Thursday. Relatives of Esther Wacheke had picked the body of Wanjiru at a Thogoto funeral home. Wacheke's kin, Mr James Mburu, said they learnt of the mix-up on Thursday evening. Mr Mburu said they obtained a court order to exhume the body which was done yesterday.

MURANG'A

Fierce inferno destroys property worth millions

Property worth millions was yesterday reduced to ashes after fire burnt eight business premises in Murang'a town. The blaze is believed to have started at 6am in a shopping mall and spread fast. A passer-by saw thick smoke billowing from the roof of the mall and called for help. Residents were unable to put out the inferno and the fire engine from Karatina arrived three hours late. No one was harmed during the incident and only a few items were saved.

UASIN GISHU

DT Dobie rolls out truck service camps

Drivers and owners of Mercedes trucks will enjoy free service camps offered by DT Dobie. The first such camps were held last year. The camps provide free check-ups and full reports showing the work and spares needed to keep the trucks in top condition. The camps are in Eldoret today followed by Kisumu on Monday, Kericho on August 26 and 27, Nakuru from 28 to 30 August and the final camp will be in Mombasa from September 1 to 5, said DT Dobie's director of after sales Steve Farrell.

Sentry injured in evening attack on Air Force base

BY NATION CORRESPONDENT

Detectives are investigating a shootout between Laikipia Airbase sentries and unknown occupants of a vehicle on Thursday evening.

The shooting took place about 20 metres from the camp's southern gate.

Laikipia County police boss Angelus Karuru told the *Nation* that a soldier was slightly injured on the right thigh.

Although the shooters escaped, detectives found the vehicle abandoned a few kilometres away. It had blood stains and was carrying 71 twenty-litre empty containers.

"We used sniffer dogs and even involved military bomb

experts but could not trace the attackers. We are convinced there were no explosives and it was just an ordinary criminal incident," Mr Karuru said.

Military personnel sealed off the scene only allowing detectives from Nyeri and the county's security chiefs.

The car had multiple bullet holes.

County CID boss Mr Abdallah Komesha said investigations into the shooting had begun.

71

The number of 20-litre empty cans found in the abandoned car



COURTESY | NATION

US ambassador Robert Godec signs the visitors' book when he toured the Ethics and Anti-Corruption Commission offices in Nairobi, yesterday. With him is commission chairman Mumo Matemu (right).

Anti-graft unit needs a lab, says Matemu

BY NATION REPORTER

The anti-graft agency needs a forensic laboratory to speed up investigations.

The Ethics and Anti-Corruption Commission boss Mumo Matemu said this yesterday when he hosted US Ambassador to Kenya Robert Godec.

He said the lab would help in evidence analysis and enhance the commission's capacity to deal with graft.

"Although commission can undertake investigations, there is need to enhance its capacity through specialised training and equipment," he said.

Mr Matemu asked the US Embassy to organise a forum with American investors to

sensitise them on integrity and business ethics.

Mr Godec promised to facilitate the meeting which he said was critical, given the important role the private sector played in the fight against corruption.

The British High Commission has agreed to organise similar meetings.

The meeting was attended by commission vice-chairwoman Irene Keino, chief executive Halakhe Waqo, his deputy Michael Mubea and US Embassy economic officer David Renz.

"We have the capacity to deal with corruption despite its numerous challenges," Mr Matemu told the envoy.



THE COUNTY GOVERNMENT OF KITUI OFFICE OF THE GOVERNOR

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KITUI

The County Government of Kitui plans to continue implementing the Community Level Infrastructure Development Programme (CLIDP) which began last financial year 2013/14. The objective of the programme is to support small scale infrastructure projects identified and prioritized by communities at the local level in order to improve their livelihoods. Implementation of the programme will be spearheaded by the Ward Development Committees. Some of last financial year's tenders were not awarded because the submissions received were either not responsive to our requirements or were not quoted for.

The County Government of Kitui therefore invites eligible contractors registered with the National Construction Authority (for Construction Infrastructure projects) to submit bids for the underlisted tenders:

TENDER NO.	PROJECT	SUB COUNTY	WARD	RESERVE AMOUNT (KSHS)	ELIGIBILITY		CGoKTI/101/2014 – 2015	Renovation of Majengo ECDE School (Roofing, Doors, Windows and	Kitui Central	TOWNSHIP	450,000.00	Youth, Women & PWD
CGoKTI/57/2014 – 2015	Renovation of Katulu Dispensary	Kitui south	ATHI	350,000.00	All Ward level		CGoKTI/102/2014 – 2015	Putting up Market Sheds behind Coast Bus (Rear street)	Kitui Central	Township	720,000.00	Youth, Women & PWD
CGoKTI/58/2014 – 2015	Renovation of Kituti Dispensary	Kitui south	Athi	328,500.00	All Ward level		CGoKTI/103/2014 – 2015	Rehabilitation of Mjini Street	Kitui Central	Township	526,000.00	All Ward level Contractors
CGoKTI/59/2014 – 2015	Renovation of Kililini Dispensary Administration block	Kitui south	Athi	900,000.00	All Ward level		CGoKTI/104/2014 – 2015	Purchase of 4 water tanks for Katyethoka and Ngii Pri. Schs.	Kitui Central	Township	320,000.00	All Ward level Contractors
CGoKTI/60/2014 – 2015	Improvement of Ndauni Kilawa Road (3.8km)	Kitui south	Athi	328,500.00	All Ward Level Contractors		CGoKTI/105/2014 – 2015	Construction of 2No. Water Kiosks and Installation of 10M ³ Plastic Tanks at Katikoni and Kiembeni	Kitui Central	Township	477,000.00	All Ward level Contractors
CGoKTI/61/2014 – 2015	Renovation of armoury at Mwangeni Ap line	Kitui south	Athi	225,000.00	Youth, Women & PWDs		CGoKTI/106/2014 – 2015	Installation of submersible pumps at kisasi borehole	Kitui rural	KISASI	855,000.00	All Ward level Contractors
CGoKTI/62/2014 – 2015	Construction of ECDE Classroom at Mattinga	Kitui south	IKANGA/ KYATUNE	582,000.00	Youth, Women & PWD		CGoKTI/107/2014 – 2015	Rehabilitation of kavisuni borehole	Kitui rural	Kisasi	900,000.00	All Ward level Contractors
CGoKTI/63/2014 – 2015	Equiping of Makele Youth Polytechnic	Kitui south	Ikanga/kyatune	270,000.00	Youth, Women & PWD		CGoKTI/108/2014-2015	Construction of a workshop at kamulu youth polytechnique	Kitui rural	MBITINI	648,000.00	Youth, Women & PWD
CGoKTI/64/2014 – 2015	Construction of ECDE Classroom at Kaliluni Pr. School	Kitui south	Ikanga/kyatune	582,000.00	Youth, Women & PWD		CGoKTI/109/2014 – 2015	Cosconstruction of pit latrine at mbitini mixed secondary school	Kitui rural	Mbitini	284,000.00	Youth, Women & PWD
CGoKTI/65/2014 – 2015	Grading of Access Road from Kyatune - Kanguli	Kitui south	Ikanga	900,000.00	All Ward level Contractors		CGoKTI/110/2014- 2015	Grading of access road from ngangani market to ulungu-kasunguni-isiki earth	Kitui rural	Mbitini	450,000.00	All Ward level
CGoKTI/66/2014 – 2015	Extension of Water Pipeline from Ilusya - Makele (Return line)	Kitui south	Ikanga	900,000.00	All Ward level Contractors		CGoKTI/111/2014 – 2015	lomprovement of road connecting muani r46-01 and kamulu d505	Kitui rural	Mbitini	180,000.00	All Ward level
CGoKTI/67/2014 – 2015	Construction of ECDE Classroom at Ilaani Nursery School	Kitui south	IKUTHA	582,000.00	Youth, Women & PWD		CGoKTI/112/2014 – 2015	Levelling and installation of goal posts at seeeka primary school playing ground.	Kitui rural	Mbitini	270,000.00	All Ward level
CGoKTI/68/2014 – 2015	Construction of ECDE Classroom at katliku primary School	Kitui south	Ikutha	582,000.00	Youth, Women & PWD		CGokti/113/2014 – 2015	Construction of toilets at yatta youth polytechnic	Kitui rural	KWA VONZA/ YATTA	284,000.00	Youth, Women & PWD
CGoKTI/69/2014 – 2015	Construction of ECDE Classroom at Imini Pr. School	Kitui south	Ikutha	582,000.00	Youth, Women & PWD		CGokti/114/2014 – 2015	Completion and equipping of kwa vonza youth polytechnic	Kitui rural	Kwa Vonza/ Yatta	900,000.00	Youth, Women & PWD
CGoKTI/70/2014 – 2015	Construction of ECDE Classroom at kasarani Pr. School	Kitui south	Ikutha	582,000.00	All Ward level Contractors		CGokti/115/2014 – 2015	Roofing, plastering and installation of shutter in kyusiani community library		Kwa Vonza/ Yatta	900,000.00	All Ward level
CGoKTI/71/2014 – 2015	Rooofing of a classroom at Yuumbu Primary School	Kitui south	Ikutha	189,000.00	All Ward level Contractors		CGokti/116/2014 – 2015	Construction of ecde classroom at itooma primary school, kanyangi ward.	Kitui rural	KANYANGI	582,000.00	Youth, Women & PWDs
CGoKTI/72/2014 – 2015	Equiping of Ngawuni Dispensary	Kitui south	Ikutha	225,000.00	All Ward level Contractors		CGokti/117/2014 – 2015	Improvement of kitonio- muliluni-kanyangi road, kanyangi ward	Kitui rural	Kanyangi	340,000.00	All Ward level
CGoKTI/73/2014 – 2015	Construction of Pit Latrine at Ngwate Dispensary	Kitui south	Ikutha	284,000.00	All Ward level Contractors		CGoKTI/118/2014 – 2015	Construction of one ecde classroom at nguka imwe primary school	Mwingi central	NUU	582,000.00	Youth, Women & PWDs
CGoKTI/74/2014 – 2015	Furnishing of Ngwata Dispensary	Kitui south	Ikutha	387,000.00	All Ward level Contractors		CGoKTI/119/2014 – 2015	Equipping of wingemi dispensary	Mwingi central	Nuu	200,000.00	Youth, Women & PWDs
CGoKTI/75/2014 – 2015	Equiping of Kyoani Dispensary Maternity Wing	Kitui south	Ikutha	350,000.00	All Ward level Contractors		CGokti/120/2014 – 2015	Equipping of ngieni dispensary	Mwingi central	Nuu	200,000.00	All Ward level
CGoKTI/76/2014 – 2015	Construction of ECDE Classroom at Ndithini Nursery School	Kitui south	KANZIKU	582,000.00	Youth, Women & PWD		CGokti/121/2014 – 2015	Improvement of kwa nginga-kaombe road	Mwingi central	Nuu	360,000.00	All Ward level
CGoKTI/77/2014 – 2015	Construction of ECDE Classroom at Kyanganga Pri. School	Kitui south	Kanziku	582,000.00	Youth, Women & PWD		CGokti/122/2014 – 2015	Improvement of nduluni –kyatune-nuu road (8km) nuu.	Mwingi central	Nuu	572,000.00	All Ward level
CGoKTI/78/2014 – 2015	Installation of Solar Power Panel Kakindu Pri. School	Kitui south	Kanziku	175,000.00	Youth, Women & PWD		CGokti/123/2014 – 2015	Repair of water pipes at minyiini water project	Mwingi Central	Nuu	572,000.00	All Ward level
CGoKTI/79/2014 – 2015	Equiping of Maternity Wing at Ekani Dispensary	Kitui South	Kanziko	200,000.00	All Ward level Contractors		CGokti/124/2014 – 2015	Provision of 3no 10,000ltrs water tanks to three primary schools (ngangani, kwa mutili and kawelu primary schools)	Mwingi central	Nuu	300,000.00	All Ward level
CGoKTI/80/2014 – 2015	Purchase of Water Pump at Kasangu Shallow well	Kitui South	Kanziko	103,500.00	All Ward level Contractors		CGokti/125/2014 – 2015	Installation of 10,000 litres water tank and construction of cattle trough at wingemi bore hole	Mwingi central	Nuu	500,000.00	All Ward level
CGoKTI/81/2014 – 2015	Rehabilitation of Borehole at Vutu	Kitui South	Kanziko	286,000.00	All Ward level Contractors		CGoKTI/126/2014 – 2015	Supply of electricity to ukasi dispensary	Mwingi central	NGUNI	330,000.00	Youth, Women & PWDs
CGoKTI/82/2014 – 2015	Construction of ECDE Classroom at Kalama	Kitui south	MUTHA	582,000.00	Youth, Women & PWD		CGokti/127/2014 – 2015	Supply of electricity to maai dispensary	Mwingi central	Nguni	527,000.00	Youth, Women & PWDs
CGoKTI/83/2014 – 2015	Construction of a classroom at Koi primary School	Kitui south	Mutha	582,000.00	Youth, Women & PWD		CGokti/128/2014 – 2015	Repair of sossoma cattle dip	Mwingi central	Nguni	180,000.00	All Ward level Contractors
CGoKTI/84/2014 – 2015	Construction of ECDE Classroom at Kasikeu	Kitui south	Mutha	582,000.00	Youth, Women & PWD		CGokti/129/2014 – 2015	Improvement of ukasi-ivuusya ngooni along levuni-kyangu-nuu road juction	Mwingi central	Nguni	356,000.00	All Ward level
CGoKTI/85/2014 – 2015	Rehabilitation of Kawambemba Borehole	Kitui south	Mutha	900,000.00	All Ward level Contractors		CGokti/130/2014 – 2015	Fixing of 10 culverts/drifts along levuni-kyangu-nuu road junction	Mwingi central	Nguni	400,000.00	All Ward level
CGoKTI/86/2014 – 2015	Construction of classroom at Kathungu nursery School	Kitui south	MUTOMO/ KIBWEA	582,000.00	Youth, Women & PWD		CGokti/131/2014 – 2015	Electrical wiring at muthuka secondary school	Mwingi central	Nguni	200,000.00	All Ward level
CGoKTI/87/2014 – 2015	Rehabilitation of UAE Dispensary	Kitui south	Mutomo/ Kibwea	720,000.00	Youth, Women & PWD		CGokti/132/2014 – 2015	Provision of 4no 10000 ltr water tank to four primary schools in ukasi	Mwingi central	Nguni	400,000.00	All Ward level
CGoKTI/88/2014 – 2015	Grading of Kisayani – Kithae Road	Kitui south	Mutomo/ Kibwea	835,000.00	All Ward level Contractors		CGokti/133/2014 – 2015	Supply of electricity from ikuuni market to wasya primary school	Mwingi central	KIVOU	367,200.00	Youth, Women & PWDs
CGoKTI/89/2014 – 2015	Improvement of acess road from muti to kwa professor kimwel /yumbu	Kitui south	Mutomo/ Kibwea	360,000.00	All Ward level Contractors		CGokti/134/2014 – 2015	Construction of publick toilet at ndalani market	Mwingi central	Kivou	284,000.00	Youth, Women & PWDs
CGoKTI/90/2014 – 2015	Construction of ECDE Classroom at Nyekini Pri. School	Kitui Central	KYANGWITHYA EAST	644,000.00	Youth, Women & PWD		CGokti/135/2014 – 2015	Construction of public toilet at kisama market	Mwingi central	Kivou	284,000.00	All Ward level
CGoKTI/91/2014 – 2015	Supply & delivery of 10,000.00 LT plastic water tanks to the following primary schools: Mutune Girls' Pr, St. Patricks Mutune Pri, Kilungu Pri, Kavutini Pri, and Kangau Primary school.	Kitui Central	Kyangwithya East	600,000.00	Youth, Women & PWD		CGokti/136/2014 – 2015	Repair of kyanika cattle dip	Mwingi central	Kivou	450,000.00	All Ward level
CGoKTI/92/2014 – 2015	Completion of AP Line at Kwa Ukungu Centre	Kitui Central	Kyangwithya East	593,000.00	All Ward level Contractors		CGokti/137/2014 – 2015	Supply and installation of 4no water 10,000 lt tanks of 10,000ltrs to four primary schools in kisama village	Mwingi central	Kivou	360,000.00	All Ward level
CGoKTI/93/2014 – 2015	Roofing of Kakuuni Pri. School	Kitui Central	KYANGWITHYA WEST	648,000.00	Youth, Women & PWD		CGokti/138/2014 – 2015	Supply of mattresss to six ecde centres	Mwingi central	MUI	54,000.00	Youth, Women & PWDs
CGoKTI/94/2014 – 2015	Rehabilitation including re-supply of electricity to water projects at Ithiani	Kitui Central	Kyangwithya West	550,000.00	All Ward level Contractors		CGokti/139/2014 – 2015	Repair of kwa mulinga drift	Mwingi central	Mui	430,000.00	All Ward level
CGoKTI/95/2014 – 2015	Construction of ECDE classroom at Ngolomoto	Kitui central	MIAMBANI	582,000.00	Youth, Women & PWD		CGokti/140/2014 – 2015	Electricity connection to yumbo borehole	Mwingi central	Mui	90,000.00	All Ward level
CGoKTI/96/2014 – 2015	Improvement of feeder road, maintenance from Malili –Kanza – Kamandio	Kitui central	Miambani	600,000.00	All Ward level Contractors		CGokti/141/2014 – 2015	Rehabilitation of shallow well at yumbe secondary school	Mwingi central	WAITA	396,000.00	Youth, Women & PWDs
CGoKTI/97/2014 – 2015	Improvement of feeder road, Nzaaya-Kathumula-Makaani-Vinda	Kitui central	Miambani	585,000.00	All Ward level Contractors		CGokti/142/2014 – 2015	Construction of ECDE classroom at uvati primary school	Mwingi central	Waita	582,000.00	Youth, Women & PWDs
CGoKTI/98/2014 – 2015	Kwa mukungu water project-finishing-piping and painting 2 water kiosks	Kitui central	Miambani	360,000.00								

CGokti/148/2014 – 2015	Supply of 30 mattresses to waita special school for the disabled	Mwingi central	Waita	54,000.00	All Ward level
CGokti/149/2014 – 2015	Kiriri bore hole -instal water pump to pump water to nyanya market	Mwingi central	Waita	270,000.00	All Ward level
CGokti/150/2014 – 2015	Improvement of musukini-mulang'a road, mwingi central ward.	Mwingi central	MWINGI CENTRAL	360,000.00	All Ward level
CGokti/151/2014 – 2015	Supply of 35 mattresses to 7 ECDE centres in Kiomo/Mbondoni	Mwngi west	KIOMO/KYETHANI	63,000.00	Youth, Women & PWDs
CGokti/152/2014 – 2015	Construction of kwa kithiaka kitumbi drift	Mwngi west	KYOME/THAANA	352,800.00	All Ward level
CGokti/153/2014 – 2015	Construction of mikunaiku sand dam	Mwngi west	Kyome/Thaana	405,000.00	All Ward level
CGokti/154/2014 – 2015	Improvement of feeder road: Kyome town to Mbao including drift (total of 300M).	Mwngi west	Kyome/Thaana	900,000.00	All Ward level
CGokti/155/2014 – 2015	Equipping of health facilities at nzawa dispensary.	Mwngi west	NGUUTANI	200,000.00	All Ward level
CGokti/156/2014 – 2015	Levelling and making goal pots muimi katunyu matheani and kakululu pri.sch	Mwngi west	Nguutani	200,000.00	Youth, Women & PWDs
CGokti/157/2014 – 2015	Wiring of St.Marys secondary school	Mwngi west	Nguutani	200,000.00	
CGokti/158/2014 – 2015	Costruction of one ECDE classroom at mathunzini pri.sch	Mwngi west	Nguutani	582,000.00	Youth, Women & PWDs
CGokti/159/2014 – 2015	Construction of access road from kavoloi to kanyaa market	Mwngi west	Nguutani	630,000.00	All Ward level
CGokti/160/2014 – 2015	Wiring nzauni dispensary and kikiini dispensary	Mwngi west	Nguutani	200,000.00	All Ward level
CGokti/161/2014 – 2015	Construction of ECDE clasdsroom at kangungi	Mwngi west	Nguutani	582,000.00	Youth, Women & PWDs
CGokti/162/2014 – 2015	Construction of ecde classroom at kora tender no.cgo/kti/129 b/2013 – 14	Mwingi north	KYUSO	582,000.00	All Ward level
CGokti/163/2014 – 2015	Construction of mataka ngomano drift.	Mwingi north	Kyuso	540,000.00	All Ward level
CGokti/164/2014 – 2015	Construction of ecde classrom at kasevi	Mwingi north	Kyuso	582,000.00	All Ward level
CGokti/165/2014 – 2015	Kamulyo ecde center floor & plastering	Mwingi north	MUMONI	108,000.00	Youth, Women & PWDs
CGokti/166/2014 – 2015	Construction of kimi sub-surface dam	Mwingi north	Mumoni	315,000.00	Youth, Women & PWDs
CGokti/167/2014 – 2015	Construction of ecde classroom at kasyongo primary school	Mwingi north	Mumoni	582,000.00	Youth, Women & PWDs
CGokti/168/2014 – 2015	Completion of two classrooms at kithumulani primary school	Mwingi north	Mumoni	180,000.00	All Ward level
CGokti/169/2014 – 2015	Completion of two classrooms at kasioni primary school	Mwingi north	Mumoni	180,000.00	All Ward level
CGokti/170/2014 – 2015	Installation of pump at kinoru borehole	Mwingi north	Mumoni	135,000.00	All Ward level
CGokti/171/2014 – 2015	Improvement of ngaani –kikumi kiambare feeder road	Mwingi north	Mumoni	315,000.00	All Ward level
CGokti/172/2014 – 2015	Completion of kwa musya(floor painting & supply of 10,000 lts water tank)	Mwingi north	Mumoni	225,000.00	All Ward level
CGokti/173/2014 – 2015	Construction of culvert at nguungi –masukanioni road	Mwingi north	Mumoni	270,000.00	All Ward level
CGokti/174/2014 – 2015	Kaliani primary school classroom completion(floor,roofing & plastering)	Mwingi north	Mumoni	135,000.00	All Ward level
CGokti/175/2014 – 2015	Construction of pit latrine at kaundu special school.	Mwingi north	Mumoni	284,000.00	All Ward level
CGokti/176/2014 – 2015	Construction of public toilet I at kateiko	Mwingi north	Mumoni	284,000.00	All Ward level
CGokti/177/2014 – 2015	Completion of kanzeru water project(purchase & laying of pipes)	Mwingi north	Mumoni	153,000.00	All Ward level
CGokti/178/2014 – 2015	Construction of one classroom at mwanziu primary school	Mwingi north	Mumoni	582,000.00	All Ward level
CGokti/179/2014 – 2015	Construction of ciakara drift	Mwingi north	THARAKA	522,000.00	All Ward level
CGokti/180/2014 – 2015	Construction of kamagara drift	Mwingi north	Tharaka	360,000.00	All Ward level
CGokti/181/2014 – 2015	Construction of gatundu drift	Mwingi north	Tharaka	900,000.00	All Ward level
CGO/KTI/182A/2014-2015	Construction of pit latrine at katumbi dispensary	Mwingi North	TSEIKURU	284,000.00	Youth, Women & PWDs
CGO/KTI/182B/2014-2015	Purchase of 75 mattresses for 15 ECDE Centres	Mwingi North	Tseikuru	150,000.00	Youth, Women & PWDs
CGO/KTI/183/2014 – 2015	Purchase of 75 mattresses for 15 ECD centres	Mwingi north	NGOMENI	150,000.00	Youth, Women & PWDs
CGokti/184/2014 – 2015	Supply and installation of 2 water tanks of 10,000 litre capacity at kavaani primary school	Mwingi north	Ngomeni	200,000.00	Youth, Women & PWDs
CGokti/185/2014 – 2015	Construction of classroom at ikime secondary school	Mwingi north	Ngomeni	582,000.00	All Ward level
CGO/KTI/186/2014 – 2015	Construction of classroom at ikime secondary school	Mwingi north	Ngomeni	582,000.00	All Ward level
CGO/KTI/187/2014 – 2015	Construction of one ecde classroom at muringani primary school	Mwingi north	Ngomeni	582,000.00	All Ward level
CGO/KTI/188/2014 – 2015	Completion of katutu dispensary staff house	Kitui West	KAUWI	337,500.00	Youth, Women & PWDs
CGO/KTI/189/2014 – 2015	Improvement of road from katheka –makengelu-matinga	Kitui West	Kauwi	360,000.00	All Ward level
CGO/KTI/190/2014 – 2015	For construction of ecde classroom at yalatani pre-school (numbuni primary)	Kitui West	MUTONGUNI	582,000.00	All Ward level
CGO/KTI/191/2014 – 2015	Construction of ecde classroom at metata	Kitui West	Mutonguni	582,000.00	Youth, Women & PWDs
CGO/KTI/192/2014 – 2015	Tulia market muthale girls feeder road construction	Kitui West	Mutonguni	315,000.00	All Ward level
CGO/KTI/193/2014 – 2015	Construction –ivulia muu feeder road-culverts insatllation and manual re-shaping	Kitui West	Mutonguni	257,000.00	All Ward level
CGO/KTI/194/2014 – 2015	Completion of kathuma health centre	Kitui West	MATINYANI	435,000.00	Youth, Women & PWDs
CGO/KTI/195/2014 – 2015	Water extension from matinyani borehole to katheuni sec.school	Kitui West	Matinyani	315,000.00	Youth, Women & PWDs
CGO/KTI/196/2014 – 2015	Water extension from kalimani sec.school to kyanguli market	Kitui West	Matinyani	315,000.00	All Ward level
CGO/KTI/197/2014 – 2015	Water extension from matinyani borehole to kyondoni	Kitui West	Matinyani	315,000.00	All Ward level
CGO/KTI/198/2014 – 2015	Construction a public toilet at kathivo market –kithumula /kwa mutonga ward	Kitui West	KITHUMULA/KWAMUTONGA	284,000.00	Youth, Women & PWDs
CGO/KTI/199/2014 – 2015	Improvement of syu kithumbi-kithuniani feeder road	Kitui West	Kithumula/ Kwartumonta	364,000.00	All Ward level
CGO/KTI/200/2014 – 2015	Construction of one ecde classroom at malatani primary school	Kitui West	Kithumula/ Kwartumonta	582,000.00	All Ward level
CGO/KTI/201/2014 – 2015	Construction of one ecde classroom at kiwani primary school	Kitui West	Kithumula/ Kwartumonta	582,000.00	All Ward level
CGO/KTI/202/2014 – 2015	Construction of one ecde classroom at ndunga primary school	Kitui-East	CHULUNI	582,000.00	Youth, Women & PWDs
CGO/KTI/203/2014 – 2015	Improvement of kwanzuki ngomango road	Kitui-East	Chuluni ward	384,000.00	All Ward level

CGO/KTI/204/2014 – 2015	Leveling of Kamala Primary Sch. Playground	Kitui-East	Chuluni ward	457,000.00	Youth, Women & PWDs
CGO/KTI/205/2014 – 2015	Construction of ecde classroom at ndulani primary school	Kitui-East	VOO KYAMATU	582,000.00	Youth, Women & PWDs
CGO/KTI/206/2014 – 2015	Fencing of kinakoni dispensary	Kitui-East	Voo kyamatu	114,472.00	Youth, Women & PWDs
CGO/KTI/207/2014 – 2015	Construction of public toilets at matundu dispensary	Kitui-East	Voo kyamatu	284,000.00	All Ward level
CGO/KTI/208/2014 – 2015	Construction of public toilets at muthungue primary school	Kitui-East	Voo kyamatu	284,000.00	All Ward level
CGO/KTI/209/2014 – 2015	Construction of ikukuma wa subsurface dam	Kitui-East	Voo kyamatu	250,000.00	All Ward level
CGO/KTI/210/2014 – 2015	Electrical wiring of kaumu borehole and kaumu dispensary	Kitui-East	ZOMBE/MWITIKA	226,000.00	All Ward level
CGO/KTI/211/2014 – 2015	Electrical wiring of kavaani primary school	Kitui-East	Zombe/Mwitika	135,000.00	All Ward level
CGO/KTI/212/2014 – 2015	Electrical wiring of ngaaka yakwa primary school	Kitui-East	Zombe/Mwitika	135,000.00	All Ward level
CGO/KTI/213/2014 – 2015	Construction of kathande kaumo-canteen 7kms road	Kitui-East	Zombe/Mwitika	630,000.00	Youth, Women & PWDs
CGO/KTI/214/2014 – 2015	Improvement of access road makongo –yamanza –imbuuu-kyangeni 21.6kms	Kitui-East	Zombe/Mwitika	810,000.00	All Ward level
CGO/KTI/215/2014 – 2015	Construction of toilets in endau police station	Kitui-East	ENDAU	284,000.00	Youth, Women & PWDs
CGO/KTI/216/2014 – 2015	Extension of water pipes from katumbi –maluuni/kalungu	Kitui-East	Endau	450,000.00	All Ward level
CGO/KTI/217/2014 – 2015	Purchasing of 50 mattresses for 10 ecde centres	Kitui-East	MUTITU/KALIKU	90,000.00	Youth, Women & PWDs
CGO/KTI/218/2014 – 2015	Electrification of ikoo-imwatine water project	Kitui-East	Mutitu/Kaliku	193,000.00	All Ward level
CGO/KTI/219/2014 – 2015	Improvement of itiko-mukungo road(4.2 km)	Kitui-East	Mutitu/Kaliku	383,000.00	All Ward level
CGO/KTI/220/2014 – 2015	Improvement of mutitu –mutitu sub district hospital road(2.1 km)	Kitui-East	Mutitu/Kaliku	872,000.00	All Ward level
CGO/KTI/221/2014 – 2015	Road improvement from chuluni Girls' secondary school to ngengi primary (2kms).	Kitui-East	NZAMBANI WARD	150,000.00	All Ward level
CGO/KTI/222/2014 – 2015	Manzi meu drift construction (Ngengi-Kavalala road) at nzambani ward	Kitui-East	Nzambani	414,000.00	All Ward level
CGO/KTI/223/2014-2015	Kyuukuni-kateke junction C96 (3kms) road construction	Kitui-East	Nzambani	510,000.00	All Ward level
CGO/KTI/224/2014 – 2015	Construction of administration block at ikuyuni primary school	Kitui-East	Nzambani ward	675,000.00	All Ward level
CGO/KTI/225/2014 – 2015	Water Pipe extension from maluma to ikuyuni dispensary	Kitui-East	Nzambani ward	286,000.00	All Ward level

MANDATORY REQUIREMENTS

Interested bidders should note that only those meeting the criteria indicated below as minimum, supported by relevant documents at submission will be considered for further evaluation:-

1. Proof of eligibility as being a contractor registered and operating within the ward;
2. Provide copies of VAT, PIN and Tax Compliance certificates;
3. Proof of eligibility as having been registered with the National Treasury for firms belonging to Youth, Women and Persons With Disabilities. Provide proof that the firm originates from the Ward;
4. Registration with the National Construction Authority for construction and infrastructure works;
5. The tender form and confidential business questionnaire must be fully filled and signed by authorised person(s) with full names of Directors/Owner(s), and copies of company registration certificates (CR 12) and ID cards of the Director(s)/Owner(s) must be attached;
6. A bidder will be limited to a maximum award of only one project from their Ward of origin;
7. Eligible bidders of tender for supply of hospital equipment are required to specify delivery period (Actual delivery to client premises including inspection and testing).
8. Eligible bidders of tender for supply of hospital equipment are required to provide proof that the equipment conforms to KEBS, ISO standards or National standards and satisfy the technical specifications requirements in all respects as contained in tender documents and shall attach brochures, catalogues and any other evidence to exhibit quality.

The criteria for the evaluation of the bids, the description and the scope of the works shall be described in the tender documents.

Further, tenders from the following tenderers shall be treated as **NON-RESPONSIVE** and therefore subject to Automatic Disqualification:-

1. A tender from a tenderer whose Directors/Owners/Shareholders are either Public Servants, State Officers or their Spouses and or their children;
2. A tender from a tenderer who has been served with a default notice on on-going projects;
3. A tender from a tenderer with on-going projects awarded by Kitui County Government exceeding KShs. 2,000,000.00 (KShs. 2 Million)

City Girl



With Njoki Chege

nchege@ke.nationmedia.com

She is bold, sassy and audacious. See it through her prism and ride the roller coaster life of Nairobi's young and trendy.

Decent women don't post their marital problems on Facebook



Women who share their personal lives on social media have insecurity issues and need to be told so if they are to change



TO FOLLOW CONVERSATION ONLINE SCAN THIS QR CODE OR VISIT www.nation.co.ke/citygirl

The other day my colleague insisted that I go through a Facebook group page. Curious, I typed the name of the group and it led me to a Facebook group exclusively for mothers.

It is a page by mums, for mums and of mums. Boring, I thought. All it had was 'my baby has colic, what do I do?' kind of stuff.

Others were baby shoes and clothes that were up for sale. To be honest, what I saw on that Facebook page generally pissed me off.

But I learned something. These online women groups share extremely personal stuff that make one wonder how pathetic their lives are. From the look of things, they are stuck in lacklustre marriages, bland jobs and broke lives, and they are not ashamed to share it.

They share marital problems with their house helps, their mothers-in-law, conniving husbands and some ask for a cure for the venereal diseases they have contracted from *mpango wa kando*.

These pages I have learned are little clubs of miserable married women who share excerpts from their miserable lives and give each other miserable advice. They are dens of cantankerous, lethargic and idle

women with nothing better to do with their lives than gossip on social media. Interestingly, conwomen are also having a field day on these pages as they prey on these women.

With abbreviations such as DM for 'Dear Maid' (the househelp) and DH for 'Dear

“

These pages I have learned are little clubs of miserable married women who share excerpts from their miserable lives”

Author

Husband', these social media clubs are doing women great injustice. They show we are cheap, gossips and are a suffering lot.

A member of one of the groups shared how she stole her husband's phone and scrolled through the messages only to find that he was helping his married friend to get a house for his *mpango wa kando*.

The response was overwhelming. "Oh, tell that friend's wife that her husband

is paying rent for his clandestine lover."

"Oh, you are next, birds of a feather flock together. So prepare yourself because your husband will also pay rent for another *mpango wa kando*."

How I pity women in these groups, who use these forums to compare their miserable lives with those of others, just to make themselves feel better. You would think that women who claim to be educated and cultured would seek other forms to vent out their anger and experiences.

Another member who thinks the whole world cares about how her house runs, went ahead and shared 'house rules', which to my amusement included "No meat in my house on weekdays".

Alas! These groups are not only for bored married wives, but they are also home to mean and backward women with retrogressive behaviours.

Women who share their personal lives on Facebook have insecurity issues and need to be told so if they are to change their bad ways. Who cares what your husband got you on your fifth anniversary?

Nobody really cares about the cheap pair of purple heels your husband got you on his latest trip to South Africa. Who

knows, maybe it is his *clandestine lover*."

Nobody cares if you are engaged, married or divorced. So don't post those photos of your miserable engagement ring and gift boxes on Facebook, Twitter or Instagram.

Oh, and yours is not the only man who can cook dinner in this world.

Thousands, nay, millions of men cook dinner for their wives every minute. So, your husband concocting a meal for you is nothing new to write home about. After all, it must be a sign that you have sat on him.

When he cooks you breakfast and brings it in bed, keep it to yourself; people have been having breakfast in bed before your parents were born.

I will tell you a little secret that you will probably not be told by anyone else. Those people you share your personal life with on Facebook pages like 'Hello Mamas' and 'Kilimani Mums' will not care if you dropped dead today.

For your information, if you can stay up late, scrolling down your cheap phone for juicy gossip, then it only means one thing, you are idle and mannerless.

YOUR FEEDBACK

Your feedback on why I think married women are to blame for their husbands' weight problems was overwhelming, and as always, highly appreciated. Below is a sample of your feedback;

Hi Njoki. Thank you so much for your articles every Saturday; they are a must read for me and my family. I have never agreed with most of your articles but on this one, I totally agree with you 99 per cent because any married man is the woman's responsibility and also a man is a reflection of his wife. That's absolutely true but I disagree on the assertion that any fat husband or man is lazy. Anyway, your article was awesome and a masterpiece.

Cyrus Maingi

Each individual is personally responsible for their weight unless it's a medical issue such as misbehaving genes or hormones. I am told I look good when my weight is 80kg but I decided to look "skinny" at 75kg because it is within my body mass index. To do that it comes with a heavy price; I have to jog 10km once a week, go through 45 minute home video aerobic sessions twice a week and when I feel lazy for aerobics, I skip for 30 minutes or lift weights. Keeping fit can equally be addictive like food but the "side effects" are rewarding.

Joseph Musyoki

Bravo girl...your article today is educational and entertaining.

Stephen Mbithi

Njoki *jambo*. Hope you're scalding your pink gum with another jug of typical Nairobi oversweated tea. If you need more milk, you can rear a dairy goat in your basement where it can feed straight from shoppers car boot. Hey! Just kidding. Now, I read all your fast and furious articles and sure as hell, if you ever stop to throw me into a vortex of emotions, I'll commit suicide. Don't dare to stop writing more so about those wigs (that thing).

Kuria Njenga

@Miss_Nasher: Dear @njokichege even if you put the man on a rabbit diet and make him go to the gym. He will still go to his favourite *nyama choma* joint

@GlobalTweep: @nationblogs @njokichege. Husband snatching is rampant so maybe that's why some women ensure their husbands are fat and ugly.

@RutoLyoba: @njokichege. Hey, you reprinted mail sent in confidence. Loser.

@beautifulAtis: @njokichege That article was so on point! Pot-bellied men are a total turn off!

@satellite: @njokichege this women should stop feeding us like pigs. I agree totally with you. I now can point my finger and say it's them.

@JustoMwas: @njokichege Hahaha. Today's article! Whoah! Tough blow to the wives who can't wrap their arms around their husbands.

@jobjb: Fimbo Chapa. kudos to @njokichege for being brave enough to hit below the belt and arouse the sentiments of the nays in truth straight talk

@kimani_jeremiah: @njokichege I knew. You need a bodyguard because women are going to kill you now.. As I predicted women are roasted today.

@DennisKaymer: A line that stood out @njokichege "Shame on you if your husband is so fat that u can't wrap your arms around him."

SATURDAY NATION

Weekend

REFLECTIONS OF A SCHOLAR | Thoughts of a man of letters



THE FATHER OF AFRICAN LITERATURE

A look at Cameroon writer Mongo Beti, whose life was all about the quest for African dignity. **Page 36**

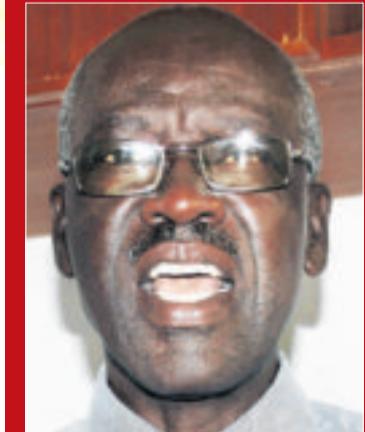


Memories of Uganda's literary greats

From Okot p'Bitek (left) to John Ruganda: Why the literary scene in the Pearl of Africa since the colonial days to the disruptive dictatorial regime of Idi Amin Dada has never been a dull place



Okello Oculi: He was in the Makerere literature class of 1964 that had many literary greats of today.



Timothy Wangusa is the author of several volumes of beautiful poetry and of the acclaimed "poetic" novel, *Upon This Mountain*

BY AUSTIN BUKENYA
satnation@ke.nationmedia.com

Okot p'Bitek's *Song of Lawino* has just been translated into Luganda, as *Omulanga gwa Lawino*. It is a grand homecoming for the great poem, after wandering through more than a score of different languages.

Per pa Lawino has linguistically just crossed from the northern to the southern bank of the Nile. What would Okot have said about this, I wonder.

And what would John Ruganda have said about a year ago, when his pet name, Araali, was made a Unesco World Heritage Property?

Well, Araali wasn't recognised in isolation but along with 10 other endearment names, called *empaako*, of which every member of the Bunyoro-Kitara and Toro communities must have one.

In Ruganda's home town of Fort Portal, at the foot of Mount Ruwenzori, a monument was unveiled recently, inscribed with Araali and all the other 10 *empaako*.

Speaking of mountains, recently when I was in Mbale, eastern Uganda, the *kadodi* drums were announcing the arrival of the *imbalu* (circumcision season) that will for several months envelop the Bamasaaba cultureland, from Kamonkoli to Webuye and beyond.

I recalled the 1972 season, when Timothy Wangusa, a son of the Mountain, and several of us, his colleagues from Makerere, crisscrossed the area, recording, photographing, filming and interviewing the *basinde* (circumcision candidates), the *bakhebi* (surgeons) and other elders, documenting the fascinat-

“

Rose Mbowa and I had, in our pre-university days, been protégés of Byron Kawadwa, the eminent Luganda dramatist and theatre director later murdered by Idi Amin”

ing “dance to manhood”. Wangusa is the author of several volumes of superbly beautiful poetry and of the acclaimed “poetic” novel, *Upon This Mountain*, about the experience of growing up and “facing the knife” around the Elgon in the colonial period.

Wangusa became a lot of great things, including Professor of Literature at Makerere, Minister of Education, first Vice-Chancellor of Kumi University in the Teso region, and Presidential Adviser on Literary Affairs, a post which I think he still holds.

Some critics claim that Wangusa's novel was inspired by our research experience in the 1970s, but this is not true. Wangusa told me the story and about his intention to write it way back in 1969, when we were housemates at Makerere, “caretaking” the bungalow of our University Secretary, who was on study leave.

We were young tutorial fellows then, in the Department of English, Wangusa had just returned from Leeds after his Master's degree and me from Dar es Salaam, after a failed relationship, which put paid to my intentions to settle there

permanently. My new acquaintance was an excellent antidote to my self-pitying melancholy. He never failed to amuse, with his conspiratorial chuckle and his impeccable English accent, into which he effortlessly blended anglicised Lumasaaba words, like “mwogos” for “rogues”.

Wangusa belonged to the class of 1964, which included such literary greats as Okello Oculi, Micere Githae Mugo, and the drama gurus Rose Mbowa and John Ruganda.

Mbowa and I had, in our pre-university days, been protégés of Byron Kawadwa, the eminent Luganda dramatist and theatre director later murdered by Idi Amin.

I am humbled, even today, by the fierce loyalty, or maybe even platonic love the late Rose Mbowa had for me. As Associate Professor of Drama, she struggled tirelessly through the administrative tangles to make Makerere reinstate me, when few even knew who I was, after a break of over 20 years.

She had to fight an equally tough battle to persuade me to leave my comfort

CONTINUED ON PAGE 36

1964

The Makerere literature class of this year included Okello Oculi, Micere Githae Mugo, Rose Mbowa, and John Ruganda

IN THEIR OWN WORDS | Kenyan authors speak

I write to prove a publishing house wrong, and to pay rent

I was told that Kenyans don't read poetry, yet the opposite is actually true

BY ABIGAIL ARUNGA
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My best friend when I was five years old was a girl called Chipo, whose mind was just as inquisitive as mine. When we weren't crashing from trying our darndest to learn how to ride bicycles, we were thinking of new and inventive ways to spice up our otherwise relatively boring lives. Where we lived, there were no estates full of children to play with; we played in the house, made up games, and tried to make the best of a dull situation.

And so one day we decided that we must write an alphabet book. It was a fantastic new project, and we were very excited. We drew up the pages.

Illustrations were never my strong point, but I did my best to draw something that resembled an apple for 'A', a boat for 'B', and so on.

That was when it began. Every writer likes to say that they started writing at the age of five (or some ridiculous age so that they sound especially smart). What they forget to add is that they didn't get very good until at least 15 years later. I remember when I was nine, I had songwriting ambitions. The results of this were an album comprised of songs that sounded suspiciously close to the soundtracks of the Disney movies I loved as a child.

My mother at the time was an teacher of English at a school down the road from our house. She saw the spark early on. She used to borrow books for me from her school's library to add onto my growing collection.

Because we didn't really have a TV, I used to come home and read at least two books in a day - there really wasn't much else to do while waiting for cartoons to start.

But I am immensely grateful for that, because it got my grammar to where it is today. I remember the first time I ever got my hands on a Harry Potter book.

My father got me book 1 and 2 (*Harry Potter and the Philosopher's Stone*, and *Harry Potter and the Chamber of Secrets*). It took me a day and-a-half to get through them. I

remember being fascinated that someone could weave such a tale so well, so captivatingly.

On to high school, where an early obsession with storytellers like Shel Silverstein and Sidney Sheldon, and the author of one of my favourite books, Margaret Ogola, led to a clearly defined career path — I was going to be a writer (and thus, Chemistry class, in spite of my wonderfully committed teacher, ceased to be important). I would write poems of angst and torture (which is what high school is like for most of us, no?), about boys at symposiums, about mosquitoes in the dormitory that insisted on invading my space — about anything, really. It was therapy.

When I started my blog, it was because I felt like I had a lot to say. The blog, actually, is what got me into scriptwriting (the blog and Twitter — never underestimate the power of social media), and so I ventured out of my original free verse ideals. University was open and shut — I had some really great lecturers who encouraged me along my chosen path; Mr Nyanoti, who taught me that pornography is a form of mass communication; Mr Murej, who elucidated at great length upon the finer points of feature writing; Mr Oranga,



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I'm glad I published myself. I am glad I knew what I wanted and went out and got it. I am lucky enough to have had supportive parents who knew that the way to turn a child into an adult is not to keep them caged and clip their wings, but to let them fly, even if they fly too close to the sun”

Abigail Arunga

5 years

The age at which Abigail Arunga attempted her first literary project

who was the poster boy for passionate and interesting teaching, and Ms Koki, who, in spite of the students she frequently flunked out of her classes, was a diligent and kind-hearted soul. I did journalism as a degree without ever really planning to be a journalist — I just wanted to write.

And write I did. But after I was done with writing for free, then getting roundly swindled, then my first job, and my second one, and then a third one as an Online columnist with the Nation Media Group, I realised that I had neglected my first love — poetry. It was time to fulfil one of my deepest wishes — pub-

lishing a book.

Now, the funny thing is, apparently, Kenyans don't read poetry. Or at least, that is what the publishing house I went to told me. They would not publish my book because it would not sell, because poetry is unpopular among Kenyans. Kenyans want... well, they did not tell me what Kenyans wanted. What they told me was that I needed to make my poetry known in the relevant circles by putting on frequent performances so that when they finally did publish my book, people would actually buy it.

This is an important lesson to learn early in life — you are not good at everything. Just watch a few old TPF auditions and you'll know this. Everyone needs some instinct inside them that stops them from embarrassing themselves, particularly on national television. I knew I was a terrible performer.

So I stopped performing and killed my dream — until it resurrected two months ago and I decided to self-publish. This resulted in the book I have out, an anthology of my poetry called *Akello* — meaning 'I bring'. It is the culmination of a lot of borrowing and begging, no stealing, but much running around and murderous thoughts towards printers.

I'm glad I published myself. I am glad I knew what I wanted and went out and got it. I am lucky enough to have had supportive parents who knew that the way to turn a child into an adult is not to keep them caged and clip their wings, but to let them fly, even if they fly too close to the sun. It's an essential part of adulthood, and a hard one to go through as a writer, because even after all of that, people still don't take writing seriously. I write to prove them wrong. And because my alphabet book can't have been for nothing. Me getting swindled and starting a blog and performing very, very badly can't have been for naught. That publishing house must have been wrong. Kenyans DO read poetry. I want people to read me and quote my name when they are asked about Kenyan poets.

The thing is, I write because I must. I write because there is not much else I am good at. I write because something in me compels me to put letters to the feelings I feel — whether intense rage at the idiocy of policy that wants to stone gays, or overwhelming emotion towards the men who seem to delight in breaking my heart. Of course, I write to pay my rent as well — but at least that's not the only reason.

Abigail Arunga is the author of *Akello*, a poetry collection which was launched on Tuesday. For your copy, send an email to akellothebook@gmail.com



MY FAVOURITE BOOK

A blessing or a curse? It's all in 'The Burdens'

BY OUMAH OTIENOH

Inspiration. Entertainment. Education. Investment. It's all carefully woven within the leaves of every good book. Many dream of being masters of knowledge but seldom flip through pages of a book to tap this knowledge.

Mensa Otabil, in one of his tele-evangelical ministries on 'The 21 Pathways to Success,' says that those who do not read books should bid farewell to success.

The statements sounds condemning, but it is the gospel truth. For avid readers, there is no limit to the number of lives one may live.

John Ruganda, a Ugandan playwright, transformed my world view of poverty through his play, *The Burdens*. This scourge, poverty, has stricken a legion of sub-Saharan households.

I was still in high school when I first read *The Burdens*. It was a set book and a requisite for every Form 4 student to flip through its pages as we prepared for national examinations.

Besides it, I also studied *The River and The Source* by Margaret Ogolla, a novel which has found its way back into our classrooms. *Looking for a Rain God and other Short Stories from Africa*, an anthology, was also part of our literature menu. *The Burdens* became my 'mistress' and to date, it still remains. Its every rib breaking phrase will forever remain etched in my mind.

Ruganda paints the pangs of poverty in our families with hilarious humour. Phrases such as, "Nyakake has done it again" — peed on Kaija — are examples of what transpires below our roofs. Wamala, the 'bread winner' for this family, utterly lives in denial. He is unwilling to accept his slide into poverty after losing his prestigious ministerial post.

XXXXXX

Most fathers today mirror Wamala. We sometimes live in denial. The urge to buy that booze when you can't afford it. The urge to keep a 'clande' when everybody knows that you are too broke — remember Jimmy Gathu's popular advert, *fanya hesabu*?

Wamala says: "The trouble is, once you surprise yourself with this finding, you not only forget your former self but you also look forward to bigger surprises."

The reality is, surprises rarely spring out. When the axe falls, you are all alone. Friends (read foes) become 'basket-mouthed' about your tribulations. We seek solace in liquor. Illicit brew that has in the recent past sent many into their early graves.

Sometimes we opt to get company from women. *Mpango wa kando*, we call them. We then blame and sundry for bringing us down. We resort to endless fights with our spouses.

Our children, our own flesh and blood, are in dissolution. Tinka brews *enguli*, a local brew, to feed Kaija and Nyakake. She also weaves mats to cushion children springs from the pangs of hunger. Street children are awash in the cities. Nowhere to lay their heads. We have failed in our marital and family obligation.

The Burdens was an eye opener to me. I was then tender and naïve but I promised myself to put up a business empire. An enterprise that will feed all the Kaijas and Nyakakes of our society. A venture that will put a smile on their face.

The dream has started to bare fruit. I have painstakingly written for them revision books. Books that have already given some a good grade at KCSE — a sure way of a better future. My car is always on the road, sometimes I get a flat tyre, but I always must reach to these young ones to accord them self esteem as they write their final exams.

Today you lie very low Ruganda, throat cancer was the sword that pieced that last breath out of you back in 2007.

Nonetheless, the fine lines between homuor and the hard hitting sarcasm that you cautiously crafted like a magician still lives deeply in our hearts. We are the burden if we fail to emancipate this generation from abject poverty.

The writer teaches at Ng'inya Girls' High School, Siaya County. He is an author of several secondary school revision books and a co-founder of the Eyeball Magazine. oumahotienoh2009@yahoo.com

Tell us about a book that changed your life in not more than 800 words. Send your story to satnation@e.nationmedia.com

feedback

Things you must do before keeping dairy

GRAIN POLISHING

I am preparing for early retirement and would like to establish a grains value-addition cottage industry. I would like to have information on grain polishing and where grain polishing machines can be obtained.

Ann Chumba

Polishing grain, especially a business involving removal of seed coat from pigeon peas, chickpeas and cowpeas is lucrative. In maize, you can remove seed coat and grind into flour to get Unga grade 1 or 2, which fetches better prices. This adds value and more money. The machines can be obtained from manufacturing industries in Nairobi, Kisumu and Mombasa. They can also be fabricated by jua kali sector in your areas.

Bernard Towett
Crop Science Department
Egerton University



MY CASSAVA PLANTS ARE YELLOWING

I ventured into cassava farming last year. They have been doing well until last month when the leaves turned yellow and they are now withering. What should I do?

Rev Avudiko Geoffrey

Your crop has been affected by cassava mosaic virus, whose symptoms include yellowing and mottling of leaves and eventually withering, wilting and death. This is more serious in the Lake Basin, Coast and Eastern regions. You most likely used virus infected planting materials. There is no immediate control of viral diseases, except using tissue culture planting materials, which are available from Kari and other approved stockists. Seek advice from extension officers or any Kari station near you.

Bernard Towett,
Crop Science Department
Egerton University



BOREHOLE DRILLING

I want to ask how I can get people who dig wells. My shamba is at Matuu, Tala.

Farmer, Kangundo

There could be many in Machakos County. In Nakuru, try Bontana Company, Chris Komen 0722382139, email info@bonboreholes.com

I WANT TO KEEP BEES

I am currently working and I own pieces of land though small, 40x80 in Thika and two more at Kamulu 50x100. I have been wondering what I can do with them. Can I do bee keeping on both?

Farmer

Your farms are too small and bee keeping may not be a viable project because they require a lot of trees and flowers to collect nectar for making honey. We advise you to construct greenhouses because you can earn good income if you grow onions and tomatoes.

Prof Paul Kimurto,
Crop Science Department
Egerton University

GOAT FARMING

I am interested in dairy goat farming and would like more information before venturing into the business. I am from Gatanga, a tea and coffee zone in Murang'a County. In particular, I would like to know the following:

1. Is there a ready market in the county or elsewhere?
2. Where can I buy the goats and are there different breeds related to the climate or production?
3. What are the prices for the goats and milk?
4. What is the ideal economic number of goats to have? I was considering starting with 10.
5. Is there an existing dairy goat farm around Nairobi where I could visit and learn?



6. What feeds are ideal and what acreage is required? I have close to two acres available for planting the feeds.

Moses Nganga

Gatanga is in the Kenya highlands and, therefore, has climatic conditions suitable for dairy goat production. Since all the common dairy goats found in Kenya have their native origin in temperate countries, they can generally do well in the highlands. Under good management, the

goats can produce between four to six litres per day. Market sources are hospitals, hotels and individuals. Based on your location, surrounding urban population and awareness of nutritive and medicinal value of the goat milk, the business is good for you. The price per litre varies depending on quantity and customers' demands. Sources of dairy goats in Kenya are varied depending on the breed. However, the common ones are Dairy Goats Association of Kenya for the Alpine

ASK THE EXPERTS



Prof Bebe



Prof Kimurto

Do you have any question or enquiry on agribusiness, marketing, logistics, processing, innovation, and technology? Our pool of experts from Egerton University will respond to your questions with proper advice. Please send your questions to: satnation@k.e.nationmedia.com. Read us online at nation.co.ke/seeds of gold

breed, Meru Goats Breeders Association for Toggenburg and Nyanza Dairy Goat Farmers Association for Saanen breed. Common feed resources for dairy goats include feeds fed to dairy cattle but include more fodder trees. To estimate the number of dairy goats you can raise on your land, consult extension officers. But generally, about two dairy goats will be a good start as you gain experience.

Wangui, James Chege. Department of Animal Sciences, Egerton University. prejaw@gmail.com

I am a farmer at Ndumberi in Kiambu County. I want to keep dairy goats but it has been a challenge to get them. Being 20km from the capital, I can only imagine that market is not a big challenge, perhaps. Please assist me in the new venture by directing me to a farm that does it.

Karuga

Common sources of dairy goats, depending on the breed, are Dairy Goat Association of Kenya for the Alpine breed, Meru Goats Breeders Association for Toggenburg and Nyanza Dairy Goat Farmers Association for Saanen breed. It is advisable you consult with the respective associations to purchase a registered dairy goat.

Wangui, James Chege. Department of Animal Sciences, Egerton university. prejaw@gmail.com

MAKING OWN DAIRY FEEDS

Please tell me what ingredients I need to make a complete dairy cow ration. I already have an ample supply of lucerne, napier grass, dry maize stalk and mineral salt. I would also need the quantities or proportions of added ingredients to make a complete dairy cow ration.

Farmer

My understanding is that you want to make a Totally Mixed Ration (TMR). To make such a ration, it is wise to utilise feed ingredients that are readily available as much as possible. You also need to incorporate concentrates while ensuring that the ration is composed of between 16 and 18 per cent crude protein (usually the most limiting nutrient). The following is an example of a TMR for a 400kg lactating cow; 20kg napier grass, 8kg maize stover, 2kg wheat bran, 2kg dairy meal and 100g high phosphorous mineral salt.

Ronald K. Kimitei,
Department of Animal Sciences,
Egerton University



goats and bees



DISEASE THAT KILLED MY RABBITS

I read the story of David Githaiga and as a rabbit farmer, I want to talk to him more on the disease and the feeding. Please provide me with his number.

Harrison Ndwigwa

EDITOR: Githaiga is available on 0722923917.

ETHANOL FROM CASSAVA

My name is Davidson Kirori from Busia County. I have been a cassava farmer and I want your assistance on marketing the produce. Currently, I have more than 2,000 stems, which are ready for harvest. Kindly link me with Basi Mwanga Group.

EDITOR: Contact Patience Dhabu on 0720906891.

YELLOW PASSION FRUIT FARMER

I read with a lot of interest the story on Charles Mundia of Gaturdi, who is growing yellow passion fruits. I had a colleague at the East African Packaging Industries prior to 2006 by that name. I am not sure if it is this Charles. If he is the one, I would want to congratulate him for this wonderful and encouraging success.

Kenneth Nyorani

I would like to get the seedlings

and seeds of sweet yellow passion fruit. I will like to plant them in Nyamira County. Is there a place I can get the seedlings and seeds?

Farmer

EDITOR: Please talk to Charles on 0708149095.

NJAH GIVES ME BETTER DEAL

I have four acres in Meru County. I am interested in njahi farming. Please assist me with Martha Gatura's mobile number to advise me on the crop.

Kinyua

EDITOR: Please talk to Martha on 0729272885.

I WANT TO GROW STEVIA

I would wish to start growing stevia. I am in Kiambu County, Lari Sub County and I am convinced it can grow well in my area. Please link me with the Egerton team.

Stephen Maingi

Please help me get the seedlings of the stevia plant. I am from Nyamira County. I guess it can do well in my area. I used stevia sweetener and I did not know that it can be grown in Kenya.

Dr George Mamboleo

EDITOR: Please talk to Lillian Jeptanui of Crops Horticulture and Soils Department, Egerton University on samoeililian@gmail.com or you can talk to Pure Circle Kenya,

who grow cultivate Stevia on 518002540.

MANURE OFFERS ME STEADY INCOME

Kindly send me contact of farmer, Lydia Chumari of Nyeri.

Sammy Gathuthi

EDITOR: Please talk to Lydia on 0724835811.

I WANT POMATO SEEDLINGS

I would like to get the seedlings of pomato to plant in Kitengela area. Please help me to get the contact and where I can buy the seedlings.

Dr George Mamboleo

EDITOR: Reach Manene on 0721203997.

GREEN REVOLUTION

Please send me the details of Mutika of Chuluni Horticultural Project in Kitui. I am interested in buying the mango juice.

Hussain

EDITOR: Mutika is available on 0722294189.

GROWING WORMS FOR MANURE

Please help with the telephone number of Peter Kanyagia of vermicomposting.

Juma

EDITOR: Peter Kanyagia is available on 0713 032797.

PEST» MINT CAN BE USED IN FLOWER AND VEGETABLE FARMS



A farmer takes stock of her spinach. Below: The mint plant. SULEIMAN MBATIAH AND FILE | NATION

Simple way to keep pests away using mint

Herb has chemicals that attract insects like whiteflies and aphids from your crops curbing use of pesticides

BY RACHEL KIBUI

satnation@ke.nationmedia.com



THE STRONG SWEET SCENT OF MINT ATTRACTS THE FLIES, PULLING THEM AWAY FROM FLOWERS "

Stephen Musyoka, research manager at Oserian Farm in Naivasha

the plant repels mosquitoes reducing the risks of contracting malaria."

And that is not all, mint can also be used to keep pests that bite animals like cats and dogs at bay. "Crush the mint leaves and rub them on the animals' skin. The plant will repel insects."

Musyoka, however, advises that farmers must control the growth of mint on their farms as it can easily spread and take more than the intended space.

"Growing mint in cans or plastic bags is the best way to avoid spreading of this wonder plant."

Prof Julius Ochuodho, a scientist at the University of Eldoret, says mint does not attract insects physically, but the strong chemicals it produces is loved by the pests.

"Mint is not a magnet, it is the chemicals within the plant that produce a scent which attract insects from several metres away."

Other insects that mint can attract include spider mites and aphids, according to Prof Ochuodho.

He encourages farmers to take advantage of mint in insect control to curb direct use of chemicals.

"Farmers should use natural pest control methods. Those methods that have been confirmed effective should be adopted by others to discourage use of synthetic chemicals."



"Our researchers found out that mint attracts whiteflies, not only from our flowers but other crops as well. We are now producing and using it in our greenhouses," says Stephen Musyoka, the Research and Development Manager at Oserian Farm in Naivasha.

At the farm, they usually use it in greenhouses to curb whiteflies, which are a threat to flowers.

"We normally place mint in flower bushes where there are whiteflies. The strong sweet scent of mint attracts the flies, pulling them away from flowers," explains Musyoka. "We call it the pull and push method."

They then spray the mint with pesticides killing the whiteflies. This ensures minimal use of chemicals on the flowers.

The method, according to Musyoka, can be used on other crops and work effectively as it does with flowers.

seeds

CULTIVATION» FARMERS CAN HARVEST UP TO 60 BAGS PER ACRE IF THEY GET THE RIGHT SEEDS FOR THEIR REGIONS

Why you must know seeds for your region

Good seeds will put money in farmers' pockets, says Betty Kiplagat, the Corporate Affairs Lead East Africa at Monsanto, a top seeds and herbicide producer. She spoke to Julius Sigei

The government has been hostile to the adoption of Genetically Modified foods, while Monsanto and other promoters think it is the best thing to have happened since creation. Who is fooling who?

The world's population is not going down and vagaries of nature are rising. Unless we have technologies that feed the population with limited space, there will be a problem. We have the conventional way, but we also have biotechnology and we at Monsanto are for choice.

By now Kenya should have been food secure yet it is fast losing the opportunity to plant drought resistant crops. We are denying our farmers a livelihood.

Look at BT cotton, for example. If it is rolled out, it can make Kenya a leading producer of cotton, yet worms are decimating hectares of cotton, leaving farmers impoverished.

Anxiety has gripped the horticultural sector over the impending European Union decision on Kenya's imports with many fearing only the

flowers could survive the embargo. Are you worried?

Our work is to produce resistant varieties which will need less spraying. That is one answer to the Minimum Residue Level issue. But rules are good for us all because we are talking about food.

The rules might hurt us in the short-term, but when we get it right it will help us all. Our priority at Monsanto is food crops like maize, tomatoes and onions, which we can never have enough of. Whenever I walk into a supermarket and I am told that the yellow and red pepper I am buying come from South Africa, I am saddened.

We still import onions from Ethiopia, tomatoes from Tanzania and our melons come from Uganda. If we utilise our land more efficiently and use hybrid seeds, we can produce the quantity and quality needed to feed us and export.

Yet some say that Monsanto seeds are expensive.

The cost of producing hybrids is very high, but it is the only

way if we are to improve yields for our farmers. If you get it wrong on seeds, you can't get anything else right.

Hybrid seeds mitigate drought, pests and diseases thereby cutting costs. In many instances, farmers have doubled their yields compared to when they plant open pollinated varieties.

So shall I say our seeds are pricy? No. Are we adding value to our customers? Yes. Look at our new maize varieties, for instance. KH600-22A will give you up to 60 bags per acre. As our Mount Kenya Region Sales Manager Peter Kiburi will tell you, this has been introduced to farmers in areas like Nyeri and we are getting positive feedback as the variety is also good for fodder.

Farmers in low altitudes have DK8031, which can give them up to 40 bags per acre and can be grown twice a year, because it can mature between 90 and 110 days. Our vegetable section (headed by Elizabeth Mwanda) has made great strides devel-

oping drought, disease and pest resistant varieties.

With our cutting edge research, farmers can now produce tomatoes out of season while onions can be harvested in three months rather than the usual five.



THE MAIZE VARIETIES

■ KH600-22A will give you up to 60 bags per acre in Mount Kenya region.

■ Farmers in low altitudes have DK8031, which can give them up to 40 bags per acre.

■ The varieties can be grown twice a year, because they can mature between 90 and 110 days.

■ DCK 9089. This is for mid altitude regions. Takes between 110 and 120 days. It can have up to four cobs. Not susceptible to weevils. Can be grown in two seasons.

EGERTON UNIVERSITY



"Transforming Lives through Quality Education"

BOARD OF UNDERGRADUATE STUDIES AND FIELD ATTACHMENT PROGRAMS (BUGS/FAP)

INNOVATIVE PROGRAMS

Egerton University is committed to offering innovative and market-driven academic programs to foster national and regional development.

The Board of Undergraduate Studies and Field Attachment Programs has responsibility of ensuring that students enrolled in relevant diploma and bachelor programs receive practical and experiential learning in all our campuses.

EXPERIENTIAL LEARNING

Egerton University has initiated a student attachment program with the goal of contributing to enhanced agricultural productivity through development of agricultural professionals with practical field experience and who will effectively catalyse sustainable rural development.

- The first group of students were attached to farmers in Nakuru County, January to March 2014.
- The second group of students were attached to farmers in Nakuru and Baringo Counties, May - July, 2014
- The third group will start mid- September in the two pilot Counties.
- Students will engage the same farmer(s) continuously for at least 3 consecutive years, where

- Each cohort of students will build on and follow-up on recommendations of the previous group.
- Continuous engagement with farmers for at least 2 years has been shown to result in enhanced productivity.

FARMERS & STUDENT TESTIMONIALS

Students and farmers who have participated in this program are excited at the mutual benefits resulting from the attachment.

"The student has set up an easy-to-implement record keeping for my farm to monitor costs and profits accruing from my farming activities. I now have no excuse." Njoro Farmer.

"I have learnt so much during attachment on farm including integration of indigenous and technical knowledge on pest management." Agricultural Education Student, January 2014.

Contact Information

For more information contact
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bugs@egerton.ac.ke;
051-2217781 ext. 3577

www.egerton.ac.ke

Egerton University is ISO 9001: 2008 certified

dairy

HYGIENE» CLEAN THE COWSHED AT LEAST TWICE A DAY TO MAKE SURE THE TEATS ARE NOT INFECTED WITH MASTITIS



Steven Muthui at his Njiku Farm in Bahati, Nakuru.
SULEIMAN MBATIAH | NATION

Model farm I teach my students about

Muthui, an animal science university lecturer, practices what he preaches to his students in class

BY FRANCIS MUREITHI

satnation@ke.nationmedia.com

Bahati, located in Nakuru County, is an attractive region, with its good weather and rising population making farming one of the most profitable ventures.

It is here that Stephen Muthui, a lecturer at Egerton University's School of Medicine has established a dairy farm.

Muthui, a microbiology teacher, says he went into farming because he did not want to teach what he was not practising.

"I am a trained veterinarian. I teach students and farmers animal health. I found it ironical that I was telling my students the benefits of keeping animals yet I didn't even own a single cow," Muthui tells *Seeds of Gold*.

Besides, Muthui says he wanted to use his knowledge to create wealth and jobs and make extra income.

His enterprise called Njiku Farm started in Salgaa in 1995, where he bought his first cow at Sh18,000. The farm now hosts 64 cows out of which 10 are pedigree.

From the 24 lactating cows, Njiku Farm gets an average of 500 litres of milk each day. The farm sells each litre at Sh30 to a milk processing firm.

"We want to double our production to 1,000 litres per day by 2017. With the animals we have, and with our improved feeding programme, we shall make it."

But as he aims at 1,000 litres, the 500 litres of milk he is currently getting do not come easily.

Muthui engages in some of the best animal husbandry practices, which he teaches at the university. To begin with, the farmer feeds his dairy cows sorghum si-



TIPS ON GETTING HIGHER YIELDS

- A milking machine will help you get more milk because human hands get tired.
- Invest on trained technical staff who will be able to notice a disease as they handle the cows.
- Do mastitis tests regularly to ensure your milk is not contaminated and your cows are healthy.
- Make silage for the cows, it helps them produce more milk.

lage. "Maize silage is scarce, that is why I switched to sorghum. But sorghum is also nutritious. It grows up to 15 feet and its head is almost half a kilogramme, loaded with seeds that contain energy and proteins," says Muthui, adding that feeding is an area which many farmers do badly.

"You have to group your animals so that you feed them according to their needs. We feed a cow that produces an average of 20 litres of milk 20kg silage while those producing less require less concentrates. We feed them on between 10kg and 15kg of silage" he says.

Animals are supposed to eat at least three per cent of dry matter of their body weight. This should consist of roughage and concentrates, which are rich in energy and proteins."

The sorghum is harvested and the seeds are crushed while the stalks are chopped and cut into pieces and put in a heap and then lactic acid bacteria is added to speed up fermentation and then put in a nylon and buried four

feet underground.

According to Muthui, the secret of raising healthy animals is to handle the cows just the way one would take care of a baby.

"We give babies maximum attention, which is what we should do to cows. Check their skin for diseases regularly. If you see a cow is restless, find out why and as you milk them, check out for diseases. Their feeds should also be well-prepared and their places of stay should be clean to keep at bay diseases like mastitis."

Njiku Farm cleans the cowsheds at least twice a day to make sure the animals' teats are not infected with the deadly mastitis and other diseases.

He advises that if a farmer has at least four lactating animals, he should use a milking machine because human hands get tired and they may not drain all milk from the udder. The farmer bought a milking machine at Sh320,000.

"I have invested on trained technical staff who are keen on noticing a disease as they handle the cows. As they milk, they

put the first six to 10 drops in a strip cup and if the milk has some clots, it means the cow has mastitis."

The second test is for sub-clinical mastitis, where the workers put 2 cubic litres of milk, add California Mastitis Test Kit (CMT) chemical and if the milk changes to deep purple, it means the cow is sick with subclinical mastitis.

The comfort of the animals is also paramount. Every cow must have its own mat for sleeping.

"When cows use mats, they process milk faster. Besides the rubber doesn't keep bacteria which causes mastitis."

Water is also essential at any dairy farm. Muthui has constructed a 650,000 litres water tank that ensures his farm has clean supply of water.

He has employed seven workers who are trained on the basic animal husbandry and milking techniques.

"To reap maximum profits, one must invest in qualified staff. We have trained our staff on how

to detect sickness or any problem an animal has and the emergency action to take," says the father of four.

He would have given up as soon as he started were it not for his determination.

"My first cow was a crossbreed of Ayshar and Friesian. I kept it for some time before adding six more," says the lecturer, 56, as he recalls with nostalgia how he ventured into farming at his plot in Langa Langa estate in Nakuru.

However, neighbours found his cows a nuisance. "They said the moos were causing them sleepless nights while flies from the cows were invading their kitchens. Disposing the cow waste also became a problem. This forced me to buy an acre where my current farm is located. I have since increased it to 13 acres," adds Muthui, who coined the name of his farm from three women who have influenced his life. These are his wife, elder sister and paternal grandmother, who all share the name Wanjiku.

Muthui sells a heifer at between Sh180,000 and Sh250,000.

"I sell between five and eight heifers every year. This gives me good income," says the farmer, who is in the process of insuring his animals, having lost three animals in the past.

The farm imports Friesian Holstein sexed semen from Holland at between Sh5,000 and Sh8,000 each to serve cows, which ensures that the calves born are female.

Sexed semen has high concentration of either male or female sex cells, often up to 90 per cent hence increasing the chances of getting the animal a farmer wants.

Tens of people, including some from neighbouring countries, visit the farm for lessons and to buy heifers. Muthui, who is in the process of making a biogas unit, charges the farmers Sh500.

irrigation

YIELD» FARMERS NOW HARVEST UP TO 30 BAGS OF MAIZE FROM AN ACRE AFTER EMBRACING GOOD CROP HUSBANDRY

Irrigation has turned our lives around

Capsicum, French beans and watermelons are among new crops farmers are growing at government-run Kimira-Oluch Irrigation Scheme in Homa Bay County



BY EVERLINE OKEWO
satnation@ke.nationmedia.com

A pen in his right hand and a notebook in his left, Joel Opapa takes stock of his vegetable harvest at the Kimira-Oluch Irrigation Scheme in Homa Bay County.

Opapa is among dozens of farmers who farm at the government scheme that is changing lives in the semi-arid region. "I have two farm blocks in the state-owned scheme where I grow sukuma wiki and tissue culture banana under irrigation," he tells *Seeds of Gold*. Opapa, 28, has 120 banana and 2,500 sukuma wiki plants.

Every Thursday, he earns be-

Farmers at Kimira-Oluch Irrigation Scheme in Homa Bay. TOM OTIENO | NATION



BY EGERTON TEAM

satnation@ke.nationmedia.com

Not many farmers consider taking their soil for testing before venturing into farming. Usually, there is a general perception that soil contains everything the crop needs with probably the exception of few major nutrients that can be obtained from fertiliser.

The conditions that contribute to soil health include; the right proportion of nutrients and organic matter; adequate amounts of soil air and soil water and most importantly soil pH.

Soil pH generally refers to the degree of soil acidity or alkalinity. Chemically, pH is the concentration of hydrogen ions in the soil. Soil pH is measured in a scale of 0 to 14. If pH values are greater than seven, a solution is said to be basic or alkaline, while if the pH is seven, the solution is acidic.

Soil pH affects its physical, chemical and biological properties and processes as well as plant growth. The nutrition, growth, and yields

of most crops decrease when pH is low and increase as pH rises to an optimum level. Indiscriminate use of nitrogenous fertiliser, especially DAP (Diammonium Phosphate) and CAN (Calcium Ammonium Nitrate) is a major contributing factor to elevated pH in most soils.

In addition, many nutrient deficiencies, decline of microbial activity and crop yield and deterioration of environmental conditions are due to poor soil pH levels. Soils can also be acidic or alkaline due to the mineral composition as well as external factors, including plant root exudates, acid rain, mine spoils and decomposition of organic matter in the soil.

Acidic soils are common in areas with abundant rainfall. In the soils,

5

The pH for acidic soils, which very few crops tolerate.

nutrients dissolve slowly or not at all. Critical plant nutrition is locked up in insoluble mineral compounds hence plants cannot utilise them. Fertiliser is of little use in acidic soils because nutrients cannot be absorbed.

Most field crops including beans, sugarcane, barley and vegetables like cabbage, asparagus, broccoli, melons and spinach will grow best if pH is close to neutral (pH 6 to 7.5). A few crops will tolerate relatively acidic soils (pH 5 to 6) such as oats, corn, tobacco, wheat, carrot, cucumber and potato.

In acid soils, calcium and magnesium, nitrogen, phosphorus and boron are deficient, whereas aluminium and manganese are abundant. In alkaline conditions, phosphorus, iron, copper, zinc and boron may be deficient.

Some diseases will thrive when the soil is either alkaline or acidic. For example, the fungus *Gaeumannomyces graminis* is favoured by alkaline pH and infects wheat, barley, rye and several grasses. Plants grown in acid

tween Sh18,200 and Sh20,000 from the sale of the vegetables only.

Before joining the irrigation scheme, Opapa grappled with poor harvests, a situation he attributed to unreliable rains.

"Most of us initially depended on rain to get good harvests. Unfortunately, the rains were unreliable because this is a semi-arid area. There is a time I harvested a bag from my one acre." Farmers who are growing maize under irrigation now get up to 30 bags from an acre.

Away from Opapa, we find Isaiah Obonyo irrigating his watermelons on two acres.

"Welcome to block eight," says Obonyo as he channels water to his farm through a pipe from a canal. Obonyo has planted the F1 melon variety, which he says takes only 80 days to mature.

The canals were built by the Kimira-Oluch Small Holder Farm Improvement Project (Kosip), which was initiated by the government in 2007.

The project is run by the Lake Basin Development Authority. The farmers get their water from Oluch and Kimira rivers.

The rivers are situated about 20km from each other between Kendu Bay and Homa Bay towns, with about 1,474 hectares (ha) of land for irrigation.

Out of 1474ha, 808ha have been irrigated. The irrigated land is subdivided into 97 blocks where farmers grow different variety of crops ranging from watermelons, maize, cabbages, bananas, capsicum, sorghum, millet, arrowroots, French beans and cassava.

Each block has a direct water point from the water canal, which is managed by the Irrigation Water Users Association.

Kosip senior agronomist Amos Amenya says the scheme was funded to the tune of Sh4 billion by the African Development Bank and government.

Amenya adds poverty level in Homa Bay and Rachuonyo was 74 per cent at the time when the scheme was started.

There was urgent need to improve the livelihoods of residents. "The amount of food that was being produced in this area every year could only last for two months, thereafter, people would have to rely on imports from other regions," recalls Amenya.

To establish the scheme, the government relocated 97 families to pave way for the construction of irrigation canals.

"We built them houses and let them farm on the irrigated lands."

Rose Angiro, a farmer at the scheme, says she now grows capsicum, a crop she never knew before since she was used to farm maize and beans.

"I started last year with half-an-acre of capsicum and made over Sh100,000 after supplying the items to schools, markets and hotels in Homa Bay and Oyugis," says the farmer, adding that they have learned new management and farming practices like irrigation. On-going construction of mini-canals is due for completion in March next year after which the whole project will be handed to farmers. Some 1,334 households have benefited from the project directly.

Hey, don't apply fertiliser before you test that soil



A farmer applies lime in Usain Gishu County to reduce soil acidity.
FILE | NATION

soils can experience a variety of problems, including aluminium, hydrogen and manganese toxicity as well as nutrient deficiencies of calcium and magnesium.

Nitrification and nitrogen fixation are also inhibited by low pH. Additionally, mobility and breakdown of herbicides and insecticides in the soil are affected by soil pH. Also, the solubility of heavy metals is increased in solutions of low pH. Failure of degradation of these compounds can lead to environmental pollution when they eventually find their way to water ecosystem. Other processes that depend on soil pH include organic matter mineralisation, which is conversion of organic matter into utilisable nu-

trients. To manage acidic soils, farmers need to add limestone or gypsum to increase soil pH. In addition, crop rotation especially by replacement of leguminous crops with non-legumes can help interrupt the acidifying effect of leguminous crops. Application of basic fertiliser such as NPK instead of DAP help curb acidic soils. In areas with alkaline soils, application of ammonium fertiliser, urea and ferrous sulphate can decrease the soil pH. Farmers should always consider taking soil samples for testing at least every growing season.

John Nganga and Prof Lenah Nakhone, Crop Horticulture and Soils Department, Egerton University

poultry

LUCRATIVE» WHITE FANTAIL DOVES ARE USED AT WEDDINGS TO SYMBOLISE PURITY



Mbarak Feisal with American fantail doves at his farm in Mombasa.
KEVIN ODIRI | NATION

A lovely family of doves

Mbarak rears fantail doves, among other ornamental birds, some of which he sells at Sh50,000 a pair

BY BOZO JENJE

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Fantail doves are elegant, and they are interesting to watch as they walk around a home or a garden.

The exotic doves help beautify a home, and they are easy to care and tame, says Mbarak Feisal, a farmer in Tudor, Mombasa.

Mbarak, 24, has been keeping the birds since 2011.

"I love the birds. They afford me a decent life. I started the fantail doves business after I completed secondary school. I bought a pair of Indian fantail doves at Sh10,000 from a friend who brought them from Dubai," he tells *Seeds of Gold*, adding that the money was from his savings.

Mbarak also keeps parrot beak doves, which he bought at a cost of Sh1,200 each. Recently, he added American fantail and the Jacobins doves varieties.

"The fantail doves are easy to feed as they eat wheat, grit and pulses. Grit is essential for digestion in and for bone development." For breeding purposes, he provides pots that have a layer of grass inside and he sprays them to eliminate mites.

White fantail doves are mainly released at weddings because they symbolise purity. And this is what offers Mbarak good business.

"I sell to people across the country. Those in places like Kisumu or Nairobi I transport the birds by bus. I make for them cages and inform the management for special care." He sells a pair (male



7,000

The market price of Indian fantail doves, while Flare birds go for Sh500.

and female) of American fantail doves, porters and Kingpin pigeon at Sh50,000. The market price of Indian fantail doves is between Sh6,000 to Sh8,000. Flare birds go at Sh500. His average monthly income ranges from Sh70,000 to Sh140,000.

During breeding, he identifies the specific variety to be bred depending on the orders from his customers.

"When they are pure breeds, I have to match the same colours. And to breed coloured fantails, I select different colours depending on buyer requirements," he says.

One of his challenges is to keep diseases at bay and some birds are infertile.

The Bachelor of Commerce student at University of Nairobi, Mombasa campus says fantail doves are now popular in Kenya

Indian fantail doves at Mbarak Feisal's farm in Mombasa. KEVIN ODIRI | NATION

as people embrace ornamental birds. From money he gets from the birds, he pays fees for his education, he has bought Sh100,000 motorcycle and has seven acres in Kwale County.

"I also paid dowry recently from the money I made from the birds," says the farmer.

Kilifi Director of Veterinary and Livestock Gideon Wambua says fantail doves are not conventional poultry thus those who want to rear them must get permit from Kenya Wildlife Service (KWS).

"Keeping the doves is a lucrative business because their prices are good."

KWS Assistant Director Coast Conservation Arthur Tuda says to keep fantail doves, one requires first a clearance from the veterinary department, so that KWS can issue a permit.

"The farmer must show the legal permit of importation from the country of origin to be authorised to apply for a permit to keep them. It costs Sh500."

Tuda says the birds' origin is mainly Asia and Middle East.

Technology

Poultry farming made easy with mobile phone app

BY MACHARIA MWANGI

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POULTRY FARMER MARGARET IRERI is ecstatic about a new farming method she has been using for the past three weeks. Ireri, a farmer in Nyandarua, is managing her chicken using her mobile phone.

The phone has a database on feeding programme, deworming and vaccine schedules, things that were foreign to the farmer who has been keeping indigenous chicken under the free range system for many years.

"Any time I want to check anything on my chicken, for instance the eggs laid and what diseases they can acquire, I go to my mobile phone," she tells *Seeds of Gold*.

Ireri is one of the 20 farmers benefiting from mobile phone farming, a brainchild of Canadian-based information technology expert Robert Gichuru, who holds a Masters degree in telecommunication engineering from Toronto University.

The gains of his pilot project have begun to take shape barely three weeks after the launch.

"I now have 25 chickens after adding 10 more, which were given to us by Gichuru. I can now track the number of eggs laid each through my mobile phone."

Her story resonates with several other farmers in the group, with extension officers drawn from the Ministry of Agriculture working closely with the beneficiaries of the project.

The farming method includes storing information regarding the chicken in an application that captures progressive weight of the chicken, manure, the feeds, sales, the number of eggs collected each day and the diseases.

"A farmer keys in symptoms exhibited by the chicken and she will get a hint of the disease it is suffering from and the drugs to purchase," says Gichuru of the application called *Sfaida*. He notes record keeping will enable farmers to monitor the progress of both their broilers and the layers.

The concept is a marked departure from the traditional way of rearing chicken without sufficient monitoring mechanisms, which makes farmers to hardly get any profit.

Gichuru intends to rollout the project in several constituencies, with the pilot being done in Njabini. The project, he explains, will operate like a "merry-go-round" where the initial beneficiary will give chicks to other members of the group.

"What we now need is to form a cooperative, through which we will sell our eggs, manure and broilers," says Margaret.

Each farmer was given nine hens and a cock. Project coordinator Margaret Kamau, who is the CEO at the Nyandarua Chamber of Commerce and Industry, says the project will improve the financial capability of the rural-based women, many of whom keep chicken.



Farmers in Nyandarua receive chicken to manage via phone. MACHARIA MWANGI | NATION



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my story

STRICT PROCESS | FOR ONE TO START EXPORTING TO THE EUROPEAN UNION, THE FARM MUST BE INSPECTED TO ASCERTAIN

How I clinched and retained the EU

As the European Union threatens to ban produce from Kenya due to chemical residue, Mulli is not a worried man because he follows in detail every guideline, the reason why he has supplied the market with tomatoes and French beans for over a decade

BY CHARLES MULLI
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I always describe my 500-acre farm as an oasis, because it is located in Yatta plains, one of the driest regions in Ukambani.

Sometime back, the place was dry, like others in the region, but I managed to turn it into a lush garden, where various horticultural crops flourish.

I grow mainly French beans and tomatoes for the European market. I have been exporting the crops since 2002.

Right now, more than 5,000 farmers are worried about the fate of their exports as the European Union has threatened to ban their produce because of higher than recommended pesticide residue.

I share in their plight because the export market is lucrative, but it is very sensitive.

Getting into the export market, however, is not an easy task.

You have to go through several certifications.

I started with EuroGap in 2002. The certification allows access to the European market only.

And in 2011, I earned the Global GAP, which allows me to export to any country of the world.

Good Agricultural Practices (GAP) is the collective word for the processes that embrace farming systems that are globally accepted as most-effective for optimal production.

These practices consider the chemical, environmental, economic and social sustainability of the farm.

Certificates

Initially, there were Sanitary Regulatory Instruments of Food and Agriculture Organisation and World Health Organisation (WHO), which only dealt with food contamination from agricultural practices, but GAP provides measures of how the sanitary conditions can be met on the farm during crop production.

GAP is location specific. It's a tedious process to get the certification, but it is manageable.

Right now I have 12 greenhouses where I farm the French beans and tomatoes. Each greenhouse is 2.5 acres.

From a single greenhouse, I get five tonnes of tomatoes from two harvests a day, while I harvest eight tonnes of French beans. Each kilo of tomato goes for Sh65 (grade one) and Sh60 (grade two) and French beans at Sh130 a kilo.

I have a nursery from where I propagate the tomatoes for 21 days before transferring them to the greenhouses.

In the greenhouses, we have a team of scouts who walk around daily checking whether there is any disease and record other things they observe.

The French beans are normally ready for harvest after 50 days while the tomatoes take two months.

WHAT IS NEEDED TO EXPORT PRODUCE

According to Finlay Kenya Sustainability director, and the chairman of Lake Naivasha Growers Association, one must do the following to start exporting horticultural crops:

- 1 There must be documentary evidence from overseas clients that you are ready to start export business of horticultural crops.
- 2 The exporter must have a Certificate of Registration from the Registrar of Companies.
- 3 The exporter must produce packing facilities inspection report.
- 4 Safety standards must be adhered to and exporter must fill common entry documents, which would be counter-checked by authorities to confirm compliance with all safety controls on harmful elements such as aflatoxins, pesticide residue and metals such as lead.
- 5 The exporter must fulfill the National Environmental Management Authority regulations specifically on land and water management.
- 6 The exported crops must not infringe the standards of the country they are being exported to.
- 7 The exporter must ensure the security of the employees by indicating how their safety and health issues have been addressed.
- 8 The exporter must take care of the social welfare of the workers and must prove that they were not exposed to harmful chemicals.
- 9 The exporter must also have a certificate from the Kenya Plants and Health Inspectorate Service (Kephis).
- 10 Last but not least, the exporter must obtain a PIN certificate from KRA.

- By Francis Mureithi

65

The price in shillings Charles Mulli sells a kilogramme of grade one tomatoes. Grade two tomatoes on the other hand go for Sh60 a kilo.



Joshua Nyalita, the manager at Mully Children's Family farm in Yatta. VERA OKEYO | NATION

From the farm, the harvest is taken for sorting at a grading house where the products are classified as grade one or two depending on the shape and the length.

No plant that is bruised, scratched or not straight is accepted.

We then put them into crates which have an eight digit code. The first digit being the crop, the second and third the farm where the produce originated, the fourth and fifth the week the

crop was planted and the sixth seventh and eighth being the day the plant was harvested.

If you fail to comply with the GAP standards, you would be excluded from export market. One cannot export unless the whole chain of planting, packaging and marketing of the produce has been passed from pre-harvest to post-harvest.

The buyers are strict in ensuring the adherence to these rules because consumers have become conscious of the food they con-

sume.

Some of the guidelines appear petty, for instance, you have to mark and name parts of the farm but they are crucial.

Yatta receives a minimal of 10 to 20 inches of rainfall (250 to 500mm) annually. This means that this rain cannot sustain my farming.

I have found a way of harvesting water. I drilled dams and water pans where I store water when it rains.

This water is then pumped to

my story

WHETHER IT COMPLIES WITH GLOBAL AGRICULTURAL PRACTICES

fresh produce market



CHEMICALS THAT HAVE BEEN BANNED

There are over 143 pesticides that have been termed as acutely toxic. Depending on the severity of their impacts, World Health Organisation (WHO) has put them in classes namely 1A, which are extremely hazardous; 1B (highly hazardous) and Paraquat (WHO Class II, moderately hazardous).

WHO's Class II comprises endosulfan, which has also been recognised as frequent causes of severe pesticide poisoning, sometimes fatal. In developed countries, these hazardous pesticides are either banned or strictly controlled, and agricultural workers who handle them are supposed to wear protective equipment.

In Kenya Dimethoate has been banned. The substance, feared to cause cancer, is a key ingredient in 25 different chemicals sold in the Kenyan market and is considered dangerous to the environment, marine life, bees and livestock.

Other substances that have been banned include methomyl bromide and oxamyl, and Dichlorodiphenyl-trichloroethane (DDT).

DDT is a control against malaria and as a farm pest, it was banned in 1988 after it developed resistance leading to environmental pollution.

Farmers are advised to seek professional help from government bodies such as Kenya Plant health inspectorate Service before using chemicals.

TO DEAL WITH THE CHEMICAL REQUIREMENT IN WATER, I HAVE INVESTED IN A DIGITISED IRRIGATION SYSTEM,"

Charles Mulli, a fresh produce exporter



A worker sorts out tomatoes at Mully Children's Family farm in Yatta in readiness for export.
VERA OKEYO | NATION

the farms about 2.8km away. Even with the water, you must not let even a millimetre extra of a mineral component in the irrigation water.

To deal with the chemical requirement in water, I have invested in a digitised irrigation system where the computer controls the molecular components of the water that is periodically let into the greenhouses.

The water must have major minerals such as nitrogen and potassium in the right quantity.

This also applies to as chemicals like manganese and copper.

You can only achieve the accuracy needed if you are using a computer.

The farm manager normally programmes the irrigation system to water the plants depending on the temperature, the age, and other stimuli that are detected by the greenhouse sensors.

I have a refrigerated cold house for storing the harvested products as well as a grading site.

Kenya has 30 days to abide by export rules

BY EVELYNE SITUMA

THE EUROPEAN UNION (EU) has given Kenya Plant Health Inspectorate Services (Kephis) one month to draft an action plan on plant health.

The ultimatum follows a threat by the EU to ban Kenyan exports to the region due to chemical residue in harvests.

According to EU, the action plan by Kephis should illustrate that the situation will improve shortly.

"With regard to harmful organisms in certain plant products from Kenya, my head quarter (HQ) has asked Kephis to provide an action plan in order to demonstrate that the situation will soon improve. If the situation hasn't improved by September 30, my HQ may consider to introduce safeguard measures aiming at restricting the import of such goods that had contained harmful organisms in the past (mangoes, gourds, basil and Eryngium)," said Christophe De Vroey (below), Trade and Communication Counsellor, European Union Delegation to Kenya.

EU said that horticulture exports intercepted in the last four years have failed the harmful organisms test. The products, he added, were found to contain harmful organisms, which are not allowed to enter EU among them, bacteria and viruses.

"Between 2011 and 2014, many interceptions occurred on the basis that the imported consignments contained harmful organisms (insects, fungi, bacteria, viruses), which are not authorised to enter the EU."

Kephis is yet to give a response on the progress on the action plan; a matter that may put the horticulture sector in limbo. The plant health institution has continued to insist in press articles that the problem is caused by dishonest traders, but fails to outline measures to arrest the situation.

Kephis is mandated to conduct inspections on exports on behalf of EU to avoid twin scrutiny of imports at the point of exit here, and abroad, at the point of entry.

According to De Vroey, border rejections will involve denial for entry for fruits, flowers, beans, peas and planting materials. This defies speculations from local traders that flowers may pass the test of time.

Europe is Kenya's largest horticulture export market. Last year, the exports were valued at Sh83 billion.

"Edible vegetables, predominantly beans and peas are ranked the third Kenyan export commodity in value to the EU representing Sh18 billion annually. Flower exports to EU in 2012 were Sh37 billion, with coffee and tea valued at Sh32 billion," he said.

Kenya is at present handling two issues on export safety as far as EU export guidelines are concerned. That is harmful organism measures and maximum chemical residual level. The EU has been keen on inspecting horticulture exports for 10 per cent level compliance. But even with the measure in place, exports from Kenya are still failing the test.

According to De Vroey, increased controls for products imported from Kenya started from January 1, last year and are implemented on all Kenyan exports, including French beans, snow peas, mangetout, runner beans, sugar snaps and valore beans.

"Since then a whole series of (EU food safety measures), and border rejections have followed. The situation has not improved: Kenyan exports of beans and peas containing too high levels of Dimethoate continue to be rejected," he said.



new frontier

HIGHER YIELDS» FARMERS ARE ADVISED TO USE FARM YARD MANURE WHILE GROWING THIS NEW RICE VARIETY



Rose Imbega in her rice (left) and sorghum farms in Kiminini, Bungoma County. Below: Her poultry farm.
JARED NYATAYA | NATION



My rice grows without flood water

Fruits, sweet potatoes, groundnuts, green grams and soya beans are among crops that Rose has been growing for years, recently she added upland rice, which is grown just like maize

BY SEBASTIANS LAGAT

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The parcels of land on the left and right side of the earth road in Kiminini, 18km from Kitale town in Bungoma County teem with different kinds of crops.

Seeds of Gold team is here to visit Rose Imbega's farm. It is not hard to track her, as we find several villagers who willingly take us to her farm.

It has mangoes, millet, sorghum, rice, among many other crops, and livestock, which resulted in the farm being singled out by Bungoma West agriculture officers for training recently.

"Nothing has given me greater joy than this farm. I have been receiving many visitors. Recently I hosted the Bungoma Senator Moses Wetang'ula and Tongaren MP David Eseli and hundreds of farmers."

Rose, a mother of six, says that she inherited the three-acre farm from her father, who also taught her farming, but has since bought another seven. "It was in 2004 that I began farming as a business. Before this, I was doing it for subsistence."

She personally manages the farm to ensure maximum yields.

The level of diversification indeed needs all her attention. She has grown pineapples on 0.2 acres, mangoes and oranges (0.6 acres), sorghum (0.4), sweet potatoes (0.3), bananas (0.5), Boma Rhodes (0.5), groundnuts (0.3), green grams (0.3) and soya beans and maize (four acres).

She also keeps four cows under the zero grazing system and 80 kienyeji chicken. All of these fetches her a net profit of more than Sh400,000 annually, excluding maize.

Her orchard of 20 mango trees each produce about 300 huge fruits annually. Each fruit sells at Sh10 average. She maintains them by spraying with pesticides and applying manure regularly. She sells to retail traders who come to her farm.

"I have 100 orange plants that I planted a year ago. I bought certified seedling scions from Eldoret, then grafted with local ones."

She planted millet and sorghum in March. "I buy certified seeds from Kenya Seed at Sh200 per kilo. This covers 0.1 acres. From the 0.4 acres, I get up to two bags of millet and two bags of sorghum," she says adding that millet and sorghum are not labour intensive. After a proper seedbed preparation and planting,

one will only need to weed and top dress. During extreme cold temperature, they should be sprayed.

Rose says early land preparation is key to a bumper harvest. "This enables the soil to aerate properly. During this time, weeds are completely wiped out through constant application of herbicides," says the member of the Nairobi International Show, who has travelled widely after resigning as a secretary at the Ministry of Agriculture to join the NGO world.

Rose says she has a skilled farm manager, her son Tony and two workers whom she remunerates handsomely. All wastes from cows and chicken are utilised in the crops farm.

"My cows are healthy because they get balanced diet from sweet potato vines, bean, banana leaves, stems from millet and sorghum. I don't incur expenses on feeds. These are the benefits one gets from being a mixed farmer, nothing goes to waste."

But it is *Anarica*, a variety of upland rice, which has made Rose's farm unique. She is one

of the few farmers in Trans Nzoia and Bungoma who have tried out this rice, which doesn't need flood water to grow. It is grown like maize in what is known as aerobic rice production.

This method of rice production has gained popularity in India and Southeast Asia.

"I was first introduced to this rice by Community Supported Agriculture (CSA), an NGO in Kitale. On their routine outreach, they visited my farm and were impressed by my work. They briefed me on this new variety of rice."

After a number of subsequent visits during which the officers were really preaching to the already confessed, Rose planted the variety in March using farm yard manure.

"Anarica likes level fields, but in sloppy areas, permanent ground covers like shrubs or hedgerow trees can be introduced," she says adding that intercropping with leguminous plants like beans helps in bringing in nitrogen.

She intercropped the rice with beans, which she has since harvested.

She sprayed with herbicides at three weeks, repeating it after one month.

"I prefer manure which I cheaply obtain from my cows and chicken." Rose's rice is now yellowing and she expects to harvest next month. Patrick Shiundu, the CSA coordinator, says the all-season rice clone was developed by Kenya Seed Company.

"It is suitable where maize is grown, making it an alternative to curb food insecurity because it can be grown anywhere where rainfall is average," he says, adding it has been successfully tested in Busia, Mumias, Bungoma and Trans Nzoia.

"An acre yields between eight and 12 90kg bags. After harvest, Kenya Agricultural Research Institute (Kari), Kitale, provides threshing machines."

Shiundu says some farmers use artificial fertiliser, which is not ideal because this feeds the plant, not the soil. Manure is the best.

Rice blast and weeds are among challenges farmers growing the rice face.

IT IS SUITABLE WHERE MAIZE IS GROWN AND IT CAN BE GROWN ANYWHERE WHERE RAINFALL IS AVERAGE"

Patrick Shiundu, agricultural officer

12

The number of 90kg bags the new rice variety produces per acre.



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Location: Thika
Contact: 0702894648
Email: jameskimaninjenga@gmail.com

PUMPKINS: One tonne
Price: Negotiable
Location: Kakamega
Contact: 0722973613
Email: jilumiti@gmail.com

GREENHOUSE POLYTHENE: As per demand.
Price: Negotiable
Location: Nairobi
Contact: 0704586333/0726946938
Email: wilsonmuthoka2@gmail.com

DRY MAIZE: Price, Sh40 per kilo
Location: Nairobi
Contact: Ali, 0789347737
Email: francian45@yahoo.com

RABBITS : California White and New Zealand White
Quantity: 45.

PRICE: Sh2,000 to Sh3,000
Contact: 0739898327
Email: hawaiirabbitkenya@gmail.com

INCUBATORS: 528, 440, 352 and 264 eggs.

Quantity: Six pieces
Price: 528; Sh62,000, 440; Sh58,000, 352; Sh55,000 and 264; Sh48,000.
Location: Nairobi.
Contact: 0722744707
Email: jkmung2000@gmail.com

KIENEJI CHICKEN: As per demand
Price: Sh800

Location: South B, Nairobi
Contact: 0722809380

SEEDLINGS: Dwarf marigold
Quantity: As per demand
Price: Sh30 per seedling

Location: Nakuru town
Contact: 0728-493863
Email: muchirialicew@yahoo.com

CASSAVA New Kari-cassava variety available in tubers and stems

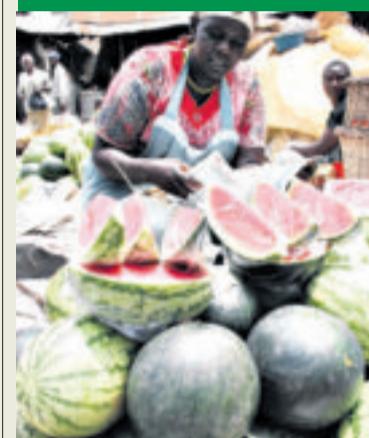
Price: Negotiable.
Contact: Dennis Waita 0718160609

SELLER: GOATS

Nine Kenya Alpine Goats (3 to 8 years old) available at Sh10,000.
Contact: 0703 875 970

SELLER:
WATERMELON

I have over 40 tonnes of watermelon ready for harvesting in two weeks time in Rabai, Kilifi County. Price Sh55 per kilo. Contact: 0723410919.



BIRDS Variety of domestic birds

Quantity: As per demand.
Price: Negotiable
Location: Kirinyaga
Contact: Josphat Kinyua, 0720008804

KUROILER CHICKS: As per demand.

Price: Three days old at Sh150, three weeks old at Sh220 .

Location: Nairobi
Contact: 0728343327

CABBAGES: Fanaka F1

Quantity: As per demand.
Price: Sh20 (Minimum 500 cabbages)
Location: Mweiga, Nyeri County
Contact: 0724575487
Email: info@kabutugreens.co.ke

CHICKEN: Seven months old layers

Quantity: 100
Location: :Nyeri
Contact: Cyrus, 0722519547
Email: cymaxgach@gmail.com

SWEET POTATOES AND CARROTS: As per demand.

Price: Sweet potatoes at Sh2,100 per 100kg; Carrots at Sh2,500 per 120kg
Location: Nasewa, Busia County
Contact: Collins, 0718646007
Email: sbsafrica@gmail.com

TOMATOES: As per demand

Price: Sh80 per kilo (tomatoes)
Location: West Karachuonyo, Homa Bay County
Contact: Fred Owuor Ogwago 0727154581
Email: okellodg@yahoo.com

INCUBATORS: Fully automatic 96-egg capacity incubator and automatic 1,056-egg capacity incubator for hatching and selling day old chicks.

Price: Sh26,000
Location: Nairobi
Contact: James, 0717622485
Email: james.waiguru@gmail.com

RABBITS: California and Kenya White
Quantity: As per demand
Location: Ziwa, Eldoret
Contact: Silas Kiprono, 0717552337

INCUBATOR: Automatic 48 eggs incubator

Quantity: One
Price: Sh24,000
Location: Tala, Kangundo
Contact: Jim, 0714941991

Email: jimmymusyoka2000@gmail.com

GREENHOUSES: Specially built for the tropical regions, greenhouse crops management, drip irrigation, special irrigation fish ponds and fingerlings.
Quantity: As per demand
Contact: Ngari Mugo, 0723834721

CHICKS and EGGS : Kienyeji chicks, eggs, broilers and guinea fowls
Quantity: As per demand
Location: Segaa, Siaya County
Contact: George 0724430566
Email: psyagga@yahoo.com

AVOCADOS: As per demand
Location: Kisii
Contact: 0711605579/0735434346
Email: zannyark@gmail.com

TEA SEEDLINGS AND POTATOES: 10,000 tea seedlings ready for planting and eight acres of ready to harvest potatoes.

Price: Sh15 each (tea seedlings), harvest potatoes at Sh3,200 and 23 bags of ripe potatoes seedlings at Sh1,500 ready for planting.
Location: Olenguruone
Contact: 0726553738
Email: Nyambz79@gmail.com

GREENHOUSES: Also open irrigation and borehole drilling services
Location: Kitengela
Contact: 0714554659, 0723291720
Email: agriirrigationandboreholetd@gmail.com

KARI KIENEJI EGGS: We sell Kari Kienyeji fertilised eggs as per demand.
Price: Sh750 per tray.
Location: Ngong, Matasia
Contact: 0705714449\0722516896

KENBRO CHICKEN: Mature cocks and hens
Quantity: 1,000
Price: Sh1,300 per chicken
Location: Kikuyu town
Contact: Gladwell, 0731976787

CEREALS: Maize, millet and beans for sale in bulk. We also have the nutritious chayote vegetable for sale in Nairobi.
Contact: 0722297217/ 0726622165.
Email: ramariadec4th@hotmail.com

INCUBATOR : Automatic incubator capacity, 540 chicken eggs
Location: Nakuru
Contact: 0722780110
Email: joelkuria@gmail.com

EGGS: We sell Kari kienyeji fertilised eggs
Quantity: Three tonnes per week
Price: Negotiable
Location: Mweiga, Nyeri County
Contact: 0732622555\0704914685
Email: lachutafarm@gmail.com

KENBRO CHICKS: One day old to six weeks.
Location: Kamulu, Nairobi
Contact: Francis 0721265926, Martin 0713436270
Email: ametontech@gmail.com

CHAYOTE : We have chayote vegetable for sale as per demand
Price: Sh50 per vegetable
Location: Kasarani, Nairobi
Contact: Mary, 0726622165
Email: framariadec4th@hotmail.com

QUALITY BEEHIVES : Queen excluder as per demand

Price: Sh4,500 per hive
Location: Eldoret, Uasin Gishu County
Contact: 0724 672 875/0738 161 875
Email: mknegeny@gmail.com

DRIP PIPES GREENHOUSES: As per demand
Price: Sh12 per pipe and Sh75,000 (greenhouse)
Location: Nairobi and Eldoret
Contact: Zipporah. 0700169962

GREEN GRAMS AND DRY WHITE MAIZE: 1,600 bags (green grams) and 5,000 bags per week (dry maize)
Location: Nairobi
Contact: :0725055887.
Email: brightsolutionskenya@gmail.com

RABBITS: 19
Price: Negotiable.
Location: Mtawpa
Contact: 0716322688.

CHICKS : Kuchi, Kari improved and Kuroiler
Quantity: As per demand
Price: Three days old at Sh150.
Location: Meru County
Contact: 0715354593
Email: mwendabrian26@gmail.com

DUCKS: 15
Price: Sh1,200
Location: Kitengela
Contact: Winnie 0721898437

RABBITS: Various breeds available

SELLER: CHICKEN

Australian broiler improved Kienyeji chicken: One day old chicks Sh180, two weeks old Sh200, a month old Sh300. Egg laying Sh2,000 each. Contact: 0718 784 649/ 0725893863. ceo@alcaregroup.com



Quantity: As per demand
Price: Negotiable.
Contact: 711204974/ 0733792650
Email: nthumbiphil@yahoo.com

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 Ensure you carry out due diligence before parting with goods or cash.

LITERARY DISCOURSE | English translation of books brings to light author's little-known literary gems

Mongo Beti, the father of African literature

Cameroon writer's quest for continent's dignity earned him worldwide acclaim

BY EMILIA ILIEVA
satnation@ke.nationmedia.com

With every new translation in its Global African Voices series, Indiana University Press, USA, moves a step further towards the realisation of its goal of overcoming the fragmentariness of modern African literature by integrating originally French-language literary works into the English-language stream.

This is a sig-

nificant undertaking, one which, when augmented by similar efforts of translation from Portuguese, Arabic, and, of course, African languages, will not only consolidate the rich tradition of African writing, but will also invigorate this tradition through the creative possibilities the new contact links will offer.

The recent publication by IUP of *Cruel City* (2013) by the renowned Cameroonian author Mongo Beti (born Alexandre Biyidi Awala, 1932 – 2001) can best be appreciated in the context of this programmatic endeavour.

In Kenya, this publication should be especially welcome. It gives us reason to bring to light the little known but important fact that Mongo Beti's first significant work of fiction was the short story, 'Without Hatred or Love,' published in 1953 in *Présence Africaine*.

The story tells of a young Mau Mau rebel and his fight against the white oppressors and their black lackeys. With its denunciation of the devastating effects of colonial occupation, this short piece set in Kenya can be

seen as the precursor of Mongo Beti's great novels of liberation. Kenya may thus lay partial claim to Mongo Beti as a writer whom it inspired!

Cruel City is a combined edition of two unique creations. One is *Cruel City* itself, the first novel Mongo Beti wrote, published in French in 1954. The excellent English translation of Pim Higginson thus takes us to the very origins of a writer, who was destined to become one of the founders of modern African literature. The other is the translation of Mongo Beti's essay, 'Romancing Africa' (1955), which stands out as the first ever published Francophone critique of the representation of Africa in French-language African literature.

In the essay, Mongo Beti examines the state of contemporary African literature in French and comes to the conclusion that, there is "not one quality literary work inspired by Black Africa". He sees the reason for this deplorable state of affairs in the compromises Black writers are willing to make to please the European public for whom they primarily write and who determines their publication fate.

This public will "do everything to nip any realistic African literature in the bud" because "the reality of Black Africa, its only true reality is before all else colonisation and its crimes". To avoid rejection, the "Black scribe" will avoid this reality like plague and instead seek refuge into the folkloric. In his writing, he will invoke "sorcerers, his grandfather's snakes, initiations at nightfall, fish-women"; he would claim "to have belonged to the brotherhood of lions, to have petted a sacred crocodile, etc". This "nonsense" will invariably be received with White "enthusiasm".

Such enthusiasm serves to entrap the African writer further "in the quicksand of the folkloric, a mess from which it is difficult to extricate oneself".

Written 60 years ago,

"

In the essay, Mongo Beti examines the state of contemporary African literature in French and comes to the conclusion that, there is "not one quality literary work inspired by Black Africa"

Emilea Ilieva

1953

The year Mongo Beti published his first work of fiction, a short story titled 'Without Hatred or Love,' in *Présence Africaine*

'Romancing Africa' is important not only in its historical context, but also for its continuing relevance. It is undoubtedly the great predecessor of Binyavanga Wainaina's satirical guide on *How to Write about Africa*.

Cruel City reflects the intense anti-colonial fervour of the time of its writing and is permeated by a muted but unmistakable revolutionary spirit.

Set in the 1930s in an unnamed French African colony, it follows the travails of Banda, a young man who moves between village and city driven by his determination to fulfil his dying mother's last wish to see him successfully settled. When the novel opens, he has left the village for the nearby city of Tanga to sell his perfectly healthy cacao bean harvest to the traders in town. His mission, however, is bound to fail because his rebel mentality, combined with his

naïveté, do not allow him to bow to the French administration, whose newly introduced "quality control" inspection in the cacao trade is nothing but a scheme to exploit African labour.

The inner struggle Banda goes through as he contemplates his "strange destiny: to always suffer", is portrayed with realistic insight. One thing the hero knows is that he will never give up.

The city of the title is a newly industrialised area, whose African residents have little to show for their daily struggle in the lumber mills and rail yards where their jobs are dangerous and their working environment "ugly".

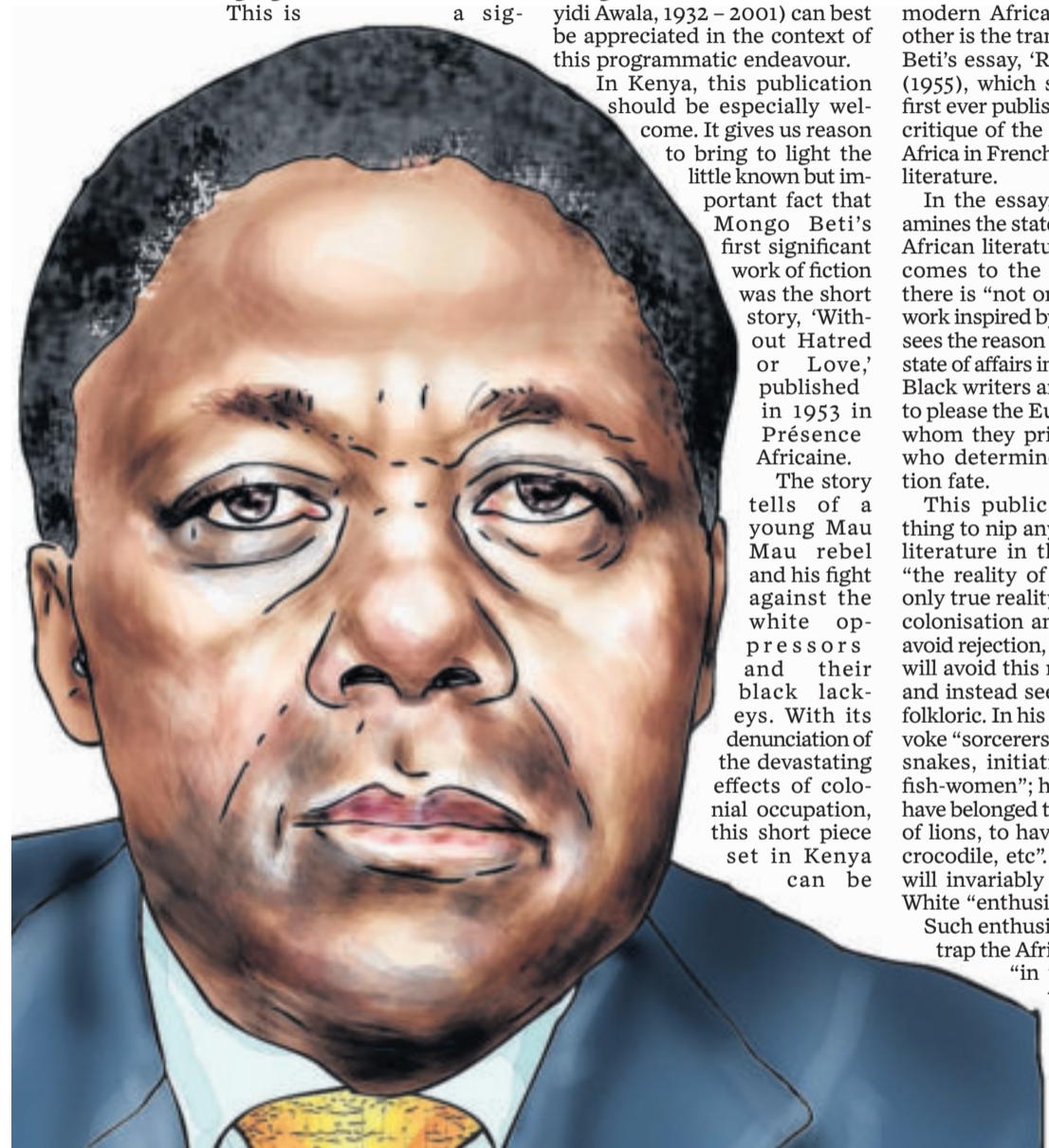
Mongo Beti, who published *Cruel City* under the pseudonym Eza Boto, later distanced himself from the work, finding it weak. Other critics of the time also raised objections.

But in spite of certain signs of apprenticeship exhibited by the 22-year-old author, David Diop was right in his praise of the novel's rigorous depiction of the damage wrought by colonialism. Most importantly, *Cruel City* charted the territory of protest writing that Mongo Beti was to make his own, becoming one of Africa's foremost anti-colonial and politically conscious writers.

Only two years after *Cruel City*, Mongo Beti gained widespread acclaim for his novel, *The Poor Christ of Bomba*. But the novel was banned in the colony due to the satirical and highly critical description of the missionary and colonial world. Gerald Moore notes that, in this novel, the young protagonist's naïve reflections on his experiences with the priest whom he assists "become the pure mirror through which we see greed, the folly, and the tragic misunderstandings of a whole epoch in African history".

Mission to Kala (1957) and *King Lazarus* (1958), both won the French Academy's Sainte Beuve Literary Prize. All the four novels of the 1950s depict a society which has fallen prey to the colonial system, experiences the constraints of patriarchal fam-

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My up and close encounters with Uganda's literary greats

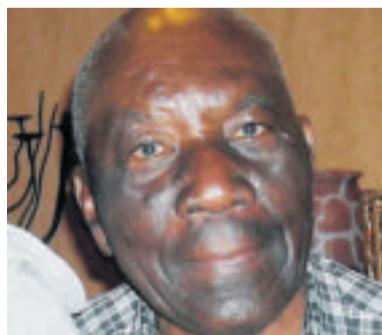
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zone in Kenya and plunge into the harsh realities of "post-liberation" Makerere. She got me there, but she never quite got me to leave Kenya!

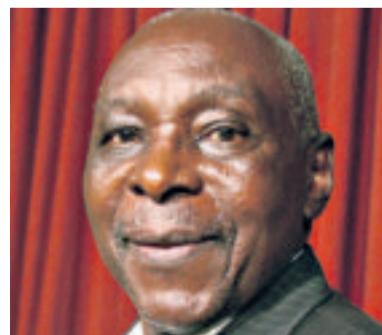
As for John Ruganda "Araali", our early meetings were rather formal. He probably had acted in my play, *The Secret*, performed by the Makerere Free Travelling Theatre, when I was away in Dar es Salaam.

We were introduced to each other by David Cook, when John was the Oxford University Press representative in Uganda. I was later to have that hilarious episode of directing him for television as Jero in Soyinka's *Trials*.

I was at Makerere when Ruganda and the Ngoma Players group did a pre-publication performance of *The Burdens*, and later of *Black Mamba*, in



David Rubadiri



Austin Bukenya

which my friend Richard Arden starred as the womanising, hypocritical English professor, but I was not directly involved.

Anyway, John soon fled the Idi Amin

terror and started anew in Kenya, where we were to re-connect. But it wasn't in Nairobi, where I was later to become a regular performer in his Nairobi University Players productions, but at my beloved Machakos Girls High School humble abode.

Ruganda had brought his Nairobi University Free Travelling Theatre group (which I think included the current Makueni Governor, Prof Kivutha Kibwana, then a young student) to perform for us at the school, and he graciously decided to stay the night.

Okot p'Bitek, too, and the "Ugandan-Malawian" poet David Rubadiri graced my Machakos house with an overnight visit.

They and their colleagues from the University of Nairobi had come to run a workshop at the Machakos School for literature students from schools in the area, and I had taken my girls to participate and meet the literary greats.

My former Makerere colleagues were so delighted to find me in Machakos they decided to cross over for a chat at my house. We picked up some drinks as we crossed the town, but I can't

remember what we did for food!

Who cared anyway? Soon we were chatting away into the wee hours of the morning, recalling and reliving our old bohemian Makerere days, and reminiscing about our colleagues who were now scattered all over the world.

My most vivid recollection of Okot in Machakos is of him stretched out before my fireplace, shivering with a fever, and laughing at this *maskini mwalimu*, who didn't have even an old blanket to cover the bones of his old guest.

Imagine Okot would have welcomed Abasi Kiyimba's brilliant Luganda translation with his mischievous hacking laugh and asked if Lawino would now have to learn how to eat Kiganda *matooke* with Acholi *malakwang* sauce. Okot could never stop laughing, at everybody, most frequently at himself.

OBITUARY | Moi High School, Kabarak drama teacher died in Nakuru last Sunday

Teacher who brought theatre to life

For over 30 years, Barnabas Kasigwa dominated the schools and colleges drama festivals

BY WENDO NABEA
wendoki@yahoo.com

The passing on of teacher, playwright, director and adjudicator Barnabas Nyambwani Kasigwa last Sunday was sad, but gratifying in some respect. Like the biblical grain of wheat, which must die to bring forth new and better life, Kasigwa leaves behind a noble legacy in the realm of theatre arts.

In his theatre career, which surpassed 30 years, Kasigwa has mentored and nurtured many artistes, some of whom are prolific dramatists today.

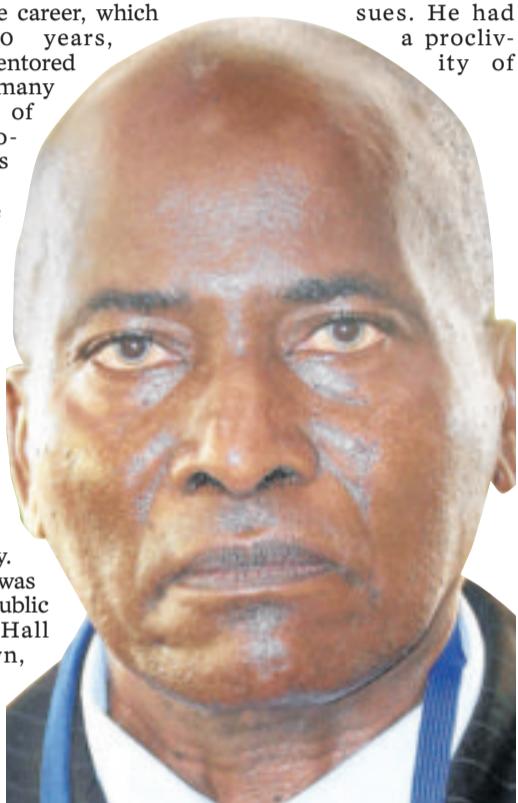
I had a chance of watching one of Kasigwa's productions, *The Monster Child*, during my tender years in 1979. Kasigwa was by then a literature teacher at Kaaga Girls High School in Meru County. The play, which was staged to the public in Kamunde Hall in Meru Town, depicted the dictatorial regime of Uganda's former President Idi Amin. The

production was opportune, considering that Kasigwa was among Ugandan scholars who had fled their country for fear of persecution.

Kasigwa's sound theatrical legacy is as a result of his genius in the production of plays

at the Kenya National Drama Festival. He produced winning plays when he was a teacher at Kaaga Girls and Moi High School, Kabarak, some of which he published in *An Anthology of East African Plays*. Notable among these are *The Illusions*, *The Trials*, *The Absurd*, *The Feud*, *The Scum*, *The Blizzard*, *The Castle*, *Trepidations*, and *Labyrinth or Amorphous*.

The plots of his plays revolved around mundane issues. He had a proclivity of



depicting rifts between the rich and the poor, somewhat from a Marxian ideology. He tended to identify with the deprived, who he depicted as being preyed on by the rich. However, it was interesting to note that he never captured

the underprivileged as simply a docile lot who faced their oppression like laying ducks, but as active and vengeful people. He cast them as conscious of their rights and as people who were ready to settle scores whenever need arose.

For example, *The Trials*, which runs through a dream technique, has the protagonist Golder, a female trickster, dispossessing the needy family of Ndululu of their piece of land, after beguiling them that she is relocating them to the land of plenty. After undergoing tribulations, the family fights back by framing Golder for theft of a kiondo. The court rules in their favour and orders that they repossess the piece of land, while Golder is convicted.

Nonetheless, it would be injudicious to suggest that Kasigwa always focused on the everyday struggles of the needy. Occasionally, he would take a philosophical plane and dwell on the surreal, without necessarily sacrificing realism.

Take *Amorphous*, in which he personified death. Death is presented as a robber who stalks a certain family. In one instance, Death steals a child through sickness, and in another instance, he steals the family head, who is a watchman, in a burglary incident at night. This is when the wife decides to fight Death by arming herself with a sharp machete.

Her struggle with Death pays off, for she bludgeons him to death. But wait! Death does not die, he dupes the woman that he is vanquished, because when she bends to view his body, she realises that he has already disappeared, leaving his cloak on the floor.

Kasigwa's plays were not just winners because they tackled pertinent themes, but also because the author had tact and

dexterity in scripting and directing the productions on stage. His characters' dialogue was brief and action-oriented, while his diction was potent. His characters were memorable, credible and occasionally allegorical, while he relied on simple and inexpensive, though functional stage craft. The plots of his plays were always well-wrought.

Somewhat in foreboding, the Kenya National Drama Festival Committee awarded Kasigwa a covetous trophy during the 2014 National Drama Festival in Nyeri, in recognition of his contribution and achievement in

2014

Year Kasigwa won trophy for achievement and his contribution to National Drama Festival

the event for the last 30 years. The appreciation of the veteran while living was befitting.

Besides treatment of the motif of death in his several productions, Kasigwa's latest publication, *Ambivalence of Life and Death: Death as a Leitmotif in John Ruganda's Drama*, derived from his Master's thesis, has an evaluation of death as a running motif in Ruganda's drama. He argues that Ruganda juxtaposes death and life, and demonstrates that the fear of death fosters the need to preserve life. Borrowing from his topnotch play *Amorphous*, one can surmise that death has stolen Kasigwa, but he remains immortalised as his genius is embedded in the minds and hearts of the many people he touched in a really special way.

Dr Nabea is a Senior Lecturer in the Department of Literary and Communication Studies, Laikipia University, Naivasha Campus

He was the father of African literature

CONTINUED FROM PAGE 36

ily and village life, and rises in revolt against these.

Following the military defeat of the Union of the Populations of Cameroon (UPC), which Mongo Beti supported, and the assassination of its leader, Ruben Um Nyobé, in 1958, Mongo Beti went into exile.

In France, he continued both his activism and his literary activities. He started and ran *Black People/African People*, a political and cultural bi-monthly periodical devoted to an analysis of the evils in post-independence Africa; published political essays denouncing the neo-colonial state of affairs in Cameroon; and wrote fiction. He remained an outspoken opponent of the autocratic rule of Ahmadou Ahidjo, who governed Cameroon from 1960 to 1982.

In both his polemical writings of the time, like *The Plunder of Cameroon: An Autopsy of Decolonisation* (1972), and the two novels inspired by the memory of Um Nyobé, *Perpetua and the Habit of Unhappiness* (1974) and *Remember Ruben* (1974), Mongo Beti stressed that decolonisation had been derailed in Cameroon.

Activism

Upon returning to his homeland in 1993, Mongo Beti intensified his criticism. He began with the political essay *France against Africa* (1993), denouncing President Paul Biya for his anti-popular rule. His novels about contemporary Cameroon, *History of the Insane* (1994), *Too Much Sun Kills Love* (1999) and *Commotion in Black and White* (2000), all focus on the failure of independence in Cameroon.

The dissidence that informs Mongo Beti's writings is seen by Cameroonian novelist Patrice Nganang as both central to and representative of "the critical intelligence of the Cameroonian people that has always been able to read in the diverse forms of reality that Cameroon has experienced a repeated usurpation, an institutionalised illegality".

It would be true to say, as Cilas Kemedjio observed upon Mongo Beti's death, that "the militant path of this novelist, chronicler, and essayist has been governed by one obsession: the quest for the dignity of black African peoples."

Prediction

At the end of 'Romancing Africa', Mongo Beti makes the prediction — "to the extent that such things can be predicted" — that an authentic African literature of the future will "necessarily be not only African but even national: by which we mean that the African writer will speak to his co-citizens in the language they are looking for; he will speak to them about aspirations that they all have in common."

Perhaps the success of any African writer today should be measured against this requirement: to speak about the common aspirations of the African people, in other words, to highlight their persistent determination to rise above the diminished lives thrust upon them by leaders with warped vision.

Kasigwa's satire triumphed over censorship

BY OLUOCH-MADIANG

In 1991, theatre goers thronged the auditorium to watch the most spoken about play of that year's festival. A dark, bespectacled and busy-looking man was darting up and across the stage, arranging this and that, checking that all was okay. Then, he gave the thumbs-up and the bell was rung. The hall fell dead silent.

When the curtains were drawn, a grim picture of charcoal black and dirty wretches greeted the audience, performing in the most melancholy of styles on an elaborate backdrop of displacement, desolation and want.

The soundtrack heightened the sadness and, as the actors delivered their lines and performed in controlled agony at the loss of their land, one could observe that all action, even the adjudicators' writing, had come to a standstill.

Yet, more was to come. Fifteen minutes into the play, three poor characters drawn on the backdrop and wielding only a handful of be-

longings came to life, walked out of the backdrop and onto the stage. It was magic! The audience gasped at the genius of performance.

That man was Barnabas Nyambwani Kasigwa, and the actors on stage were students of Moi High School, Kabarak, delivering the play *The Scum*, which went on to win the top award in the National Drama Festival.

The annual ministry of Education's Kenya Schools and Colleges Drama Festivals is undoubtedly one of Kenya's most significant theatre forums. One of those who contributed immensely to the quality of these festivals was the Uganda-born teacher and theatre practitioner Kasigwa. He succumbed to illness and passed away on the morning of August 17.

With his death, Kenya's stage theatre and the schools drama festivals have lost a genius.

Kasigwa taught English and literature and also scripted and directed plays at Kaaga Girls High School in Meru and Moi High School, Kabarak.

By 2006, he had produced his 10th award-winning play at the festival. Some of his plays were published by Longman Kenya under the title *An Anthology of East African Plays: The Scum, The Trials and Other Plays*.

Kasigwa's enduring genius as a playwright was his ability to pick current issues and, using the language and imagery, create a piece of drama that helped give direction over those issues. He went for credibility in characters.

Even the Moi regime, so intolerant to criticism, found no problem with *The Scum* in the early 1990s, when land clashes first erupted. Kasigwa's satire and sarcasm triumphed over censorship.

As a director, Kasigwa was adept at manipulating sounds, visuals, motions and space to bring out meaning clearly and in an entertaining manner. According to another great producer, Oliver Minishi, the playwright and principal of Kakamega High School, Kasigwa's overall production style will remain an integral part of Kenya's

artistic backdrop that many directors will aspire for.

Kasigwa leaves behind Kenya the richer with a huge cadre of actors and actresses whose raw talent he carefully moulded.

Kasigwa's talent was not limited to the schools festivals. This writer worked with Kasigwa several times at the Nakuru Players' Theatre. Together with other players, including Michael Kamunya, L. P. Barasa, Kamonjo Kiburi, Ndugu Omwaka and Yours Truly, Kasigwa pushed for access and favourable terms for local artists at the theatre.

As a theatre practitioner, Kasigwa would not be distracted with the politics of production. He demanded complete and undivided commitment from his performers. He was the most self-confident director I ever met.

Mr Oluoche-Madiang is a playwright, adjudicator and poet. Oliver Minishi, playwright and principal of Kakamega High School, contributed to this tribute.

Prof Ilieva teaches Literature at Egerton University.

Readers corner

Literary Discourse

Why students no longer love literature

BY NG'ENTU KIRIMA

It is quite disheartening that most high school students no longer regard literature as a thrilling subject of study. The reasons for this vary. It can be argued that modern communication technology takes the lion's chunk of students' attention outside the classroom, as opposed to flipping through a voluminous play, a novel or a short story.

My take is that while students have no interest in literature, Kenyan teachers of this subject lost it long time ago. It is not surprising these days to hear teachers sharing their strenuous experiences in teaching literature. They openly talk about the complexity and length of literary texts and lack of time. Many confess to hurriedly taking their students through the book or the story by mere class reading.

A good teacher finds out all the inadequacies of their students and directs their efforts towards solving them.

Understanding literary texts requires massive investments in terms of time and effort. Teachers of literature should sacrifice more time or at least utilise the allocated time to the maximum. They should stimulate students' interest in literature by giving reading assignments and content.

To correct their own deficiencies in understanding literary texts, teachers ought to spare more time for reading, sincerely seek help from colleagues and utilise commentary notes.

Teachers who understand a text will face the students with confidence and guide them successfully in understanding it. Time has come for teachers of literature to return the subject to its rightful glorious place in the life of students.

The writer is a teacher of English and Literature and a PhD student in Education at the University of Nairobi

Is poetry reading in our schools on its deathbed?

BY BARACK ODUOR

Many young people today confess their dislike for poetry, and if they do anything, it is that version corrupted with Sheng and other languages, where themes and meanings are shallow - often written to a specific audience and age.

With nostalgia I remember my days in high school, when my English Literature teacher would recite and analyse David Rubadiri and Timothy Wangusa's poems as if he assisted the poets in writing the lines. It made everyone in the class love poetry. We could not wait for poetry lessons because they were our favourite.

Today, ask a secondary student about any poem written by Austin Bukenya and he might easily tell you that he is not aware of any poet with that name.

This happens because teachers, too, have lost interest in poetry since learners' main aim is to excel in their final examinations, which have negligible consideration for poetry.

Teaching poetry that harbours meagre marks is seemingly a waste of time.

There is no genre so rich in teaching and inculcating moral values and offering a literary mirror to view the society as poetry.

Poets do not only unearth societal evils and unmask culprits but also use poems to instill norms and values to society.

Curriculum developers should search ways of redesigning the current secondary school syllabus to release it from its examination mentality. This can be done by allocating more questions and marks for genres of literature like poetry and oral literature so as to cultivate seriousness and appreciation in their study.

The writer is a freelance writer and English language school-based mentor in Burera District, Rwanda

Ministry doing little to promote arts and culture

BY VIVERE NANDIEMO

The arts and creative industry plays a vital role in socio-economic development. For a country that depends so much on tourism as a major income earner, investment in the arts and creative industry cannot be ignored. Our musicians, creative writers, painters, actors and traditional dancers often take centre stage in marketing our country abroad. It should then follow that the government invests heavily in them. However, this has never been the case.

The ministry of Sports, Culture and Arts is doing very little to promote the creative and artistic industry. This despite the existence of enormous artistic talent in the country.

Recently, Kenyan artistes declined to perform during the Smithsonian Folk Life Festival held in Washington, DC, in protest over the government's failure to pay their dues.

This debacle goes a long way to illustrate just how the government is not keen on supporting the arts industry.

The recently concluded schools and colleges music festival in Mombasa brought to light the salient reality that the country is endowed with a myriad of talent. This fete came hot on the heels of the drama festivals, which were held earlier in the year. The question that lingers



Sports, Culture and Arts Cabinet Secretary Hassan Wario.

on is: What do the ministries of Education and Sports, Culture and Arts do to nurture and promote this talent?

It is rather disheartening that after the students showcase their creative talent every year, nothing is done to follow up their development. No reward is given to the best performers apart from performing for the President.

At the end of this year's music festival, President Kenyatta assured Kenyans that the government had allocated Sh350 million to fast track the completion of the talent academy at Kasarani in Nairobi County. This is a step in the right direction.

The same sad story is replicated in creative writing. I concur with culture analyst Joyce Nyairo, when she laments that the ministry of Sports, Arts and Culture has conspired with publishers to kill creative writing by failing to

give incentives to upcoming writers since 1974. She poses: "Today, what commitment does the ministry make to the writers and publishing?"

What's more, the sports sector — which appears to receive a modicum of attention from the government — is also not well managed. The sorry performance of Harambee Stars is a symptom of a bigger problem with our football. Now, the country has to come to terms with the sad reality that the national team will miss out in continental football for the next two years.

Therefore, it is incumbent on Minister Hassan Wario to begin promoting the creative industry. The country stands to benefit from its creative industry. Besides the economic aspect of the industry, it also plays a pivotal role in the strengthening the social-political fabric of the country.

Angela Yvonne Davis, the American scholar and political activist, emphasised the centrality of the arts in society when she said: "Progressive art can assist people to learn not only the objective forces at work in the society in which they live, but also about the intensely social character of their interior lives. Ultimately, it can propel people toward social emancipation."

The writer is a teacher at Sakuri Girls' High School in Kuria East, Migori County

Blame low-quality work by writers for minimal sales of Kenyan books

BY COLLINS MUSANGA

Kenyan writers have attributed the falling literary standards to lack of a reading culture. Seeing that this excuse has refused to stick, they are now changing the narrative by accusing Kenyans of reading the wrong books.

After having always blamed readers and publishers for their problems, writers have now trained their guns on the government, blaming ministry of Culture for not doing enough to support them.

Some commentators are now calling for the establishment of more literary awards to nurture and inspire creative writers, as if gifts, freebies can trigger intellectual thinking.

We have great authors who left an impact on the minds of readers yet they never received a single award in their lifetime, some got recognised four generations later.

Nigerian writer Chinua Achebe had no time for government awards, he just told the African

story which earned him a cult-like following across the continent.

Writers must understand that publishing is a serious business and publishers, being gatekeepers of what is to be presented to readers, have a responsibility to uphold high standards of writing and confine the banal to the dustbin where they belong.

To write a pathetic book and expect the readers to buy it in the spirit of "buy-Kenya build-Kenya" is to insult their intelligence. If writers want Kenyans to read their books, then excellence is not an option.

Writing is not like a choir producing boring music then asking the congregation to shout in approval. Things do not work like that; books do not become good literature merely on the basis of the writer being a Kenyan. Patriotism in terms of buying bad books perpetuates intellectual mediocrity. I must get quality for my hard-earned money.

I know of many Kenyans who are hooked to creative works and other forms of literature. If

you want to confirm this, visit bookshops and the streets of Nairobi. They are always sampling and buying books. How then do we turn around and brand them a bunch of non-readers? I remember how a newspaper would rotate among the members of my village. In the end, it would be read by at least 10 people.

I agree with Eric Rugara's (*Saturday Nation*, July 12, 2014) challenge to writers to tell stories that Kenyans will want to read.

Kenyans read; they buy books. But the truth is, they do not buy Kenyans' books since very few interest them.

Instead of engaging in soul-searching with the view of finding out where the rain started beating them, our writers find it convenient to blame everybody else for their problems except themselves.

Currently, the country is faced with a myriad of social economic and political challenges, writers must rise to the occasion and tackle these contemporary issues in their books.

Teaching is a noble calling

BY KIMTAI CHERONGIS

The heated debate lately on this page on whether teachers are to blame for poor performance holds a lot of water.

Teachers can be blamed for technical appearance in school, story oration that does not conform to the lesson in classes, and giving students assignments for work not taught.

As a noble profession, it's a requisite for a trained teacher to have a positive attitude towards teaching.

"If you decided to become a teacher in order to lead a lavish lifestyle, then you are mistaken."

"The only pleasure you acquire from teaching is when your learner acquires a whole rounded education," my lecturer once told me.

Ethics

I feel glad whenever my student excels.

Some teachers go the extra mile of employing their own assistant teachers while they go ahead to engage in income generating activities away from school.

This is against teachers' code of ethics.

Teaching is a calling. If you find yourself in the profession by mistake, just resign.

The government uses a lot of resources on teachers' salaries, considering the huge population.

Kimta Cherongis, teaches English and he is a freelance journalist

Motivation books good for schools

BY KEN CHIRCHIR

I support the proponents of those who bank on motivation books to stimulate readership in schools. Such books not only motivate amateurs in reading as they learn to read 'soft' and 'hard' literature, but are also known to contain worthy literature that can inspire and steer one to attain dreams.

Works by writers such as Ben Carson, R. Covey (*Habits of Highly Effective People*) and books like *Tough Times Never Last* could be good for students to supplement their selected literature. Let them have a variety of choice.

The writer is a student of Mount Kenya University's Kabarnet Campus

To contribute to this page, please send your comments to satnation@ke.nationmedia.com or write to The Editor, Saturday Nation, POB 49010, Nairobi 00100.

ART REVIEW | Boniface Maina and Michael Musyoka's exhibition raised crucial questions

Portrait of Kenya as a luscious lass

Unique paintings in recent exhibition in Nairobi depicted the various facets of Kenya's persona

BY KINGWA KAMENCU
jsigei@ke.nationmedia.com

With the disparate voices that on occasion speak for Kenya (the media, the government, the political class, and civil society), the close of the Little Art Gallery's painting exhibition, 'Finding Voice II' at the Kenya Cultural Centre in Nairobi last Sunday offered a good opportunity to get an additional perspective.

The exhibition featured Boniface Maina and Michael Musyoka as the main artists, and collagist James Njoroge, as a guest.

Musyoka's portraits were punchy and evocative, Njoroge's jampacked with frenzied emotion.

But it was 27-year-old Boniface Maina's paintings that brought out the various aspects of Kenya's persona as he attempted to lay out its voice. Lively, simple and colourful, his paintings reveal an artist alive and perceptive to the situation of the day.

His first piece 'Gray Status' gives voice to the confusion Kenyan society is awash in right now as it struggles to examine and re-evaluate its value system.

The painting shows two effeminate men adorned with earrings, nose rings, eye shadow and lipstick. Their wrists are daintily thrust out in feminine pose. As though the painting's pink background does not shout it loud enough, it is clear, these are gay men.

The homosexuality question is a hot topic in Kenyan society, which interestingly seems to have taken a more liberal stance towards it than Uganda and Nigeria, where politicians use it as a political tool to rouse public ire. Maina voices the Kenyan conundrum in the caption: "It's such a confusing time for our society. If you are for it, you are immoral, and if you are against it, you are homophobic. So where do I surely stand?"

Desire to know

'Wanataka Kujua' is an eerie picture of ghoulish faces dressed in suits, gathered round sheaves of paper which they all peer down at. This painting speaks of the desire to know and understand life as it is, as though there is a lot in the dark (and indeed the characters are in a gloomy room).

'Transparency and Democracy Casino,' which follows it, also alludes to this theme, power play also coming into the spotlight. This one is a chilling picture where two people are sitting across each other as they play a game of cards. Each, unbeknownst to the other, holds a gun under the table. One receives an additional card, clearly cheating, from under the table as the Justice figures on each side surreally step out of their spaces.

'Check Mate,' turns the heat higher on the theme of vicious politics. This one is more overt. The artist presents us with Raila Odinga in trademark hat and orange coat, and Uhuru Kenyatta

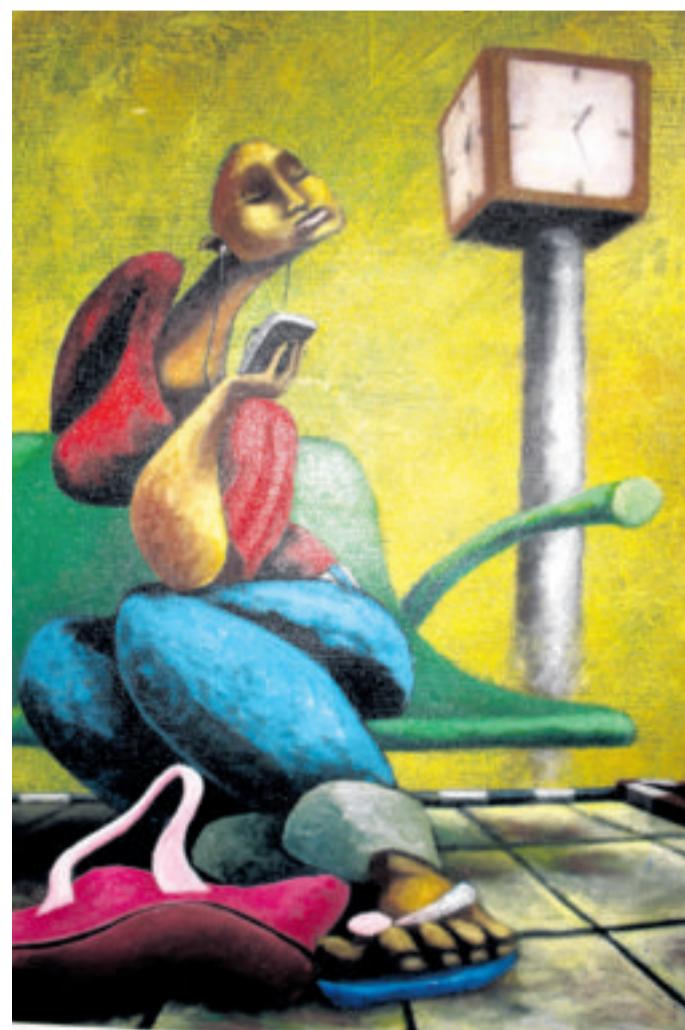
in a green jacket and a red tie seated across each other, a chess board between them. Scores of supporters on each side urge them on, oohing and aahing at every move. What is perhaps most interesting is that the time clocks on each players side tells a different time.

'Doctored Mindset' takes up from the earlier painting that spoke of a search for truth — 'Wanataka Kujua', publicly stating that the situation in Kenya is one of a lack of original thinking and spoon-feeding, as opposed to taking the time to think. It alludes to a situation where groupthink is preferred to individual reflection.

The character here pushes a book away, choosing not to read, as drops of a deadly green liquid are dripped into his head. Maina also puts his paintbrush towards the religious world.

As if to say that even religion offers no light, 'The New Order' takes a dark look at the Church, showing us a pastor hovering above his dark wretched subjects (literally painted as being in the dark here), a Bible in one hand, a gun in another.

As if the logical outcome of a 'doctored mindset' and a citizenry in the dark, this artist then depicts foreign exploitation of Kenya where a character personifying Britain pushes a bottle into the mouth of Kenya. The character representing Kenya guzzles the liquid down happily,



KINGWA KAMENCU | NATION
A painting titled 'Doctored Mindset' by Boniface Maina. The painting was part of the exhibition titled 'Finding Voice II' at the Kenya Cultural Centre in Nairobi.

“

'Wanataka Kujua' is an eerie picture of ghoulish faces dressed in suits, gathered round sheaves of paper which they all peer down at"

Kingwa Kamencu

eyes closed in contentment as he signs away a 'life treaty' in front on him.

This scene is reminiscent of the pre-colonial treaty signing where traditional leaders ignorantly signed away land to the British government. The character representing Britain keenly eyes the signing. Behind him are empty bottles with flag insignia of powerful countries and others still full queuing up to be next in line. A clock on the wall ruefully says 'Since time memorial' (I suspect the artist meant to say immemorial).

'The Blue Print' follows the same theme, showing Chinese contractors working on a project in which groups like the EU, ICC, UN, and USA have an investment in as can be seen from their insignias peppered all around. The AU stands under

them drawing a blueprint in the dark. Behind them stands the persona of Kenya, chained to a steel ball, which is satirically inscribed 'We are one', laying bare the powerlessness the Kenyan middle-class tries to cover up as it chest-thumps and continually repeats this phrase when faced by external attack.

'Wooing by the Riverside' sets off on an entirely different path. It gives voice to the nation's yearning to merge its disparate parts. It can be said to be the attitudinal progression of the tentativeness shown in the couple in 'Rehearsing a ballad'.

The couple at the riverside is curled up around each other, their faces radiant with bliss where before they were distant and tense. 'Tujuane' is another interesting one. It depicts a bald headed couple, the man whispering 'sweet words of nothing' into the woman's ears as she glances aside, a mix of cynicism and coyness on her face.

And then there is 'Nikumbatii', which shows two men hugging. One of the men in the embrace has an anguished expression on his face while the other lets out a half-smile, as though rugged and world-weary.

Maina's presenting different couples going through different moods, emotions and attitudes, shows a mature understanding of unity and wholesomeness as a cycle, a dance, and an exploration rather than a fixed-in-stone event. This is the case for both a nation and an individual.

'Music Composer' turns the volume up on the theme of the search for harmony among Kenya's disparate 42 communities, showing us a woman in a dark room hunched over a stool, an old piano in front of her.

Kenya's potential

She is scribbling into a page and has been at it for a while as we can see from the two scrunched up pieces of paper on the floor. She is clearly multi-talented since right beside the piano lies a saxophone and a violin. This says something about Kenya's potential, suggesting that even apart from areas it has outdone itself in (such as athletics and technological innovation), it still has the capacity to actualise in much more.

The last painting 'Chini ya Clock' is quite poignant. It depicts a curvaceous young woman, her nubile form artfully draped on a green bench under a public clock. Youthful and carefree, her pink handbag lies on the ground next to her feet as her eyes are shut. She is lost in her own world, listening to music on her iPod through the speakers clamped to her ears.

The fact that this painting is standing on its own towards the end, with almost no relation to the nearby pieces, makes it appear to be the artist's summative piece. It is as though the 'voice' of Kenya is concluding its monologue by saying, "After all that you have looked at, this, in summary, is me."

WEEK'S PICK

TODAY

MOMBASA CULTURAL FEST

The Mama Ngina Drive in Mombasa will today be the venue of the Mombasa International Cultural Festival. It will feature 'Spotlight on Kenyan Music' series sponsored by Total Kenya.

BILENGE RUMBA CLASSICS

Dream Village Restaurant in Nairobi's South 'B' will host a rumba music show by Bilenge Musica, featuring Darzee Kalend. The group plans to unveil a new music video soon.

PLATINUM SHAKEDOWN

The Platinum Bistro at Maasai Mall in Ongata Rongai tonight hosts the 'Platinum Saturday Shakedown' featuring DJs R2D2 and K@ce. Entry is free.

ALIVE AND WELL SHOW



The Alive and Well show featuring DJ Joe Mfalme, DJ Protege, Three Musketeers among others is on tonight at The Arboretum. The event is organised by Poseidon Entertainment.

AN EVENING OF AL JARREAU

It will be an Evening of AL Jarreau with Danger & Friends this evening at Tambo Village Market in Gigiri, Nairobi. The show, to start at 8pm, will feature Victor Muli.

TOMORROW

THE KOROGA FESTIVAL

The Third edition of the Koroga Festival will be held tomorrow at the Nairobi Arboretum. It will feature Congolese rumba maestro Papa Wemba, alongside the 'Crown Prince of Benga' Dan Aceda. The show will start at noon and ends at 6pm.

AUGUST 25

DOCUMENTARY ON SLAVERY

Alliance Francaise Auditorium in Nairobi will next Monday from 6.30pm be the venue of the screening of a documentary festival on slavery titled "Afro-Iranian Lives." The documentary is the result of 10 years of extensive research in European and Iranian archives.

AUGUST 27

MANGELEPA'S ACCRA DATE



The legendary Orch Les Mangelepa Band led by Kabilo Kabanze, alongside veterans Lutulu Kanicky, Kalenga Nzazi, and Shango Lola, will on Wednesday, August 27, perform at Nairobi Accra Hotel.

AUGUST 28

THURSDAY NIGHT LIVE

Roots International will stage the 'Thursday Night Live' featuring Milege on August 28 at Choices Pub. She specialises in Afro-fusion music. The show will start at 8pm and end at 11pm.

AUGUST 29

RIFT VALLEY FESTIVAL

The 'Out of Town, Rift Valley' will be held from August 29 to 31 at Fisherman's Camp in Naivasha. Among those to perform are Wyre, Sarabi, The Beat Street Band, Rumba Japan, Makadem, and Yellow Night Machine.

WORLD

HEALTH WATCH | Border sealed to ward off deadly virus

Senegal closes border with Guinea as UN warns on Ebola flare-up

Authorities around the world have adopted measures to screen travellers arriving from affected nations

DAKAR, Friday

Senegal has become the latest country to seal its border with a west African neighbour to ward off the deadly Ebola virus, as the new UN pointman on the epidemic said preparations must be made for a possible flare-up of the disease.

Senegal's decision to close its land border with Guinea, announced by the interior ministry on Thursday, is part of intensifying efforts to contain the outbreak that has killed 1,350 people since March in Guinea, Liberia, Nigeria and Sierra Leone.

David Nabarro, a British physician who the United Nations appointed last week to coordinate the global response to the crisis, was in the Liberian capital Monrovia on Friday for the second day of a tour of the region.

"We're either close to a plateau, but then we'll drop, or we're in a phase — an inflection point — where it is going to increase, and I absolutely cannot tell," Nabarro told AFP during a stopover at Conakry airport en route to Monrovia.

He said he was determined to "ensure that every piece of our apparatus is at its optimum so it could deal possibly with a flare-up if that's necessary".

Nabarro is also due to visit Freetown, Conakry and Abuja in Nigeria during the trip, where he is tasked with revitalising the health sectors of Ebola-hit countries.

Authorities have been hampered in their fight against Ebola by the deaths of several top health officials and numerous frontline doctors to the virus.

However, two American missionaries who contracted Ebola while treating patients in Liberia and were taken to the US for treatment, have left hospital after making a full recovery.

Kent Brantly, 33, and Nancy Writebol, 60, were given experimental drugs before being



PHOTO | AFP

1,350

People killed in Ebola outbreak since March in Guinea, Liberia, Nigeria and Sierra Leone.

CRISIS

Supplies needed

UN Secretary-General Ban Ki-moon's special representative for Liberia, Karin Landgren, said West Africa was in urgent need of international medical personnel as well as basic supplies including chlorine, gloves and body bags.

"Health-care systems in the most affected countries were weak before the outbreak. Now they are overwhelmed," she said.

airlifted to a hospital in Atlanta where they were treated for the last three weeks.

Patients suffering from Ebola sit at the French NGO Medecins Sans Frontieres Elwa hospital in Monrovia, on Thursday. Liberia has seen the biggest toll among the four west African countries hit by Ebola, with 576 deaths from 972 diagnosed cases to date.

"The discharge from the hospital of both these patients poses no public health threat," said Bruce Ribner, director of Emory Hospital's Infectious Disease Unit.

Crematorium overflows

Liberia, which has seen the biggest toll in this epidemic with 576 deaths, has witnessed chaotic scenes in recent days following a surge in cases.

The Red Cross said the crematorium in Monrovia was struggling to deal with the dozens of bodies being brought in each day.

Workers were having to return corpses to a hospital in the city because they "did not have the capacity to cremate all the bodies", Fayah Tamba, the head of the charity's Liberian office, told a local radio station.

Her comments came a day after troops used tear gas to

disperse protesting crowds after President Ellen Johnson Sirleaf ordered a nighttime curfew and quarantine zone in Monrovia's West Point slum and Dolo Town, to the east of the capital.

Fear of the virus spreading to other continents has seen flights to the region cancelled, and authorities around the world have adopted measures to screen travellers arriving from affected nations.

Air France is one of the few airlines running daily routes to and from Sierra Leone. On a flight this week from Freetown to Paris, via the Guinean capital Conakry, fear of the virus was ubiquitous.

"I had to close my textile shop and return to China," said Wu Guo Gang, 60, on the flight with his wife.

"Many Chinese are leaving. If they stay, they may die," he added. (AFP)

“

We're either close to a plateau, but then we'll drop, or we're in a phase where it is going to increase,"

British doctor appointed by the UN David Nabarro

Botswana told to pay for foreign prisoners' HIV treatment

GABORONE, Friday

Botswana's High Court on Friday ordered the government to provide treatment to HIV-positive foreign prisoners at the State's expense.

Justice Bengbame Sechele ruled that the denial of anti-retroviral (ARV) treatment to foreign inmates violated

their rights.

Two Zimbabwean prisoners had sued the government for refusing to provide them with free ARVs, while providing them at no cost to Botswana citizens.

The Botswana Network on Ethics, Law and HIV/AIDS (Bonela) had supported the challenge against

government policy, saying it violated the prisoners' constitutional right to equality, dignity and non-discrimination.

Adequate funds

The High Court agreed, rejecting the government's claim that it did not have adequate funds to provide



UKRAINE ACCUSES RUSSIA OF 'INVASION' AS AID MOVES IN

Kiev accuses Moscow of invasion after aid convoy moves into territory. **Page 42**

Unidentified fever leaves 13 dead in DRC

KINSHASA, Friday

A haemorrhagic fever of unknown origin has killed 13 people in the northwestern Democratic Republic of Congo since August 11, a health ministry official said.

"All 13 people who have died suffered from a fever, diarrhoea, vomiting and, in a terminal stage, of vomiting a black matter," said Dr Felix Kabange Numbi. So far, about 80 people who came into contact with the deceased have been admitted to hospital.

80

People admitted to hospital after coming into contact with the victims.

But a WHO official and the medical charity Doctors Without Borders (MSF) said on Friday it was too soon to tell whether a haemorrhagic fever caused the deaths.

"Many died presenting haemorrhagic symptoms, but there is also serious malaria that can cause this type of symptom, or typhoid fever," a WHO official based in Kinshasa told AFP, asking not to be named.

"We're still waiting for biological confirmation to find out what kind of disease this is," said Amandine Colin of MSF, which has teams in the affected territory of Boende, in Equateur province. (AFP)

33 killed in crash near Egypt resort

CAIRO, Friday

A collision between two coaches servicing the Egyptian Red Sea resort of Sharm el-Sheikh killed 33 people on Friday, a health ministry official said.

Two Saudis and a Ukrainian woman were among 41 people injured in the accident, 50 kilometres (30 miles) from Sharm, the official said.

Egypt's authorities go to great lengths to insulate its coastal resorts from the unrest gripping the rest of the country.

But traffic accidents are common in a country where roads are often poorly maintained and traffic regulations are little enforced.

At least 17 people were killed when a bus ploughed into a truck south of Cairo last month. A crash in the Sinai killed 24 people in March. (AFP)

UNREST | Protesters in CAR accuse France



PHOTO | AFP

A crowd holds a poster reading "France, sower of genocide" as they take part in a protest against French military presence in front of the headquarters of the UN Multidimensional Integrated Stabilization Mission in the Central African Republic (Minusca) on Thursday in Bangui. Five people have been killed in fighting this week between armed militants and French peacekeepers.

LAWLESSNESS | Egyptian executed

Filmed killing done at Libya city stadium

Militant group Shura Council of Islamic Youth said to be responsible

TRIPOLI, Friday

An Islamist armed group carried out a videotaped execution of an Egyptian man in a football stadium in Libya, in what Amnesty said on Friday highlighted the country's descent into lawlessness.

The video of the execution in the eastern city of Derna was posted on social media websites, including YouTube.

Amnesty International said it was carried out on August 19, apparently by an extremist militant group, the Shura Council of Islamic Youth, in front of a crowd seated in the stadium.

"This unlawful killing realises the greatest fears of ordinary Libyans, who in parts of the country find themselves caught between ruthless armed groups and a failed state," said Hassiba Hadj Sahraoui, Amnesty International's Middle East and North Africa Deputy Director.

"Such acts can only lead to further human rights abuses in Derna, where residents have no recourse to state institutions and therefore no means to seek justice or effective protection from abuses," she added.

"The Libyan authorities, with

the support of the international community, must urgently address the breakdown of law and order that has persisted in Derna and elsewhere following the end of Colonel Gadhafi's rule."

In the video, the Egyptian, named as Mohamed Ahmed Mohamed, is brought into the stadium blindfolded on a truck.

He is forced to kneel and a statement is read out accusing him of killing a Libyan, Amnesty said.

A gun is then passed to an unmasked man wearing plainclothes, believed to be the brother of the dead Libyan, who then shoots the Egyptian from behind.

Since the fall of long-time dictator Muammar Gadhafi (below) in a Nato-backed 2011 uprising, interim authorities have failed to establish order and security in a country prone to anarchy and deadly violence.

They have been unable to restrain a large number of militias formed by ex-rebels who fought Gadhafi and who still hold sway across Libya. (AFP)



Top Vatican figure in row over child abuse comments

SYDNEY, Friday

Australia's leading Catholic cleric George Pell, a top Vatican official, came under fire on Friday after drawing an analogy between the church's response to child abuse and a trucking company.

Cardinal Pell, a former archbishop of both Melbourne and Sydney before taking up a high-powered job this year as

head of a new Vatican finance ministry, made the comments on Thursday.

He acknowledged to a Royal Commission into Institutional Responses to Child Sexual Abuse in Melbourne that the church had a moral obligation to the victims of paedophile priests. But he suggested that when it came to its legal responsibility, the actions of its priests were not necessarily

the fault of the church, citing the hypothetical example of a woman being molested by a truck driver.

Truck driver analogy

"If the truck driver picks up some lady and then molests her, I don't think it's appropriate, because it is contrary to the policy, for the ownership, the leadership of that company to be held respon-

sible," he said via video link from Rome.

"Similarly with the church and the head of any other organisation."

The comments outraged support groups, who said Pell was displaying a lack of compassion for victims.

"His comments were outrageous," Adults Surviving Child Abuse president Cathy Kezelman said. (AFP)

Celebrating INSURANCE EXCELLENCE 2014

The insurance industry not only provides a safety net to investments and individuals when they are in dire straits but it also employs a sizable population in Kenya.

The **Business Daily** and **Daily Nation** will publish a special feature on **Monday, August 26th 2014 and Wednesday, 28th August 2014** respectively to celebrate the achievements of the insurance industry. We will tell stories of your journey to excellence, determination and various awards, highlighting key achievements. This special feature aims to demonstrate your commitment to business excellence in your organisation and in the country in 2014.

To participate in this special feature kindly contact:

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DAILY NATION

BUSINESS DAILY

NAIROBI CITY COUNTY ASSEMBLY



NAIROBI CITY COUNTY ASSEMBLY SERVICE BOARD

TENDER NOTICE

The Nairobi City County Assembly Service Board invites sealed bids from competent bidders for the following tenders:-

NO	TENDER	DESCRIPTION
1	NCCASB/T/001(A) 2014-2015	PROPOSED ALTERATIONS, RENOVATIONS AND REMODELLING OF CONFERENCE HALL INTO NAIROBI CITY COUNTY ASSEMBLY - PHASE II
2	NCCASB/T/001(B) 2014-2015	SUPPLY, DELIVERY, INSTALLATION, TESTING AND COMMISSIONING OF MULTI MEDIA DIGITAL CONGRESS SYSTEM FOR NAIROBI CITY COUNTY ASSEMBLY

Interested bidders may obtain further information from and inspect tender documents at the procurement office, **Main City Hall Building 2nd Floor Room 277** during normal working hours. A complete set of tender documents may be obtained upon payment of a non-refundable cash fee of **Kenya Shillings One Thousand (Kshs.1,000/=)** in cash or Banker's cheque payable through **Co-operative Bank, City Hall Branch Account No. 01141232417500, Account Name Nairobi City County Assembly.**

All bids must be accompanied by a **BID BOND of 2%** of the tender prices. Completed tender documents should be enclosed in plain sealed envelope with the **Tender Number** and be deposited in the Tender Box, outside the procurement office, **Main City Hall Building 2nd floor Room 277** or if sent by post be addressed to:-

CLERK, NAIROBI CITY COUNTY ASSEMBLY
NAIROBI CITY COUNTY
P.O BOX 45844-00100
NAIROBI.

So as to reach him on or before **8th September 2014 at 12.00 noon**. Prices quoted should be net inclusive of all taxes in Kenya shillings and should remain valid for 120 days from the closing date of the tender. Tenders will be opened immediately thereafter in the presence of the candidate's representatives who choose to attend in the Board Room on 2nd Floor, Main City Hall Building.

CLERK OF THE ASSEMBLY/SECRETARY
NAIROBI CITY COUNTY ASSEMBLY SERVICE BOARD

MIDDLE LEVEL COLLEGES

DAILY NATION

Special Focus on September 2014 intake

The **Daily Nation**, Kenya's leading Daily Newspaper, will on **28th August, 2014** publish an informative feature on **September intake in Middle Level Colleges**.

The feature will focus on;

- Role of Technical training institutes
- Application Criteria
- Main courses offered
- Next intake
- Job market

To participate in this feature kindly contact;

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DEMO | Indian women protest minister's comment on rape case



CHANDAN KHANNA | AFP

All India Mahila Congress supporters burn an effigy of Indian Finance Minister Arun Jaitley in protest against his comment on rape in New Delhi on Friday. The father of a student who died after being gang-raped on a moving bus in New Delhi spoke of his anger on Friday after the senior minister referred to the infamous attack as a "small incident". Mr Jaitley said at a tourism conference on Thursday that "one small incident of rape in Delhi, advertised the world over, is enough to cost us millions of dollars in terms of lower tourism."

INTERVENTION | Moscow sends relief amid Kiev suspicion

Russian aid convoy 'invades' Ukraine

Some 70 trucks roll into restive territory despite the Red Cross declining to provide an escort

IZVARYNE, Friday

Ukraine accused Moscow of invading after Russia unilaterally sent the first part of its mammoth aid convoy into eastern Ukraine on Friday, warning against any attacks on the trucks.

Moscow described a week-long delay in allowing the vehicles across the border an "outrage" as it ordered the convoy into rebel-held territory, despite Red Cross officials refusing to provide an escort because of security concerns.

"This is a direct invasion," the head of Ukraine's security service, Valentyn Nalyvaychenko, was quoted by news agencies as saying.

As about 70 trucks rolled into the restive territory, Ukraine's foreign ministry warned that separatist fighters were shelling the convoy's possible route to the rebel bastion of Lugansk some 63 kilometres (40 miles) away and could be planning a "provocation".

Ukraine and Russia both said the other side was responsible for the convoy's security, and Russia's foreign ministry warned "against any attempts to disrupt a totally humanitarian mission".

Kiev condemned Moscow's

"deliberate and aggressive" move and said border guards were blocked from checking the contents of most of the white lorries.

Russia has been haggling with Ukraine over the convoy amid fears in Kiev and the West that the trucks could be used to bolster a flagging pro-Russian rebellion in the east or provide a pretext for Russia to send in troops.

Russia insists it just wants to get urgently needed assistance to residents in the stricken region who have been without water and electricity for weeks.

Moscow said it was ready to have Red Cross officials

TALKS

Leaders to meet next week

After four months of fighting that has cost some 2,200 lives, Ukrainian forces have been steadily gaining ground with the separatists now surrounded in several key strongholds and street battles starting in populated areas.

Analysts say Kiev and Moscow are both under pressure to strengthen their positions ahead of a meeting between Ukrainian President Petro Poroshenko and Russia's Vladimir Putin next Tuesday in Minsk where EU officials will also be present.

accompany the convoy, but the organisation said it had backed out of the operation because of fierce fighting raging in the area where the trucks are heading.

"We are not part of the convoy in any way," Victoria Zotikova, the Red Cross spokeswoman in Moscow, told AFP.

"We have not received sufficient security guarantees from the fighting parties," she said, adding that a small team of Red Cross officials in Luhansk reported heavy shelling overnight.

Border officials 'blocked'

Ukraine's border service said its officials were effectively "blocked" at the Russian checkpoint as the trucks crossed into Ukraine, violating all prior agreements.

Nearly 300 trucks driven by men in identical beige clothes had been waiting for the green light since arriving at the border over a week ago and there appeared to be progress on Thursday when Ukraine said its officials had started checking the convoy.

An AFP photographer at the scene near the border checkpoint between Russia's town of Donetsk and Ukraine's village of Izvaryne said over 70 trucks crossed into Ukraine, where they met an escort of rebels driving in minivans.

Meanwhile, in the southwestern outskirts of the largest rebel-held city of Donetsk, a separatist checkpoint was shelled on Friday by Ukrainian forces nearby. (AFP)

CONFLICT | European governments seek UN action to help end bloodshed

Four killed in Israeli attack on Gaza as Europe pushes for truce

Military said it struck around 20 targets overnight but did not give any details

GAZA CITY, Friday

Israeli air strikes killed four Palestinians in Gaza on Friday as European governments sought UN action to end more than six weeks of bloodshed.

Fighting flared anew on Tuesday as Egyptian-brokered truce efforts collapsed, with Israel insistent on its demand for security from rocket fire by Gaza militants, and Hamas defiant over its call for an end to eight years of Israeli blockade.

The death toll since July 8 now stands at at least 2,087 Palestinians dead, three-quarters of them civilians according to the UN, and 67 on the Israeli side, nearly all of them soldiers.

Iraq battles militants as US warns on jihadist threat

SULAIMANIYAH, Friday

Irqi forces battled militants northeast of Baghdad on Friday, as Washington said a powerful jihadist group was "beyond anything" it has seen and that operations in Syria may also be needed.

Pentagon chiefs warned of the dangers of the Islamic State (IS), a slick, well-funded operation powered by an "apocalyptic end of days" ideology, as the West reeled from the grisly execution of American journalist James Foley.

But despite the jihadists' threat to kill a second reporter if it does not halt air strikes, Washington confirmed it had again bombed the militants in northern Iraq.

Iraqi government troops and Kurdish forces launched an operation on Friday aimed at retaking the Jalawla area of Diyala province, northeast of the capital, from militants who seized it on August 11, officers said.

The operation came after Pentagon chiefs said that defeating IS, which spearheaded an offensive that overran swathes of Iraq, will require efforts across the region, including in neighbouring Syria, where the jihadists also control large areas.

"They marry ideology and a sophistication of strategic and tactical military prowess," Defence Secretary Chuck Hagel said of the "barbaric" militants.

"They are tremendously well funded. This is beyond anything we have seen." (AFP)

2,087

Palestinians killed since July 8, three-quarters being civilians.

“

Hamas leaders need to know that we shall not stop now"

Israeli finance minister Yair Lapid

Two men aged 22 and 24 were killed in a strike on Nusseirat refugee camp early on Friday, emergency services said.

Two more were killed in an air raid near neighbouring Deir al-Balah.

The Israeli military said it struck around 20 targets overnight but did not give details.

Israeli media said the government was seeking US diplomatic help to head off the European bid at the UN to end the violence, the deadliest since the 2005 end of the second Palestinian intifada or uprising.

Washington has wielded its veto powers at the UN Security Council repeatedly in the past on behalf of its Israeli ally.

But relations have been strained over the breakdown of US-brokered peace efforts and concerns over the scale of the civilian death toll in Gaza. The draft presented by Britain, France and Germany came after one submitted by Jordan on behalf of the Arab League had run into US opposition.

The European text urged an immediate and sustainable ceasefire, and a lifting of the Israeli blockade.

It proposed a mechanism to monitor the ceasefire and supervise the

movement of goods into Gaza to allay Israeli security concerns.

But as the diplomatic pressure for a ceasefire intensified, Israel showed no sign of ending its deadly campaign to halt rocket fire by Gaza militants.

The security cabinet authorised the call-up of up to 10,000 army reservists in a new troop rotation, Israeli media reported.

Finance Minister Yair Lapid threatened further deadly attacks on Hamas commanders after three leading militants were killed in a pre-dawn strike on Thursday.

"Hamas leaders need to know that we shall not stop now," he said in remarks broadcast on Friday by public radio.

"Each and every one of them—the political wing, the military wing, abroad or in Gaza itself—needs to know that he is a legitimate target for assassination as long as they continue... to threaten Israeli citizens," Lapid said. (AFP)

LETTER FROM AMERICA |
Randall Smith

Lessons US should learn from St Louis shooting

The shooting of a young black man by a white police officer in a St Louis suburb is a deeply disturbing event that has many lessons for a world that regularly wonders about the state of the American experiment.

We know these things from news reports: Michael Brown was shot eight times after being stopped by police. He was unarmed. His body was left on public display in the street for most of the day. The Ferguson community, where this happened, protested and was met by tear gas and rubber bullets from police who were armed for combat. Reporters were roughed up and arrested. President Obama has condemned the reactions of authorities there.

The first lesson is that racism is alive and well in America despite the fact that we have a black president. We see this scourge in the Twitter comments and in the vitriol of politicians and pundits. One conservative commentator said that Obama has sided again with blacks over whites, and wondered why Obama had not renamed the White House as the Black House.

The second lesson is everything is on display. From afar, you might not be accustomed to so much detail about a tragic situation. But the public feedback will hopefully help America to become a better society. We know that we'll never be perfect, but the main point is that we continue to learn from our mistakes. That is the point of a democracy and a free press.

Justice system

The third lesson is America has a system of justice. Next big development will likely occur in the fall when a decision is made about whether to charge the police officer, Darren Wilson. Attorney-General Eric Holder, who is black, will oversee the police investigation and the process.

The fourth lesson is there will always be criticism about America. Already, news organisations from abroad have been weighing in with the usual thoughts that America is on a downhill path. I have been particularly amused, because many of these news agencies originate from countries where public unrest is brutally smashed and there is no news coverage.

The final lesson is that this sad situation will likely occur again in America and the rest of the world.

The reason is the widening gap between rich and poor. This is not just an American phenomenon but an international problem. I've seen it first-hand in China, Guatemala, South Africa and India.

In Guatemala, the rich have built an entire walled city beside Guatemala City to protect themselves from the crime that is born inside desperately poor communities.

My theory is that a society without a middle class is doomed to fail. Yet, it is hard to convince the world that there is more to a society's bottom line than financial gain.

Scores missing as 40 die in Japan landslide



PHOTO | AFP

A vehicle is buried in mud on Friday after a landslide hit a residential area in Hiroshima, western Japan on Thursday. Thousands of rescuers combed through the wreckage of homes engulfed by landslides in the slim hope of finding survivors after a wall of mud claimed at least 39 lives.

TOKYO, Friday

The death toll from catastrophic landslides in western Japan could more than double, a police tally showed on Friday, as fears of a fresh collapse temporarily halted the search for 47 people still missing.

At least 40 people were killed and dozens of homes were destroyed when mountainsides gave way on the outskirts of Hiroshima before dawn on Wednesday, sending tonnes of mud, rocks and debris crashing into suburban communities.

Over 4,000 people have now been ordered to evacuate their homes as more rain pelted already soaked hillsides, adding to the misery caused by this week's record downpours.

Firefighters, police and soldiers were forced to suspend search efforts on Friday afternoon when the shape of the mountains appeared to change, heralding a possible new landslip.

"Operations in (two districts) were halted as mountains there were be-

“

We will continue our search all night long tonight as we are really fighting against time"

City official Hideyuki Okuda

coming misshapen," a Hiroshima police spokesman said.

Operations resumed later in the day.

"We will continue our search all night long tonight as we are really fighting against time," said Hideyuki Okuda, an official of the city's disaster management.

The suspension order came two days after a rescuer was killed when he was buried by a secondary landfall as he tried to carry a three-year-old boy to safety, following one of the worst mudslides in recent years.

The confirmed death toll ticked up to 40 on Friday, but the number of missing swelled from the initial single figures given two days earlier to 47. (AFP)

BUSINESS



NAKUMATT OPENS 50TH OUTLET IN ARUSHA

New store would be the fourth branch in Tanzania. **Page 46**

PROBE | Loans were incurred in the 1970s only for the farm inputs project to collapse before take-off

Treasury spent Sh644m on failed fertiliser factory debt

Audit shows State has been wiring millions of shillings to service a debt for a non-existent plant

BY MWANIKA WAHOME

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“

A total of Sh644.4m was incurred during the year on a project which did not take off.”

Auditor-General Edward Ouko



Bail us out, State company pleads

BY NATION CORRESPONDENT

The Agricultural Development Corporation has called for funding from the national government to boost its services and pay workers' dues.

"We lost about Sh300 million after our maize seed was destroyed by a storm and the maize lethal disease which has affected our production by 50 per cent," ADC managing director, Dr Andrew Tuimur, said at Namandala farm, in Trans Nzoia County.

The corporation would use the funds to address the plight of its workers who have unpaid dues as well as build houses for them.

"We are committed to modernising our activities which also include the improvement of our workers' environment in line with the labour requirements," he said at the launch of a staff eco-housing project

yesterday.

ADC has started producing seeds to supplement production by Kenya Seed Company.

"We have begun with HK 600-23A maize seed which has the capability of producing 68 bags per acre," Dr Tumur said.

Lack finance

ADC chairman Mr Toiyanga James added that the corporation had enough manpower and resources but lacked financial muscle to achieve its goals.

"We want ADC to get government funding to enable it achieve its functions as mandated. We will negotiate with the government to ensure this happens," area MP Dr Robert Pukose said.

The corporation has been the limelight after MPs decried poor working environment with calls on the government to solve the problem.

liser company. He said similar expenditure of Sh10,571,511,055 and Sh25,127,941,443 was incurred as external debt interest and external debt redemptions in the previous year.

N-Ren, a US firm entered into a joint venture with the government to set up Ken-Ren Chemical and Fertilisers Ltd in 1970s to make farm input for both domestic and export markets.

The entity signed financing agreements with Austrian and Belgian banks as well as suppliers, with the Kenya Government as guarantor. The suppliers — Coppee Lavalin of Belgium and Voest Alpine of Austria — did not deliver any equipment, "except for some crates whose contents were not verified," a parliamentary report said.

Ken-Ren went under

Three years later, the project collapsed and Ken-Ren went under.

The government, as the guarantor, started shouldering the debts which have been the subject of investigations and heated debates in Parliament.

Efforts to set up a fertiliser factory would later resurface with retired President Kibaki's regime carrying out a study on

HOW GOVERNMENT FOUND ITS WAY INTO A TOXIC DEBT

- American company, N-Ren, entered into a joint venture with the Kenya Government to set up Ken-Ren Chemical and Fertilisers Ltd in 1970s.
- Later, Ken-Ren signed financing deals with Austrian and Belgian banks as well as suppliers, with the government as guarantor.
- The suppliers — Coppee Lavalin of Belgium and Voest Alpine of Austria — did not deliver any equipment, "except for some crates whose contents were not verified," a parliamentary report said.
- Three years later, the project collapsed and Ken-Ren went under.
- The government, as the guarantor, then started shouldering the debts.

its viability. Kenya even hinted at going it alone after Uganda and Tanzania declined to support a joint venture.

In the latest plan, the government has settled on a privately-owned factory.

The need for a local company stems from constant complaints by farmers about the high cost of fertiliser.

Experts in the agriculture business, however, caution on the establishment of the factory, saying if it relies on imported raw

500,000

Tonnes of fertiliser used in Kenya per year compared to Uganda's 25,000 tonnes.

materials, then cutting costs of fertiliser may not be realised.

When Toyota Tsusho announced its intention to venture into making fertiliser in the country, the firm said the plan would significantly cut the cost of the farm input.

Lower cost

The discovery of oil in Kenya and gas in Tanzania has given impetus to set up of the plant in the country as the two minerals will lower the cost of production. Kenya has the highest fertiliser consumption rate in East Africa.

It is estimated that 500,000 tonnes are used every year in the country compared to Uganda's 25,000 tonnes.

NICHE MARKET | Tourist resorts provide demand



Mr Tobius Onyango weaves a papyrus chair at Dunga beach, in Kisumu County. The stylish chairs are popular at tourist hotels and resorts. A seven-seater chair goes for Sh20,000 while a swivel model attracts Sh5,000 each.

JACOB OWITI | NATION

City mobile parking system to stem losses in revenue

BY NATION CORRESPONDENT

Nairobi motorists will start paying parking fee using their mobile phones from September 1. This follows the introduction of an electronic payment system in the capital.

This is expected to cut revenue losses by 30 per cent as the county expects a net earning of Sh5 billion from parking fees this year.

It will be in the hands of the Nairobi County Information Communication Technology officials.

A trial run for the e-payment was to start on Monday, August 18, with motorists along Haile Selassie Avenue, but it was suspended under unclear circumstances.

Vehicle type

To access the service, motorists will dial *217#, select 'parking' and then enter the vehicle registration number. The system will ask for details such as daily parking or seasonal, zone such as CBD, Westlands, Industrial Area and whether the vehicle is a saloon, bus, trailer etc.

On completing the payment, motorists will receive a text message confirming receipt.

"The system is mandatory for all motorists within the county. It will boost government revenue from parking fee by 30 per cent," said deputy governor Jonathan Mueke.

Motorists have an alternative to pay through the county website, <http://epayments.nairobi.go.ke>, however, one has to open an account and register his/her details online.

Payments will be made via M-Pesa, Airtel, Visa, Mastercard, Kenswitch, Orange Money and YuCash. Other alternatives include Cooperative Bank and Co-op Kwa Jirani agents.

"We have been collecting about Sh2.2 million a day in parking fees. We expect this to increase as we seal all loopholes created by the manual system," Mr Mueke said.

Help motorists

County ICT director Benter Ogot said City Hall has registered 2,000 agents who will be helping motorists adjust to the new system.

"Payments will register immediately to avoid clumping of vehicles," Ms Ogot said.

Mr Danson Muchemi, chief executive of Webtribe, the IT company that developed the system, said that they had tested it and put in place a back-up system to avoid disruption.

REFORMS | Revenue collection will remain under taxman

Agency takes over all road roles from KRA

NTSA will start issuing duplicate log books as well as driving licenses as it assumes new functions

BY RAMENYA GIBENDI

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The National Transport and Safety Authority has taken over all road transport functions that were previously handled by Kenya Revenue Authority.

This implies that anyone applying for motor vehicle registration and/or licensing of public transport routes will visit NTSA office and not Times Tower.

In a joint newspaper notice yesterday, the two state agencies said NTSA will take over all the functions that were under KRA's road transport department.

The process started on July 1.

The transport authority now takes over a total of nine functions as part of the government efforts to streamline business in the transport industry.

Vehicle dealers

Among the roles are issuance of duplicate log books and driving licence, transfer of motor vehicle ownership, licensing of motor vehicle dealers besides issuing of permits to drivers and con-

ductors.

Other works are issuance of motor vehicles copy of records, licensing of driving schools and instructors.

KRA will, however, retain revenue collection roles related to the above services, according to the notice published yesterday.

Revenue collection

"Whereas the services have been moved to NTSA according to the NTSA Act, revenue collection pertaining the same will remain with KRA," read the notice.

NTSA on Thursday said all vehicles which are more than four years old will be required to undergo mandatory inspections from next year as an effort to eliminate unroadworthy cars from Kenyan roads.

The NTSA was created by an Act of Parliament to oversee all transport business in the country.

It was signed into law in October 2012 by former President Mwai Kibaki at the height of rampant road carnage in Kenya.

“

Whereas the services have been moved to NTSA according to the NTSA Act, revenue collection pertaining the same will remain with KRA.”

Notice



PHOTO | DPPS

Deputy President William Ruto (centre), Safaricom CEO Bob Collymore (left) and Agriculture Cabinet Secretary Felix Koskei during the Joyful Women Organisation thanksgiving dinner-cum-fundraising at Mr Ruto's Karen residence yesterday.

Cut interest rates, Ruto urges

Commercial banks and other lenders have been asked to cut interest rates to enable more Kenyans to borrow.

The current lending rates are prohibitive. They scare away potential borrowers, especially women, the youth and other vulnerable groups, Deputy President William Ruto said yesterday.

"Women and other groups should be given an opportunity to access cheap loans. I speak very passionately about interest rates and I hope banks can listen and make credit affordable," he said.

Mr Ruto made the remarks during Joyful Women Organisation thanks giving dinner-cum-fundraising held at his Karen residence.

He added that the sky-high borrowing charges had not only locked out borrowers and denied them an opportunity to expand

their business but was also stifling growth.

If the trend is not addressed, he noted, it may complicate government's efforts to fight poverty in the country.

"There are millions of people who have been locked out from exercising their potential because they cannot access credit to work with," he said.

Whereas corporates had the ability to negotiate for cheaper loans, individuals, especially the poor, were completely locked out because they lacked collateral.

Mr Ruto said efforts are in the pipeline to expand the financial market especially with institution that can offer cheaper loans citing Uwezo Fund that offers interest free loans to women, the youth and persons with disabilities. He said that the government will support organisations that are keen on transforming the financial industry. (DPPS)

NIC Bank seeks Sh3bn in cash call

BY NATION CORRESPONDENT

NIC Bank has opened its corporate bond seeking to raise Sh3 billion to help the lender meet Central Bank's regulatory capital requirements.

Bond issue is one of the capital-raising mechanism that NIC shareholders approved during its annual general meeting. They also gave nod to Sh2 billion rights issue.

In a note to the Nairobi Securities Exchange, the mid-tier bank said the minimum investment amount in the cash call is Sh100,000.

The bond issue is to close on September 3 and it has an interest rate return of 12.5 per cent per year, payable semi-annually over its five-year maturity period.

The last rights issue by NIC was in October 2012 and was oversubscribed by 238 per cent. It received Sh7 billion worth of applications against a target of Sh2 billion.

The lender is rushing to raise its capital base as the pressure to conform with

CBK guidelines weighs in. Its total capital stood at 12.52 per cent of total risk weighted assets by June — just 0.52 per cent — above the mandatory minimum of 12 per cent.

Starting January 2015, all banks are required to maintain the ratio at 14.5 per cent, a plan that has seen lenders device means of raising additional capital.

For instance, Barclays Bank of Kenya is borrowing Sh4 billion from its parent company in UK, Barclays Bank plc.

On its part, NIC has sought Sh4.4 billion loan from International Finance Corporation, the World Bank's private lending arm.

Grow capital

Rating agency Moody's said in a recent regional banking report that banks need to grow their capital bases in order to take advantage of economic growth in East Africa.

"While capital buffers held by individual banks far exceed minimum prudential requirements, the size and capital bases of the EAC banking sectors in absolute terms are small, limiting the extent to which banks can participate in the region's economic growth," it said.

The lender is rushing to raise its capital base as the pressure to conform with

Bank insures clients against card robbery

BY NATION CORRESPONDENT

Debit cardholders at Jamii Bora Bank will get insurance against losses associated with theft and ATM robbery.

The policy which the lender signed with Heritage Insurance, will also cover customers' emergency medical expenses, purchase protection as well as life.

"The nature of debit card renders it susceptible to risks that could lead to financial losses and as a value add to our customers, we have decided to mitigate that risk," Jamii Bora Bank chief executive, Mr Sam Kimani, said during signing of the deal.

"We will also cover our customers against loss of funds withdrawn anywhere in the world using the card during a robbery or hijacking subject to the incident being reported to the police and the bank within 24 hours of happening," he noted.

Debit cardholders will be reimbursed with replacement charges associated with lost or stolen cards for a value of Sh40,000 per incident with an annual limit of a similar amount.

Heritage Insurance boss, Mr Godfrey Kioi, said the insurer will also provide life and emergency first aid charges cover for the bank customers.

At the moment, the bank is issuing its customers the more secure pin-and-chip debit cards that are EMV compliant.



**KISII COUNTY GOVERNMENT
COUNTY ASSEMBLY**

INVITATION FOR VETTING BY COMMITTEE ON APPOINTMENT

Pursuant to the Provisions of the Constitution of Kenya 2010 Art.179 (2)(b), the County Government Act 2012, Sec 8(a) and the Public Appointments Act 2011, the Kisii County Assembly has received the name of Mr. Charles Barongo Nyakeri as a nominee to the Kisii County Service Board as a secretary to the Board. The County Assembly invites the public to attend the vetting process of the nominee by the Committee on Appointment as scheduled below:-

Date	Venue	Date
26 th August, 2014 Tuesday	Kegati	9.00 am
	Nyamache	2.00 pm
27 th August, 2014 Wednesday	Magenche	9.00 am
	Tabaka	2.00 pm
28 th August, 2014 Thursday	Rioma	9.00 am
	Riana	2.00 pm
29 th August, 2014 Friday	Culture hall	9.00 am

By copy of this Notice, members of Public with any representation regarding the above nominee can make submissions under oath and submit before the vetting date.

The nominee to bring the originals of his Identification, all Academic and professional Certificates and testimonials, Integrity documents and any other supporting documents.

Hon. Kerosi Ondieki
SPEAKER KISII COUNTY ASSEMBLY

12.5pc

Rate of return on NIC Bank bond issue.

EMPLOYMENT | About 80 people have been hired in new branch; company has a workforce of over 7,000 in the region

Nakumatt's 50th outlet opens in Arusha today

New shop brings to four the number of stores which the retail giant runs in Tanzania

BY ZEPHANIA UBWANI

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Kenya's retail chain, Nakumatt, will open its 50th outlet in Arusha, Tanzania, today.

The shop will be its fourth branch in the neighbouring country.

Located at TFA complex, the new store is one of the three outlets which belonged to South Africa's Shoprite in Tanzania but was later bought by Nakumatt.

"We expect the East African Community secretary-general to grace the opening," Nakumatt branch manager in Arusha, Mr Benson Olang, said.

Mr Olang added that at least 80 people have been hired by the retail giant. However, it wasn't clear if they included former workers of Shoprite which closed shop last June.

The new shop would operate between 8.30am and 8.30pm everyday.

Last month, Nakumatt opened a new branch in Dar es Salaam, its second store in the coastal city. Its Moshi shop was opened in 2011.

Mr Olang noted that at least 90 per cent of the goods to be sold in the supermarket would be sourced locally or



We expect the East African Community secretary-general to grace the opening."

Nakumatt Arusha branch boss Benson Olang

FILE | NATION

Workers at Nakumatt Mega Supermarket along Nairobi's Uhuru Highway. Just last month, the retail chain opened its 49th outlet in Dar es Salaam, in Tanzania.

100
Number of stores
which Nakumatt
plans to run
within the bloc
in the next five
years.

within the bloc where it caters for 200,000 customers daily and a staff of over 7,000.

According to Nakumatt managing director Atul Shah, the firm aims to run 100 stores within the region in the next five years, adding that expansion in Tanzania would create

1,000 new jobs. Already, the retail has presence in Uganda and Rwanda. Plans for Nakumatt to list on the Nairobi Securities Exchange and cross-list in the neighbouring countries within the next three years are under way.

The region's biggest retailer

valued at \$400 million, had indicated that it will sell a 25 per cent stake within the next six to 12 months to finance its growth plans.

The company enjoys an annual turnover of over \$650 million from its regional business.

NAIROBI SECURITIES EXCHANGE

Last 12 Mths	Security	Prices	Yesterday	Previous	Shares
High	Low				
Agricultural					
36.75	23.50	Eaagads Ord 1.25	31.50	30.75	100
180.00	81.00	Kakuzi Ord 5.00		170.00	
167.00	110.00	Kapchorua Tea Co Ord 5.00		133.00	
670.00	460.00	The Limuru Tea Co. Ord 20.00		670.00	
30.00	24.50	Rea Vipingo Plantations Ord 5.00		27.50	
19.95	12.80	Sasini Ltd Ord 1.00	14.50	14.70	79,800
320.00	210.00	Williamson Tea Kenya Ord 5.00		270.00	
Automobiles & Accessories					
50.00	21.50	Car & General (K) Ord 5.00	42.50	44.00	1,900
-	-	CMC Holdings Ord 0.50		13.50	
13.00	8.00	Marshalls (E.A.) Ord 5.00	9.60	9.60	300
9.40	4.50	Sameer Africa Ord 5.00	6.90	7.10	9,500
Banking					
19.15	15.30	Barclays Bank Ord 0.50	18.00	18.20	610,600
155.00	68.00	CFC Stanbic of Kenya Holdings Ord.5.00	123.00	123.00	25,100
280.00	166.00	Diamond Trust Bank Ord 4.00	259.00	259.00	46,100
50.00	29.50	Equity Bank Ord 0.50	45.75	45.75	597,400
51.00	23.75	Housing Finance Co Ord 5.00	44.75	44.50	468,600
147.00	85.00	I & M Holdings Ltd Ord 1.00	137.00	140.00	1,800
60.00	41.25	KCB Ord 1.00	57.00	57.00	539,400
39.25	18.60	NBK Ord 5.00	27.00	27.00	5,500
77.00	54.50	NIC Bank Ord 5.00	73.50	71.00	152,000
340.00	280.00	StandardChartered Ord 5.00	317.00	315.00	3,300
25.00	14.80	Co-op Bank of Kenya Ord 1.00	19.10	19.20	669,700
Commercial & Services					
8.00	3.55	Express Ord 5.00	6.00	6.25	200
-	-	Hutchings Biemeir Ord 5.00		20.25	
14.70	8.30	Kenya Airways Ord 5.00	9.25	9.40	223,300
18.00	5.00	Longhorn Kenya Ord 1.00	15.55	15.65	34,900
345.00	296.00	Nation Media Group Ord. 2.50	312.00	312.00	7,200
78.00	42.50	ScanGroup Ord. 1.00	44.75	45.00	31,900
36.50	25.00	Standard Group Ord 5.00	32.00	33.00	900
53.00	32.00	TPS EA (Serena) Ord 1.00	35.00	35.25	15,200
23.00	11.00	Uchumi Supermarket Ord 5.00	12.50	12.80	204,600
Construction & Allied					
98.50	70.00	ARM Cement Ord 1.00	84.00	83.00	273,000
220.00	170.00	BamburiCement Ord 5.00	170.00	170.00	164,800
107.00	60.00	Crown Paints Kenya Ord 5.00	100.00	103.00	1,200
18.00	13.50	E.A.Cables Ord 0.50	15.15	15.60	11,200
110.00	52.00	E.A.Portland Cement Ord 5.00	74.00	74.00	800
Energy & Petroleum					
17.90	8.70	KenGen Ord 2.50	11.05	10.95	150,600
10.50	7.90	KenolKobil Ltd Ord 0.05	8.10	8.05	35,296,200
16.00	12.85	KP&LC Ord 2.50	15.00	14.70	2,430,700
7.50	6.70	KP&LC 4% Pref 20.00		8.00	
-	-	KP&LC 7% Pref 20.00		5.50	
28.75	15.85	Total Kenya Ord 5.00	24.25	24.75	59,900
20.50	13.00	Umeme Ltd Ord 0.50	19.00	19.00	100
Insurance					
25.75	7.80	British American Investments Co.0.10	23.75	23.50	338,400
12.20	4.20	CIC Insurance Group Ord.1.00	8.60	8.95	345,200
424.00	255.00	Jubilee Holdings Ord 5.00	400.00	400.00	10,800
21.00	13.10	Kenya Re Corporation Ord 2.50	17.50	17.55	244,300
23.00	11.05	Liberty Kenya Holdings Ord 1.00	17.80	17.75	12,200
145.00	55.00	Pan Africa Insurance Ord 5.00	120.00	120.00	1,000
Investment					
50.50	22.75	Centum Investment Co Ord 0.50	46.50	46.75	57,200
6.40	3.50	Olympia Capital Holdings Ord 5.00	4.85	5.00	3,700
37.75	20.00	Trans-Century LtdOrd 0.50	22.00	22.00	7,200
Manufacturing & Allied					
		A.Baumann & Co. Ord 5.00		11.10	
190.00	113.00	B.O.C Kenya Ord 5.00	140.00	140.00	1,000
825.00	521.00	British American Tobacco Kenya Ord 10.00	806.00	801.00	4,300
67.50	26.00	Carbacid Investments Ord 5.00	26.25	26.75	166,800
346.00	212.00	East African Breweries Ord 2.00	290.00	292.00	393,400
4.00	2.40	Eveready EA Ord 1.00	3.10	2.95	94,800
12.60	4.40	Kenya Orchards Ord 5.00	12.60	11.50	100
4.20	2.00	Mumias Sugar Co. Ord 2.00	2.35	2.20	1,958,600
38.50	15.00	Unga Group Ord 5.00	33.00	33.25	1,900
Telecommunication & Technology					
13.40	7.45	Safaricom Ltd Ord. 0.05	12.75	12.75	30,159,100
Growth & Enterprise Market Segment (GEMS)					
17.50	3.20	Home Afrika Ltd Ord. 1.00	5.15	5.05	947,400
NSE All Share Index(NASI)-(1 Jan 2008=100 Down 0.15 points to close at 156.43					
NSE 20 Share Index Up 3.42 points to close at 5028.06 EquityTurnover-1,058,536,679 Prv-863,540,627					
BANK RATES					
		Euro	\$	£	C\$ SF IR JY ZR
BANK					
ABC	buy	116.85	88.20	146.24	- 96.50 1.45 84.82 8.21
	sell	117.16	88.40	146.62	- 96.77 1.46 85.06 8.27
Barclays	buy	117.15	88.25	146.23	80.60 96.73 1.45 84.92 8.23
	sell	117.59	88.45	146.74	80.93 97.16 1.46 85.28 8.27
Co-op	buy	117.24	88.25	146.36	80.71 96.86 1.45 85.05 7.97
	sell	117.52	88.45	146.71	80.93 97.11 1.46 85.29 8.25
Equity	buy	117.12	88.15	146.73	80.55 96.75 1.50 85.31 8.20
	sell	117.42	88.35	147.09	80.77 96.51 1.51 85.51 8.30
NBK	buy	116.93	88.00	145.97	80.48 96.59 1.45 84.81 8.22
	sell	117.71	88.60	146.95	81.08 97.28 1.46 85.43 8.29
KCB	buy	117.10	88.10	146.30	80.40 96.60 1.45 85.00 8.20
	sell	117.40	88.30	146	

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Te (051) 2215506, 2215740, 2211688

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Eldoret
Zion Mall,
Wing C, Tel: 0722 200 773
0719038950/1

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Email: thika.nationagency@mbambu.com

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Peter Angwenyi: 0722478171
Email: pemapservices@gmail.com

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Email: ndiungiagencies@yahoo.co.uk

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Pwani Plaza, 1st floor, opp. Uchumi Supermarket
Peter Kaluai: 0721405815
Email: isiolvideoden@yahoo.com

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Ushirika Bank House,
2nd Floor, Lucy Gitura: 0725608918

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Njabini Service Station
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Email: Njabinistation@gmail.com/njabini09@gmail.com

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Pinnacle News Agency: 0720922438.
Email: titusma57@yahoo.com

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A109 Lost

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and 3101

A116 Marriage

LOV partners 0707224959

A181 Beauty

0723408602 Breast firming Mombasa

0723408602 Hip booster Mombasa

0723408602 maximum big-size @1500

0723408602 men's max control@2000

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0723408602 Reduce pot Mombasa

ABASE Therapi Town 0704729862

Aromatherapy W/Wlan ds 0722542568

BEAUTI centre Manicure, pedicure at Westlands 0726-656450

CBD aromatherapy 0702181166

NEW Upperhill Aroma 0720-701703

PARKLANDS pedi 0722763034

ROYAL in Ngong rd 0700380821

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A202 Entertainment

BEAUTIFUL Dancers 2 Nite @ Club Elegance next 2 Shell Parklands Rd. Opp MP Shah Hospital.

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A230 Health

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MENS big size & confidence 0726272266
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for size. 100% guarantee 0722506355
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lovers, luck rings, chronic diseases.
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A279 Notices

PUBLIC NOTICE The physical Planning Act (Cap 286) CHANGE OF USER

The owner of plot 410 and share certificate
number 2194 Mwanamukia Housing
Corporative Society-Mwiki wishes to change
the use of his/her land from Single Dwelling
to Multi-Dwelling (Flats) Residential Use
subject to approval by the relevant authority.
Individuals, Organizations, Institutions etc with
objection to forward the same in writing within
fourteen days of this notice to:
The County Secretary
Nairobi City County
P. O. Box 30075-00100, NAIROBI.

A988 Dogs & Dog Training

DACHSHUND pups pure 0703343618

MONIKS gsd pups 0721375651

REG Male GSD Pups 0735447440

ROTWEILER pups 0711391811 Kim

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CEMENT Supplier needed by a
construction Company atleast 2000
bags monthly 072380070, 0727262448

B485 Business Services

LIVE EPL Updates SMS EPL 22384

B490 Computer Services

WEB Design 0720630319

B525 Financial

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- Ijua Kwa siku - Call 0716445625

GET a motorbike on loan - Flexible
repayment terms - Call 0705186048

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B827 Web Hosting/Design

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Parking available at Basement

Tel: 0733138136

A822 Computers

Laptop, iPad&Mac *repair 0721486136

SACCO software free WWW.LT.CO.KE

A871 Miscellaneous

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B324 Building

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@UPRUMYS Hotel Parkroad For accomm. single 600/= Meetings Conferences 0711154488, 0722511159

RABI-HOTEL, Ngara, Limuru rd. For accom. single 1200/= Conferences, meetings. Ample secured parking and Satelite TV 0721557367, 0722511159

A635 Groceries

French Beans and Garden peas capacity 3 tonnes per week negotiable price contact 0732622555 Or 0704914685 Mweiga nyeri

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HOTEL jobs avail 0720445882

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0710140142 Trailer Turnboys office asst & shop att rq Biva hse

165 Form 4 lvrs & above wanted in Tascan Mktng in Nairobi West. in sales promos, distrbn 7000 wkly free interviews & training 0714526654

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CARGO company rq driver t/boy 0701629923 worldwide mktg gill Hse

FOREST/Wdf Trainees 0773273594 NGO

HOTEL staff, sales agents, English teachers needed in Turkey 0202211032

JOBS at Lex hse 0706148192

QATAR taxi drivers, heavy n light drivers, security, waiter, waitress, kitchen crew, cleaners ,housekeeping, interviews next wk call..0725-063286

ST Annes Girls Sec School Nrb Lab Technician and Cateress required persons with additional skills will have an added advantage 0715296079 by 27/08/2014

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A Girls High Sch urgently needs a Headteacher and an Eng/ Lit teacher Call 0722821627

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B291 Men

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NZE, F/DER rqd 4 l/t hire 0721954678

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B077 For Sale, Dealers

ELDORET, Kericho, Western Kenya: buy/sell/import your car, pick-up & lorry. Ukerio Motors 0724019913

B085 For Sale, Private

Cheap/Instal@www.jonizwheelz.com

LOAN on cars 0711-433404

MATUSAT NPR 29 seaters KBW 3.8 KBU 3.1M FH 46 seater KBR 3.8M Call 0715-374623 owner

MAZDA 323 sln reg KBL 0722667019

N/B15 BE MNL 260K 0736 113 808

N/Wingroad BT v/c 420K 0720374992

Nissan B15, KBC , 2001, 072234 7763

RAV4 kbn 1.2m 0721592031

T/ALLION BT 1.8cc 640K 0789559746

T/NZE BT v/c 590K 0734233800

T/SHARK Matatu BE,AV 0731628197

TFLDER BZ 4W 1.030M 0722954658

TOYOTA 110 380k 0725539994

TOY/PROBOX KBW 490kshs v/clean owner 0733-320112 Albert

TOYPREMIO 475k 0733404705

T RAUM 1.5L white BZ 0727944431

VW jetta 07 black 0732871983

B103 Lorries for Sale

CANTER 4D35 KBB 1.6m 0722862425

B740 Land, Plots for Sale

I/8AC thika mang'u opp. scenic view @850k call 0726721055

21/2 acres at Karai on Nrb Nku H/way near Jamani Funeral Homes price 12m call 0721434625.

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Kitengela Olive Ostrich, 6km next to

Ostrich Farm Resort. 50x100= 495K

City Edge Along Bypass 50x100 = 355K

Nakuru Elementala 50x100 = 175K

Rumuruti Acreage 1 acre = 295,000

Malindi Acreage 1 acre = 140,000

Nanyuki Enai - 100x100 = 175K Ac 600K

Sagana 100x100 = 430K

Kitengela A & B 50x100 = 650K

Kisaju Acre 4km from Hwy = 2.6M

Konza Tech City. 14km from City = 220K

0722 585 473 0724 001889

INNERCORE

Prime plot 0702044675

ISINYA 40x80 @135k 0721634340

ISINYA Konza bypass 1/8 plots 450k

owner 0722515010

KABATI 1/4acre 1.5M 0714164283

Kagio Thumaita 2Ac 0722831688

KAREN 2br,3br,4br, 5br, 6br 0722491671

KATANI waumini phasel 1/8ac 800k

0712058459

KENOL plots owner 0722986484

KINOO prime plot 0722875594

KISERIAN 1,3 &5acres 0727476575

KITE 1/8ac v-prime 900k 0721605273

KITENGELA 1/8 ac Plots @450k

0711-167063, Vineyard Properties

KITENGELA 2ACRE 6M O.N.O

OVNER 0722608237 WITH TITLE

Mebly 40x80 1.7m 1/4a 5m 0722885302

NGINDA Samar 2ac 4m call: 0722668170

PLOT / hse Thika Ngorongoro

near tamac Rd 100x70' 7M, 0721721211

RUAI 0.5Acre corner 0720903187

RUAKA 1/4ac on tmac 0711327609

RUIRU Membley 50x100 4.5M

0725814173

RUNDA 0.5ac 38M 0722815135

SIX prime plots for sale at Kenya

Israel, Machakos town. 0770594064

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0722733773

THIKA Kabati 1/8acre plots with title

600k 0729804596

THIKA Kiganjo available houses for

rent spacious two bedroom hot

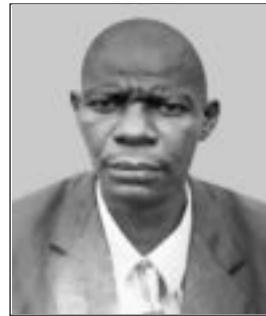
showers resting place withing open

</div

Death and Funeral Announcement

It's with humble acceptance of God's will that we announce the untimely death of Kelvin Omambia Okemwa. Husband of Pamela Nyaboke. Father of Putin, Samwel and Sandra. Son of Meshack Okemwa Manga and Fildha Mokeira. Naom Nyaboke and Late Peris Bochere and Penina Nyabonyi. Son-in-law of Mr & Mrs John Ndege. Brother of Trucillar, Doris, Zablon, Robert, Peter and Caleb of USA, Rachel, Hellen, Mary, Late Samwel, Kennedy, Nicholas, Leonard (IEBC), Sophie, Dennis (Rongo University), Jackline, Elijah (Africare), Phillip (PAU), Malachi (JKU). Brother in law of Janet, Josephine, Milka, Naom, Zipporah, Mellen, Asenath, Martha, Benta, Hellen, Choroke, Ezra (Kisii University), Henry (War Memorial), Albin, Cousin of Okengo, Col. Oyunge, Magangi (USA), Samuel Ombogo, Barongo, Eng. Ogendo, Robert among others. Uncle of Dr. Matangi (CS ICT), John (KNUT-Borabu). Brother-in-law of Samwel, Joseph and Mary.

He will be buried on Sunday 24/08/14 at his father's home at Chepngombe, Borabu, Nyamira County.



**Kelvin Omambia
Okemwa
1969-18/8/2014**

5th Anniversary

Daddy/Hubby, It's exactly five years since you left us... Little did we know, that morning God was going to call your name.

It broke our hearts to lose you, but you did not go alone for part of us went with you. We love and miss you much and it will never be the same without you Dad



**Philip Miriti
Nkonge (Kabuto)**

You left us peaceful memories: your love is still our guide. Your legacy still lives on. We wish you could see how beautiful, handsome we have grown. Baby girl, with smiling cheeks like yours, Son, a carbon copy of you. Our family chain is broken and nothing seems the same. We are encouraged by the book of Jeremiah 31:13

You are fondly remembered and missed by your wife Joyce, Children: Jeff and Tyrah, your sisters, friends, colleagues and all who knew and loved you.

1st Anniversary & Appreciation

It is now one year since you suddenly left us, though physically gone, in our hearts you will live forever. You are deeply missed and fondly remembered by your daughter Luiza, Daddy, Mummy, Sister R, brothers Hila and Sammy, relatives and friends.

The family of Mr. and Mrs. Edward L. Were would also like to take this opportunity to express our most heartfelt and immeasurable appreciation for the support and love received from all those who stood with us following the demise of our beloved Margaret Opwaka Were.

We particularly wish to thank Lavington United Church - Nairobi, Amalemba Church of God - Kakamega, Emulole Church of God - Khwiseri, The organizing committees (Nairobi, Kisa, Kima), JKUAT fraternity, relatives and friends.

Since it is not possible to thank each one of you individually, kindly accept this message as an expression of our sincere and deepest gratitude to each and every one of you. May the Lord bless you all abundantly.

Romans 14:8 – For if we live, we live to the Lord and if we die, we die to the Lord. So then whether we live or die, we belong to the Lord.



**Margaret
Opwaka Were**

IN LOVING MEMORY / 12TH ANNIVERSARY



**Annah Wandia Malu
Passed away on 23/08/02**

Fondly remembered by your children, grand-children, great grand-children, relatives and friends.

Death and Funeral Announcement

It is with humble acceptance of God's will that we announce the death of Evangeline Ithiru Marete Imaita who passed on Tuesday 19th August 2014, at PCEA Kikuyu Hospital, after a short illness.

Wife of the Late Felix Marete Imaita. Sister of Siriiba, Late Nguru, Jessica. Brother of Njagi, and Gasubana. Mother of late Nicolas Mutembei, Dr. Isaiah Gitonga Imaita, Susan Kathure, Late Joyce Muthinji, Late Julius Murithi, Benson Mwendwa and Winnie Kimathi. Mother-in-law of Nancy Imaita, Jacob Kimathi, Kagwiria Mwendwa. Grandmother of Karuiki, Njeru, Kimathi, Lewis, Julia, Koome, Mwendwa, Rozanne, Brian, Dennis, Nkirote, Edna, Kithinji, Koome. Great grandmother of Mutuma, Adreian and Kathure.

Meetings are taking place daily at Meru Safari Hotel from 5:30pm. In Nairobi there will be a meeting on Monday 25th August 2014, at PCEA St Andrews Church, from 5pm, to arrange for the burial.

The cortège leaves for Meru, early morning, Tuesday 26th August 2014 for burial at Karugwa Village, Marathi, Githongo.



**Evangeline Ithiru
Marete Imaita**

Celebration of a life well lived

We the family of Mzee Enos Nesbit Chokah (Nya-Kwar Omollo) regret to announce the untimely demise of Mama Margaret Rose Awuor Chokah on 13/08/14. Wife of Nesbit Enos Chokah Of Kanyalu. Mother of Joan, late Paula, Kissinger, Jimmy, Linda, Steve, Billy, Winnie. Grand-mom of Jefferson, Micheal, Jane, Philip, Shantel, Liz, Samuel, Joshua and late Aaron. Daughter of the late Mzee Joel Oluch Okal and Mama Rachel Oluch Okal of Nyakach Agoro. Uncle of Moses Okal. Sister of Grace, Jane Eluid, Joyce and the late Caroline, Edward, George, Dan, Rhoda, Dora, Andrew. Mother-in-law of Ben Ajia, Raphael, Nelly and Angela. Daughter-in-law of the late Mzee Ezra Chokah, late Goga, Ombija, late Lukio, late Truphena, late Washington Otula, late Yustino, late Grizon Ajowi, Shem Achiya, late Mama Miriam Chokah, late Ester, late Susla. Sister-in-law of Sam, Okeyo, Jared Allia, Walter, Christopher, Peter Otula, Zablon, Ezekiel, Oyare, Jonathan, Gideon, Margaret, Sophia, Leah, Hezron, Paul Otula, Isaiah, Elizabeth Florence, Mark Goga (USA), Judy, Christabel, Grace, Serfina, Eunice, Beldina, Hellen, Sarah, Peris, Isabel, Ruth and the late: (Lawi, Philip, Mboya, Damaris). Aunty of Lorna Bex, Patricia, Gilda, Jasper, Franklin, Vivian, Alan, Robert, Loise, Agwenge, Lorraine Clifford Arther, Petty, Rachel, Bruce, Lilian, Marry Anne, Vince Otis, Omosh, Akinyi, Tom, Johny, Mami, the late Justine. Friends and family are meeting daily at Chokah's residence from 6pm - 10pm in Old Donholm next to PEFA Church House number 349. There will be final fundraising to offset bills held at professional Centre on Wednesday 27th August at 5pm to 8pm in the second floor meeting room.



**Mama Margaret Rose
Awuor Chokah**

There will be a church service at Nairobi Central Maxwell on Thursday the 28th August at 12.00 noon. Thereafter the body will leave for the residence at Donhom to stay overnight then leave for home. Burial will be 31st August 2014 from 10.00am in Kanyalu East, Karachuonyo, District, Homa Bay County.

Contributions can be sent via Mpesa to 0720 482221 or 0713 629960



Jai Swaminarayan Death Announcement



Death has occurred of Pradipbhai Raojibhai Patel of Export Trading Group.

Son of Raojibhai Rambhai Patel & Shantaben Raojibhai Patel.

Son-in-law of Virchandbhai K Shah & Ujjamben Shah of Shah Saw Mills

Husband of Jyotiben Pradipbhai Patel.

Father of Birju Patel and Sarju Patel.

Father in law of Kavita Birju Patel.

Brother of Pramilaben Dineshbhai Patel of America. Maheshbhai Raojibhai Patel of Export Trading Group, Bharatbhai Raojibhai Patel of Vegpro Kenya Ltd.

Brother-in-law of Rupaben Maheshbhai Patel, Sejalben Bharatbhai Patel.

Uncle of Visha and Suraj Sengupta, Kesha and Neel Desai, Jai and Khushboo Patel, Disha, Nina, Vicky and Parin.

Funeral and prayer details will be communicated later.



**Pradipbhai Raojibhai Patel
22nd August 2014**

SATURDAY NATION Sport

NANJING YOUTH OLYMPIC GAMES | Mbithe also in women's second 800m final

Mutuku chases 400m gold

Youngster takes on Jamaican favourite Manley in final race is expected to yield Kenya's first medal in China

BY AYUMBA AYODI

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Kenya expects her first medal today at the ongoing Youth Olympics in Nanjing, China, when Ian Mutuku competes in men's 400m final 1.

Mutuku, who posted the sixth fastest time of 47.56secs during the qualification, will have to up his game in the final that has World Youth champion Martin Manley from Jamaica, who had the best time of 47.14 in the qualifiers. However, Mutuku boasts the second best time in the field of 46.67 with Manley favourite in the pack with 45.89. However, Kenya's Agnes Mbithe will feature in women's 800m final 2 but will not be in contention for a medal.

Yesterday, Winfred Mbithe position herself for a medal bracket performance when she finished second in women's 1,500m semi-final. Mbithe, who led through 400m and 800m, clocked 4min,22.57secs in a race won by Ethiopian Kokebe Tesfaye in personal best 4:21.87 after she took command at the 1200m mark. They all qualified for final 1 due Monday.

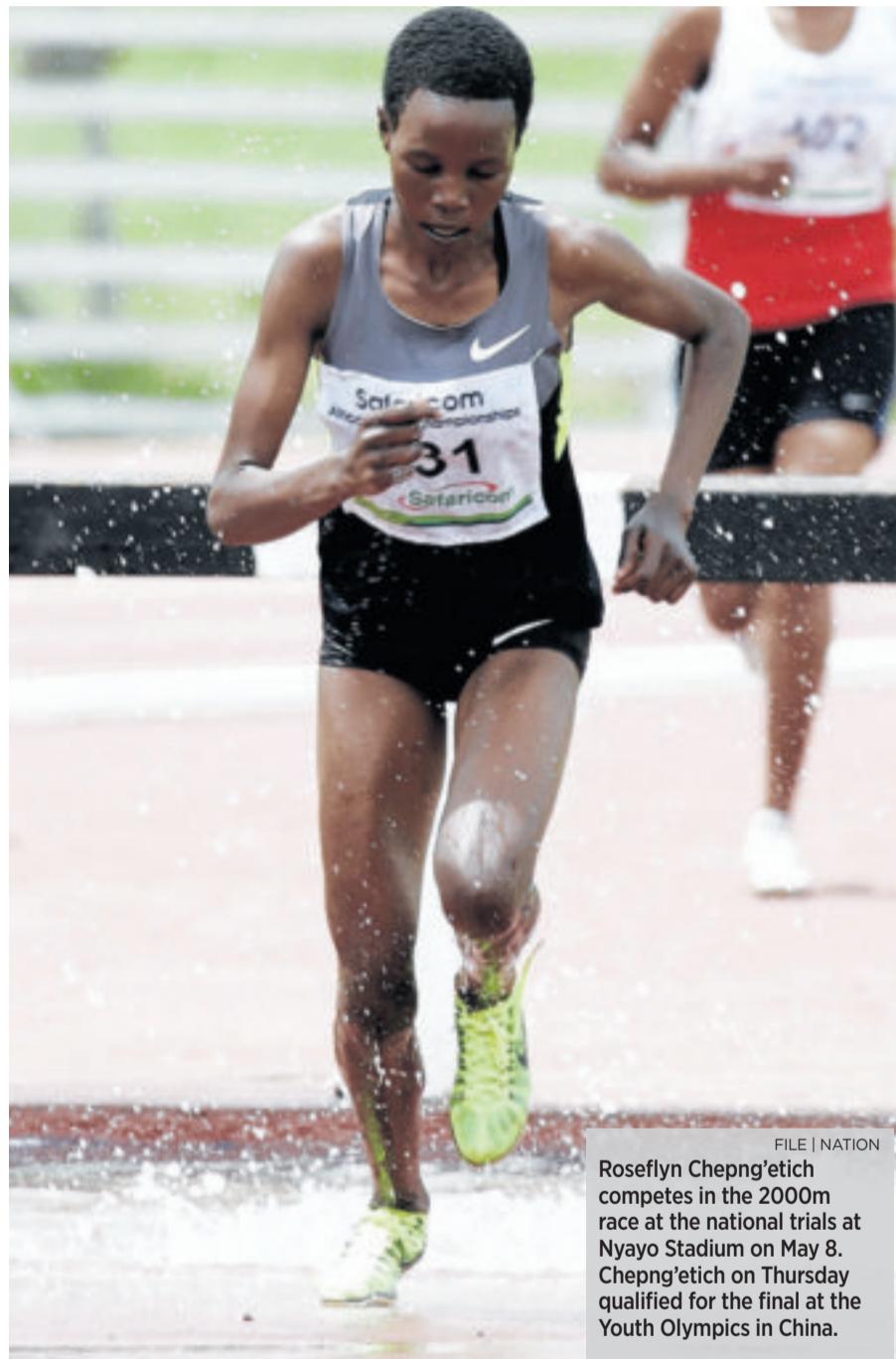
Konstanze Klosterhalfen from Germany timed 4:22.00 to win the first heat.

The battle looked tough for Kenyans Geoffrey Kipng'etich and Anthony Kiptoo as they failed to qualify for the final 1 of their respective events.

Kipng'etich failed to qualify for men's 400m hurdles final 1 when he finished fifth in his heat, clocking 53.10 to finish behind winner Zhihang Xu from China in 50.79. Kipng'etich's time put him ninth in the overall classification.

Kiptoo finished 13th in overall classification in men's 800m in a time of 1:52.55 after he came fourth in the third heat won by Uganda's Geoffrey Balimumiti (1:50.43). Myles Marshall from the USA posted the fastest time in the qualifying round, winning the first heat in 1:50.22.

Kenya's Roseline Chepny'etich reached the final of girls' 2000m on Thursday.



FILE | NATION
Roseflyn Chepny'etich competes in the 2000m race at the national trials at Nyayo Stadium on May 8. Chepny'etich on Thursday qualified for the final at the Youth Olympics in China.

KDF teams post mixed results in Military Games

BY AYUMBA AYODI

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Kenya Defence Forces teams continued to register mixed results in the East African Community Military Games going in Zanzibar.

Ulinzi Stars, skippered by Stephen Ocholla, yesterday launched their title defence in football with a 1-0 victory over arch rivals Uganda People's Defence Force (UPDF).

KDF, who are handball champions, also rallied from behind to force a 26-26 draw with Uganda before upping their game to edge out a bat-

tling Tanzania 26-20 in their second match.

KDF trailed 18-13 against Uganda at the drinks in the first half but managed to equalise in the second-half with just one minute left to the end of the match.

1-0

Ulinzi's win over UPDF in football in the East African Community Military Games

KDF's Senior Private Nicholas Ireri emerged the top scorer

in the game with nine goals while UPDF's Lance Corporal Mohammed Suleiman scored seven goals.

Ileri was again the man-of-the-match with 16 goals to his credit against Tanzania.

But KDF, who are the defending champions in all the disciplines except netball, lost their opening matches in netball and basketball yesterday.

They went down to Uganda 28-38 in netball before also losing to Burundi 41-45. The two teams were each on 20 baskets at the end of the first quarter but Burundi polished their act to go all the way for victory.

Senior private William Ochieng was KDF's highest scorer in the match with 14 baskets.

KDF will launch their title defence in men and women's cross country today. Veteran long distance runner Penina Arusei, who has represented Kenya in major international races, will lead the field in women's category.

Steeplechase specialist Abraham Chirchir and Kiplimo Kimutai who represented Kenya at the 2009 World Half Marathon in United Kingdom, finishing seventh, will battle it out in men's 12km race.



HAMILTON QUICKEST IN F1 PRACTICE

Lewis Hamilton topped the times ahead of his Mercedes team-mate Nico Rosberg in yesterday's twice red-flagged second free practice session ahead of tomorrow's Belgian Grand Prix. The 29-year-old Briton, who was second behind Rosberg in the morning session, clocked a best lap of one minute and 49.189 to finish clear at the top of the times.

Maseno gunning for regional rugby title

BY PHILIP ONYANGO
ponyango@ke.nationmedia.com
in Dar es Salaam

Maseno School have vowed to come back to Kenya with the East Africa Secondary Schools rugby title at this year's games in Dar es Salaam, Tanzania.

The games will officially begin tomorrow.

Maseno School rugby coach Gilbert John Onyango said the team must turn tables on Mumias in Dar es Salaam to ensure the rugby titles which has been dominated by Kakamega High School remained in Kenya.

Kakamega failed to qualify for this year's Term One games in Mombasa after St Peter's Mumias shocked them at the county level.

"We have worked hard in training. My boys have a sense of self belief that will ensure we win the title," Onyango said yesterday in Dar es Salaam.

Player Fanuel Aduda believes they have the capacity to win the regional title. The Form Two student, who was part of the Maseno team that won national rugby sevens title in June after beating Metropolitan region's Laiser Hill Academy in the final.

He said they had rectified the mistakes that saw them throw away a 10-0 lead to lose 13-10 to St Peter's Mumias in the national 15s final in Mombasa in April.

"The memories of that final game are still very clear in our minds and we have worked round the clock after the Term One games to seal all the gaping holes

that saw us concede easy tries in the last quarter of the game," he said.

Maseno School will be making their second appearance at the East Africa games having lost in the quarters in their maiden outing in Bujumbura in 2012.

Cautious approach

Coach Onyango, who will be deputised by Paul Onyango Nyamita, said they will not underrate any teams especially opposition from fast-improving Burundi and Uganda.

2012

Year Maseno School rugby made maiden appearance at the East Africa Games

Other players expected to lead Maseno to victory include Antony Odhiambo, Neville Otiende, Derrick Oncheku, Geruek Opiyo, Albert Ajwang, Kipng'etich Xavier, Author Simon, Brian Juma, Lessan Kiplangat, Sylvester Ogeto, Tony Kajala and Walter Okeyo.

Apart from the rugby team, Maseno will also represent the country in boys' hockey.

School principal Paul Otula said he would not be surprised if the team scooped a double at the regional games. Kenya has a contingent of 643 athletes.

Russian Grand Prix will be held in October as planned: Ecclestone

Formula One ringmaster Bernie Ecclestone yesterday said he had no doubt that this year's controversial inaugural Russian Grand Prix in Sochi will go ahead as planned in early October.

Speaking to reporters in the paddock at Belgian Grand Prix practice, the 83-year-old Briton said he and Formula One would respect their contract with the promoters. "We have a contract," he said.

"Our friends there are happy with the contract, we are happy. We will be there. If people have arguments with Russia, maybe they have, but we haven't got

any."Earlier this week, the International Motoring Federation (FIA) race director Charlie Whiting gave the Sochi Autodrome circuit the green light to stage the race from October 10-12. This came despite calls for F1 to boycott Russia because of the conflict in Crimea between pro-Russian separatists and Ukraine. Sanctions were imposed against Russia by Western allies, with Russia retaliating by banning food imports. Politicians have suggested that F1 makes a stand against Russia, but the sport has maintained it does not become involved with politics.

Trio to take up slots in junior team for Golf Tour at Muthaiga

BY LARRY NGALA
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The Junior Golf Foundation (JGF) has named three new players for Monday's first round singles of the inaugural Rapid Golf Tour event at the par-71 Muthaiga Golf Club.

JGF chairman Ashwin Gidoomal yesterday said Muthaiga's Mutahi Kibugu and Kellie Gachaga as well as Railway's Samuel Ndonga (left) will replace Nyali's Daniel Nduva, Adel Balala and Mathew Wahome in the squad.

Nduva will not be available for the tournament as well as the East Africa

Challenge Cup in Uganda while South Africa-based Balala is injured. Coast Open champion Wahome is off to South Africa for a school interview.

Full team

The full junior team will have Naomi Wafula, Tahir Mohammed, Agil Krishan Sarna, Mutahi Kibugu, Samuel Ndonga, Kush Mediratta and Kellie Gachaga.

They will meet the Uganda-bound national senior team and a strong professional selection. The tournament has attracted among other sponsors Huawei, Tribe Hotel and Heri Heights Apartments.

Meanwhile Kenya's junior team came third with only 10.5 points in the just-concluded Tri-Nations tournament in Namibia. They picked three points in the singles, two and half in the foursomes, two in the four ball better and three in the strokeplay. Zimbabwe won with 32 points, followed by hosts Namibia (11.5).

Weekend fixtures

Nyali

Today: AIG Insurance Golf Day; First Tee; 7:30 Bonanno G., MachariaN., Iku W.; 7:40 Fraser J., Gakuo G. N., Krijnen P.; 7:50 Fraser N., Popat R., Kim J.K., Grimwood U.; 8:00 Kaguta W., Dhutia J., Marshall I., Dhanji G.; 8:10 Sheikh R., Polo A., Jamal T., Swatton P.; 8:20 Hirani S., Odoo C., Mwige K., Mary K.; 8:30 Riley J., Cummings P., Zafar I., Nicholls L.; 8:40 Essa M. A., Gudka S., Miano E., Barnsley P.; 8:50 Mwangi P., Wahome Matt., Olouoch J., Kamau J.; 9:00 Nduva D., Osogo O., Wahome J., Wahome A.; 9:10 Mola

A., Wahome M., Barnsley C., Saeed F.; 12:00 Karuki M., Githinji M., Yobesh O., Bharat S.; 12:10 Ngeera E., Ndunda J., Bharat C., P.E.; 12:20 Maina P., Dhanji Al., De Silva T., Gachanja G.M.; 12:30 Carroll K., Malo J., Jayasinghe N., Kiama E.; 12:40 Tharao J., Stokes Jon., P.E., Odoo T.; 12:50 Rob M. G., Wanyama T., Patel Mahendra J., Mbura A., Gudka S., Popat A., Samji S.; 13:20 Samji A., Mughal A., Dhutia V., Alibhai R.; 13:30 Sheikh A. M., Valani A., Sheikh I., Lagousis F.; 13:40 Khaki G., Mbote W., Dhanji A., Munyao G.; 13:50 Saeed M., Mureithi B., Patel J.C., Munyao P.; 14:00 Makad D., Kaburu J.S., Muindi K., Karimi F.; Tenth Tee; 9:00 Jamal A., Wahome And.; 13:40 Rashid A., Stokes S., Shikely S. R.; 13:50 Rashid H., Rob K., Wachira G.; 14:00 Macharia P., Sanghavi M., Muchai L., Shah N.

Leisure Lodge

Today: CFC Stanbic/ SBG Securities Golf day; First Tee; 11:00 P. Mckenzie, S. Kamau, H. Kumar; 11:20 SBG x4; 12:00 P.Aurelio, S.Funk, A. Mike, U.Khanna; 1:30 S. Wentzel, J.Evans, F. Morby, R.Kownatzki; 14:00 M.Kumar, A.Haballa, C.Bush, W.Hostler; 1:50 S. Putzker, S. Carruthers, S. Kampa, F.Gualtieri; 2:00 S.Kampa, S. Gachui, E.N.Embua, George; 2:10 P.E. P.E., P.E.P.E.; Tenth Tee; 11:00; SBG x 4; 11:20 SBG x 4; 1:20, J. Nduge, J.Wamunyu; P.E. P.E.; 1:30 SBG x4; 1:40 SBG x 4; 1:50, W.Odhambo, P.E., N.Wambui, H.Kampa; 2:00 P. Kumbai, A.Kamau, A.R. Tunner, G. Kumar; 2:10 P.E. P.E.

DRIFTWOOD SEVENS | Bankers lead National Circuit with 44 points after Kabeberi, Dala legs

Amonde boost for champs KCB

Coach Olago hopes Kenya skipper will bolster squad as team begins title defence against Monks



CHRIS OMOLLO | NATION
KCB's Oliver Mang'eni (right) vies for the ball against Strathmore University's Adrian Opondo during semi-finals of Kabeberi Sevens tournament at Railway Club on August 3. KCB won 17-14.

BY AYUMBA AYODI
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Head coach Curtis Olago has drafted Kenya Sevens captain Andrew Amonde to his Kenya Commercial Bank (KCB) squad that will be out to defend the Safaricom Driftwood Sevens title in Mombasa this weekend.

Olago hopes to cash in on Amonde's experience to improve his team's performance in ball retention, especially in contact situations and movement.

The bankers, who lead the National Sevens Series with 44 points after winning the Kabeberi and Dala Sevens titles, are gunning for their third consecutive Driftwood crown.

KCB are in Pool A alongside Kenya Harlequin, Catholic Monks and Kenya College of Accountancy University. Amonde will be supported by Ken Moseti, Darwin Mukidza and Jacob Ojee as the bankers seek to uphold their good run at the coastal city. "Above all, Amonde should bring leadership into the team as we head to the most crucial stage of the Series," said Olago.

Amonde last featured for KCB last year when they won the Christie Sevens. "The only thing that worries me is that my colleagues have set

“

Amonde should bring leadership into the team as we head to the most crucial stage of the Series"

Curtis Olago, KCB coach

TODAY'S FIXTURES

10am: KCB v Catholic Monks; 10:18: Quins v KCA; 10:36 Homeboyz v Kisumu; 10:54 Nondescript v Thika; 11:12 Nakuru v Mwamba; 11:30 W.Bulls v Blakblad; 11:48 Impala v Daystar; 12:06 Strathmore v Kabras; 12:24 KCB v KCA; 12:42 Quins v Catholic; 1pm Homeboyz v Thika; 13:18 Nondescripts v Kisumu; 13:36 Nakuru v Blakblad; 13:54 W.Bulls v Mwamba; 14:12 Impala v Kabras; 14:30 Strathmore v Daystar; 14:48 Catholic v KCA; 15:06 Kisumu v Thika; 15:24 Mwamba vs. Blakblad; 15:42 Daystar v Kabras; 16:00 KCB v Quins; 16:18 Homeboyz v Nondescripts; 16:36 Nakuru v W.Bulls; 16:54 Impala v Strathmore.

high standards and I must fit in the well-oiled structure," he said.

Olago has also included former Kenya Sevens player Dennis "Ironman" Mwanja and Peter Mutai in his squad.

The bankers' biggest threat in the pool will come from Quins, who have experienced Kenya Sevens players Eden Agero, Kevin Keegan and Max Theuri in their ranks. They should be more lethal should Kenya Sevens players Felix Ayange and Patrice Agunda be called to boost the team.

Busy weekend as Eagle Wings set sights on league summit

WEEKEND FIXTURES

Today at Nyayo: KCA-U v Storms (9am), Safe Spaces v Eagle Wings (10:30am), Blazers v KAA (12pm), Thunder v Nairobi Aviation (2pm), Strathmore v Lions (4pm). **At Upper Hill:** Little Prince v Dankind Academy (10am), Umoja v Parklands Baptist (12pm), Barclays Bank v MKU Eldonet (2pm). **In Kakamega:** MKU Kakamega v World Hope (9am), Western Delight v Menonites (10:30am). **Tomorrow at Nyayo:** KCA-U v Strathmore (9am), Mennonites v Strathmore (12pm), Thunder v Terrorists (2pm), Equity Bank v KAA (4pm). **In Kisumu:** Lakeside v World Hope (1pm). **Nakuru:** Nkr Club v Nrb Aviation (12pm). **At Upper Hill:** Zetech v MKU Eldonet (10am), Umoja v Dankind Academy (12pm), Baraka Xtreme v Trailblazers (2pm), Parklands Baptist v Little Prince (4pm).

BY CAXTON APOLLO
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Eagle Wings are favourites to take over the leadership of the women's basketball Premier League when they play two crucial matches at Nyayo National Stadium this weekend.

After harvesting maximum four points last weekend, red-hot Eagle Wings will take on Safe Spaces today at 10:30am. Tomorrow, Eagle Wings will play Storms. Eagle Wings are

placed second on the 12-team standings with 24 points and victory in the two matches will propel them to the top with 28 points.

Last weekend, Eagle Wings whitewashed KCA-U 95-28 and beat Co-op Bank 46-44. Leaders Flames of the USIU-A, who are idle this weekend, have 26 points after winning all their 13 matches.

Before they face Eagle Wings tomorrow, Storms will play shaky KCA-U today from 9am.

In the men's Premier League, Thunder will look to Griffins Ligare for inspiration when they confront Nairobi Aviation College as Lions play Strathmore University and winless Blazers head to a daunting task against speedy Kenya Airports Authority.

At Nairobi's Upper Hill School, Dankind Academy are expected to stretch their leadership in men's Division One league when they play Little Prince.

Kongonis test for Sikh Union

BY RICHARD MWANGI
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Favourites Sikh Union host Kongonis in this weekend's matches of the Nairobi Provincial Cricket Association Super League.

Last Sunday, Sikh Union beat champions and archrivals Kanbis by a single wicket, with former national team skipper Collins Obuya top-scoring for Sikh Union with a century (101 runs). Obuya will be expected to spearhead batting attack for Sikh Union tomorrow with the support of Gurdeep Singh, Talaqdeep Singh, Gagadeep Singh and Nadeem Ahmed. Ahmed will lead bowling attack together with Obuya and Gurdeep.

Promising youngsters

Kongonis boast promising youngsters being groomed by David 'Maji' Waters who, at 57, is the oldest player taking part in the league. Waters was instrumental in nurturing Kenyan internationals Thomas Odoyo, Alex Obanda and Elijah Otieno.

Sir Ali Muslim Club will play Kanbis at Eastleigh Secondary School. Last Sunday, Sir Ali Muslim Club, coached by Odoyo, upset Stray Lions by two wickets. Kanbis are still licking their wounds and are expected to charge like wounded buffalos.

101

Runs Obuya scored for Sikh Union against Kanbis in NPCA last Sunday

Sir Ali's batting line-up will be led by Bilal Habib whose match-winning innings (unbeaten 40) gave the fans a cause to smile after a nail-biting finish.

Swamibapa, still struggling to rediscover their form of the 1990s when they were a force to reckon with, will host Cutchi Leva at the Nairobi Club in a game that they should easily win.

Swamibapa have experienced players like Morris Ouma, Lameck Onyango and Obanda. Premier Club, who are in the relegation zone, will play Lions at Peponi School, Ruiru.

Nairobi keep volleyball title

BY FRANCIS MUREITHI
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Nairobi County women's volleyball team retained the Kenya Inter-Counties Sports and Cultural Association (Kicosca) title for the second year running when they beat Uasin Gishu 3-0 (25-9, 25-11, 25-11) in the final at Afraha open grounds on Thursday.

Nairobi beat Kiambu 3-0 (25-2, 25-4, 25-10) to reach the final while Uasin Gishu hit Nyeri 3-1 (27-25, 25-15, 23-25, 25-18).

In the third play-offs Nyeri defeated Kiambu 3-0 (25-15, 25-4, 25-8).

Men's final saw Kiambu beat Nakuru 3-1 (23-25, 25-16, 25-8, 25-20) to take the title. Kiambu beat Nyeri 3-0 (25-11, 25-11, 25-13) to reach the final while Nakuru stopped Nairobi 3-2 (25-14, 25-22, 25-22, 25-20, 15-11).

In the third play offs Nyeri proved to hot to handle for Nairobi when they beat them 3-0 (25-19, 26-16, 25-13).

Kisumu lifted the netball crown after beating Nairobi 38-37 in a closely-contested final match.

Roy**Gachuhui**

Roy Gachuhui, a former Nation Media Group sports reporter, writes for The Content House. @contenthouseKE

In Kenya, we hire and fire via the media

It is President Moi who started it. For all the years of his rule, the 1pm KBC news broadcast came to be tool of great terror and hope for his civil servants – and prospective civil servants. That is when people got hired and fired without their prior knowledge

The subject of the peculiarity of Kenyans' habits has engaged us repeatedly since the late Wa-home Mutahi (Whispers) penned his book, *How to be a Kenyan* in 2001.

The peculiarities are many enough to fit a book of two or more volumes. There is one that has bothered me since the early days of former President Daniel arap Moi in 1978 and which I will hopefully find a credible explanation for by writing about it.

How do you go public with a job appointment for somebody without first consulting and obtaining the full agreement of that person?

Forget about how much it has been done and seemingly taken to be normal. I found it bizarre the first time I heard about it more than 30 years ago and still do. I have never been able to understand it, even a little bit. Whoever can make sense of this most Kenyan of official behaviour, kindly call me.

We now know that members of the "new" technical bench of Harambee Stars heard about their appointment for the first time like you and me – in a public announcement by their "employers". Let us for one minute forget that they have since not heard a word about it from the makers of that announcement; that is just compounding a situation that didn't make sense in the first place.

Listen to the purported Harambee Stars new coach, Mr Bobby Williamson: "As far as I am concerned, Adel (Amrouche) is still Harambee Stars

surprise. No follow-up call is made whatsoever. Therefore, there is no way of knowing that the terms of engagement will be acceptable to you. And you are still able to talk about your vision?

Suppose the terms, if and when they are finally put on the table, go something like this: Oooh, we don't have enough money, Oooh, we are trying to rope in some sponsors, Oooh, this position requires a patriotic Kenyan, Oooh, please understand that when things look up we shall not forget you, Oooh, we therefore want to interest you in working pro bono for us? That will be acceptable? I don't understand this at all, at all. And yet I am a Kenyan.



"

I last heard from these guys the day they announced my appointment (August 5) but we have never sat down to discuss anything"

Musa Otieno, former Harambee Stars captain

coach and it is therefore wrong for me to comment about the possibility of assuming his role. At the moment, I am still God Mahia's coach."

And this is what Musa Otieno, supposedly Williamson's assistant, had to say: "I last heard from these guys the day they announced my appointment (August 5) but we have never sat down to discuss anything."

Like the real Kenyan he is, Musa actually took his "appointment" seriously, incredible as this might seem to any reasonable person. In fact, he even used that most beloved of corporate words – "vision". He said: "I need to share with them a short-medium-and long term vision even as I wait for the paper work to be completed. At the moment, I have no association with the national team."

Only in Kenya can this sort of thing happen: An announcement made in public catches you by

You want to imagine that before offering anybody a job, if you have any modicum of respect for that person, you would first and foremost give the prospective appointee a call. Then you would lay all your cards on the table. There is every likelihood that the person might ask for some time to think about it. Responsible people usually would.

Such a person, having all the information that he or she needs, might wish to make some consultations with family members and friends. After all, the appointment will affect them, won't it? But all this counts for nothing. What exactly goes on in the mind of a person who goes public with an appointment without factoring all these considerations? Or factors them but doesn't care? What is the private opinion of such an employer of the prospective employee?

It is President Moi who started it. For all the years of his rule, the 1 pm KBC news broadcast came to be tool of great terror and hope for his civil servants – and prospective civil servants. That is when people got hired and fired without their prior knowledge. You could be deep in the countryside tending to your goats and then the farm hand comes breathless, awash in sweat:

"Congratulations, Mzee! Heh! God is great!" It would take a while for the re-

It was 36 years to the day the founding president of this country, Jomo Kenyatta, died yesterday. Among the last people he met before breathing his last in the small hours was Kenya's all-conquering team to the 1978 Commonwealth Games in Edmonton, Canada.

By the accounts of those who worked for him and knew him as a person, old President Kenyatta was loathe to show his frailties, even when they were obvious to those around him. He would thus push himself to the outer limits of his endurance. One of the consequences of this trait is that he attended to all public events listed in his diary, quite often contrary to his doctors' considered opinion.

He was in no physical shape to make the long, exhausting trip to Msambweni in Kwale and then meet Kenya's diplomats posted overseas and then meet its sports heroes, all in addition to a reunion with his family members, the last as it would turn out.

In his meeting with sportsmen, he tried to demonstrate that he was on top of his game. Stephen Muchoki, whom the President would award an MBS for his sterling exploits as Commonwealth and World champion in the light flyweight category, saw all this from the closest quarters. Actu-

Hiring and firing people in public without the decency of letting them know beforehand is a relic of by-gone era. It is incredible that it can take place in this day and age

cipient of the congratulations to learn that he was now a full cabinet minister. One newly appointed minister learnt of his appointment in a service station as he sat in a public bus in Nakuru. The bus was refuelling. Lowly passengers had the singular honour of riding in a bus with a full cabinet minister from Nakuru to Nairobi. They praised his humility.

The reverse was equally earth shaking: ministers and senior civil servants would be going about their official duties with gusto only to perceive a new sudden, depressed mood among their staff.

Hey, what's going on around here, they would ask. That is when the bravest among the staff would volunteer that the radio has just announced that you have been fired with immediate effect. By that time, practical junior staff in the know would already have taken off as if the sacked big man had suddenly been diagnosed with Ebola, plucking off the flag from the car as they went. It was traumatizing.

Hiring and firing people in public without the decency of letting them know beforehand is a relic of by-gone era. It is incredible that it can take place in this day and age. It is equally unbelievable that somebody would play along. But maybe there is something I don't know. I simply can't understand it.

ally, the President engaged him in a mock fight.

"The President was a very gracious host to us," Muchoki told me. "He entertained us to sumptuous lunch and spoke of how proud he was about the way we had represented Kenya. He pinned the MBS medals on the jacket lapels of Henry Rono and me. It was an extraordinary moment. As members of the contingent filed away after the ceremony, he sent for the two of us.

"We stood in awe in front of him surrounded by ministers, senior civil servants and the Commonwealth team delegation chiefs. He took out his *bakora* (walking stick) and raised it in a mock fight with me, saying he wanted to test just how good I was. I respectfully told him, 'No, no, Mzee, I don't fight like that.' Everybody laughed. The President appeared to be really enjoying himself."

Two days later, the Old Man was gone. Muchoki and his team mates were devastated. But there is something the President had promised them. When he called back the two, he had told his assembled ministers and other government big men: "I want each of these two to get eight of the best grade cattle my Government has on its farms *mara moja*! (Immediately!) And some goats should also be added

CONTINUED ON PAGE 53

Wanga fluffs penalty kick but El Merreikh through to final

BY ISAAC SWILA
iswila@ke.nationmedia.com
in Kigali

Allan Wanga's El Merreikh of Sudan qualified for the final of the Cecafa-Kagame Cup after beating Uganda's KCCA 3-0 in post match penalties after the two sides had remained deadlock 2-2 in 120 minutes of football.

KCCA failed to convert all their attempts from the spot with El Merreikh goalkeeper Salim Omar saving two. Omar was at hand again to convert the decisive third kick to add to Faisal Muosa and Balla

Gabril conversions that got the Sudanese side into tomorrow's final. Wanga missed his spot kick.

In normal time, the Ugandans were twice forced to rally from behind to take the match to extra time.

Mohamed Traore scored El Merreikh's first goal in the 33rd minute before Abdalat Abdalla added another in the 70th. KCCA replied through Tom Masiko and Brian Umonyi.

The match began on a high note with El Merreikh signalling their intent in the second minute when skipper Ahmed Elbasha found himself unmarked in the six-metre box but he could not convert the open chance.

With action concentrated in midfield it took the Sudanese side 27 minutes to find the opener after Mohamed Traore made the most of an assist from Abdallat Abdalla to fire home.

After the half time pep-talk, a resilient KCCA returned re-energized pressing the Sudanese harder into their last third and their efforts yielded fruits with an equalizer in the 50th minute. Masiko made a run down the right wing before unleashing an unstoppable drive from close range beating Omar.

The equalizer fired up the game the game as action swung from end-to-end with the Ugandans growing in confidence.

TUSKER PREMIER LEAGUE | Bandari host struggling City Stars, hot Stima face Chemelil away

Green Army on alert as rivals Sony visit City

Unsettled Gor Mahia face potentially volatile encounter at home to familiar opponents

BY CELLESTINE OILO
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Five Kenyan Premier League matches are on the cards this weekend but the pick of them is easily the enticing clash between Gor Mahia and Sony Sugar at City Stadium tomorrow.

And this has nothing to do with the fact that Gor Mahia are 13-time Kenya champions while Sony are just one-time title holders.

It all has to do with the recent intense rivalry between two sides that, ironically, draw their followers from the same fan base.

No-holds-barred

Last season was a no-holds-barred clash between the two, Gor winning the first leg on the field and the second leg in the board room after that match ended prematurely after hot heads either side of the divide invaded the pitch. Sony, who were made to play their season's home match against Gor at Afraha Stadium – and lost – will be buoyed by the recent IDCC decision to order a replay of their second leg tie with Leopards.

KPL had awarded the match to AFC after Sony declined to travel to Nakuru

to play insisting they game should be held at Awendo.

Sony coach Zedekiah Otieno has declared he is going for all three points but admits playing Gor will be a tough challenge.

The sugar miller will be without key player Victor Ademba, who is serving a suspension, and Sylvester Wanyama, who is bereaved.

"We have prepared very well. It is just unfortunate that we will be missing some players but we are well motivated especially after the KPL disciplinary committee listened to our appeal. I believe the boys will measure up," Otieno, a former Gor coach, told *Saturday Nation* Sport yesterday.

K'Ogalo coach Bobby Williamson could be handling the side for the last time on Sunday and will need to lift them up quickly from their Cecafa-Kagame Cup blues. Gor failed to win a single match in the tournament and were kicked out in the first round.

"We returned from Rwanda with vital lessons, and the whole team is focused on retaining the title," Williamson said. The partisan and vocal Green Army will be backing Gor all the way tomorrow.

WEEKEND FIXTURES

(Kick-off 3 pm)

Today: Bandari v City Stars (Mombasa County Stadium), Chemelil Sugar v Western Stima (Chemelil Sugar Sports Complex)

Tomorrow: Thika United v Nakuru Top Fry (Thika Stadium), Gor Mahia v Sony Sugar (City Stadium).



CHRIS OMOLLO | NATION

ACTION STATIONS. A member of the Green Army - Gor Mahia's ardent fans - urges his beloved team on during a Tusker Premier League fixture at Safaricom Stadium, Kasarani. Gor Mahia host Sony Sugar at City Stadium today in a top billed league match.

Kiongera strike gives bankers valuable win against KRA

BY CELLESTINE OILO
colilo@ke.nationmedia.com

An early goal by Simba SC-bound striker Paul Kiongera (**left**) yesterday helped KCB edge out an out of sorts KRA at the City Stadium.

The win enable the bankers climb above the relegating line for the first time in the second and gave them a spring as they turn attention to their crucial next game against Gor Mahia on Thursday.

Kiongera headed in Ray Murugi's cross in the 15th minute as the bankers recorded their fifth win of the season, while condemning KRA to their third straight loss.

The match began at high tempo with KCB the stronger team especially in the first half where Kiongera was outstanding and stretched the tax men's defense to breaking point.

He had a chance to bag a brace in the 33rd minute after he shook off defender Richard Mmboi but shot wide.

Former Gor Mahia defender Ivan Anguyo made three free kicks attempts that went over the bar.

The bankers continued to pile pressure on the tax men with Kiongera feeding Sula Bagala with a lovely cross one minute to the break, but he shot over the bar.

The second half saw the bankers sit back allowing KRA's Joseph Mulume and

Geoffrey Kataka a sniff of goal.

Rodgers Ochieng also got an opportunity to score for the tax men in the 60th minute through a free kick but he sent his effort wide.

Joseph Mulumbe headed out Anguyo's well taken free kick in the 75th minute while KCB's Raymond Murugi also wasted another free kick seven minutes later.

"I am very happy. This was a very difficult match. KRA have had quite a good run this season but I am happy they overcame the challenge," Coach Rishadi Shedu said.

This was to be Kiongera's last match as a KCB player but the striker said he will be around for two more matches.

The Kenyan way of hiring and firing

CONTINUED FROM PAGE 52

to those cows." This story has never been disputed. It has witnesses, some in high positions of government. Why did Kenyatta give them cows? Because it was very much like him to do so. He loved cows. There is no better insight into this aspect of his character than this excerpt from *Walking in Kenyatta Struggles* by Duncan Ndegwa, Kenya's first Head of the Public Service and Secretary to the Cabinet:

"Kenyatta the farmer kept cows at his Njiru farm on the outskirts of the city and, once in a while, his journey to the office from Gaturu was interrupted by his urge to see the cows. He supplied milk to the then Kenyatta College and the cheque he got for it was on occasions, a source of pride that he could not hide. "He would keep the cheque in his coat pocket for a long time and when the appropriate moment came, he took it out and displayed it with a sense of satisfaction and said, "Who says Kenyatta is not a farmer? Look at this. Is it not a cheque from my milk?" Like many others, that cheque had gone stale and the bank would be forced to issue a replacement."

1978

When Stephen Muchoki and Henry Rono - members of the Kenyan team to the Edmonton Commonwealth Games - received MBS awards from President Jomo Kenyatta just two days before the Head of State passed on

His gesture to Rono and Muchoki was thus something from the heart, probably the best thing he could think of giving the young men for their service to the country. But his order was never fulfilled. When Muchoki and Rono went to pursue it with the Ministry of Culture under which sports fell, Mr Darius Mbela, then the Permanent Secretary, barked at them: "Nyinyi sasa mmeanza kulete siasa!" (You people have now started bringing up politics!). Before they could say a word, they were out of his office - by order!

Today, Muchoki walks the streets of Nairobi in anonymous irrelevance. He is almost a destitute. The other week on NTV, Dr Hassan Wario, Cabinet Secretary for Sports, said that as soon as the Heroes Act becomes operational, people like Joe Kadenge, Mahmoud Abbas, Bobby Ogolla etc will get their just recognition as national heroes. Presumably, Stephen Muchoki will make the list - no other Kenyan boxer was ever world champion.

But how about doing the decent thing and fulfilling Old President Kenyatta's order that those two gentlemen be given eight of the best grade cows the Agricultural Development Corporation can raise, and some dairy goats to accompany them? Fulfilling a good wish, especially that of somebody who is gone, is a very proper thing to do. And it is far better to do this for living people than praising them when they are dead.



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demonstrated by last weekend's opening day defeat at home to Swansea

fears at Sunderland



PHOTO | AFP
Arsenal midfielder Santi Cazorla celebrates scoring against Manchester City during the FA Community Shield at Wembley Stadium on August 10. The Gunners tackle Everton today.

Cazorla seeks to open goal account today when Gunners tackle Everton at Goodison Park

London

Santi Cazorla wants to return to his scoring consistency of two seasons ago and strengthen Arsenal's challenge for honours this season.

The Spain midfielder struck seven goals last season and will hope to open his Premier League account this term when Arsene Wenger's side face Everton at Goodison Park today.

His goal return in the 2013/14 campaign was down on the 12 goals he scored during his first season at the club and, while Cazorla missed out in the narrow opening day win over Crystal Palace, he provided a reminder of his threat with Arsenal's first goal in the Community Shield win over Manchester City.

"Kicking off a new season in that fashion is always nice: winning a title and also helping by scoring a goal," Cazorla said. "That keeps your morale high. As I always say, my target is helping the

team with goals. "I hope to equal or beat my goalscoring tally from last season. That's something every player wants to achieve."

He added: "Hopefully, I'll help the team with many goals because that would be a signal that I can be useful. "My first season here was very good. I managed to beat my scoring record — which had been nine with Malaga — with 12 goals.

"Last season I wasn't so consistent because I struggled with ankle problems after an injury with Spain. For this reason I lacked consistency," Cazorla explained.

"But in the end we managed to win a title after so many years and hopefully this year I'll be able to give 100 percent physically and mentally in order to lift more trophies."

Mikel Arteta will miss out on the chance to face his former club after injuring his ankle during the goalless draw at Besiktas in this week's Champions League qualifier.

Wenger, the Gunners manager, must decide whether to restore Per Mertesacker to central defence or continue with 19-year-old Calum Chambers in the role. (AFP)

Conduct clause key to Balotelli's Liverpool move

CONTINUED FROM BACK PAGE

with Luis Suarez, the man Balotelli is set to replace, is in no mood for a repeat performance. Balotelli's two-and-a-half years with Manchester City prior to returning to Italy were overshadowed by his off-pitch antics, which included car crashes, setting fireworks off in his bathroom and an incident in which he threw a dart at a youth-team player.

He was regularly at loggerheads with then City boss Roberto Mancini and clashed with some team-mates while producing intermittent flashes of his undoubted star quality.



The Milan website reported that Balotelli had said his goodbyes to players and staff after training on Thursday morning, suggesting only personal terms remain to be finalised. If the deal goes through, his first match could be at his former club Manchester City, who pipped

Liverpool to the English title last season, on Monday.

Liverpool have yet to make any formal statement regarding Balotelli, but signing the striker would be consistent with their aim to land a top quality replacement for Suarez following the Uruguayan's World Cup biting disgrace and subsequent departure for Barcelona.

During Liverpool's tour of the United States earlier this month, Rodgers had appeared to close the door on a move for Balotelli, saying: "I can categorically tell you that he will not be coming to Liverpool." (AFP)

PREMIER LEAGUE STATS

2014/15 PLAYERS WITH THE MOST

Shots on target/total shots

Raheem Sterling	Liverpool	3	4
-----------------	-----------	---	---

Shots off target/total shots

Ricardo Vaz Te	West Ham	3	5
----------------	----------	---	---

Assists/chances created

Cesc Fàbregas	Chelsea	2	3
---------------	---------	---	---

Completed passes/total passes

Mikel Arteta	Arsenal	94	99
--------------	---------	----	----

Penalties scored/total penalties

Saido Berahino	WBA	1	1
----------------	-----	---	---

Fouls committed

Marouane Chamakh	Palace	11
------------------	--------	----

Saves made

Allan McGregor	Hull City	5
----------------	-----------	---

Interceptions

Patrick van Aanholt	S'land	8
---------------------	--------	---

2014/15 TEAMS WITH THE MOST

Shots on target/total shots

Queens Park Rangers	6	13
---------------------	---	----

Shots off target/total shots

West Ham United	10	14
-----------------	----	----

Goals/total shots

Chelsea	3	7
---------	---	---

Goals from corners/total corners

Manchester United	1	3
-------------------	---	---

Hit woodwork/total shots

Manchester United	1	10
-------------------	---	----

Fouls committed

Swansea	20
---------	----

Penalties conceded

WBA	1
-----	---

Yellow cards

Man City	5
----------	---

Red cards

Spurs	1
-------	---

TOP PLAYERS LIST

Chances created

Barton	6
--------	---

Alexis Sánchez	5
----------------	---

Matthew Taylor	4
----------------	---

Downing	3
---------	---

Cazorla	3
---------	---

Completed passes

Arteta	94
--------	----

Ramsey	91
--------	----

Calum Chambers	82
----------------	----

Tyler Blackett	82
----------------	----

Fàbregas	77
----------	----

Aerial duels won

Armand Traore	11
---------------	----

Pellè	10
-------	----

Smalling	7
----------	---

Pieters	7
---------	---

Skratel	7
---------	---

Completed take-ons

Eden Hazard	9
-------------	---

Cazorla	5
---------	---

Sterling	5
----------	---

Cabellá	4
---------	---

Januzaj	4
---------	---

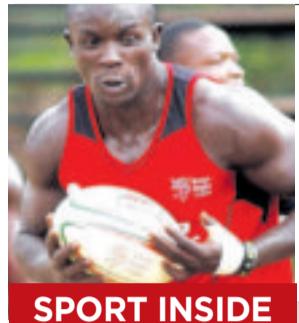
Fouls Committed

Chamakh	11
---------	----

Kouyaté	5
---------	---

Alexis Sánchez	5
</tbl

SATURDAY NATION



SPORT INSIDE

DRIFTWOOD 7S

BANKERS THE HOT FAVOURITES

Kenya captain Amonde returns to boost KCB in Mombasa. **PAGE 51**



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LAYING DOWN THE RULES | Lessons from Anfield

Liverpool's strategy to tame Balotelli, the Bad Boy of football

English giants have set out a code of conduct for the notoriously volatile Italy international to adhere to

London

Mario Balotelli will have to agree to Liverpool's code of conduct if his proposed \$27 million transfer from AC Milan is to be completed, according to reports in the British press yesterday.

Speculation over Balotelli's future intensified Thursday after AC Milan acknowledged the temperamental Italy striker was on his way out of the San Siro. Milan and Liverpool have agreed a fee to let the 24-year-old move to Anfield, media in England and Italy reported.

However, several British newspapers said the Merseyside club had held talks with Balotelli's agent, Mino Raiola, in Liverpool on Thursday where the terms for concluding the deal were laid out by the Anfield hierarchy. It would appear Liverpool manager Brendan Rodgers, having gone through a series of off-field crises

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MARIO'S CRAZIEST MOMENTS

- He tore off his shirt and stood there perfectly still while flexing after scoring at Euro 2012
- He got banned for three matches for getting too many red cards, after which his coach proclaimed he was finished with him for good in an epic rant (April 2012)
- He randomly showed up to a press conference in Italy where a coach was being introduced at an unrelated team, then left (March 2012)
- He was fined \$400,000 for going to a strip club two nights before a game (March 2012)
- He whipped out a "I love you Raffaella" (then girlfriend) shirt after scoring (February 2012)
- He stopped at a local high school, used the bathroom and left (January 2012). He also meandered around the school with some friends for 20 minutes, then left in his Bentley.
- He had a mock sword fight at a restaurant while violating club curfew (December 2011)
- He burned down his bathroom after shooting fireworks from his window (October 2011)
- He once got pulled over with \$25,000 sitting in the front seat (April 2011). The officer asked him why he had so much loose cash sitting on the seat. "Because I can," he told him.
- He was caught trespassing at a women's prison in Italy (October 2010)



In your copy of

The EastAfrican

► **MIDDLE CLASS MYTH EXPOSED:** Do you spend at least \$42,000 per year, or \$115 per day? If not, don't count yourself among members of the middle class -- a small club in East Africa, comprising only a few million households. The new statistics could dampen global investor appetite for the previously considered fast growing middle class market in the region.

ALSO IN THE EASTAFRICAN:

- Trouble for Kenyan exporters as region is time-barred on EPAs
- Museveni reaches out to both sides as Igad is criticised over failure to broker peace in South Sudan

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Research finds
millenials are
'generation nice'

Thanks to the 2008 economic crash, millennials know how fleeting wealth can be. Their solution? For many, it is to acquire not more, but less. Writes SAM TANENHAUS

TURN TO PAGE VI-VII

Look out for more of our incisive news and analysis of politics, culture, business and markets



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From the editor

This week Nation FM aired a discussion on women in the workplace, and whether they hold themselves back from career advancement because they put their families first. During the discussion, a well-respected Kenyan businesswoman was reported as saying that she felt sad that women would choose their children over career growth.

While I understand her point, I think it is important to consider today's career woman's situation in depth. The feminist movement has certainly made great strides in giving women the platform and opportunity to reach as high as their male counterparts. Women can now not just vote, but also open bank accounts without needing their husband's approval, own land and business, seek that promotion, become CEO and sit on the board of blue-chip companies. It is now law that women are adequately represented at government level, and women can now access loans to advance their ambitions thanks to special funds created just for them. Great strides on the global level.

But on the personal level, most women are almost 100 per cent responsible for the care and protection of their children. And we're not just talking about single mothers; lots of married women are married to men who feel too macho to consider the minute details of baby and child care, men who consider the home women's territory. And those are the good ones. Many, many women are married to irresponsible men who would sooner spend time with their boys and at work than with their babies, and lots of women are married to absentee husbands. For some reason, these men feel they have a 'choice'. Women do not explicitly have that 'choice'; when a baby is born, that baby is hers by default and his by decision.

If you are lucky enough to be married to a man who shares his part of the household duties, allowing you time to pursue your career ambitions, more power to you. Enjoy it. It is rare. But for the woman who has just given birth or is raising children below the age of 15, it is a serious balancing act that often requires restructuring of one's ambitions in order to accommodate one's responsibilities on the home front.

Of course, there are numerous other reasons why women feel held back – and we explore these on our main feature this week, revolving around the subject of salary negotiations and why women often sell themselves short. But my point here and now is this: if we are going to empower women even further, we need to start educating men about the value of picking up the slack on the home front. It's time for men to become part of the feminist movement.

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Faith wears a maroon jumpsuit from Fabguru. Silver geometric earrings, silver bangles and pewter necklace all from Mr Price.

inside

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p12 Dresses for success
p15 Can you choose your child's gender?

p20

EDITOR'S BAROMETER



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How to clean your walls



- Choose your paints well, depending on needs: Water based paints are not ideal for houses with small children, whereas vinyl paint will be easier to wipe down.
- Dust your walls regularly so that the dirt does not build up and streak.
- If yours is covered in non-washable wall paper, consider using a vacuum on a low setting over difficult spots.
- If your wall paper has grease stains on it, rub a balled-up piece of bread over the stain then brush with a soft-bristle brush to remove crumbs.

Click & stay in touch



FEEDBACK



Money does grow on trees!

Written By

Waceke Nduati

Omanga

Many of us have heard stories of people who have made millions of shillings and given us the credit to God. But we can't ignore the fact that there are many more stories of people who have lost their money due to lack of knowledge or lack of planning. If you are one of those people who have lost your money, it's important to take a step back and analyze what went wrong. It's also important to learn from others' mistakes. And people like Waceke Nduati are here to help. He has written an article on personal finance that is very informative and useful. I encourage everyone to read it and learn from his advice. It's never too late to start saving and investing.

Waceke's personal finance article was really informative. As humans, we tend to do things because others are doing them and we also lack patience in the investments we make. We forget that you cannot plant a seedling today and expect to harvest it tomorrow. It takes perseverance and great determination to get the yields. The billionaires we have today were once laying their foundation and have grown their way up to being who they are today.

Calvin Queens, via email

Money grows on trees

Last week's educative and informative article on financial matters refers. Waceke Nduati did point out that a normal tree can really give an inspiration on wealth creation. It reminds me of the proverb that one should cut his or her coat according to size lest one suffers financial frustration. In fact it is a well illustrative example that a tree has to take its maximum time before it can come to maturity and benefit people.

Every tree has its unique characteristics which makes it be. It depends also on who is looking at that particular tree; for instance a carpenter sees a nice wall unit, a sculptor sees a nice carving and a charcoal burner sees a lot of money from charcoal. When all these products are translated into monetary value it amounts to so much but one has to bear in mind that this particular tree has several stages before the final product. Similarly, in wealth creation one has to know the stage he or she is in whether a seed, seedling or a mature plant and that it's all tantamount to patience before the final gain. It is true money does grow on trees.

Franklin Mukembu, Kajuki-Nithi

The imposter syndrome

I enjoy reading Saturday magazine stories and I especially enjoyed reading last week's main feature on the imposter syndrome a phenomenon which prevents its victims from reaching their full potential. It can only be cured by self awareness and it's easier for those in stable relationships to involve their partners in the same. If you feel a deep sense of self doubt, I recommend; The secrets thoughts of successful women a book by Dr. Valarie young

a psychologist who has done extensive research and advocacy in self awareness.

Benjamin Kemboi,
Ruiru

Why should a woman undervalue or under-estimate herself? Why let self-doubt deter you from achieving your goals? Instead of letting other people's opinions derail you,



how about networking to boost your ego. Do not let the imposter syndrome be a stumbling block.

AlnashirWalji, via email

Show her some respect

I enjoyed reading Jackson Biko's article, Show her some respect. It isn't only bar waits who get disrespected but those in restaurants and cafes as well. It's impressive that these waiters get to recall so many orders at one go. For this we should be thankful to them and pardon the few errors they make. After all, they are only human.

Molly Saja, via email

Jackson Biko's article on male perspective was very educative. I hope men with this weakness go through it and learn the importance of every individual in the society regardless of what they do. It's very unfair to pick an excuse and blame alcohol.

Juma Felix, via email

Biko was spot on. I judge the men I date by how they treat waitresses. If a man is disrespectful I pay my share of the bill, tip the waitress and leave without a backward glance. Men who look down on these hard working women should man up! I always look forward to your articles. Keep up the good work.

Wanjiru Kagumba-kabui, via email

Last weekend's magazine refers and I must say that I like the content. I am not a drinker. As a matter of fact I have not recollection of the last time I was in a bar, but your description of what happens there, and the disrespect some people have for these ladies is disgusting. May be you could research on another group we highly disrespect: the Matatu crew. Most of us 'privileged' folk treat these guys as crap. No wonder they have become big headed as they develop a defense mechanism. If unchecked, this perennial disrespect behavior spills to our spouses, parents and even offices. I just hope your target audience is sober enough to read it.

Eric Musyoki, via email

Couples destined for divorce have daughters

I disagree with Joan Thatiah's story that couples with first born girls are more prone to divorce as compared to with first born boys. I personally think that the presence of girls has a calming effect and thus a couple with girls is more likely to stick together. But this research could have been based on the western countries whose first option to every marital issue is divorce.

Benjamin Toroitich, via email

Send your feedback to satmag@ke.nationmedia.com

TOXXX TALK

What the little details say about you

It should not come as a surprise to learn that your taste tells the world a lot about you. To discover the truth about this statement, simply spend a few minutes people watching. Closely observe people as they walk by and take note of their hair, clothes, and shoes, make-up, food, car and so forth. You will realise that you have learnt quite a lot by just taking in their personal tastes and preferences. Just imagine how much people can tell about you by observing you closely! Here are some of the things that say more than you can imagine.

Your shoes:

The old saying that you can tell a man's life story by looking at his shoes and watch also holds true for women. If you love a variety of shoes in all sorts of styles and colours, it means that you are outgoing, frivolous and happy-go-lucky. If you prefer

all your shoes in one colour, probably black, and in one design, mostly closed and simple, it could mean that you are the no-nonsense type. You like to just slip on your shoes and get moving with other tasks. You are most likely the kind of woman who saves most of her money.

Hair and make-up:

If you wear weaves all the time, meaning that nobody has actually seen you in your own hair for quite a while, if ever, it may mean that you are a perfectionist. You are the kind of woman who has to appear perfect, even if it means adding some enhancement to give that impression. If you dare not be seen without make-up, even by your nearest and dearest, it means that you are an idealist, not a realist. You like everything to be perfect without flaws and you will cover up all your less than perfect aspects to the extent that no one will ever

know that they exist. On the other hand, a woman who has no use for make-up and weaves is usually down to earth. Women who do not beautify or adorn themselves in any way, including not using lotion, tend to be more masculine than feminine.

Your hands:

Next to your face, your hands tell a lot about you. They tell your true age, no matter how much you may try to hide it. Well manicured nails give the impression of a woman who has time to take care of details. It could also indicate a high level of self-esteem. Rough, unkempt hands reveal a woman who is either too busy to find time to care, or one who is simply unconcerned with small things like broken nails and so forth.

- IRENE NJOROGE-KRISTIAN
(etiquette lecturer.)



FLAKES: KATE GETAO

The value of nutrition

When we were youngsters our parents were obsessed with vitamins. Someone had drummed it into their heads that if we did not ingest our daily, alphabetical quota, bad things would happen: Our teeth would fall out, our hair would radiate with rainbow-coloured tints, our legs would resemble a matched pair of parentheses and we would be unable to see beyond our noses. As a result, they not only stuffed us with various vitamin-rich foods (usually unpleasant-tasting ones such as spinach, carrots and potatoes) but every evening we were lined up to be dosed with vitamin-enhanced emulsions, syrups and oils. (Pity... now I have to go to a hairdresser and pay a fortune to achieve the rainbow effect on my crown!)

As a result of this family concentration on things nutritious or otherwise,

the younger generation spent quite some time speculating on the future of food. One day my brother sat

us down and explained that in a few years human beings would stop eating all together and rely on an intake of three balanced capsules ever day to provide all the nutrients they needed to live. My big sister supported him by saying that one day humans would evolve into creatures with very small bodies and large heads because robots would do all the work and human beings would only need intelligence in order to live. This bleak picture of the future of humans gave

me night-mares.

It is said that incomplete knowledge is dangerous. The evolution of human food, bodies and habits has developed very differently from the scenario anticipated by the early vitamin gurus. In the days when we believed that only the right nutrients were important we did not know the importance of fibre and bulk in the diet – otherwise called a lot of nutritional nothing whose only function is to push the rest of the food in the right direction! When we anticipated that a strong human body would be useless for everyday living in the world of mechanisation and automation, who knew that there would one day be a gym at every street corner and that the whole world would be trying to develop the cave person shape, or something as close to it as we can? As for the presentation of food, who could have predicted that entire television channels would be devoted to preparing as many different types of food as there are tastes and cultures? Nothing could be further from the vision of the food capsule as the gastronomy of the modern world.

Prophecy has never been easy as the 450 Biblical prophets of Baal and

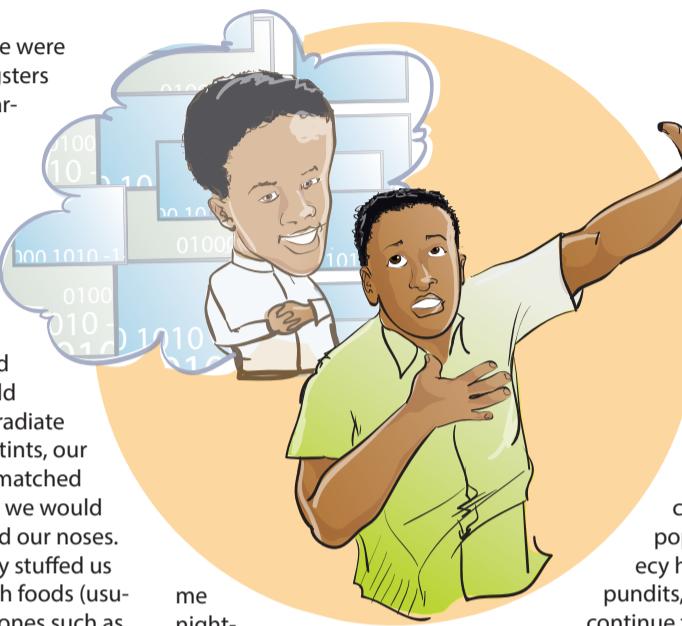
the 400 prophets of Asherah who were used to dining at Jezebel's table discovered. (Obviously Jezebel had quite a long table!) I guess they wish they could have discovered which countries were about to abolish capital punishment and arranged to move there before their prophecies were discovered to be false. However, now that capital punishment is losing popularity, the risks of prophecy have not deterred various pundits, especially economists, who continue to predict the future!

Well it's not exactly about prophecy but I found the following joke about choosing your future at www.thespri ngharvest.com:

Adam was moping in the Garden of Eden and God asked him, "What is wrong with you?"

Adam said he felt lonely. God offered to make Adam a woman for companionship. He said, "This person will gather food for you, cook for you and clean for you. She will always agree with every decision you make. She will bear your children and care for them night and day without your assistance. She will not complain and will always be the first to admit she was wrong when you've had a disagreement. She will never have a headache and will freely give you love and passion whenever you need it." Adam asked God, "What will a woman like this cost?" God replied, "An arm and a leg." Then Adam asked, "What can I get for a rib?"

The rest is history... Stay in the present this Saturday.



It is said that incomplete knowledge is dangerous

Send your feedback to satmag@ke.nationmedia.com

**DAY
IN THE
LIFE**

BY KINUTHIA MBURU

I try to change lives in small and big ways

By age 12, I knew that I would work at a non-governmental organisation, helping the less fortunate. I also dreamt of being one of the best public and motivational speakers in the country. Currently I promote reproductive health and rights among women and youth.

I do not have a 9-to-5 routine. My laptop is my office since most of my work happens online. I wake up at 6am and after breakfast, I allow my day to unfold, though I check my email. I am a member of the Youth Coalition for Sexual Reproduction Rights, an international organisation, where I offer advice and direction to reproductive rights advocates from different parts of the world.

Burnout from fieldwork is one of the major challenges I face, but knowing that I have changed a life somewhere keeps me going. Most recently, while attending a breakfast meeting at the Sarova Panafric Hotel, a young man came to our table and humbly said to me, "I am who I am because you changed my life a few years ago. Thank you!"

I wait till hunger pangs strike before having lunch, usually before 2pm. After that I head out to the field where I conduct counselling sessions in schools and colleges. I also take part in community initiatives, training and participate in strategic meetings.

My experiences in field and community work range from exciting to shocking. Recently, after returning home after coordinating a programme where we rehabilitate street children, I realised that I had lice on my clothes! A month later, I visited a school and the teacher brought me a collection of different drugs that were being abused by the students. On sitting down with them to talk, I found out that the reason many of them were doing drugs was because their parents at home were also using them. I am glad though, that many of them are on their way to recovery even as we attempt to reach out to their parents. I am working towards influencing better policy-making on issues relating to HIV/AIDS and drug abuse in rural areas. I am also working on my psychology degree, which I am about to complete. I have a heavy workload, but I often find time to unwind during the week, either by dancing with my friends or touring new places.



PHOTO | CHARLES KAMAU

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MAINFEATURE

Why are women paid less than men?

Joan Thatiah
explores
the reasons
why women
routinely find
themselves
in situations
where
their male
colleagues
make more
money than
they do

You have probably heard it said that a woman makes 77 cents for every dollar that a man does, a statistic that has become synonymous with the global wage discrepancy between the sexes. True, women have made huge strides in the labour market. We now have more of them graduating from university and heading large companies, but experts in the labour market say that the wage gap is very real. A dipstick survey of full-time working Kenyan women also shows that the woman believes she is lagging behind in terms of pay.

Does unequal pay mean unfair pay? Are the differences in wages legitimate and if yes, does that mean that a working woman is worth less? Historically, in the 60's and 70's women didn't take work outside of the home seriously. They took up secretarial jobs and other such supportive jobs and once they got married and began having babies, they stopped working altogether to focus on the home front. At a time when gender roles were so clearly defined, this made sense. In fact, when a woman worked, it was seen as her husband's inability to take care of her needs.

Maternal profiling

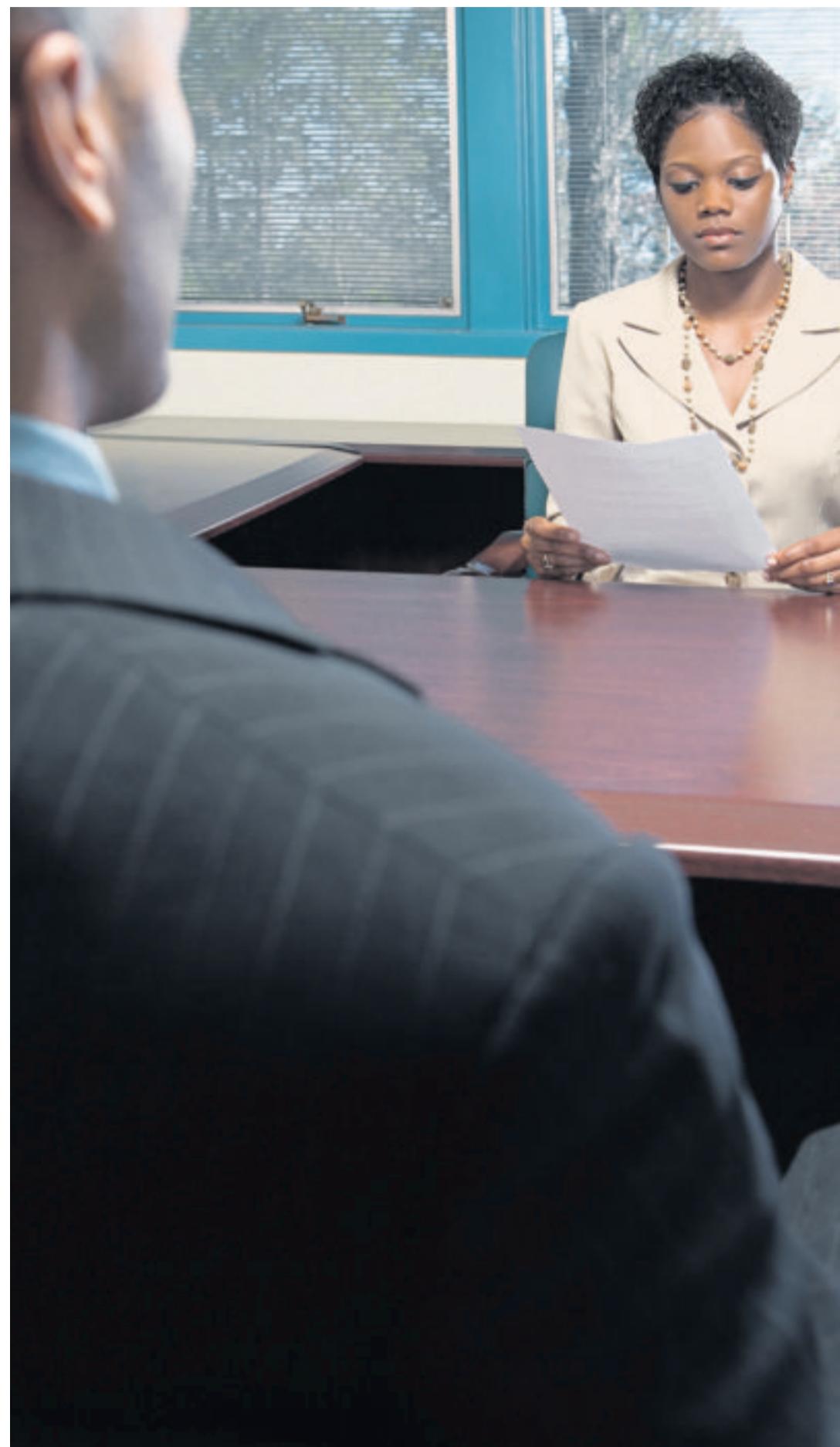
Times have changed and we now have many single mother homes, and even in two parent homes, we have a rise in the number of female breadwinners. Does this tired reasoning still prevail? Do women seem not to need the same amount of wages because they are assumed to be sharing the man's wages? Are employers oblivious of the fact that it takes two salaries to get by for the average family today and when women earn less everybody suffers? I pose this question to Beatrice Kilonzo, a human resources consultant.

According to her, the wage gap is real but it isn't as a result of discrimination, but lifestyle choices. Child birth is a huge factor. "Child bearing takes a woman out of the labour market and she comes back with less experience than males on the same levels as her," she explains.

Are women being punished for biological realities? The experts think so. There is truth in the claim that children changes women's priorities. This can only change if the society stopped looking at child care issues as just women's issues. For as long as she is the one expected to sacrifice career time to look after the children, she will have a hard time keeping up with her male colleagues.

Asking for more money

According to Jacob Ngari, CEO of Cannon Hygiene



Kenya, a local company that provides feminine hygiene products, a fresh male graduate will sometimes earn more than his female counterpart simply because he asks for more. Over the past or so decade, Ngari has been involved in the interview process while hiring his staff, most of whom are women. According to him, men are more likely to negotiate salary than women.

Many women react to getting hired by feeling grateful. While in this state of mind, or because she hasn't done any market research and isn't aware how much she is worth, she makes her very first mistake of accepting the first offer made to her, which usually is low.

"If you accept a low salary when you first enter the job market, you will spend the rest of your career trying to catch up. In your career, past pay usually determines future pay," he cautions.

Confidence gap

Psychologist Bernard Kiragu says that women are more likely to fall prey to self-doubt and baseless insecurities, which makes it difficult to ask for raises and higher entry salaries. This is referred to as the confidence gap, and Sheryl Sandberg in her now universal book Lean In, encourages women to set aside their fear of failure and instead trust their abilities to take leadership roles alongside their

male colleagues.

Kiragu, the psychologist, says that money is a topic that most women find hard to navigate because of how they have been socialised and also because of a woman's biological need to avoid conflict. Unfortunately, this isn't doing them any financial favours. If this wage gap is going to be bridged, then women need to learn how to negotiate.

Philippe Achieng, 29, just walked out of a marketing job in protest after she accidentally found out that a colleague of hers in a similar job position was earning Sh10,000 more than her. She asked for a raise, her employers refused so she quit.

"I am a single mother and I need so much more to make the ends meet than he does," she says.

Dorothy Mwenda, a human resources manager with a mid-level sized local

How should a woman negotiate for a salary increment? Plan for it. Know your worth. Anticipate your boss's questions.

advertising firm quickly points out that Philippe's most salient mistake in her salary negotiation is asking for the money she needs rather than the money she deserves. Instead of talking about her bills, she should have talked about her dedication to her job and the fact that she had been at the company longer than her colleague, meaning she had greater experience. Also, the fact that Philippe is now jobless, according to Dorothy, is proof that she didn't take some time to explore the market so as to keep her options open.

"A salary negotiation can go either way and it's easier to negotiate when you know you have other options that you can fall back on," she advises.

How should a woman negotiate for a salary increment? Before getting into it, plan for it. Know how much you are worth, get the facts, anticipate the questions your boss might raise and prepare your answers. The other area where women err is getting emotional and getting into gender politics. To get the results you desire, put together some evidence and back it up with your job performance. However you may be feeling

WHAT CAN WOMEN DO TO CREATE A LEVEL PLAYING FIELD FOR THEMSELVES?

While it's clear that the systems still need to be fixed and you might not single handedly manage to make institutions see family and child care differently, there are things you can do to give yourself better career prospects:

- If you are a mother, run a tight ship at home. Compartmentalise work and home and have a contingency plan at home should you need to take longer at work. This takes care of unpredictability at work which can be a career killer.
- Be prepared to deal with inequalities because they will not go away overnight.
- Ask for help with child care. It is okay to outsource at the home front.
- Do not take on extra work thinking that you will be rewarded for it. If you think you deserve better pay, ask for it. The question to ask yourself is, "Can I make more?" If yes, ask for it.
- When you find out that you earn less than a man for a similar post, rather than act like a victim, take positive action to better your position.
- Do not be embarrassed to talk about money.

inside, stick to the facts.

If you can't get a raise, be aware of other benefits that you can ask for like a more flexible schedule or extra vacation time. Be realistic in your demands; you are unlikely to get a raise if, for instance, you ask for it at a time when the company is downsizing.

Seeing as this wage gap all begins at your career foundation, when you are made an offer, however lucky you may be feeling to get the job, it is wise not to feel pressure to accept it immediately. Take your time.

"Going the extra mile will not guarantee that you're paid what you are worth. Instead of expecting and waiting for your employer to recognise your self worth, make it known," she counsels.



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 BARCLAYS

GIRLTALK

LIZZIE'S WORLD

WITH LIZ LUNDI

I shuffle my feet awkwardly and Phillip rubs his cheek while Mariam stands menacingly over me, demanding answers. But to confess why I did what I just did would be to hurt her immensely. So I am stuck.

"Liz!" Jo yells and pokes me in the arm with her finger. I had no idea she and Fatma were even standing next to us. "I can't believe you're about to ruin my wedding with your drama!"

"But I haven't..." I start. Then my voice breaks. For the first time in a long time, I feel truly sad; I am going to all these lengths to protect my girls and this is where I find myself. And there's a man in the middle of all this too, standing there acting all innocent as if he didn't cause this. I hate Phillip. In fact, right at this very moment, I hate all men.

"Liz you had better say something," Fatma says in that dangerous level tone of voice that says that some really dire consequence – like being excommunicated from the group – is about to take place. I sigh, shrug my shoulders, resign myself to my fate.

Just then, we hear footsteps coming up the mazeras walkway, and we all turn to look. It's Alex heading in our direction.

"Oh, there you all are," says cheerily. "Jo you'd better hurry back to the wedding, your husband's been looking for you everywhere," he says.

"Oh!" Jo looks like she's just remembered she has a husband – which very well may be what's happened seeing as she has only been a wife for a few hours. She turns to Fatma and grabs her hand. "Ok, let's go," she says.

Mariam tosses me a nasty look and then puts her arms around Phillip. "This discussion is not worth it," she sniffs as she leads him away, leaving me standing there with Alex, with his hands in his pocket and a cocky grin on his face.

"Just so you know, I saw what happened,"



ILLUSTRATION | JOSEPH NGARI

Slick moves

Liz is starting to get impressed by Alex's actions

he reports. I look up at him in horror.

"What do you mean you saw what happened?" I yelp.

"Well, I saw you walking towards us at the bar, I saw Phillip catch up with you, I saw him say something to you, I saw you slap him." I blush. I can't believe someone actually saw all that drama. "I actually came over to rescue you from the baying mob," he laughs. "But me, all I want to know is, why did you slap him?"

"Heh, you won't believe it," I say, and I proceed to tell him the details of our conversation.

"He sounds like such a creep," Alex frowns.

"I know, right?" I agree with him. "And my friend Mariam is falling for him. I don't know what to do about that," I shake my head sadly.

"I told you, you do nothing," Alex says, flicking the tip of my nose with his finger affectionately. "What I think you need is a shot of something. Let's go back to the bar."

"Before we go," I hold him by the arm and look him deep in the eye, "thank you for looking out for me." And for the first time all weekend, I give him a most genuine smile.

Alex smiles back and holds out a crooked

arm for me to take, and we walk back to the bar where he promptly orders me a shot of tequila.

"You're trying to get me drunk today," I point out. "I can tell."

"How can you tell?" he grins as he holds up his own glass, and we toast and down in one gulp. Then we survey the crowd. My eyes wander off to Mariam and Phillip, having fun on the dance floor once again, and I shake my head.

"Listen," Alex says, cupping my chin with his fingers and redirecting my attention back to him, "if you pay attention to what they are doing you will not have fun tonight, and that would be a shame."

I sigh and nod; Alex does have a point. Here I am, stewing, while the people I am stewing over are wrapped up in their own fun. I should focus on myself. I cock my head and take a look at Alex, and it's almost as if I am seeing him for the first time.

"You know, you're very different from what I thought you would be," I say.

"How do you mean?" he says.

"You're young, very good looking, rich... there must be tons of women chasing after you but you came alone and I haven't seen you flirting with anyone. Are you gay?"

He laughs a long, loud one. Then when he's done: "Just because I am not doing what Phillip is doing I must be gay? Is that what you are saying?" He does make an excellent point. "No, I don't like to waste my time flirting with women who I don't think are worth it."

"Well, I haven't seen you flirt with anyone at all so your standards must be pretty high," I say.

"They are," he murmurs. "I'm just disappointed that you haven't noticed me trying to flirt with you."

And that's when my knees get weak and my mouth goes dry.

RESEARCH CENTRE

BY KINUTHIA MBURU

Your revealing photos show you are incompetent

Many young women post lots of photos on social media pages, some more revealing than sexy. Apparently, the pressure to post a myriad of photographs is inspired by the pressure on younger women to show off as sexy and attractive. However, when these photos are viewed by older women, the younger women are seen as immature, less competent, less intelligent and unattractive. This is according to the results of a new study conducted by professors from University of California and University of Colorado.

Attention-seeking gimmicks

According to the research, these sexualised photos are seen by older women as an unintelligent attention-seeking gimmick. Says lead researcher Dr. Eileen Zurbriggen, a psychology professor at the University of California, Santa Cruz, "Not only do other older

women perceive younger women in non-sexualised photographs as more competent, but also see them as prettier and more desirable friends."

Fake Facebook accounts

The researchers assessed how women view a younger woman who presented on Facebook in both sexualised and non-sexualised contexts. The study included 58 young women and 60 older women. Professor Zurbriggen and Dr. Elizabeth Daniels, an assistant professor of psychology at the University of Colorado in Colorado Springs, created two fake Facebook profiles for a fictitious 20-year-old woman named Amanda Johnson. The profiles were practically identical except for the main profile photo. In the first photo, a young woman was seen wearing a low-cut red dress with a slit up one leg to mid-thigh and a visible

garter belt. She was perceived as less pretty, unattractive and incompetent. In the other, the same lady was seen wearing a pair of jeans, a short sleeved shirt, and a scarf around her neck that covered her chest.

The participants were then asked to evaluate the two photos and rate them based on physical attractiveness, social attractiveness and task competence on a scale of 1-7. In the scores, the lady in the non-sexualised photo was thought to be more likely to complete an assignment at work and more able to make a reliable friend than the persona in the sexualised picture. Also, sexualised younger women were considered less physically attractive, less socially attractive, and less competent to complete tasks. According to the researchers, the biggest disparity was in the area of competence.



GIRLTALK

WOMAN OF PASSION

WITH FELISTA WANGARI

In the hardware business

It was 2009 and Anne had just been voted the best manager in her bank's branch network worldwide. Having started out as a clerk in 1991 and risen steadily through the ranks, things could only get better. However, she wanted out. "It was a fulfilling and exciting job, but I had always wanted to start my own business and I felt it was time to leave banking," she recalls.

Anne also yearned to get away from her demanding job as the head of Small and Medium Enterprise, liabilities and transactional banking, and spend more time with her family. She wanted to bond with her children and attend their big days, things that were becoming increasingly harder to do.

Anne and her husband were already running a hardware shop in Sultan Hamud, started the previous year, but she wanted to start something of her own. She planned to open another hardware shop and bid for contracts to supply construction

"The only guarantee was my word that I would pay the loan in two weeks."

materials to institutions around the country. However, a chance meeting with a woman in the construction business at a friend's get-together lunch sparked her interest in construction too, since it would complement the hardware business. She registered Ansy Construction Limited and handed in her resignation. She then enrolled for a course at the Kenya Institute of Highways and Building Technology where she qualified as a contractor.

"I had management skills but I knew I needed to equip myself with skills to help me handle road projects effectively," she explains. However, getting road projects was challenging, especially because she did not have experience. "To work around this, I took smaller jobs that were within my reach and I was always candid with the technical staff. I would tell them: I have never done this before, so I'll need you to hold my hand, and they helped me."

Trust as security

In between road projects, Anne made do with supplying hardware and building materials to various institutions. She recalls the day when she got her first big order worth about Sh4 million. She needed at least half of the amount to start with, yet she did not even have 10 per cent of it. She knew that she was pushing her luck asking for a loan for a start-up and as expected the bank declined her request.

"Before I resigned, there was a friend I had told that my biggest fears were about lack of capital and she had told me that capital was the last thing I needed in

Anne Muthusi is the director of Ansy Enterprises and Ansy Construction offering hardware, building materials and road construction services.

By Felista Wangari



PHOTO | BILLY MUTAI

business," she says.

Anne called this friend, told her about her current predicament, reminded her what she had said about capital and asked if she could lend her half of the money she needed for the project. "My friend did not have the money, but she referred me to her friend, who wrote me a cheque worth Sh1.3 million shillings without signing any documents. The only guarantee was my word that I would pay her in two weeks when I was paid."

Anne shares that building this kind of trust with various suppliers also helped her build her business even though she had little capital at the beginning and got orders that were beyond what she could afford.

"Any time I got an order I was able to get the goods from a supplier without signing any document and with only the understanding that I would pay later. They trusted me when I had nothing, and

because of their trust I was able to build my business," she says.

Even though she was able to deal with capital challenges, Anne had to grapple with working in an industry often associated with corruption and shortcuts. "Yes, there are times when people will solicit bribes from you to give you contracts, but I don't do it and that has not driven me out of business."

"It depends on how you position yourself. Define your values upfront and people will work with that. I can give a token of appreciation where people have really assisted me in something, but never a bribe. I always insist on business above board; if you take shortcuts, it will eventually catch up with you."

Last year, four years after her resignation, Anne finally opened a hardware shop at the City Stadium roundabout in Nairobi. Anne has also handled a couple of road projects in Makueni, Kitui and Marakwet. She plans

HOW SHE DID IT:

- Anchor your goals to God in prayer.
- Believe in yourself and you will achieve your potential.
- Get some business management skills: learn how to handle finances, customer service, branding, and how different environments affect your business.
- Differentiate yourself through customer service. Aim to go the extra mile.
- Focus on the strengths of your staff and tap the good in them; they will do a lot more than you can ever imagine.
- Resilience – things will get tough, but hang in there. Change strategy, but don't quit.

to open more hardware shops and employ over 100 people in future.

"I feel a great sense of achievement; I believe that there are bigger deals and challenges ahead with major road projects."

MALE PERSPECTIVE

MANTALK WITH JACKSON BIKO

Facebook has gone ham. Forget the rabid tribal diatribes; there is something worse going on. It's people running their relationships on Facebook. Literally. Facebook has become this large stage on which couples show the world what they want you to see of their glorious relationships. A friend who is newly "dating" was tagged by his girlfriend of four months as being in a "relationship", which meant everybody in the world (his Facebook friends, rather) woke up to the message on their notifications that "Christine is now in a relationship with Felix." Let's just say that he didn't exactly share in her enthusiasm. He didn't even think they were in a relationship to begin with. It was headed there, yes, but now he had little choice but embrace this new status quo. He had half the mind to ask her to remove it, but then she was going to ask, "Why?" which was going to open the biggest Pandora's box this August. So he let it be; nobody argues with the declarations of Facebook.

Knowing exes

What is it with some ladies who feel that they have to loudly announce their relationships online? Those who see it fit to give a blow by blow account of just how glorious (or not so) their relationships are, and in the process, drag a whole bunch of hapless chaps down this road of grand exhibition? I frequently scroll down my timeline and there they are, proclaiming to be happy or sad. In fact, I can tell the mood of some of my friends on Facebook by just reading their women's status updates. If I read something like: "Man might have discovered fire but women know how to play with it" or "One of my main regrets in life is to give considerable thought to inconsiderate people" I won't even bother calling him up to ask how they are doing.

I suspect the couples who are loudest on social media have bigger issues than it seems

There are scores of women on Facebook who meet a man and immediately start updating their profiles with tons of pictures with their new catch. The new man is glorified as the king. Her photo-album (now wiped clean of the guy who was the king only seven months ago) is full of them in various poses: "My baby and I at lunch". "My man surprised me with these awesome shoes." (Surprised? You dropped hints for two months!) "Such a sweet, sensitive man, look at that smile. Isn't he the sweetest?" "And he can cook too! So lucky!" or "A lazy Sunday afternoon chilling with Mr. Man." Or even, "Those dimples! Hot!"

Maybe it's to show her friends that she can get a good man after that previous prick that wasted her time. Maybe it's for the previous prick to see how fast she

About those Facebook relationships...

Keen to update your relationship status 10 minutes after you meet 'the love of your life'? Read this first.

moved on and how up she upgraded. Maybe it's for her, to build her self-esteem, a vain celebratory endeavour. Granted, you can do anything you want with your Facebook account and whoever has issues should go ahead and un-friend you, but still it's truly wasteful. Wasteful of time, of resource and of bandwidth. And the bitter truth as men is that we all are with someone's ex. An ex who, at the moment you (and your hot dimples) are being paraded on Facebook as the next best thing after the invention of the flush toilet, is staring at this charade with a knowing smile thinking, "Oh, give it a few months buddy, then report here and tell me how it's going. I was there and I had more than dimples; I had the 'perfect Idris Alba smile' but at the point of breaking up she even

hated how blinked."

We are all proud of our partners, but surely, is there need to update your Facebook with "married to so-and-so" or "In a relationship with person X" only to pull it down when things go south? I think wedding pictures are fine. (I rather like those when everybody looks so happy and convinced that love will conquer all.) I also think pictures of road-trips, parties, of new-borns and well-tended gardens are grand, but not of your partner if they are used as pawn in your tiresome ego games.

I suspect that the couples who are loudest on social media have bigger issues than it seems. I won't be surprised to find out that couples who confess their dizzy happiness are dead inside, floating and drifting downstream on a turbulence of dead hope. I suspect that these couples are hiding something, or seeking validation, or playing to the gallery or just asking for help. It's dishonest and unsustainable.

There is something especially disconcerting with some men who having nailed a new hot girlfriend, or the "love of my life" then feel the need to loudly "introduce her" on Facebook. Sad because, meanwhile, somewhere, some chaps are telling themselves, "You guy, isn't this chick on Facebook the same chick who used to work at Santiago Massage Parlour, the one who used to throw in happy endings?"

Let's keep it down, people. It's never that serious.





HEARTADVICE

WITH RELATIONSHIP COUNSELLOR MAURICE MATHEKA

BODY & SOUL

Should I leave my husband?

This week, we counsel a woman who is contemplating leaving her husband over his constant complaints about her behaviour.

EXPERT ADVICE

Maurice Matheka, a relationship counsellor answers:

Your current relationship loop is common and requires a great deal of thought as you make your decisions. As you have said, you are worried about your daughter's connection to her

father which is understandable. That said, you must also think about your psychological health in your marriage. It is clear that you are not happy and the question is for long you will ride the wave before the stress gets to you. A stressed mother is not a productive mother so you need to consider yourself, otherwise

based on your testimony, you will live in a loop where you will always get the short end of the straw. Whether your husband paid dowry or not is neither here nor there. The question is whether he is in love with you. Are you living a marriage of convenience is what you need to confirm. It may be a societal norm but it is not your

role as a wife to stay at home as your husband gallivants out there. It is critical that you confirm your true relationship status so that you can decide on your next move hoping that your husband will be forthcoming with the truth about how he really feels about you and if your marriage is worth sustaining.

I have been married for five years and I have a four-year-old daughter. My husband and I fight over small issues, which result in the silent treatment for some weeks, then we make up and fight again and the cycle continues. My husband usually comes home after 10pm but on rare occasions when I come home after 7pm and happen to find him home, he kicks up a fuss. I feel bad because he sometimes goes on business trips without telling me, and I only come to find out later. The other day I had drinks with my girlfriends at a restaurant and when

my husband came home he hurled insults at me, saying that nowadays I have become like a barmaid. He also said that he doesn't like my friends, that I should inform him before I go anywhere, and that I should behave like a wife and mother. My husband never takes me out or buys me gifts. I am tired of this drama and I feel like quitting this marriage. He never even paid dowry for me and I have been patient with him for too long. My only worry is that the separation might hurt our daughter because she is a daddy's girl. Please help.

READERS' ADVICE

From the look of things you and your husband are not talking to each other, rather you are talking at each other, which is a recipe for disaster. You can start to arrest the situation by talking to your husband as soon as possible. Never talk about this dowry thing because it only makes the already bad situation worse, men don't like that, and in any case it's not your business to complain or ask about it. It makes men feel incomplete.

John Musuku.

Marriage calls for sacrifice from both parties. My advice to you is this: Be to your husband like a maid, he will be to you like a servant.

Apty Abrimo

Be the wife and mother you are supposed to be. Treat him like a king and he will do exactly that to you. Check your faults before complaining about how your husband is treating you and not treating you. Submit to him and respect and honor will come your way.

James Mureithi

Be the wife you are supposed to be. Before you begin complaining look within and ensure you are what he is comfortable with. Correct yourself first. You are not in a competition with your husband. There is no way you will ever tell someone to be something you are not.

Alicia Mariah



NEXT WEEK'S DILEMMA:

I have been in a relationship with a married guy on and off for eight years now. We have a three-year-old daughter who he has seen on only three occasions. He has also hasn't done anything much for her, save for Sh2, 000 he sends on very rare occasions. He doesn't care about what his daughter eats or whether she goes to school. Even when she falls sick and I tell him about it, he just says "okay." I feel bad because this man earns a fortune and his children attend international schools, yet my daughter goes to a school in the slum because I don't earn much. I have tried talking to him to help me pay school fees but he is very non-committal. I never push him to do anything for his daughter because I believe if someone wants to support his children, he will do so without being forced. He calls when he feels like it and he never even bothers to ask about the baby. What should I do?

Send your questions and feedback to satmag@ke.nationmedia.com



DEAR AUNT TRUPHENA

PROFESSIONAL ADVICE FOR YOUR LIFE PROBLEMS

I had an abortion behind my husband's back

Q : My husband and I have three children. I recently fell pregnant by mistake and felt it would be too much for us to handle another child and secretly had an abortion. I felt very guilty about it and felt that I can't bear it anymore so after some months I told my husband what I had done. Our relationship has changed. He doesn't talk to me and nothing happens in our marriage including sex. He is so distant. I feel more guilty and lonely. What do I do?

A : What you are going through is some of the negative reactions that some women who have an abortion experience. But the thing is, you have already done what you did, and what you need to do now is structure a way to move forward. The first thing I think you need to do is find it in your heart to forgive yourself for how you

hurt your husband. You will not be able to move forward otherwise. Living in a state of denial will make the situation worse. Forgiveness of self will help you deal with it, move on and have a fresh start. Kindly consider visiting a counselor who will help you go through the process. Then, gather the courage to have a sincere conversation with him. Let him

know that he has a right to get angry with you and accept responsibility for your actions, ask him to forgive you and allow you a second chance to win your trust. Accept remorsefully that you terminated his child without his consent. Give him time to process all this and don't let him feel obligated to forgive you. Keep in mind that trust is

earned, meaning that you must make every effort to make your husband trust you again. Be prepared for the decision your husband might make, including that he may not forgive you. If he forgives you, then your relationship will be restored. Wishing you healing and success in your marriage.

Send your feedback to satmag@ke.nationmedia.com

**EXPERT
STYLE TIPS**

NAILING NEON



Some trends are tricky to pull off and only the daring may attempt them. Neon is one of those, but this is how to take the 'scary' out of it and give it a whirl.

- Satisfy your neon crave by accessorising in neons if dressing bright is too full-on.
- Neons are bold so keep make-up neutral or wear neon make-up with neutral clothes.
- Balance neon pieces with neutrals in grey, silver, navy, black and nude. This can be a two tone colour combination of neon and a neutral tone. Deep colours work well with neons if you want.



A formal frock can take you from a party to a date with minimal effort. Check these out.

DRESSES FOR SUCCESS

1 Magda wears spray painted canvas crop top with chain detail, Sh4 500 and yellow maxi skirt, Sh3 000, both from Saumu Bitonga

2 Linda wears brocade and velvet dress with backless detail, Sh6 500, Ready to Wear. Stud earrings, Sh2 300, sold as set with neckpiece, Angelo.

3 Linda wears white tiered cape with high waist skirt, Sh15 000, Namnyak.

4 Magda wears gold halter dress with detachable collar, Sh6 500, Thomas Mbugua. Gold heels, Sh4 500, Backyard Shoez.

5 Linda wears maroon chiffon dress with rope weave detail and high slit, Sh7 000, Otakan Designs.



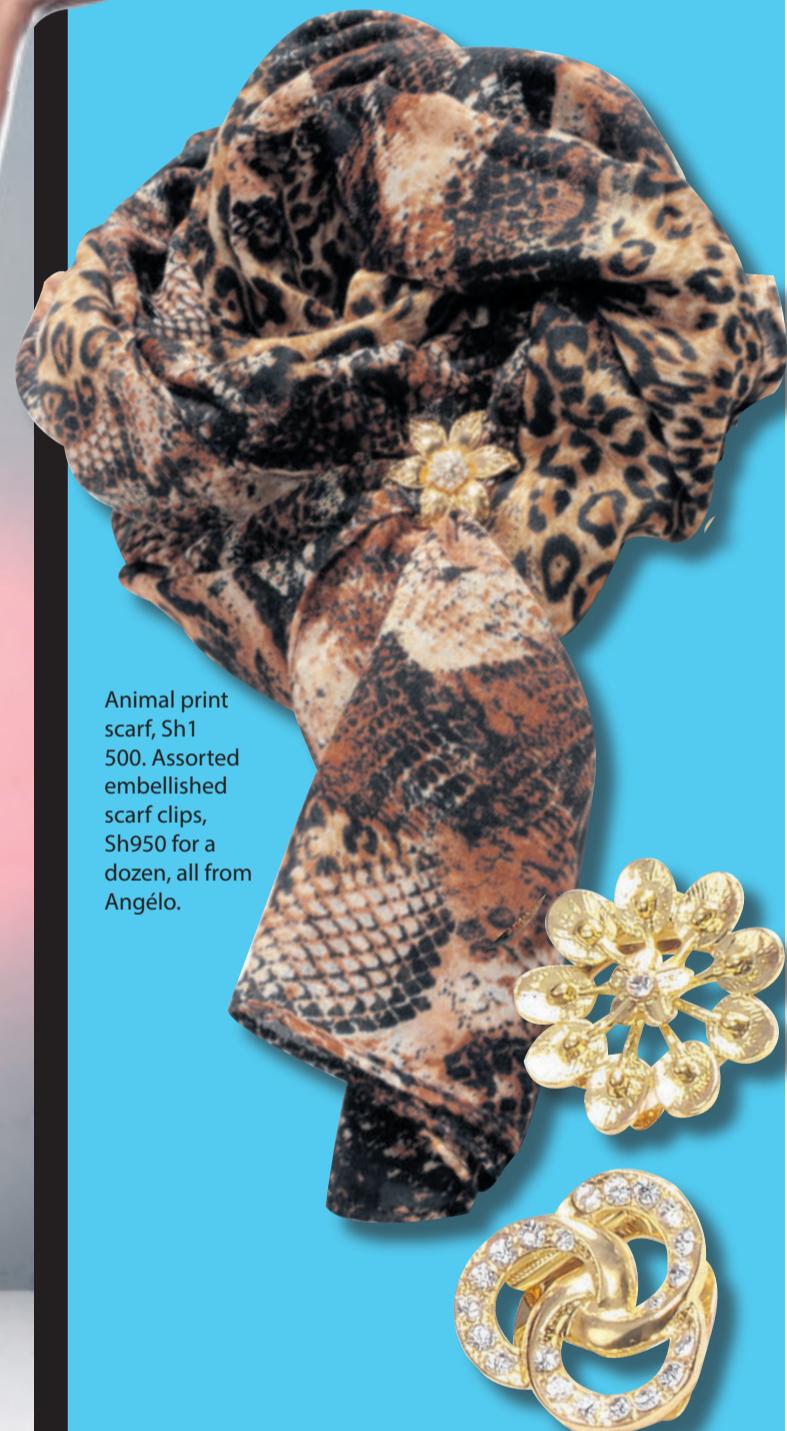
Pictures: Moses Kamanya
Make-up: Gladys Githegi
Hair: Richie for Uturi
Model 1: Linda Gatere Profession: Student
Hobbies: Fashion, rugby and sports cars
Model 2: Magda Litinda Profession: PR consultant, Hobbies: Travelling and swimming

Send your feedback to satmag@ke.nationmedia.com

HANDY FACTS & POINTERS

Scarf clips

Animal print scarf, Sh1 500. Assorted embellished scarf clips, Sh950 for a dozen, all from Angélo.



Bling up your scarves with these easy to use clips.

- They hold scarves in place.
- They come in different designs, embellished or plain.
- They are a bargain.

STOCKISTS

Angélo, The Junction, Nairobi. Tel: 0719 614 970 • Backyard Shoez, Kilimani, Nairobi. Tel : 0720 596 844 Namnyak, Thigiri, Nairobi: codupoy@gmail.com • Otakan Designs, Nairobi. Tel: + 256 771 811 032 • Ready to Wear, Kilimani, Nairobi. Tel: 0722 780 016 • Saumu Bitonga, Langata, Nairobi, tel: +254 719 704 246 • Thomas Mbugua, Kiambu, Nairobi, tel: +254 712 159 720

BABYLOVE

No kids? No problem!

Women of childbearing age who choose not to have children speak out about it. By Kinuthia Mburu

Being female is often seen as synonymous with having and nurturing babies. Subsequently, childless women are expected to move mountains to beat their biological clocks or produce the fruit of their womb. "Women who turn away from motherhood or who dislike children are seen as incomplete or as biologically and psychologically challenged," says psychologist and family therapist Gloria Wandeto. Yet, not all women want to become mothers.

Esther Makena, 32, thinks that having kids would hold her back from her independent lifestyle. "Children are too much work and I'd rather remain childless," she says. Nonetheless, she is open to relationships. In fact, she adds, she will date and get married if she meets a potential partner willing to agree to her decision to remain childless. "I am not opposed to relationships since I believe that a choice against them shouldn't be the fuel driving a relationship. If I meet a man ready to accept my childless choice, I will be willing to commit," she says.

According to a study conducted by Dr. Catherine Hakim, a sociologist at the London School of Economics, more women in developed and developing countries are now choosing to be childless as a lifestyle choice. "The contraceptive revolution has completely changed perspectives and given women more space to decide whether to have babies or not," she says.

What happens to partners of these women, who may want children themselves? Edwin Kipchoge has been in a fairly solid relationship for the last two years. Although he and his partner are perfect for each other, she doesn't



want kids.

"At first, I thought she had a biological problem and even suggested that it was okay for us to visit a gynecologist and have her examined. But she didn't take my suggestion kindly, saying that she was perfectly alright." Edwin says that he was shocked when she revealed that she just hated kids. "I was shocked. I'd never been with a woman who disliked kids so intensely." Oftentimes, Edwin has found himself wondering if breaking up is the best move he and she can make in their relationship. "It is disheartening

especially because I love her and I really want to be a dad. But I stay and keep hoping that she can change her mind and perhaps agree to adopt."

Motherhood

Some women will choose to remain childless, not because they don't like children, but because they don't view motherhood as an important segment in their lives. 39-year-old Phyllis Nekesa says. "I don't hate children but I do not intend to pursue motherhood. I am satisfied with being an aunt to my siblings' children," she says.

Like many other women walking in her high heels, Phyllis' decision has not gone unchallenged. "My mother has oftentimes hinted that my biological clock is ticking fast and my sisters have even sent their children over to my place during holidays to try and induce me into desiring having my own. But I don't want to. Motherhood is cumbersome and I am not cut out for it," she says. Similarly, according to Dr. Scott, women who postpone having children to further their careers or education first could easily end up deciding to stay childless in the long run.

DIARY OF A WORKING MOTHER

WITH MARIA MWONGELI

Adventure at the Coast!

Monday, 11:47am: I got an impromptu trip to Mombasa and decided to go with Siji. All was good till we checked into the plane and Siji saw that her seat had a seatbelt. We got to Mombasa after lots of tears and drama, and the pressure effect on the ears on descent did not help.

Tuesday, 5:13pm: Oh happy days! How has Siji taken over the life of her Susu who happily is in Msombasa at the same time as we are? I have

deposited her there during my work hours. I promised her that tomorrow shall be holiday for us. She shall swim till I drop.

Wednesday, 11:05pm: When I was growing up, a visit to the beach often ended up with some form of mild asthma. I think it was because of the strong ocean breeze on my little lungs, or the humidity. This time I have come armed with a poncho and a jar of Robb to rub onto Siji's chest

after exposure. Mum used to cover me in Vicks ointment...

Thursday, 3:16pm: We did the rounds today... memories are made of this! Well, everything but the tuktuk ride from hell! They are worse than Nairobi boda bodas on Mombasa Road! And to think I actually got in with my child! Adventure is...

Siji is three years, three months and 24 days old today

Friday, 6:03pm: Our last day here, and I must go out so what I'm thinking is I will have to 'bribe' Susu into giving up most of her night and sharing her bed with Siji. I hope baby does not throw her out of her own bed. I fell off the bed I was sharing with Siji last we were here – and it was not a small bed.

HEALTHMATTERS

Many women are distressed over their 'inability' to get the child of the sex they desire. But it can be done.
By Dr Joachim Osur



Can you choose your child's gender?

"I am on the verge of being divorced," wailed Mary when she visited the clinic. "I can't conceive a boy and my husband and his family won't hear of anything else." Mary had five daughters spaced a year apart and was six years married. "Sometimes I feel I am bewitched, surely it can't happen that God only gave me female eggs," she lamented.

"Times have changed and the value of a child depends on how much care and education you give them rather than their gender," I explained. But Mary would not listen. The social pressure was too much. She had tried all sorts of tricks to conceive a boy, but nothing seemed to work.

"So you are my last resort," she said. "I have a feeling my husband is already seeing another woman and it is just a matter of time before me and my girls are thrown out."

But what Mary needed to know was that the determination of the sex of the child lies with the man. If you are getting girls or boys only, it is not your fault. There is nothing wrong with you as a woman. All the eggs produced by a woman are of one type. They contain the X chromosome. Men however have two types of sperm: those that contain X and those that contain Y chromosomes.

If a man's X sperms fertilise the woman's egg, the result is a girl. On the other hand if a

man's Y chromosome fertilises the egg, a boy is the result. It is therefore unfortunate that communities and families erroneously accuse the woman when she gets only one sex of babies.

"So you mean there is nothing I can do as a woman to get a boy?" asked Mary anxiously. To a large extent, nature has a way of sorting the sex of children born so that there is a near 50/50 balance. A few things can however be tried out by the woman based on what is known scientifically about the X and Y sperms.

Y sperm are smaller and more fragile. As a result they are more affected by smoking, alcoholism and other chemicals. Avoiding exposure to some of these can increase chances of conceiving a boy. It has also been found that Y sperm are less resilient to the acidity of the vagina as compared to the X. Trying to change the pH of the vagina, however, has other consequences, such as fungal and bacterial infections, and has not been proven to increase chances of getting a boy.

Know your ovulation

The Y sperms are known to swim faster than the X and reach the egg if the woman has already ovulated. They however also die faster. Knowing the day of ovulation and having sex immediately after ovulation happens could increase chances of getting a boy. This also means that sex is avoided three to four days before ovulation because the X sperms swim slowly but live longer, waiting for the egg to be released.

For this method to be tried out, the woman needs to know when ovulation will take place. During ovulation, the basal body

temperature rises. If a woman monitors her body temperature over a three month period she will notice the pattern and can easily use it to predict day of ovulation.

Some women know when they are ovulating because of a pain in the side of the lower abdomen. This symptom can be combined with the temperature chart to increase accuracy. Around the time of ovulation also, there is more colourless slimy discharge from the birth canal. Once the woman knows the day of ovulation, which happens 14 days before the beginning of the next menstrual flow, she should avoid sex three to four days before that day but have sex on the day to increase chances of getting a boy. If the desire is to get a girl, the woman should have sex three to four days prior to ovulation and avoid sex towards the D-day.

Ethical issues

Some studies have also concentrated on the diet of the woman to find out if it affects the sex of the baby. In one study it was found that diets rich in sodium and potassium over a period of time favoured conception of the boy child, while those rich in magnesium and calcium favoured the girl. More studies are needed to confirm these findings but there is no harm talking to a dietician to try these diets out.

Medically, the ethics around sex selection is hazy and most health professionals do not actively help with baby sex selection. There are, however, rare cases where some diseases are transmitted to one sex of the baby and not the other so that it is safer for a couple to select the sex of the baby on medical grounds. In such instances, technology has been applied to sequester one type of sperm (either X or Y) and inseminated them to the woman artificially or do in vitro fertilisation (IVF). Such technological interventions are however not recommended for social reasons.

"Anyway, I will try out some of what you have described and hope it works," said Mary as we concluded the session.

Six months later Mary called, excited after doing an ultrasound scan. She was pregnant with a baby boy. "Well, you are a lucky woman; most of the time it doesn't work," I said, remembering the many women who have tried these techniques but failed.

Send your feedback to satmag@ke.nationmedia.com

BY SONA PARMAR MUKHERJEE

Reassurance for chocaholics

Is chocolate as good for you as everyone says?

Is chocolate really good for you? Some facts: Originally from Mexico, chocolate is one of the world's most appreciated food items, with more than one billion people worldwide consuming some form of it every day. It contains a number of substances including caffeine and sugar, which both give you a little energy high after eating. Chocolate also contains a mood-elevating alkaloid called phenylethylamine (it is nicknamed the "love drug" as it triggers the feeling of falling in love). It also contains anandamide, a cannabinoid which hooks up to the same brain receptors that catch similar ingredients in marijuana smoke. It is this "bliss molecule" that plays a role in

addiction.

Chocolate contains some iron, calcium, magnesium and potassium as well as vitamins E and B, even though it's a shame that their levels are relatively low. For example, your 100g bar of dark chocolate only contains about half as much iron as 100g of dried figs.

Chocolate is rich in antioxidants though, and the darker the chocolate, the more concentrated they are. The antioxidants it contains are known as polyphenols or flavonoids (the same kind found in red wine and green tea). Flavonoids help to quench toxic chemicals (called free radicals) in the body and can prevent the furring



antioxidants.

When it comes to fat, of the 8g in the average (25g) bar, almost a whopping 5g is saturated fat, which will raise your "bad" cholesterol levels. For a healthier option, opt for the darker varieties. Due to the higher cocoa butter content, some of the fat in dark chocolate comes from stearic acid - this can be converted by the liver into a heart-healthy, monounsaturated fat.

So even if we can't redefine chocolate as a health food, if you change the way you eat it, you will benefit. Break each square of chocolate (ideally dark) into halves and put each piece under the tongue until it dissolves. This process gives a really intense chocolate hit and makes just a few pieces go a very long way.

www.nutritionbysona.com

of arteries. So far, so good, but you don't need me to tell you that brightly coloured fruit and vegetables would make for a much richer source of

HAIR & BEAUTY WITH IRENE NJOROGE



Chocolate body

How about a sweet treatment to leave you feeling relaxed and revitalised?

Revelish your entire body with a customised spa treatment that includes a delicious chocolate wrap and time in a 'spa capsule'. You may want to try this treatment if you are stressed out, fatigued and even when you experience burn out. It starts with an Indian head and shoulders massage, followed by a full body massage with reflexology. The icing (or chocolate) on the cake is when you are slathered with and wrapped in a special chocolate-flavoured scrub and body wrap. "The whole idea is to tantalise your senses in every way to induce total relaxation," says Nancy, the head therapist at the Spa Deluxe where the Saturday Magazine

beauty team paid a visit. To complete the feeling of well-being, some time is spent in a spa capsule to detoxify the skin and muscles. The concept of custom treatments to treat specific problems is gaining popularity. For example, if you wish to feel energised, they offer a full mint wrap. To feel and look beautiful and feminine, you may opt for a tropical fragrance wrap treatment.

QUICK FIXES:

Instant spa treatment

Create an instant spa effect in 10 minutes while showering. First, wash your whole body using fragrant shower gel or body wash. Next, exfoliate your skin using a loofah and spa salt. Pay attention to rough areas such as elbows, knees and feet. Rinse with lukewarm water and then apply body oil all over.

ASK IRENE:

Is it advisable to use spa products on the face? – Sue, Nairobi.

It is not advisable to use spa products on your face because they are specifically designed for use on the body. The exfoliation particles are usually too abrasive for the face, and the oils are often too heavy for facial use. Select products which are designed for the delicate facial skin.

The author is a cosmetology lecturer and a skin care consultant.

NATURAL HAIR CORNER

All your natural hair questions answered.

Help for lusterless hair



Q: Help! My hair looks so dull and lifeless. What should I apply to make it shine?

Chemically relaxed or straight hair usually reflects light. This makes it appear shiny or glossy. Due to advertising and habit, shiny hair is equated to healthy hair. When a person 'locs' their hair or goes natural,

the hair no longer shines. This is especially true with tightly coiled or matted hair. Many new naturals spend a lot of time, effort and money trying to get their hair to shine. This includes buying products which promise shine. Oil sheen sprays, serums, polishers and certain oils may make the hair glisten but they do not add to the health of the hair. Shine is not an indicator of the condition of natural hair. In fact, many of these products contain silicones

which weigh down the hair and lead to unnecessary build-up. If your natural hair or your 'locs' are well moisturised and are retaining length, then your hair is healthy. You do not need to make it shine. If you are intent on getting that sheen, try to include more natural oils like jojoba, argan oil, castor oil and olive oil. Bear in mind that every head of hair is different so do not compare your hair negatively with someone else's.

— TRICIA WANJALA



PHOTOS: MARTIN MUKANGU. Treatment courtesy of Spa Deluxe, Lavington Shopping Centre, 4th floor, Chandarana Building. Tel: 0722 121 220 / 0717 003 460. Model provided by Versatile Models, Phoenix House.

NEXT WEEK:
The latest
original West
African hair
plaiting.

PERSONAL FINANCE

Does your salary work for you?

You may have a big pay cheque at the end of the month, but it is what you do with it that matters most. By **Waceke Nduati Omanga**

Last week I gave a lecture at a local business school on the subject of wealth. For our case study, we looked at an individual with a high income, great lifestyle and other trappings of success. When I asked participants to list the advantages and disadvantages of this individual's situation, the high income or salary was listed as both a disadvantage and advantage. One of the discussions we then had was about salaries and what they mean to us. Some people like their salary, others do not believe that their salaries are enough; others don't have a salary. Ask anyone

Who has told you that your regular salary is the maximum you can earn?

who does not get a regular salary and they will tell you how fantastic it would be to get that constant income. I have been on both sides of this fence. I have had a salary and I have also had times without a salary. These experiences changed my perspective on salaries. The key is to use yours well. How do you know if you are?

Your salary does not work for you

...if you pay everyone else but yourself. As you read this, you may be thinking that you pay yourself because you make sure you go to nice places, buy yourself something nice every month and so forth. But look at where you spend money and you will understand whose factory you are building. Your salary goes into rent (landlord's factory) groceries (supermarket owner's factory) transport (gas station, oil companies, mechanic's factory) school fees (school's factory), entertainment (bar, restaurant owner's factory), clothes (shop owner's factory), repayment of consumer loans (bank's factory). Of course, you need other people's factories. You need to eat, children need to go to school, you need a roof over your head, you want to have fun. But are you only going to build other peoples factories? I have met people earning seven-figure incomes but continue to build other peoples factories, just with bigger contributions. Every increase in salary is used to fund bigger expenses.

Your single solution to problems is

to get a bigger salary. Inflation is up, expenses are up, you've enrolled your children in expensive schools and the equation of income minus expenses is negative. A lot of your income is going into debt repayments and you are feeling the strain. In both cases you feel helpless because there is no salary increase forthcoming. You have no solution. Or alternatively investment opportunities come up, you do the calculations and because it cannot be accommodated in your salary, you let it go. You have lost the ability to be resourceful outside the borders of a salary. You may have time, ideas, knowledge, hobbies you can use to generate income but you just don't see it. Who has told you your regular salary is the maximum you can earn? You can be more efficient with your expenses and use the money to pay down debt faster. If you do want a bigger salary it should not be because your expenses are up.

Your salary works for you

...if you use it to build your factory. You use it to plan ahead. It is not used for the hand to mouth living that was discussed above. For example if you know you are receiving Sh50, 000 every month, then immediately you can plan to invest Sh15, 000 per month. That is Sh180, 000 every year. Even from the first month, you can start learning about and looking for investment opportunities in the Sh180, 000 range. You can even partner with five or six people who have Sh180, 000 each and do an investment worth one million shillings. With a plan like this you will save the Sh15, 000 first before spending. That's the true meaning of paying yourself first. You will be putting money aside to build your factory, not just somebody else's factory. Your factory consists of investments that will one day be able to fund your lifestyle whether you report to work or not. Because of planning, when you get a salary increase you are more likely to spend it building your factory. When you take debt you are likely to use that

debt to accumulate investments, not personal belongings.

You are in control of your salary; your salary is not in control of you. The current salary you earn does not narrow

bonus. Things don't happen to you, you make things happen. You network with people who earn higher than you or are wealthier than you because they have something to teach you. You are not defined by your income. You may

earn what is considered little but still work towards and do big things. Spend the time when you are not at your job in a resourceful way. You may earn what is considered to be a lot but not succumb to misinformed social pressure to consume.

What is your salary truly doing for you?



Waceke runs a programme on personal financial management. Find her at waceke@centonomy.com | [twitter @centonomy](#)

RELATIONSHIPS



It is important for a woman to choose a supportive man if she wants to fulfil her potential. But how to do it?

By Florence Bett

As a woman, your decision to pursue your passion is a personal and sometimes selfish one. It doesn't matter if this passion is in your career, a business venture, a hobby you want to turn into a money-maker for the household. But it's what you want for yourself. And you will need the emotional, financial and motivational support of your partner to take the scary plunge to pursue that passion.

When you are dating or in a relationship, it is crucial you determine whether your partner will support you – now or later in the future – when you want to pursue this passion. Women grow. They evolve. Your wants and needs change as time goes. You need to know your partner will adapt accordingly.

Miriam, 32 and dating, wanted to quit her job as an IT consultant to pursue her passion in dressmaking but her boyfriend of six years would not support her decision. Miriam was appalled. Was there something about him she missed?

Red flags

Well, there are a few 'signs' women can look out for to establish whether their partner will support them in pursuing their passion or not. These subtle signs lie in his character, his behaviour and his

Will he support your dreams?

personality type. Be on the lookout for them as they will influence his decision to not support you.

If he wants you as a homemaker, a child-bearer or a care-giver, it is unlikely he will support you in a career or business that pulls you away from performing these duties. The same applies to men who are possessive or controlling, because supporting you means more freedom to you and less control over you. An insecure man will feel threatened if pursuing your passion means you make more money than he does or if you are independent because you will need him less and less, says relationship expert Shadrack Kirunga. The jealous man will be wary of supporting you if it means partnering or engaging with other men, clients or otherwise.

The unambitious man won't support you because he lacks your foresight and vision. Your ambition threatens him. No man likes to be threatened.

The lazy man who lacks personal drive won't support you either because it means more demands of his time, en-

ergy and commitment. The man with a skinny bank account won't support you because he doesn't have the financial muscle to nudge your passion off the ground, or manage the household in the years you are pursuing your passion with no monetary returns to it. The traditional type of man who wants to always take up the position of provider and protector of the relationship won't support you because it compromises this position, a position he draws his masculinity from. The selfish man (which is a majority of men) won't support you because he is putting his own business or career aspirations before yours. You will jump when he says jump, not the other way around.

But what if he does not exhibit these 'signs' yet he still does not support you? "Take time to examine the root of his non-support," says Kirunga. The root of it may lie in the practicality itself of the passion you want to pursue. He is playing the devil's advocate.

Drain and strain

"Start with why you are pursuing your passion in the first place," Kirunga says. "Why are you setting up your business? Or, why are you pursuing that line of career? What are you looking to find that you don't have now? The 'why' question is important to your man so that it is not seen as an affront. He needs to feel that he has been fully consulted and involved in the decision-making, so you need to be able to answer the 'why' questions he asks."

Maybe your business idea has a lower rate of success in the industry compared to others. Maybe it has no potential to make the household any extra money, maybe all it is doing is making you tire, even if happy. And there is a practicality to it he needs you need to consider:

Happiness and fatigue isn't something you can take to the bank. It doesn't translate to money

in your pocket at the end of the month when the bills are due. A business that's more likely to fail than succeed doesn't bring you and him closer to achieving your financial dreams. He foresees this so he won't support you.

On the flipside, if pursuing that line of career will bring the household more money but will drain you – physically and emotionally – and take away your happiness, then it isn't worth the trouble. He won't support you either. "Pursuing a passion that does not strain you and/or drain the relationship will be key to winning his support," says Kirunga.

Consider also how you will finance the business – your savings, a loan from him? How will you run it? Who with? The career you want to pursue, what demands does it place on you? What does it expose you to?" says Kirunga.

Theresa's 35-year-old fiancé refused to help her finance a professional course because it would earn her a promotion, which meant long travel overseas and extended hours at work. Mary's husband asked her to wait six years before she started her wedding planning business because he wanted his to take root first. Understandably so – pursuing her passion would have upset the financial stability of the household.

The overall atmosphere of trust and mutual respect in the relationship also determines whether he will support you or not, says Kirunga.

If you have covered all the basics, and you still see no reason why your partner is not supporting you then it's time to make the hard decision: Leave the man. End that relationship. Be on your own. Go pursue your passion. If it succeeds, good. If it doesn't, good. At the very least you gave yourself a chance and tried it. And as selfish as it seems, that's all that truly matters.

Maybe your business idea has no potential to make extra money

EATING & OUTING

EATING IN



Bhajia za mchicha

Ingredients

- 250gms gram flour
- 20gms baking powder
- 1 bunch mchicha (amaranth) leaves
- 1 tsp salt
- ½ teaspoon chili powder
- Cold water to mix
- Corn oil for deep frying

Method

Sieve the gram flour, chop the mchicha into thin strips, mix in the baking powder and seasoning and combine. Add some cold water to make a thick paste. Spoon small balls of the above mixture into medium hot oil to deep fry. Serve with chili sauce or tamarind and coconut sauce.

- CHEF JIMMY MWAMBURI NYANGEA

MEET THE CHEF

Chef Jimmy Mwamburi Nyangea,
culinary studies lecturer at Utalii College

How did you become a chef? When I studied hotel management at Utalii College, I loved the kitchen so I decided to specialise in this area. I have worked for the Tamarind Group and Block Hotels in Kenya, Rwanda and Uganda.

What was one of your career highlights? One highlight was being the Principal for the Kikwetu cookery show this year. I have also cooked for

four presidents and would like to cook for the Pope.

What is the best advice you've been given? To succeed in the food business, cook food that pleases your guests and not yourself.

What is your favourite dish? I love to eat our Taita traditional food "Kimanga cha Marughuu"

Do you prefer cookbooks, the internet or watching food shows? I use all three; the internet and food channels are more current with information.

What are your three favourite restaurants? Mpambe, Amaika and Carnivore restaurants.

What is your view of Kenyan cuisine? Kenyan cuisine is splendid, especially Swahili cuisine. It has gained popularity amongst most nations.

What advice would you give our

readers? Keep it simple. Don't complicate your food

What kitchen tools are indispensable to you? The cook's knife, a whisk, a grater, a sieve and a rolling pin.

What are the keys to success in your field? Interest, drive, loving what I do, a positive attitude and tenacity.

What are your future plans post-retirement? I plan to go back to my county and establish a hotel school to train pastry chefs.

— TRICIA WANJALA



Secret
Behind

NEW PACK with SAME GREAT TASTE

Tropical Heat spices and herbs - A household name in Kenya for over 39 years, it's a secret passed on from generation to generation.



EATING IN

Flavourful fast food

A traffic nightmare turns into a positive dining experience for Bon Vivant.

The other day I had the misfortune of finding myself in central Westlands in the middle of rush hour. After taking 45 minutes to drive 400 metres, I decided to park and wait it out. Thankfully a petrol station was right in front of me. Beside it, a large billboard advertised some attractive offers from Chicken Inn for the broke and hungry. At the parking lot a sign advertised free parking for patrons only and for a maximum of 45 minutes. Hip-hop music played from discreet speakers and an eclectic after-work crowd was seated on several outdoor and indoor tables. The place is divided into sections - Pizza Inn on the extreme left, Creamy Inn, a provision shop with a separate liqueur section and finally Chicken Inn on your right. It is open 24 hours a day.

The ambiance is bright, clean and welcoming. It is spacious with high ceilings and the square tables and chairs are small but not uncomfortably so. It seems very popular, and several smartly dressed individuals sipped cups of Chaiwa tea or coffee as they chatted. Behind the counter you can see the kitchen, which looked reasonably clean. A slim girl behind the till looked up, smiled and asked how she could help.

Above her was a brightly displayed menu. It illustrated the different dishes along with clearly marked prices. The value meals start at only Sh200 - one piece of breaded chicken with fries. For Sh250 you can get a cheesy beef burger. Combos



Chicken Inn,
Westlands,
Nairobi.

for Sh300 include a soda, fries and a piece of chicken. I ordered a quarter rotisserie chicken. I could choose between fries, mashed potatoes, coleslaw and a large salad for accompaniments. My preference was the salad.

I gave her my order and she handed me a small square plastic gadget. It had a number on it and I was instructed to collect my order once it began to vibrate. I sat at a table and within two minutes, the gadget began to buzz and emit a flashing

red light. I collected my order. The rotisserie chicken was done to perfection. It was well seasoned, hot, crispy on the outside and succulently soft on the inside. The salad was basic - crispy iceberg lettuce, cucumber and chunky tomatoes. But for Sh150 shillings it was good value for money.

I enjoyed my light meal as I waited the traffic out. The service is excellent, food and the ambiance were good and the prices are terrific. Recommended.

Send your feedback to satmag@ke.nationmedia.com

TRAVEL & LEISURE

A witness to the migration



PHOTOS | RUPI MANGAT

It's time to watch the wildebeest go back to the Serengeti. By Rupi Mangat

It's the start of August and the wildebeest will begin their return journey to the Serengeti from the Mara plains, trekking through Mara's 1,500-square kilometre reserve. We've chosen Mara Safari Club in Ol Chorro Conservancy to view the migration, landing at Ngerende airstrip.

Within minutes of landing we're whisked off to the club, driving along the banks of the Mara River. In the cool of the morning, a huge herd of about 20 hippos enjoy the morning sun. To the untrained eye, the pod could pass for boulders.

We arrive at the Mara Safari Club, and I'm midway through my breakfast when a huge crocodile carried by the current floats by followed by three enormous hippos.

Interesting.

Later on I enjoy a massage by the Mara river. The river's flow is soothing – it's the source of life here and beyond. It is what the Nile is to the Egyptians, and has been since the Pharaonic times. The Mara inevitably flows into the Nile, starting its journey from the Mau highlands and 385 kilometres through Masai country and Tanzania and into Lake Victoria – and we all know that the source of the Nile is Lake Victoria.

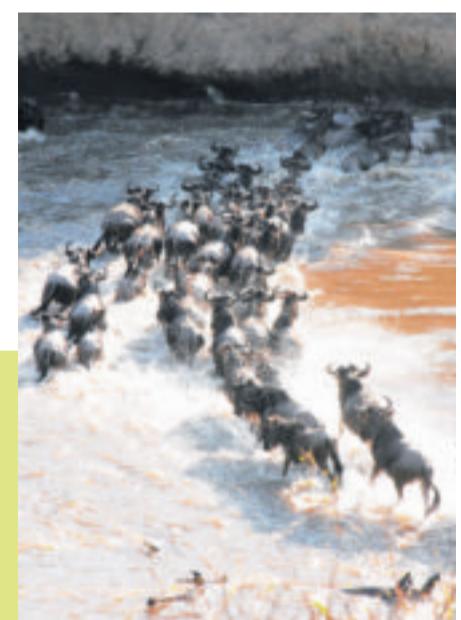
Then we're off to watch the dramatic crossing. Over a million wildebeest, zebra and antelopes come to the Mara from across the Serengeti to drink from its perennial waters for it is the only source of water.

It's a beautiful time to be in the Mara, for the big cats are well-fed in this time of bounty. We watch a lioness gorge on a full-grown zebra, ripping through its skin and pulling out the organs, her muzzle red with blood when she looks up. A pair of silver-back jackal and a spotted hyena stay close by, trying to inch in on the kill. A mother with her playful cubs lounges on a termite

mound, the naughtier of the two cubs running up and down the hill and teasing its sibling. There's a pair of lionesses that look so much like twin-sphinxes on an islet in the river.

But it's the wildebeest that hold us captive for now. By the steep banks of the river, the congregating gnus and zebra come to the edge of the river, drink and run back up the slope. Everybody waits patiently. Tourists in another vehicle play cards when suddenly, one herd decides it's now or never and make a daring dash for the other side in search of fresh grass. The fat crocodile that until now has been lying immobile swims like lightning to the

file. Suddenly, a gnu seems to be grappling with something in the water. It surfaces, it's brought down, it disappears in the murky water – it's caught by the croc.

**FACTFILE**

Log on www.fairmont.com or call +254 20 226 5555 for more about the Fairmont Mara Safari Club. Visit the two southern white rhino – Kofi Annan and Elizabeth (after the British queen) at the conservancy – and you can have pictures taken close to them.

Send your feedback to satmag@ke.nationmedia.com

MUST DO LIST

EVENTS & ENTERTAINMENT HIGHLIGHTS

August 23

Two Hours of Sunset - August Edition

Picnic, play, mingle and end the day at this outdoor movie experience. We'll be screening the Kenyan drama 'Soul Boy'. Pack a picnic mat / kargas. Food and drinks also available for sale on site.

Venue: Ngong Racecourse
Time: noon- 11pm

Tickets: Advance - adults: Sh1 000; children: Sh500. Gate - adults: Sh1 200; children: Sh600; **0-5 years: free** – available at: Recordez, Yaya

Centre | Mo-Moviez, Prestige Plaza | Mo-Moviez, Junction Food Court. Online tickets available at Ticketsasa and Loopah.

Contact: 0705 664 670

August 23

2nd Annual Health Festival

The Health Festival is bringing together business, healthcare providers, caregivers and community members who specialize in healthcare management, under one roof. All participants will be entitled to free medical screenings/testing, health educational

sessions and cooking demonstrations, fitness demonstrations, keeping healthy classes and much more.

Venue: All Saints Cathedral

Time: 9am- 6pm

Tickets: gate: Sh500; advance: Sh400; Group (min 10pax); Sh2 000

Contact: 0721 461 559

August 23

Mum Cookout Event

Join us for the Mum Cookout Event, for a day filled with learning, food, company and

fun. Come and enjoy demonstrations from renowned Chef Raphael including simple and exciting recipes for you your family including a session with a nutritionist on healthy ways to eat to lose or maintain your ideal weight. Lunch will be provided

Venue: Nairobi Mamba Village

Time: 10am- 3pm

Entry: advance: Sh1 000; gate Sh1 500

Contact: 0708 115 132

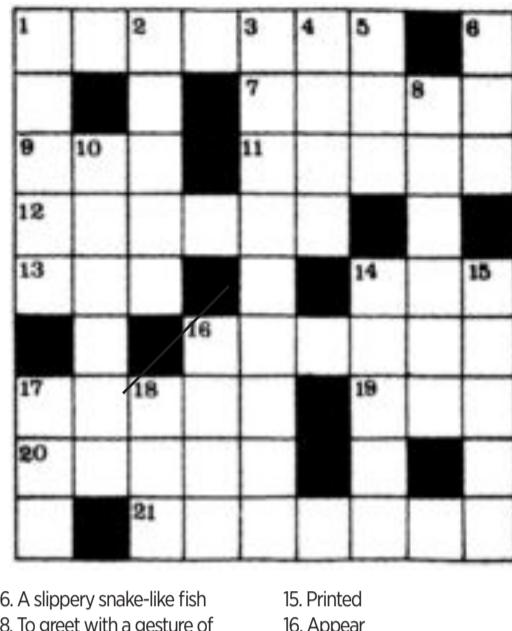
Compiled by **WANGUITHUO**

SIMPLE CROSSWORD**ACROSS**

- Any substance like yeast, bacteria etc. which the sugar is changed to alcohol
- To hold something in a carefully balanced position
- A tool used by shoemakers to make holes in leather
- Perfect
- Ill will or intent to do evil
- Crafty
- To abridge as a book
- Snobbish
- To attack from all sides
- Energy or liveliness
- A volatile colourless aromatic liquid which is used as a solvent or an anaesthetic
- A brilliant green gem

DOWN

- Froths
- A large gathering of people especially for a political purpose
- The area immediately above the origin of an earthquake vibrations
- A point on the stem of a plant from which a leaf springs
- A cravat
- A slippery snake-like fish
- To greet with a gesture of respect etc.
- A flat pocketbook for carrying paper money, cards, etc.
- Dried coconut meat a source of coconut oil
- Printed
- Appear
- To ask for alms
- 3rd person feminine personal pronoun



15. Printed
16. Appear
17. To ask for alms
18. 3rd person feminine personal pronoun
19. Let

YESTERDAY'S SOLUTION**ACROSS**

- Beautify
- Evil
- Aloe
- Blanket
- Pals
- See
- But
- Rose
- Malaria
- Item
- Free
- Détests

DOWN

- Heaps
- Bible
- Ells
- Tana
- Ilk
- Foetus
- Yet
- Aerate
- Boars
- Tenet
- Tame
- Rift
- Mid
- Let

SUDOKU**Sudoku with Steers**

Two winners win a Free Meal with Steers daily on 20567!

Fill in the 3 shaded digits and send the values ABC to 20567 for your chance to win a Free Meal with Steers. Start the SMS with the word Sudoku e.g. Sudoku 1,2,3. Check your wednesday's paper to see if you are a winner. Winners will be contacted directly by Steers within 2 weeks to receive their prize. SMS cost: 10/=

STEERS REAL BURGERS

		6	1	5	3
5	7	8	3	6	2
4	5			1	
				7	5
		2			
4	6	5			
3			6	4	
4	1	7	3	2	8
6	2	9	8		

YESTERDAY'S SOLUTION

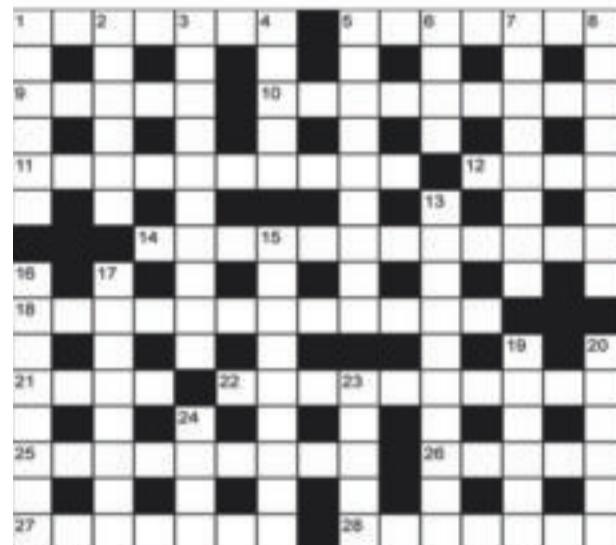
6	4	2	7	5	1	3	8	9
7	3	5	4	8	9	1	2	6
9	8	1	6	3	2	7	5	4
2	7	4	9	6	3	8	1	5
5	1	9	2	7	8	6	4	3
8	6	3	1	4	5	9	7	2
1	9	6	8	2	4	5	3	7
3	2	8	5	9	7	4	6	1
4	5	7	3	1	6	2	9	8

COMPLEX CROSSWORD**ACROSS**

- Country, for example, bordered by roads from the east (7)
- Deer from estate, say — one about to lose protection (7)
- Disturb game bird, blowing head off! (5)
- Single admirer spoilt by a Parisian (9)
- Where ministers face magistrates? (5,5)
- Vehicle carrying unknown ruler (4)
- A grin spreads after compliment for flavouring (7,5)
- Symbol representing a Christian nation or race (5-7)
- Pretentious soirée starting late (4)
- Silly bidding war for rail, for example (6,4)
- Joining forces, being inclined to follow nurse (9)
- Unexpected development in dance (5)
- Shanghai's duck-eating breather of fire (7)
- Time and pounds invested in more unusual child (7)

DOWN

- Down-at-heel bloke gets right into scrape (6)
- Foreign currency invested in new name for nerve cell (6)
- You once invested in divine European accommodation for travellers (5-5)
- Fail, catching union leader's bug (5)



5 Own up and arrive free of drugs (4,5)
6 Not often experienced, but runs a race, disheartened (4)
7 Black reptile reported in snowstorm (8)
8 Reporting to fix support (8)
13 Gathered together and confined following poor beggar that had been executed (10)
15 'Too quaint' possibly identifies this (9)

16 Cut of meat for Cliff in post? (5-3)
17 Decorator — till actually holding a dish from Spain (8)
19 Decoration for which I must be put in last (6)
20 Newspaper chief called it ordinary, to some extent (6)
23 Acquired following in bar (5)
24 Log salmon regularly appearing in city (4)

YESTERDAY'S SOLUTION

Stamp out
Upbeat
Fiance
Gramercy
Alfresco
Excuse
From the heart
Private lives
Acquit
Absolute
Talisman
Ravine
Impend
Reporter
DOWN
Trifle
Manor
Overshoot
Tugboat
Usage
Bleachers
Ancestry
Favourite
Eavesdrop
Proclaim
Learner
Atonce
Timid
Lever

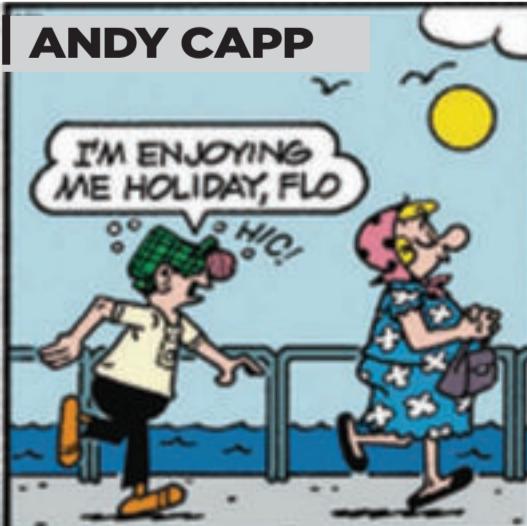
CODEWORD

Each number in our Codeword grid represents a different letter of the alphabet. For example, today 14 represents O so fill in O every time the figure 14 appears. You two letters in the control grid to start you off. Enter them in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them.

1	2	3	4	2	5	6		1	2	7	4	8		14	O
2							9							2	H
10	2	6	8		7	1	11	2	12	9	8	13		3	16
8	3			7		4		7		9		8		4	17
4	14	14	4	15	2	1	15	8						5	18
2	5		8		11			5						6	19
7	5	6	8	12	7	16	17	5	6	1	8			7	20
4	4				1		18		19		13			8	21
8	20	8	11	21	9	9	5	17	22					9	22
11	23	6		18		21		11		6				10	23
5	11	11	5	4	2	6	4		7	5	24	8		11	24
7	8	11		8					8		25			12	25
26	5	4	4	21		4	11	2	6	7	5	4		13	26

YESTERDAY'S SOLUTION

M	E	D	I	C	O	N	H	S	R	K
L	P	V	F	Z	Q	U	G	W	B	J

ANDY CAPP

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MAHONEY, GOLDSMITH & GARNETT



5:00am One Cubed
6:00am AM Live
9.00am Generation 3
10:00am The Penguins Of Madagascar
10:30am Cool Catz
11:00am Teen Republik
1:00pm NTV at 1
1:30pm Prankstars - RPT
2:00pm Legacy
4:00pm Scandal - Omnibus

5:00pm Africa Connect Music Show
6:00pm Malimwengu
7:00pm NTV Jioni
7:30pm Shark Tank
8:30pm OffSide
9:00pm NTV Weekend Edition
10:00pm Movie: Babylon A.D.

11:30pm Stop Suffering
12:00am CNN



SHARK TANK 7:30PM

Shark Tank is an American reality competition series that premiered in 2009, on ABC. It is the American version of the global Dragons' Den franchise and features business pitches from aspiring entrepreneurs to a panel of potential investors.

TODAY'S HIGHLIGHT
OFFSIDE 8:30PM
MOVIE: BABYLON A.D. 10:00PM



5:00am AL-Jazeera
6:00am Worker's Prayer
6:20am Tumsifu
8:30am Salvation Healing Ministry
9:00am Kamusi ya Chamgamka
11:00am Mwanaspoti
12:00pm Vipasho
12:05pm Bunge La Wazalendo
12:30pm Face to Face
1:00pm Toleo La Mchana
1:30pm Rhumba Mzooga
3:00pm Mwanaspoti
5:00pm Sakata Rumba
5:30pm Sifa
6:00pm Mkulima Ni Ujuzi
7:10pm Tujuane
8:00pm Mwisho Juma na Walibora
8:30pm I-Seme
9:00pm WWE : Bottomline
10:00pm Irie-Reggae
11:00pm Tusk of Life
01:00am AL-Jazeera

TELEVISION

CITIZEN TV

5:00 Pambazuka
8:00 Knowzone
9:00 Wedding Show -
Omnibus 11:00 Great Debate
Contest 11:30 Xtreem Request Live
1:00 Live At 1
1:30 Shamba Shape Up
2:00 Dear Mother
2:45 Tabasamu
3:15 I Stand Accused
4:30 Tall Dreams 5:00 Habibu
5:30 Kaa Rada
6:00 Jastorina
6:30 Saidia
7:00 Nipashe Wikiendi
7:45 Naswa
8:15 Wild at Heart
9:00 Citizen Weekend
10:00 Corona de Lagrimas
11:00 Afrosinema
01:30 Afrodizzia

KTN TV

6:00 Christ Embassy
6:30 Joyce Meyer 7:00 Cartoons
8:00 Club Kiboko 9:00 Marvels
10:00 Yolo 11:00 Straight Up Live
1:00 Lunch Time News 1:30 Africa Speaks 2:00 Movie 4:00 Mbiu Ya KTN 4:10 Tendereza Live 6:00 Ideal Space 6:30 KTN Leo 7:30 Guinness World Record 8:00 Are You My Type 9:00 KTN Weekend Prime 10:05 Rasharasha 12:00 Baseline/CNN

K24 TV

5.00 Praiz 6.30 Turning Point 7.00 K24 Alfajiri Social Hour 9.00 Just Kids 10.30 Mishoni 11.00 Riddim Up live 1.00 K24 Newscut 1.30 Arena 254 Live 3.00 The Playlist 4.00 Without You

KBC TV

05.00 BBC World News
7.00 Fire Ministries 7.30 Miracle in the Village 8.00 Neno Litakuweka huru 8.30 Jesus is Coming 8.45 Nguvu za Miugiza 9.00 Jesus Winner 9.30 Big Minds 10.30 Jambo Toto 11.00 Angaza Live 1.00 KBC Lunchtime News 1.30 CCTV News 2.30 KBC Sports 4.30 Attitude 6.00 Taj Show 7.00 KBC Taarifa 7.30 Read Between the Lines 8.00 The Mansion 9.00 KBC News 10.00 Weekend Movie 12.00 Adrusion 12.30 BBC World News

EBRU AFRICA TV

5:15 Plug N play Rescue 6:00 Ad Persuasion 6:30 Chopper Rescue 7:00 Tarchins and Friends 10:00 Junk D 11:00 Blank Canvas 11:30 Plug N play 12:00 World of Mysteries 1:00 Ayna 2:00 Green Force 2:30 Fifth Dimension 4:00 Catalyst Magazine 4:30 Documentary 5:00 Helicops 6:00 Family Footsteps 7:00 Weekly Report 7:30 World of Football 8:00 Plug N play 8:30 Ebru News 9:15 Movie 10:30 Open Forum

CINEMA » SMS MOVIES TO 20667 TO RECEIVE MOBILE MOVIE ALERTS AT 10/- PER ALERT

NAIROBI

FOX CINEPLEX-SARIT CENTRE

SCREEN I
"PLANES: FIRE AND RESCUE" (3D) (G/E)
11AM, 2PM, 4PM
"SINGHAM RETURNS" 6.00PM
"MARDAAJI" (TBA) 9PM

SCREEN II
"HERCULES IN 3D" (U/16)
11AM
"HUNDRED FOOT JOURNEY" (TBA)
2PM, 6.40PM
"LETS BE COPS" (ADULTS)
4.05PM
"SEX TAPE" (ADULTS ONLY)
9.10PM

CENTURY CINEMA-JUNCTION

SCREEN I
"HOW TO TRAIN YOUR DRAGON 2" (2D) (G/E)
10.20AM, 12.20PM

"PLANES 2: FIRE AND RESCUE" (2D) (P/G)
2.30PM, 7PM
"DAWN OF THE PLANET APES" (2D) (16)
4.20PM, 9PM

SCREEN II
"PLANES 2: FIRE AND RESCUE" (3D) (P/G)

10.10AM, 11.50AM
"HERCULES" (3D) (16)
1.30PM, 7.40PM

"HUNDRED FOOT JOURNEY" (P/G)
3.30PM

"SEX TAPE" (STRICTLY ABOVE 18)
5.50PM, 9.40PM

SCREEN III

"GUARDIANS OF THE GALAXY" (2D) (P/G)
10AM, 12.20PM, 2.40PM, 7PM, 9.20PM

"PLANES 2: FIRE AND RESCUE" (2D) (P/G)
5.10PM

SCREEN IV

"HUNDRED FOOT JOURNEY" (P/G)

10.20AM, 5PM, 9.40PM
"LETS BE COPS" (18)
12.40PM, 2.50PM, 7.30PM

PLANET MEDIA, PRESTIGE PLAZA, NGONG ROAD

"PLANES: FIRE AND RESCUE" (3D) (G/E)

11.15AM, 3PM

"HUNDRED FOOT JOURNEY" (TBA) (2D)

1PM, 5PM, 9PM

SCREEN I

"SEX TAPE" (18) (2D)
3.30PM, 7PM

"LETS BE COPS" (TBA)

11.15PM, 1.30PM

"SINGHAM RETURNS"

6.30PM

"MARDAAJI" (TBA)

9PM

SCREEN II

"SEX TAPE" (18)

12.40PM, 4.20PM

"LETS BE COPS" (TBA)

2.25PM

"PLANES 2" (TBA)

11AM

"SINGHAM RETURNS" (TBA)

6PM

"ENTERTAINMENT"

8.40PM

MOMBASA

NYALI CINEMAX-MOMBASA

"PLANES 2" (2D)

2PM

"GUARDIANS OF THE GALAXY" (2D)

2.15PM

"HERCULES" (2D)

4PM

"PLANES 2" (3D)

4.45PM

"MARDAAJI" (3D)

6.15PM

"HUNDRED FOOT JOURNEY"

6.45PM

"SEX TAPE"

6.45PM

"SINGHAM RETURNS"

9.15PM

YOUR STARS

AQUARIUS (JAN 21-FEB 19)

This week is about aspects affecting your areas of romance, children, family, and fun. While you may be tempted to blow off work for a little escape, try to resist! It's better to apply your energy to solving a problem that's common among these areas. Raking in the money will be easy when you do.

PISCES (FEB 20-MAR 20)

Now you have a harmonious aspect affecting your home and emotions. If you're involved in a creative or design field, think about how to extend your line to encompass the home. Since so many memories and feelings of your own are being stirred up, you may find that your life can provide the basis for some wonderful new ideas.

ARIES (MAR 21-APR 20)

You usually have the scoop on making and investing cash. You'll be receiving more calls, letters, e-mails, and texts. Suddenly unexpected changes are possible, and some of them may surprise you. Rather than rise to the bait of any personal attack, respond in a slow, measured way.

TAURUS (APR 21- MAY 20)

It's a time of opportunity in your house of money and values. Expand your bottom line by finding new ways to earn money. And get in touch with what money means to you. What are you willing to give up in order having more? Is what you're sacrificing now really worth it? As you answer these questions, problems sort themselves out.

GEMINI (MAY 21-JUN 21)

You have your work cut out for you - in a good way. Everyone seems to want a piece of you now, since you're radiating good health and good fortune. And your personal style is unique, so everyone wants to know what you're wearing. Use it to your advantage by leveraging all the attention into more opportunities

CANCER (JUN 22-JUL 22)

You have an interesting time ahead with a harmonious aspect affecting your house of teaching, learning, travel, and spirituality, bringing renewed interest in all of these areas. If you teach for a living, it's a great time to get a new job. If you want to branch out into teaching, you have lots of support.

LEO (JUL 23- AUG 22)

This period is about your employment and health. The Universe wants to build structure and encourage hard work, so now it's best to put your nose to the grindstone and get that project finished, that resume written, or that presentation perfect. Other influences affect your debt and other people's money.

VIRGO (AUG 23- SEPT 23)

Now you have a lot of new energy to apply to networking. You're inspired to meet new people and attend events, so make sure you have plenty of business cards to hand out. Who you know becomes more important than ever now. There's added structure to your house of romance, family, and fun.

LIBRA (SEPT 24-OCT 23)

With a supportive aspect, you have a good deal of help to make healthy changes in your house of employment now. The Universe is not only adding more work to your load but also making it possible to bring your excellent skills to the attention of your boss.

SCORPIO (OCT 24-NOV 22)

Now you're in a position to profit from recommendations made by friends and family. With the Universe affecting politics, groups, and self-employment, you're being asked to think about where to plant your flag with regard to work. Do you want to be tied to one career, group, or location?

SAGITTARIUS (NOV 23- DEC 21)

You're in a building phase now. This brings added structure to the way you earn money, as well as increased security overall. Everything comes about as the result of hard work and saving. Aspects affect your home and inner emotions. What you earn today should be spent either buying property or upgrading what you already have.

CAPRICORN (DEC 22-JAN 20)

You may have your hands full now with matters concerning employment and health. Your workload may suddenly double, or you may receive more freelance projects that are too good to pass up. Your network of possible employment sources expands. It's best that you try to get your foot in the door.

To receive NATIONmobile horoscopes on your mobile, SMS the Star you want, eg LEO to 20667 at 10/- above normal rates.

LOVE IS ONLY A PHONE CALL AWAY

WOMEN SEEKING MEN

Susan Njeri, a 47-year-old Masters degree holder, never married, high School teacher with a 3-year-old daughter wants a life partner preferably from GEMA aged 44 to 48 years. He should be average sized, professionally employed or in business, well learned, tall and with or without children. Email: susannjeri2015@yahoo.com or contact Aunt Tabby on **0721 991 322**

MEN SEEKING WOMEN

A good kikuyu wife is a blessing to her husband. A 29-year-old, God fearing, humble guy is looking for a God fearing mature Kikuyu lady aged between 20 to 26 years for a relationship leading to marriage. Jokers, students and prostitutes keep off. SMS your profile to **0786 245 780**

I'm Calistus, 31, chocolate, tall, Christian, born again and a graduate in the medical profession. I'm looking for a serious and born again lady working in medical profession with or without a child and aged between 26-34 years for a relationship. If interested, SMS or call **0726 259 894**

Meet Sammy Kiarie, 44, born-again Baptist, loving, kind, humble, well-groomed stable business man advancing studies at the University of Nairobi. He has just recovered from a past break up. He seeks a lady from GEMA, Coast or Rift Valley aged 26 to 38 ready to meet through Pastor Patrick on **0725 290 624**. Check Covenant Marriage Pastor facebook dating guidelines.

I'm Chege in my late 30's from Kiambu. I am dark skinned, working as a sales man and looking for a Kikuyu lady who doesn't speak 'sheng' with or without a child, aged 20 to 30



who is a God fearing active Christian, creative, humorous, fun, willing to hustle together and ready to settle. SMS only to **0702 749724**

Peter, 48, God fearing, widowed with a 25-year-old daughter is looking for a humble, honest, God fearing lady aged 18 to 30 years for a relationship that leads to marriage very soon. She must be HIV negative and without a child. If interested contact **0712 387 412**

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